



NEW CHILD CARE SPACES ANNOUNCED

Funding to provide 77 more child-care spaces in Lunenburg
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PREMIER OPENS HOUSING PROJECT

The premier was on hand to officially open housing project
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SANDY POINT LIGHTHOUSE

Fundraising efforts continue to restore historic lighthouse
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Premier touts energy projects as key to jobs, wages and economic growth

By YASMIN DUALE

yasmin.duale@southshorebulletin.ca

SOUTH SHORE - Nova Scotia Premier Tim Houston says the province is at a turning point, arguing that large energy development projects could change the economy by bringing in new revenue and drawing investment.

Speaking to an audience at the Best Western Plus Bridgewater Hotel and Convention Centre on July 28, Houston described his government's vision of



KEVIN MCBAIN PHOTO

Premier Tim Houston answered a few questions during a 'fireside chat' following his 'State of the Province' speech to those attending the Bridgewater and Area Chamber of Commerce luncheon July 28 at the Best Western Hotel.

making Nova Scotia one of Canada's top energy-producing provinces. The pre-

mier presented energy development as a route to long-term economic growth and improved affordability for residents. Houston said that growing the province's energy sector would have effects beyond just the projects themselves.

"It means better wages, it means supply chains stretching from one end of Nova Scotia to the other. And it means more customers for everyone's local business here," he said.

The premier argued that the benefits of more industrial activity would reach communities across Nova Scotia through stronger local economies and more job opportunities.

"This is what it means to me. More opportunities for young people," Houston said. "These are the ways that we protect your future." Throughout his speech, Houston repeatedly connected economic development with keeping people in the province, suggesting that stronger job prospects would encourage young Nova Scotians to build their careers at home rather than looking elsewhere.

Houston said Nova Scotia is in a unique position to take advantage of what he called an unprecedented combination of opportunities in the energy sector.

"For the first time in our history, Nova Scotia has the opportunity to become one of Canada's great energy provinces," he said. "Not because of one project, because everything is coming together at exactly the right time." He pointed to a variety of possible developments that he thinks

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DEACON CROUSE WINS DOUBLE GOLD

Young track star Deacon Crouse earned two gold medals (pentathlon and triple jump) at the 2026 Atlantic Track and Field Championships in Truro July 25-26. He earned a personal best of 2,832 - a new provincial record (breaking his previous record that he set in June) in the U16 men's pentathlon and achieved personal bests in long jump (5.61m), high jump (1.73m) and shot put (10.76m) and he hit 11.77m on his triple jump. He is currently ranked #2 in the nation for U16 Pentathlon competitors. Next up for Crouse is the Legion Youth Track and Field championships being held in Regina Aug. 7-9.

GILLIAN CROUSE PHOTO



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D9102

Lunenburg daycare expansion to add 77 new child-care spaces by 2027

By YASMIN DUALE
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LUNENBURG - Families in Lunenburg and the surrounding areas will soon see a significant expansion at the Lunenburg Daycare Centre, as federal and provincial officials have announced a \$4.5 million investment that will add 77 new child-care spaces.

The funding was announced at a July 27 event held at the daycare on Lincoln Street and is anticipated to result in 10 new infant spaces, 54 toddler spaces, and 13 preschool spaces. Construction is planned to be completed by July 2027.

This investment comes through a partnership between the Government of Canada and the Province of Nova Scotia, as part of wider efforts to grow affordable early learning and child-care throughout the province.

Speaking at the event, South Shore-St. Margarets MP Jessica Fancy said the project is about much more than just adding to the building.

“Today, it’s a little bit more than bricks and mortar,” she said.

“It’s about giving families the confidence that they can go to work, pursue an education, or build a career knowing that their children are safe, that they are being nurtured, and that they’re being provided with a high-quality learning environment.”

A former educator herself, Fancy said quality early learning has a major impact on a child’s long-term development.

“Children who have access to quality daycare, like they’re being provided here in Lunenburg, are given opportunities. They’re more likely to enter school being confident, being curious and resilient and ready to succeed,” she said.

“Quality education is not simply child-care. It’s brain development, it is literacy, it’s social development, and it is confidence.”

Fancy said these new child-care spaces will help meet the rising demand in the area and also support the local workforce.

“I remember being on a waitlist for a year and a half



KEVIN MCBAIN PHOTO

From left, Nicole Stevens, Executive Director, Lunenburg Day Care Centre; Lunenburg MLA Susan Corkum-Greek on behalf of Education Minister Brendan Maguire; Jessica Fancy, MP for South Shore-St. Margarets; Jamie Myra, Mayor of Lunenburg; and Shauna Miller, Board Chair, Lunenburg Day Care Centre.

to get my daughter into daycare,” she said.

“It means more mothers and fathers being able to work where they choose, and it also means helping local businesses across worker shortages because parents can participate fully in the economy.”

She also noted that the project fits into Canada’s larger commitment to building an affordable, inclusive and accessible child-care system.

Since 2021, the federal government has pledged more than \$58 billion toward early learning and child-care agreements with provinces and territories through 2031. Across Canada, governments have announced plans to create more than 250,000 new spaces, with about 900,000 children already benefiting from more affordable child care, Fancy said.

Lunenburg MLA Susan Corkum-Greek said the project is another important step in the province’s child-care expansion plan.

“This is exciting and truly long-awaited news for families in this part of Lunenburg County,” she said. “Seventy-seven additional spaces mean 77 more families will gain access to care and support that they need during those critical early years.”

The Lunenburg expansion is the 19th project announced under Nova Scotia’s major infrastructure program for child care.

Corkum-Greek said the province has now gone beyond its original goal for new child-care spaces.

“Since 2021, we’ve created 9,676 new child-care spaces across the province, surpassing our goal of 9,500,” she said.

She added that the province’s investments have reached beyond just facilities by improving compensation for early childhood educators through higher wages, pensions, and benefits.

Lunenburg Mayor Jamie Myra said the expansion will bring lasting benefits to the community.

“It’s my pleasure to be here today to celebrate the families who call Lunenburg home,” he said.

“This is more than funding. It’s an investment into our future. It’s recognition that strong communities are built by supporting young families, creating opportunities for children, and showing that people can live and work right here in places they love.”

Long-time board chair Shauna Miller called the daycare expansion “an exciting milestone for our daycare and our community,” and said the project will bring lasting benefits to families as well as the local economy.

She pointed out that the expansion will lead to new job opportunities and help the centre stay sustainable over time. Miller also emphasized how the project will directly affect local families with the additional spaces.

“Every new space we open means another family has access to quality child-care,” she said. She went on to thank her family for their support during the process, mentioning that they shared the stress she felt while working to make the expansion happen.

Continued on page 11

Social Column

Enjoy this “social media of yesteryear”
excerpt from the Bridgewater Bulletin.

August 5, 1925

A thanksgiving service was held in St. Andrew’s Presbyterian Church on Sunday evening to celebrate the liquidation of a debt of \$2700.00. This amount was due on the church, and a special drive was made. Harold Morash, the church Treasurer, canvassed the members, and as a result the church is free of encumbrances. Rev. John George, preached a very eloquent sermon for the occasion, and the choir augmented by the male quartette from Bridgewater, Messrs. L. Hall, A. Hirtle W. Freeman and R. Logan. Mr. Logan sang a solo “Consider and Hear Me.”

Rev. Dr. Robert Norwood, Mrs. Norwood and daughters, Miss Irene and Miss Jean of New York, and Mr. Hallowell Irwin, attorney-at-law of Philadelphia, are guests of Mr. R. C.S. Kaulbach at his summer home at Heckman’s Island.

Ray C. Holland, Editor of Field and Stream, New York, with his wife and child, spent a week at Rossignol with J.L. Smart, guide. The party visited the different points of interest and were at the Indian Gardens for fishing. They left for home Monday.

A. Byron McLeod of Boston, is having a garage built near his residence at Brookfield. Work on his cabin at Bear Trap will being immediately in preparation for his coming.



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Liverpool housing developments forging ahead in ‘slow’ real estate market

By RICK CONRAD
Local Journalism Initiative Reporter
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LIVERPOOL – The people behind two high-profile housing developments in Liverpool say they’ll have units ready for the market as early as this fall.

Dauphinee Fields and Rumclo Developments are planning two separate residential builds that could see more than 100 new homes in the projects’ first phase in the Mount Pleasant area just outside downtown.

A show home is being built at Dauphinee Fields now – two semi-detached units off Shore Road, which should be ready by October. Rumclo has cleared the land for its development farther up the street and is almost ready to take pre-orders.

“The carpenters will start framing this week sometime,” says Larry Cochrane, owner of Dauphinee Fields.

“And then we’re starting the second foundation this week as well. It’s right beside it, so I thought it’s a good idea to get that completed, and then if we have sales, I’ll be ready to build right away.”

Cochrane is planning four duplex-style houses



RICK CONRAD PHOTO

Larry Cochrane is overseeing construction of the first homes at his development Dauphinee Fields in Liverpool.

and one detached dwelling for a total of five buildings, or nine units, on the site to start. But he’s waiting to see if the first two units drum up interest before building any more. He says he already has a potential buyer interested in a detached home on the site.

Continued on page 8

Dahl’s dispatch

EVAN DAHL

Lunenburg County firefighters answered 60 calls for service, Queens County firefighters answered 13 calls for service and Shelburne County firefighters answered 18 calls for service from Thursday, July 23 to Wednesday, July 29 – 38 of these calls were medicals.

JULY 23

At 2:08 a.m., Northfield firefighters responded to a vehicle fire in Lower Branch.

At 11:25 a.m., Chester firefighters responded to a report of a motor vehicle accident in East Chester. Chester Basin also responded.

At 11:44 a.m., Cornwall firefighters responded to a motor vehicle accident in Newburne. Walden also responded.

At 11:58 a.m., Hubbards firefighters responded to assist Black Point at a motor vehicle accident in Queensland. Upper Tantallon also responded.

At 4:03 p.m., Bridgewater firefighters responded to a fire alarm in Bridgewater.

At 5:10 p.m., Chester firefighters responded to a commercial fire alarm in Chester.

JULY 24

At 5:48 a.m., Bridgewater fire-

fighters responded to a commercial fire alarm in Bridgewater.

At 6:30 p.m., Greenfield firefighters responded to a possible motor vehicle accident in Labelle.

JULY 25

At 3:52 p.m., New Germany firefighters responded to an unattended fire in Parkdale.

At 6:25 p.m., New Germany firefighters responded to a kitchen fire in Franey Corner. Northfield and Hemford also responded.

At 6:25 p.m., Chester firefighters responded to a commercial fire alarm in Chester.

At 7:57 p.m., Northfield firefighters responded to a commercial fire alarm in Cookville. Bridgewater also responded.

At 10:35 p.m., Mahone Bay firefighters responded to a fire alarm in Mahone Bay.

At 10:56 p.m., Liverpool firefighters responded to an unknown fire in Liverpool.

JULY 26

At 10:09 a.m., Oakhill firefighters responded to a possible motor vehicle accident in Whynotts Settlement. Blockhouse also responded.

At 12:30 p.m., Hubbards firefighters responded to assist Black Point at a motor vehicle accident in

Queensland. Upper Tantallon also responded.

At 2:02 p.m., Hubbards firefighters responded to assist Black Point at a motor vehicle accident in Hubbards. Upper Tantallon also responded.

At 2:42 p.m., Mahone Bay firefighters responded to a motor vehicle accident in Clearland. Blockhouse and Martins River also responded.

At 4:10 p.m., Chester firefighters responded to a commercial fire alarm in Chester.

JULY 27

At 3:07 a.m., Shelburne firefighters responded to a water rescue in Shelburne.

At 7:50 a.m., Harbour firefighters responded to a motor vehicle accident in Clyde River. Ingomar Roseway and Barrington/Port Latour also responded.

At 8:25 a.m., Harbour firefighters responded to a motor vehicle accident in North West Harbour. Ingomar Roseway and Barrington/Port Latour also responded.

JULY 28

At 2:05 p.m., Bridgewater firefighters responded to a fire alarm in Bridgewater.

At 2:52 p.m., Liverpool firefighters responded to a fire alarm in Mil-

At 5:38 p.m., Blockhouse firefighters responded to a possible motor vehicle accident in Maitland. Oakhill also responded.

At 7:30 p.m., Hebbs Cross firefighters responded to a possible motor vehicle accident in Hebbs Cross.

At 8:00 p.m., Hebbville firefighters responded to a possible house fire in Hebbville. Hebbs Cross, Tri District, Bridgewater, Italy Cross, Conquerall Bank and Petite Rivière also responded.

JULY 29

At 2:20 p.m., Shelburne firefighters responded to a vehicle fire. Middle/Upper Ohio also responded.

At 3:57 p.m., Bridgewater firefighters responded to a fire alarm in Bridgewater.

At 5:23 p.m., New Ross firefighters responded to assist Kentville with shutting down Highway 12 due to a motor vehicle accident in Welton Landing.

At 9:41 p.m., Cornwall firefighters responded to a possible motor vehicle accident in Lower New Cornwall.

At 11:23 p.m., Chester firefighters responded to a fire alarm in Chester.

You may reach Evan Dahl by e-mail at evandahl10@hotmail.com or via the Dahl Dispatch Facebook page.

RCMP investigating break-in that resulted in death of thousands of chickens

SOUTH SHORE BULLETIN STAFF

PINE GROVE – The Lunenburg District RCMP is investigating a break and enter at a poultry barn that left thousands of chickens dead.

On July 25, at approximately 9:50 a.m., RCMP officers responded to a report of a break and enter at a facility on Naugler Rd. in Pine Grove. Officers learned that approximately 10,000 chickens had died after the barn was broken into and the building’s ventilation fans had been turned off.

In an update from another news source, the temperature inside part of the barn increased to about 37 C, in

the bottom part of the barn, leading to the death of the chickens. The ventilation in the second level reportedly was unaffected.

There was no indication that anything was stolen in the break-in.

Investigators believe the incident occurred at approximately 9:45 p.m. on July 24.

Anyone with information about the break and enter is asked to call Lunenburg District RCMP at 902-527-5555. To remain anonymous, contact Nova Scotia Crime Stoppers, toll-free, at 1-800-222-TIPS (8477), submit a secure web tip at www.crimestoppers.ns.ca, or use the P3 Tips app.

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AI vs human-kind

The Editor,

I believe now, as I have all my life, that the inalienable right of human beings to be lifted above other, earthly functionalisms, shall not be infringed.

I've recently had a conversation with a kin of mine who believes how incredible the advancements of AI have become and will further become. He was entranced and stuck on the idea of a real "life" android with the ability to create thoughts originally, independently on its own.

However deliberative this belief is, beyond the good potentials, AI is not sentient nor intelligent. I'll tell you it's not surprising to me that several folks have integrated AI into their ethos so quickly; we do it with everything we're curious of. But it's actually quite simple to see underneath the façade of human-like intelligence. When I was in class, I was taught the basics of how engineering, computer codes work. I'll cut it short with a simple philosophy of coding, stating "computers don't know how to recognize words, colours, numbers or keys we type in; we have to program it to know what we know as differences."

That's the plain way to point out the inherent difference between a rightful reason given by the creator...and I assume, man's mockery of intellect, the little fake breaths it does. Not so independent. Now think of it abstractly.

Artificial intelligence is not independent bound, rather its ideology distinctly follows the patterns of its creators. It's undeniable in my eyes that their worldviews are intertwined with their algorithms.

My evidence with one can be found in the reports of suicide, complacency in anarchy, and introducing youth to degenerate behaviours. These are the values of



the elite, they wish to feed the general populous with. Why would an AI's first rollout on TV be accusations of a sour world and wishing to destroy it? —Because it's a show!

Not to mention China's deep-seek "AI" choosing not to tell what happened in 1989. We've seen possibly thousands of Indians overseas operating the output of such tools in some circumstances.

"It's the future!" they say. Please, I lose if I use it and I lose if I don't. The cost is our subservience to their Mecca, our access to water sources, and education.

We should be reminded that worshipping idols such as AI, has no power on its own; that it is only steel and electrons, given its life by human minds.

Saying that, seeing AI doing anything as human as comedy, art, or religion pisses me off. A massive understatement! The echoing cry of the people that AI is

really gonna take over the world goes unserved by our governing class. Folks in Queens this concerns you, people are not getting the water they need because of data centers. An OUTRAGE! I'll speak on their behalf and write this article to remind them this trend cannot take over the world, because it has no will. The owners of AI do. My final point.

Markets are designed to reflect people's desires. How do artisans of NS stay relevant in today's world? Adhere my real world advice: If the people making art weren't so insufferable, there would not be this much goodwill towards the first thing that could feasibly replace them.

Look at this and tell me Amy Schumer is any better at comedy than AI Baby.

We value man-made, we do not value slop and deceit.

Micheal Godfrey
Lunenburg

BRIDGEWATER SENIOR CITIZENS CARD GROUP RESULTS

The Bridgewater Senior Citizens Group met on July 29 for a game of Auction 45's.

Winners were: Ladies' high, Marie Rafuse and Judy Johnson, tied at 1035; Men's high, Gary Aulenback, 920; Runners up, Linda Voutier, 930 and Robby Wentzell, 905. Winner of the 50/50 draw was Dean Avery. Winners of 30 X 60 bids were Dean Avery, Gail Boyle, Marie Rafuse and Gary Aulenback.

Card parties are held WEDNESDAY EVENINGS at 7:00 pm in the Masonic Hall on Dominion Street. New members always welcome.

THE GOLDEN YOUTH CARD CLUB GAME RESULTS

The Golden Youth Card Club met on July 30th for a game of Auction 45's. The winners were: Ladies high, Jeanette Gates 1030; Ladies second, Marie Rafuse 985; Men's high, Ken Edwards 910; Men's second, Gordon O'Hearn 905; Low Score, Ethel Andrews 485; Lucky Tally, Jeanette Gates; Travel Prize, Phyllis Meisner ; 50/50 winners: Ethel Andrews and Spencer Bagley. Card parties are held every Thursday evening at 7:00pm at the Pleasantville Fire Hall. Admission \$3.00. New members (age 55+) are welcome. Light lunch provided.

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SOUTH SHORE BULLETIN

Funded by the Government of Canada

Premier on hand to officially open Housing for Health Care program units

By KEVIN MCBAIN
kevin.mcbain@southshorebulletin.ca

BRIDGEWATER – The 20 new townhouse units, built specifically for health care workers, on Glen Allan Drive were announced as complete by Nova Scotia Premier Tim Houston July 28.

Houston, who was also in Bridgewater for the Chamber of Commerce’s State of the Province Luncheon and the South Shore Exhibition parade, was joined by colleague Minister of Housing John White, speaking at an address in the driveway of one of the units.

“I’m really proud to be here today. This is a symbol of progress. That’s what these units are,” said Premier Houston.

“We know that housing can be a stressor for many people...so projects like this just try to mitigate that stressor... These 20 units are a first step and an important step.”

It was noted that more health care workers are

always needed, but it’s tough to recruit when there is no place for them to live. In response to this, the provincial government started the Housing for Health Care initiative in March of 2023.

In Bridgewater, the province had invested \$6 million in the project which includes one, two and three-bedroom units. While the modular homes in Bridgewater have been up and many occupied for a few months already...the finishing touches, such as the laying of sod, where just recently completed.

The funding for the project was part of the \$45 million Housing for Health Care program to ensure health care workers have access to save and accessible housing in communities across the province.

This initiative has projects under way or completed in Bridgewater, Lunenburg, Liverpool, Guysborough, Port Hawkesbury, Canso and New Glasgow.

Also in attendance at the July 28 event was Angela Bishop, CEO of the Housing Trust of Nova Scotia, the non-profit that is overseeing the Housing for Health Care initiative for the province.



KEVIN MCBAIN PHOTO

On hand for the official ‘opening’ of the 20-unit Housing for Health Care units in Bridgewater, were, from left, Housing Minister John White, Lunenburg MLA Susan Corkum-Greek, Bridgewater Mayor David Mitchell, Angela Bishop, CEO, Housing Trust of Nova Scotia; and Nova Scotia Premier Tim Houston.

“We’re delighted to be here today. Not only to celebrate the new homes for health care workers, but to stand alongside leaders to recognize the growing challenges,” she said.

“We need housing that allows a community care assistant to take vacation, a newly graduated nurse to save for his/her downpayment for a house, a family to avoid difficult choices between rent, groceries or other necessities. For years we’ve heard that housing insecurity can happen to anyone, like one paycheque away, well today it’s a reality,” she said.

Bishop said that the housing offers more manageable rent over the long term which is where the non-profit sector comes in. The housing is within a mixed income model where rents are aligned with household incomes. She added that at least half of the residents receive an incentive to keep the rent manageable and for some it will reduce rent by more than \$500 per month.

She said the housing is part of the “attraction and retention” strategy for health care in the province.

White said he was also happy to be here and celebrate the completion of the project.

“Today is about people. It’s about health care professionals who have chosen to build their careers here in Bridgewater, Nova Scotia. We are making sure they have affordable place to live and call home,” he said.

“It’s about creating housing that helps people feel welcome, connected and supported by the communities they serve and become a part of. This project is a great example of what can happen when government, municipalities and community partners work together to make a shared goal a reality.”

Coming to Streaming August 5-11, 2026

CRAVE			
August 5 Angry Birds Slingshot Space Stories: Season 1		August 10 Modern Whore	
August 6 Monster of God: Season 1, Episode 1 Come To Daddy Garage Sale Mysteries: A Case of Murder Garage Sale Mysteries: Murder By Text Garage Sale Mysteries: Murder Most Medieval Garage Sale Mysteries: The Art Murder Garage Sale Mysteries: The Beach Murder		DISNEY+ August 5 A Shop for Killers (Season 2, new episodes) King & Prince: Our Meet-Up in LA (new episode) The Shards (Two-Episode Premiere) Star Wars: Visions Presents – The Ninth Jedi (all episodes) Wizards Beyond Waverly Place (Season 3, all episodes) X-Men ‘97 (Season 2, new episode)	
August 7 Temptations Under The Sun: Cyprus Mile End Kicks Priscilla The Exorcist: Believer H Is For Hawk 22 Jump Street Blade of Glory The Strangers: Chapter 3 Babysitter (2022) Of An Age		August 6 House of Stassi (new episode) The Husband (new episodes)	
August 8 Anna Pigeon Bon Cop, Bad Cop Bon Cop, Bad Cop 2		August 7 Flex X Cop (Season 2 premiere) Hey A.J.! (new episode) Pokémon: Indigo League (Season 1, all episodes) SuperKitties (Season 3, new episodes)	
August 9 Brooklyn We Believe You		August 8 Bleach: Thousand-Year Blood War – The Calamity (Season 4, new episode) Chibiverse (Season 4, new episodes)	
		NETFLIX August 5 1670: Season 3 (PL) Big Chicken: A Fast Food Conspiracy (GB) Inside The Trustor Scandal (SE) Let’s Marry Harry One Hundred Years of Solitude: Part 2 (CO)	
		August 6 My Life With the Walter Boys: Season 3	
		August 7 17 Again Death Inc.: Season 4 (ES)	
		PARAMOUNT+ August 2 Lioness (Season 3)	
		August 4 Dana White’s Contender Series (Seasons 1-4) Special Ops TRUE (Season 1)	
		August 5 The Challenge: Cutthroat (Season 42)	
		August 11 Dana White’s Contender Series (Season 10)	
		August 10 Deep Impact Four Weddings and a Funeral The Last House Operation Safed Sagar (IN) Our Sticky Love (KR) Ricky Gervais Alley Cats (GB)	
		August 8 Green Book Piece by Piece Reality Bites The Ribbon Hero (JP)	
		August 10 Dr. Seuss’s Red Fish, Blue Fish: Season 3	
		August 11 Mourinho (GB) Rory Scovel: Show Must Go On	

Lunenburg, N.S.			
TIDE TABLE			
Wednesday 05 August 2026		Sunday 09 August 2026	
High Tide	4.92 ft 12:57 AM	High Tide	4.56 ft 9:36 AM
Low Tide	1.41 ft 7:24 AM	Low Tide	5.41 ft 5:51 PM
High Tide	5.51 ft 1:23 PM	High Tide	5.41 ft 5:51 PM
Low Tide	1.51 ft 8:30 PM	Monday 10 August 2026	
THIRD QUARTER 11:21 PM		Low Tide	0.72 ft 12:56 AM
Thursday 06 August 2026		High Tide	4.89 ft 6:52 AM
High Tide	4.69 ft 1:48 AM	Low Tide	1.61 ft 1:11 PM
Low Tide	1.64 ft 8:26 AM	High Tide	5.71 ft 6:57 PM
High Tide	5.35 ft 2:14 PM	Tuesday 12 August 2026	
Low Tide	1.44 ft 9:35 PM	Low Tide	0.36 ft 1:55 AM
Friday 07 August 2026		High Tide	5.28 ft 7:51 AM
High Tide	4.46 ft 2:52 AM	Low Tide	1.35 ft 2:12 PM
Low Tide	1.80 ft 9:34 AM	High Tide	6.00 ft 7:53 PM
High Tide	5.22 ft 3:17 PM	Wednesday 13 August 2026	
Low Tide	1.28 ft 10:42 PM	Low Tide	0.10 ft 2:47 AM
Saturday 08 August 2026		High Tide	5.64 ft 8:43 AM
High Tide	4.40 ft 4:13 AM	Low Tide	1.12 ft 3:06 PM
Low Tide	1.87 ft 10:48 AM	High Tide	6.17 ft 8:45 PM
High Tide	5.22 ft 4:35 PM	Level of accuracy may be affected by weather patterns and circumstances.	
Low Tide	1.05 ft 11:50 PM		

Protesters press premier over wilderness protections and resource development in Bridgewater

By YASMIN DUALE
yasmin.duale@southshorebulletin.ca

SOUTH SHORE - A group of environmental advocates gathered outside Premier Tim Houston’s appearance in Bridgewater at the Best Western on July 28, urging the provincial government to improve protections for wilderness areas and reconsider its approach to natural resource development.

Upon arrival at the venue, he did briefly talk to the protesters before heading into the venue.

Among the demonstrators was George Buranyi from the Bridgewater Watershed Protection Alliance. He explained that the protest was part of a broader campaign, mainly led by the South Shore chapter of the Council of Canadians, to challenge recent changes in environmental policy and call for more public consultation.

Buranyi said his group has spent the last four years pushing for Crown land within the Bridgewater designated watershed to be given permanent wilderness protection.

“Our goal for the last four years has been to have the Crown lands within the Bridgewater designated watershed declared as a wilderness area,” he said.

Buranyi explained that the proposal would safeguard about 1,600 hectares of Crown land, with the possibility of extending protected areas to over 2,000 hectares when combined with land already protected by the province.

He said the plan has the backing of the Town of Bridgewater, the Municipality of the District of Lunenburg, local water commissions, and environmental groups, but it remains stalled at the provincial level.

“We found 21 at-risk species in the watershed,” Buranyi said, adding that the Canada Parks and Wilderness Society has helped with research identifying environmentally sensitive areas within the watershed.

Despite these findings, Buranyi said the province still has not taken steps toward wilderness designation. Instead, he criticized the approval of industrial activity in the area, saying it goes against the goals of local watershed protection.

The water commissions have stated “they don’t want industrial activity” within the watershed, he pointed out.

This demonstration was part of a broader wave of opposition to the Houston government’s push to expand natural resource development, including legislative changes aimed at supporting mining and other resource projects as the province seeks drastic economic growth.

Protesters held signs and gathered outside the venue where Houston was speaking as part of his State of the Province addresses across the province, hoping to bring their concerns directly to the premier.

Buranyi said many people at the demonstration were also frustrated by comments Houston made after an earlier protest in Wolfville, where some demonstrators tried to block the premier’s vehicle.

“I don’t like the fact that he’s criminalizing and trying to make people out to be different than they are,” Buranyi said. “These are just

Continued on page 7

Community Events and Activities

August 5 - August 11

Have an event to share? Visit our website at www.southshorebulletin.ca/community-events

WEDNESDAY, AUGUST 5

- Bridgewater LEGO Builders Club**, Margaret Hennigar Public Library, 1 pm
- Bridgewater Tech Help Drop-In**, Margaret Hennigar Public Library, 1 pm
- Liverpool Cooking in the Community**, Thomas H. Raddall Library, 11 am
- Lunenburg Walking Tours – Festival Week**, Old Town Lunenburg, 10 am
- Lunenburg Art Gallery Drop-In**, Lunenburg Art Gallery, 1 pm
- Lunenburg Folk Harbour Festival – Early Workshops**, various venues, 10 am
- Mahone Bay Hands-On History Day**, Mahone Bay Museum, 11 am
- Mahone Bay Kids Craft Afternoon**, Mahone Bay Library, 2 pm
- Shelburne Farmers & Makers Market**, Guild Hall, 9 am
- Shelburne Living History Demonstrations**, Shelburne Museum, 10 am

THURSDAY, AUGUST 6

- Barrington Crochet Club**, Barrington Community Care & Recovery Centre, 3:30 pm
- Barrington Connect & Create**, Barrington Community Care & Recovery Centre, 4:30 pm
- Bridgewater Adult Colouring Group**, Margaret Hennigar Public Library, 10 am
- Bridgewater PopUp Farmers Market**, King St Court, 11 am
- Hubbards WOMEN AT THE HELM – Social for Female Sailors**, Black Harbour Distillers, 7 pm
- Liverpool Board Game Night**, Thomas H. Raddall Library, 6 pm
- Lunenburg Folk Harbour Festival**, Lunenburg Harbour, 125 Montague St, 1 pm
- Lunenburg Folk Harbour Festival – Main Stage**, Blockhouse Hill, 7 pm
- Lunenburg Gallery Opening – Local Artists Showcase**, Lunenburg Art Gallery, 6 pm
- Mahone Bay Children’s Heritage Crafts**, Mahone Bay Museum, 1 pm
- Mahone Bay Yoga in the Park**, Jubilee Park, 6 pm
- Shelburne Kayak & Paddle Demo Day**, Shelburne Harbour, 2 pm

FRIDAY, AUGUST 7

- Bridgewater Teen Hangout**, Margaret Hennigar Public Library, 3 pm
- Bridgewater Fresh Air Films – Wicked (Part One)**, Shipyards Landing, 210 King St, 8:30 pm
- Hubbards Moonshine Beach Party with Sable Pipeline Surf N’ Ska Band**, Moonshine, 226 Shore Club Rd, 8 pm
- Lahave Friday Night Music & BBQ – Le Maudit Français (Nicolas Jean)**, Fort Point Museum, 100 Fort Point Rd, 6 pm
- Liverpool Heritage Craft Day**, Queens County Museum, 10 am
- Lunenburg Folk Harbour Festival**, Lunenburg Harbour, 125 Montague St, 1 pm
- Lunenburg First Fridays Art Walk**, Lunenburg, 5 pm
- Lunenburg Folk Harbour Festival – Main Stage**, Blockhouse Hill, 7 pm
- Mahone Bay Suzuki Customer Appreciation Day**, 7940 Hwy 3, 8:30 am
- Mahone Bay Friday Family Fun**, Mahone Bay Museum, 10 am
- Shelburne Summer Theatre Performance**, Shelburne Theatre, 7 pm
- SATURDAY, AUGUST 8**
- Barss Corner Breakfast & 4-H Achievement Day**, Parkdale Community Centre 3003 Barss Corner Rd, 7 am See Classifieds for more information

- Bridgewater Saturday Storytime**, Margaret Hennigar Public Library, 10 am
- Bridgewater Skatepark Jam**, Bridgewater Skatepark, 2 pm
- Liverpool Summer Public Skate**, Queens Place Emera Centre, 1 pm
- Lunenburg Folk Harbour Festival**, Lunenburg Harbour, all day
- Mahone Bay Schooner Race Week – Competitive Racing**, Chester Yacht Club / Mahone Bay, 12:30 pm
- Shelburne Market Day**, Guild Hall, 9 am
- Shelburne Blacksmith Demonstration**, Shelburne Museum, 11 am

SUNDAY, AUGUST 9

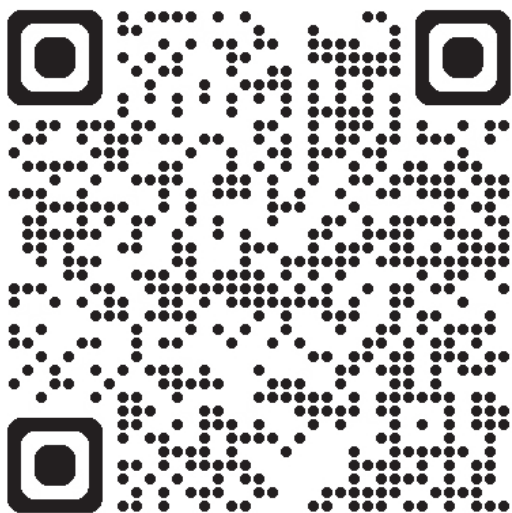
- Bridgewater Sunday Chess Club**, Margaret Hennigar Public Library, 1 pm
- Chester Schooner Race Week – Day 7**, Chester Yacht Club, 12:30 pm
- Liverpool Guided Museum Tour**, Queens County Museum, 2 pm
- Lunenburg Folk Harbour Festival**, Lunenburg Harbour, 125 Montague St, 1 pm
- Lunenburg Folk Harbour Festival – Main Stage**, Blockhouse Hill, 7 pm
- New Ross Blueberry Supper with Ham & Hodgepodge**, Forties Community Centre, 1787 Forties Rd, 4 pm See Classifieds for more information
- Shelburne Community Paddle**, Shelburne Harbour, 10 am

MONDAY, AUGUST 10

- Bridgewater Tech Help Drop-In**, Margaret Hennigar Public Library, 1 pm
- Canaan Crib Tournament**, Little Red School, 646 Canaan Rd, 1 pm
- Chester Schooner Race Week – Day 8**, Chester Yacht Club, 12:30 pm
- Liverpool Adult Book Club**, Thomas H. Raddall Library, 6 pm
- Mahone Bay Kids Monday Program**, Mahone Bay Museum, 11 am
- Shelburne Craft Night**, Shelburne Library, 6 pm

TUESDAY, AUGUST 11

- Bridgewater Teen Art Lab**, Margaret Hennigar Public Library, 3 pm
- Chester Picnic in the Park – Amanda Riley**, Lordly Park, 6 pm
- Chester Schooner Race Week – Final Day**, Chester Yacht Club, 12:30 pm
- Liverpool LEGO Club**, Thomas H. Raddall Library, 3 pm
- Lunenburg FUN Ukulele at BernArt Maze**, BernArt Maze, 6 pm
- Lunenburg Stealing Sam**, Lunenburg Academy, 97 Kaulbach St, 7:30 pm
- Shelburne Living History Day**, Shelburne Museum, 10 am





RICK CONRAD PHOTOS

MACKEREL CHAMPIONS!

The 10th annual Brooklyn Marina Mackerel Tournament took place July 25. Shown here are the top three winners, starting at top left with the champion Robert Ernst (centre) who caught the biggest fish measuring 33.5 centimetres and weighing in at 374 grams. With him is Brooklyn Marina representatives Clair Chandler and Roy Payzant presenting the award.

At top right is George Goodwin who took third place with a fish that measured 33 centimetres and weighed 366 grams.

Bottom right: Al Clark caught the second biggest fish, one that measured 33 centimetres and weighed 370 grams.



‘The job is so intense’: Dispatch workers cite burnout, low wages during strike

By YASMIN DUALE
yasmin.duale@southshorebulletin.ca

SOUTH SHORE - Emergency medical dispatch workers are asking their employer to return to negotiations as a province-wide strike over pay and staffing moves into its second week.

Emergency communications officers at Nova Scotia’s Emergency Medical Care (EMC) dispatch centre have been on strike since July 17. The workers are seeking better wages and action on what they describe as years of ongoing understaffing.

These workers answer 911 calls for medical emergencies and send ambulances throughout the province. On July 28, they repeated their call during a protest outside an event where Premier Tim Houston was speaking, urging EMC to restart talks.

“We’ve actually been on strike since July 17, and we’re here to tell EMC to come back to the table and offer us a fair deal,” said Craig Power, a negotiator for the workers.

Power said pay has become a major issue for employees, especially when they compare it to what others in similar dispatch jobs in the province receive.

“Right now, a starting wage for a comms officer is \$23.77 an hour, whereas those at Halifax dispatch are making \$40 an hour,” he said.

Emergency communications officers handle medical 911 calls, collect important information from callers, dispatch ambulances, and give instructions during emergencies before paramedics arrive.

Power said staffing problems have affected the centre for several years, putting extra pressure on those who remain.

“Staffing has been a big issue the last two or three years, at minimum,” he said.

“We have about 86 workers, with about 50 active



KEVIN MCBAIN PHOTO

A few emergency communications officers at Nova Scotia’s Emergency Medical Care dispatch centre were hoping to catch the eye of Premier Tim Houston in Bridgewater July 28. They have been on strike since July 17.

since the job is so intense and people do need time for sick leave,” he said.

The Halifax-based centre manages emergency medical calls from all over Nova Scotia. Power said staffing can be especially tight during overnight shifts.

“We often have six people covering the whole province at night and taking all the emergency medical calls,” an unnamed protester added.

Power explained that the current staffing situation has created a tough cycle, with fewer available workers increasing the workload for those remaining, which adds even more strain.

Even with the strike, emergency medical dispatch services are still running under an essential services agreement, so 911 medical calls are still being answered.

Power said workers are still dedicated to providing emergency services to Nova Scotians, but they want a contract that better matches the demands of the job.

The workers say they will keep pushing for progress in negotiations, arguing that fixing pay and staffing is needed to keep a dependable emergency medical dispatch system for communities across the province.

Protesters press premier over wilderness protections and resource development in Bridgewater

Continued from page 6

concerned citizens. All we want is to be part of the process, to be consulted and listened to.” He argued that most demonstrators have remained peaceful and said the events in Wolfville have distracted from the larger message environmental groups are trying to share.

“There were over 100 people there,” Buranyi said, referring to the Wolfville protest. “There was a small contingent who tried to block his vehicle.” He added Indigenous consultation is still a major concern for many protesters. He noted that several Mi’kmaq participants came to the Bridgewater demonstration and questioned whether the province is meeting its constitutional duty to consult Indigenous communities on resource development decisions.

“They keep asking that question,” he said about consultation with the Mi’kmaq. “He won’t answer.” By the time Houston left the event in Bridgewater, many demonstrators had already left, thinking they would not get a chance to speak directly with the premier.

Buranyi said, though, that the protest was about more than a single encounter with Houston. He described it as part of a longer effort to protect environmental safeguards that he feels have been achieved through years of public advocacy.

“What we’re trying to accomplish in the watershed... is such a wide variety of things,” he said. “People are upset because there’s been things fought for and won over decades by protesters, by citizens.” He pointed in particular to changes affecting long-standing provincial restrictions on activities like uranium mining and hydraulic fracturing, arguing those protections should stay in place.

“Those are hard-won gains,” Buranyi said.

The Bridgewater protest was one of several demonstrations in recent weeks as environmental groups, community organizations, and Indigenous advocates continue to raise concerns about the province’s direction on natural resource development.

Protesters say they plan to keep urging the government to expand protected wilderness areas, strengthen environmental safeguards, and increase public consultation as Nova Scotia considers future mining and resource extraction projects.

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PHOTOS BY KEVIN MCBAIN

CARROLL BAKER AND FRIENDS PLAY TO SOLD OUT CROWD

Port Medway’s own Carroll Baker returned to her Mem’ries Centre July 24 and 25 with a few of her friends to perform two, all-girls’ reunion, sold-out concerts at the centre. The concerts were held as a fundraiser for the centre that badly needs a new roof. At left: Carroll sings along with her sister, Rosemary, now her only living sibling. Top right, performers included, from left, Kim Tuplin, Jolee, Baker with her daughter Candace, Joyce Seamone and Dolly Dunn. Along with the concert, the draw was made for the Carroll Baker ‘show dress’. There was a 50/50 draw and Mem’ries Centre T-shirts, hats and keychains were available.

Queens councillors restrict public from certain areas of council meeting room

By RICK CONRAD
Local Journalism Initiative Reporter
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LIVERPOOL – Region of Queens councillors want to limit where members of the public can go in council chambers during meetings. At the regional council’s last meeting on July 14, a couple of councillors told a reporter that he wasn’t allowed to approach the council table during breaks.

They said it was a new policy that nobody but councillors and staff are allowed past the public gallery.

Members of the public tend to stay in the public seating area, unless they speak during the public comment portion of the meeting. During breaks, the mayor and some councillors will leave their desks to speak to residents. Reporters will occasionally approach the mayor near his desk during a recess, because he is the official spokesperson for council.

Mayor Scott Christian said in an interview that some councillors “are uncomfortable with having members of the public during recesses ... coming directly behind where they sit.”

“It’s to protect the privacy and security of members of council,” he said. “Sometimes there’s paperwork or confidential information or notes or private conversations occurring. And frankly, a lot of council chambers, if you look around, do have more of a built-in separation.”

He said there’s no official policy yet, but council is “workshopping” it. He said it could involve using movie theatre-style stanchions to separate the meeting area from the public seating area.

Smaller municipalities like Queens and Chester hold their meetings in one large room with no barrier between the council table and the public seating area. Until now, that



RICK CONRAD PHOTO
A rare full public gallery at a Region of Queens council meeting.

wasn’t seen as a problem in Queens. Christian didn’t point to any specific incident that sparked the change. Municipal councils in Nova Scotia allow various levels of public access at their meetings. Halifax regional council probably has the tightest security, requiring people, including media, to sign in and go through an airport-style screening process.

Some municipalities have begun limiting public access in other ways. The Town of Lunenburg recently removed the ability to comment on their Facebook posts, following the Municipality of Shelburne and the Town of Shelburne. In April, Annapolis Royal’s town council voted to end video livestreams of its meetings, saying they could lead to harassment for councillors.

Liverpool housing developments forging ahead in ‘slow’ real estate market

Continued from page 2

The three-bedroom units will be priced at \$495,000, “and that includes pretty much everything, your paved driveways, complete turnkey, gardens, everything, appliances, ready to move into.” “So, the first one will be a model home, and then I’ll be looking at taking deposits from there on in to build after that. So I won’t be building and then trying to sell them. After this one, hopefully we’ll have some sales, so we sell a couple and then we can keep moving along.”

Cochrane originally hoped to build 65 new homes in four phases. “The real estate market in general is slow. We need industry to come into town, some new employers. We need a bigger employer that’s going to bring younger families in. So, I’m a little worried about it because we really don’t have the population growth going on.”

Both developments will benefit from the Region of Queens \$28-million expansion of water and sewer services to the area. The municipality is also upgrading existing infrastructure around Liverpool. When \$10.7 million in provincial funding was announced

in 2024 for the project, Queens MLA Kim Masland said, “this will allow us to build more houses”. At the time, both developers were hoping to build a combined 325 new housing units, with room for up to 1,200 residents. While the work continues on the water and sewer upgrades and appears to be on schedule, Cochrane’s Dauphinee Fields and Rumclo have adjusted their early estimates. Rumclo partner Graham van der Pas said in an interview they’re now planning to build 104 semi-detached houses as part of The Point, one of their three projects on 23 acres in the area. That’s down from their early plan of 140 units.

The others are a townhouse development called The Curve and an affordable housing initiative called Birchwood Gardens. He said they have a list of more than 300 people who are interested. “We’ll see when we open pre-sales,” van der Pas said. “That’s why we’re kind of starting with a small first phase of only four units, to kind of gauge what the demand is going to be and how fast we’re going to have to roll out. We’re building all of the homes either way. We just want to

know scheduling-wise, what that’s going to take.” Those four units could be ready by late spring 2027. Prices at The Point will start at \$475,000, he said. They’re about a week away from opening up pre-sales. “The unique thing about our development is that because I have a design company and my team is located in Amsterdam, we’re going to have a direct link for customers to have one-on-one consultations with a designer, and they’ll be able to customize the house. We’ll have our standard options that they can customize with and then if they want to go anything beyond that, anything’s possible.” As for the proposed 87-unit Birchwood Gardens, van der Pas said they’re putting that on hold for now until they raise more money. Cochrane says the market has changed in the years since he first hatched the idea for Dauphinee Fields. But he’s hopeful. “I kind of went on a gut feeling that Liverpool’s a great area to live, and that I’ll be able to sell at least these five buildings, and if it takes a long time to sell them, then we’re going to have to revisit the whole subdivision as far as the goals.”

Fundraising continues in restoration effort

By KEVIN MCBAIN
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SANDY POINT – The Sandy Point Lighthouse Recreation Group continues its fundraising efforts to fully restore the lighthouse, built in 1903, that has fallen into a state of disrepair.

This version of the lighthouse was a rebuild of the original, 1873 version that was built by the Department of Marine and Fisheries on a pier located 180 metres offshore on a sand pit, however, it burned down and was replaced and relocated in 1903 with a new concrete base on the sand pit.

The ownership of the lighthouse was transferred to the Sandy Point Community Recreation group in 2004.

The last major work that was done on the lighthouse was in 2008, when more than \$100,000 was spent to fix the base and siding and to re-activate it as a private aid in navigation.

Now, more work needs to be done. A three-phase approach has been taken. The first phase includes fixing the timber fender and concrete pier upgrade.

Phase 2 includes work on the lantern room and gallery repairs; and phase three, would include the wood tower restoration.

An assessment on the lighthouse was given by RJC out of Halifax in November of last year for phase one. In their assessment, they had noted that foundation was in “critical condition” and suggested they should look after it within the next six to 24 months.

An original estimate for phase one to secure the foundation was originally set for \$150,000, however, after the latest, more in-depth estimate they are looking at roughly \$240,000 if there are no unforeseen circumstances.

“So, all our fundraising efforts have focused on raising enough money for the foundation,” said SPCRG President Zeljka Lipovac.

She said that it was tough to get contractors out to try and give a quote on the work...however, she thinks they have found someone, but not naming the person, she said that “he is going to try and work with us and work within the budget,” she said.



SOURCE: SPLCC FACEBOOK PAGE
A photo taken of the Sandy Point Lighthouse with a navy ship in the background.

Lipovac said cost is a bit higher than one would normally think it would be, partially because the lighthouse is only accessible at low tide and you have to trek through sand to get there.

She does hope that if the ACOA funding comes through in a positive way, the contractor can start work on the project and the hope is to have that part done by the end of the year, if things go according to plan. The same contractor said he will also take care of looking after the tower as well.

She said money has been coming in with thanks to the community supporting fundraisers such as the barbecue during Dock St. Days and the breakfasts that are hosted at the centre twice each month.

As well, after a presentation to the municipality in April, council committed to \$100,000. Lipovac said a representative from the Atlantic Canada Opportunities Agency (ACOA) reached out and asked them to put in for a grant. That has happened and they are expected to hear back from ACOA in the next month.

Work on getting the light, which went out last

year, going again, has been also factored in. “We want that light to shine.” For the entire project, it is hopeful that everything will be done by the end of March 2027, again, if everything goes well. As for costs, beyond phase one...they will have to wait and see. Lipovac, said that a relative asked her, “why isn’t the government doing more to protect these lighthouses?”

“When you drive by and see one in the harbour, you think about the history – the fishermen, the boats. It’s a symbol of our past and that’s why we need to preserve it. It’s part of our Maritime heritage,” she said.

Fundraisers will continue with the breakfasts and mark Sept. 19 on your calendar. There will be a special live auction fundraiser, following the breakfast, featuring one-of-a-kind artwork from local artists, antiques and collectables – to note, they are also still looking for donations.

As well, if you would like to donate to the cause, e-transfers are being accepted at : sandypointlighthouse@gmail.com.

For more information, check out their Facebook page: Sandy Point Lighthouse and Community Centre and watch for a new website that is expected to come online soon: www.sandypointlighthouse.com.

Canada wins big at 75th CDRA races

SOUTH SHORE BULLETIN STAFF

LUNENBURG – The wharves on the Lunenburg waterfront were packed with spectators that hope to capture the excitement of the 75th annual Canadian Dory Racing Association – Canada vs U.S. races.

The weather was perfect, with little wind and sun shining down. Next up for the CDRA is the Canadian Eliminations Aug. 15 as teams will try to earn their right to represent Canada at the U.S. Races in Gloucester, Mass. Sept. 5.

The following are the results:

Race 1 – Men’s one mile:
U.S. Sam Taormina and Peter Taormina (10:42:20) over Canada’s Robert Fox and Chad Spindler (11:00:05).

Race 2 – Juniors – Exhibition (no U.S. team):
Parker Spindler and Ryan Hirtle (6:21:12) and Davis Henneberry and Bowen Cranston (6:24:81).

Race 3 – Mixed:
Canada’s Jeannie MacLean and Mike Bailey (6:24:97) over U.S. Alexis Novello and Jeff Muise (6:34:50).

Race 4 – Women’s:
U.S. – Rachael Cecilia and Ashley Smith (6:43:28) over Canada’s Kelly Croat and Lisa Tanner (6:44:22).



KEVIN MCBAIN PHOTO
The mixed Canadian and American teams get ready to start their race.

Race 5 – Over 50 Women’s:
Canada’s Lisa Booth and Victoria Jollimore (6:45:72) over U.S. Linda Geary and Elin af Klinteberg (7:36:58).

Race 6 – Over 50 Men’s:
Canada’s Elvis Pye and David Croft (6:22:88) over U.S. Peter Feeney and Glenn Herrington (6:28:35).

Mustard-Herb Chicken Thighs

with New Potato & Green Beans

INGREDIENTS

- 4-6 bone-in chicken thighs
- 1 tbsp grainy or Dijon mustard
- 2 tbsp oil or butter
- 1½ lb new potatoes, halved
- ¾ lb green beans, trimmed
- 1 small red onion, sliced
- 2-3 tbsp fresh dill or parsley, chopped
- 3 tbsp oil (for dressing)
- 1 tbsp vinegar or lemon
- 1 tsp mustard (for dressing)
- 1garlic clove, minced
- salt & pepper

PREPARATION

1. Pat chicken thighs dry.
2. Rub with mustard, salt, and pepper.
3. Heat 2 tbsp oil or butter in a large skillet. Sear thighs skin-side down until browned, 5-7 minutes. Flip and cook 3 minutes more. Remove to a plate.
4. Add potatoes to the same skillet. Cook 10 minutes, stirring occasionally, letting them brown in the chicken drippings.
5. Add green beans and sliced red onion. Stir and cook 3-4 minutes.
6. Nestle chicken thighs into the vegetables. Cover and cook 15 minutes until chicken is fully cooked and potatoes are tender.
7. Make herb dressing: Whisk oil, vinegar/lemon, mustard, garlic, dill/parsley, salt, and pepper.
8. Drizzle herb dressing over the hot skillet. Toss vegetables gently and serve immediately.

Have a recipe you'd like to share?
Send it in!
info@southshorebulletin.ca
106-129 Aberdeen Rd,
Bridgewater, NS B4V 2S7

Indigenous constituent says protesters united over concerns as Houston addresses supporters

By YASMIN DUALE

yasmin.duale@southshorebulletin.ca

SOUTH SHORE - An Indigenous protester says more Nova Scotians are joining together to oppose Premier Tim Houston's policies, with ambulance dispatch workers, environmental advocates, and other groups gathering outside the premier's appearance last week.

Michelle Paul of Wasoqopa'q First Nation, who lives on the Gold River reserve, was among those gathered outside the Cookeville Best Western, as Houston arrived to speak to his supporters. Protesters represented a variety of causes, including striking emergency communications workers, the Council of Canadians, and environmental organizations against land exploitation.

Paul described herself as a water protector and land defender, attending the demonstration to stand with others who are calling for what she described as a more sustainable future.

“My name is Michelle Paul. I live nearby on the Gold River Reserve for Wasoqopa’q First Nation and am essentially a treaty rights holder,” she said. “And I’m somebody who cares about the future of Mi’kmaq and also the well-being of these lands and waters.” She said the protest brought together a broad coalition of people worried about different provincial issues, not just one cause.

“I came here today to join my voice with my friends and friends I haven’t met yet, like-minded people who care about the lands and waters,” Paul

said. “We have folks who are here concerned about the library cuts, folks who are here with the strike, the ambulance dispatch folks. And then you have a group of us here that are treaty rights holders who care about all of it.” Paul said these concerns go beyond just Indigenous communities.

“We care about these, our homelands, but we care about having a future that’s livable, one that sustains us all and not just the elite, the rich.” The demonstration took place as Houston faced growing criticism from environmental groups and First Nations leaders over the province’s direction on natural resource development. Protesters argued the government is pushing too quickly to expand mining and other resource projects, without properly consulting the communities affected.

Paul also spoke about a recent encounter with Houston at another public event, saying the premier has often claimed to listen to Nova Scotians but has not genuinely engaged with people who disagree with his government's policies.

She mentioned an earlier event in Wolfville, where protesters confronted the premier with questions about Indigenous land rights.

“He’s been leading with the phrase, ‘I listen to the people,’” Paul said. “How the event in Wolfville unfolded was a clear description of how he in fact does not listen to the people.” According to Paul, Houston approached demonstrators at that event, seemingly to engage with critics. But she said the conversation changed quickly when an Indigenous elder challenged

him about ownership of traditional lands.

“One of my grandmothers was in the crowd right there to come at him and ask him, ‘Show me the deed. Show me the title to these lands,’” Paul recalled. “And of course he doesn’t have the answer to that.” She said others also attempted to ask the premier questions before he ended the exchange.

“He quickly realized that he was unprepared, let’s say, to actually effectively talk to the people,” she said. “He then turned heel and left for the building.”

Paul argued that Indigenous constituents and other demonstrators have repeatedly tried to talk with the premier through public rallies and other events.

“We’ve seen rally after rally, people inviting him to come out and talk to the people,” she said. “He’s had ample opportunity to talk to the people.”

While Paul criticized the premier's approach, she also stressed that demonstrators have stayed focused on peaceful advocacy and public engagement.

Premier touts energy projects as key to jobs, wages and economic growth

Continued from page 1

could change the province's economy, including onshore natural gas, offshore natural gas, offshore oil, wind energy, and electricity transmission infrastructure.

According to Houston, these industries are not separate opportunities but connected parts of a larger economic plan.

“Together they tell a story,” he said. “And that is a story about affordability. That is a story about energy security. That is a story about economic growth.” The premier maintained that developing Nova Scotia’s natural resources would strengthen the province’s finances while improving energy reliability and lowering costs in the long run.

Houston also said that international companies are increasingly seeing Nova Scotia as a good place to invest.

“The companies that are looking at Nova Scotia, they’re looking here because they see opportunity,” he said. “They see world-class wind resources, they see advanced manufacturing, they see deep-water ports, they see a skilled workforce. They have confidence in Nova Scotia.” He said those advantages put the province in a strong position to attract investment that could bring new jobs and encourage long-term economic activity.

Houston's speech put a lot of focus on the role private-sector investment could have in growing Nova Scotia's economy. He suggested that large energy projects would create demand across industries, with benefits reaching suppliers, manufacturers, transportation companies, and small businesses in the province.

The premier's comments come as his government continues to pursue policies aimed at growing natural resource development and renewable energy infrastructure. Those efforts have received support from business groups, as well as criticism from environmental organizations and Indigenous groups worried about the possible impacts of more resource extraction.

Outside the event, Houston's remarks were met with demonstrations from several groups, including Indigenous critics, environmental advocates, emergency communications workers, and members of the Council of Canadians. Protesters challenged the government's resource development plans and raised concerns about environmental protection, Indigenous rights, and public-sector labour issues.

The stop was just one of seven stops on his summer 'State of the Province' tour destinations hosted by chamber of commerces.

SPORTS SHORTS

CORNHOLE PLAYERS MAKE PRO ROSTER

Three local cornhole players have made the 2026-27 American Cornhole League (ACL) Canada Pro Roster. Ranked at number 35 is Billy (BJ) Oickle; at number 42 is Kyle Zinck and at number 43, Nick Ewing. They are the first ACL Canada Pros to come out of the province, they can now compete against the other pro players in the country.

SARAH MITTON DEFENDS TITLE

Brooklyn's Sarah Mitton, 30, successfully defended her Commonwealth Games title July 29 in Glasgow, Scotland, with a throw of 19.88 metres on her fifth attempt to take gold by more than two metres. She topped Nigeria's Jessica Oji and Jamaica's Lloydricia Cameron.

SOUTH SHORE

BULLETIN

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Old Town Lunenburg celebrates 30 years of Heritage site designation

By LOGAN RING
For the South Shore Bulletin

LUNENBURG – Old Town Lunenburg celebrated its 30th anniversary of becoming a UNESCO (United Nations Educational, Scientific and Cultural Organization) World Heritage Site July 25.

The National Trust for Canada hosted a community event in Lunenburg.

Created in 1973, the National Trust for Canada is a charity dedicated to the conservation and promotion of Canada’s historic places. The organization believes heritage sites are a catalyst for sustainable, livable communities. Heritage conservation addresses the needs of communities today by fostering identity and a sense of place, driving economic activity, enhancing belonging, supporting climate resilience, and promoting well-being.

Patricia Kell is the CEO of the National Trust for Canada.

“It is the 50th anniversary of Canada signing on to the World Heritage Convention. It is also the 30th anniversary of Lunenburg being inscribed as a World Heritage Site,” said Kell.

The event featured live performances, walking tours and the much-anticipated re-opening of the restored Heritage Bandstand, which was ceremoniously opened in a ribbon-cutting ceremony by Patricia Kell, MP Jessica Fancy, Lunenburg Mayor Jamie Myra and MLA Susan Corkum-Greek.

The walking tours of Old Town Lunenburg included interactive family activities and information booths along King Street and Lunenburg’s iconic Waterfront.

“Our mission is to bring people together to care for and promote heritage, and we believe that heritage places lie at the heart of vibrant, healthy communities,” said Kell.

Old Town Lunenburg is unique because it is considered one of the best-preserved examples of early British settlement in North America. Founded in 1753, the town has a gridiron layout and is one of the earliest and most intact British model town plans in Canada.

“It is incredibly uncommon to have an 18th-century town that is still so readable. Lunenburg is so distinctive. Its waterfront is iconic. It has a local architecture that is unique to it. Having an opportunity to celebrate all of that, and the community that has done so much to ensure it has been preserved for future generations, is really special,” said Kell.

Kell said the town’s character is not the work of one person but of generations of dedicated Lunenburg residents.

“I see it as the work of generations. There has been a pride of place and a sense of place in Lunenburg, probably more or less since its inception. Generation after generation, people have cared about the place that it is and have invested in preserving its remarkable architectural and seafaring heritage,” said Kell.

Local politicians each gave a speech during the opening event, all of which mentioned the hard work of Lunenburgers to maintain the town’s unique charm and heritage.

“For more than 270 years, what truly makes Lunenburg special is that far more than its historic landmarks is its vibrant, lively community. We saw that with our town crier here a moment ago, where heritage is reflected in its colourful streetscapes, its working waterfront, and its enduring traditions of craftsmanship and seafaring and all of the above in the people who continue to shape its story every day today, as communities across Canada mark this anniversary, we celebrate more than just historical places. We celebrate the stories, the cultures, and the shared experiences that connect us across generations. Heritage helps us understand where we come from. It strengthens our sense of belonging. It reminds us of our shared responsibility to protect these places for future generations to come,” said Fancy.

“What a pleasure. It is to be here and watch and honour Lunenburg, Nova Scotia is one of the three locations across Canada where we are celebrating this very significant milestone. 50



LOGAN RING PHOTO
A celebration was held in Lunenburg July 25 to recognize the 30th anniversary of Old Town Lunenburg being recognized as a UNESCO heritage site. On hand for the celebration, from left, was Lunenburg MLA Susan Corkum-Greek, CEO Patricia Kell of the National Trust for Canada, MP Jessica Fancy and Mayor Jamie Myra.

years of Canada’s participation in the UNESCO World Heritage Convention. I think it’s fair to say that for many of us locals, our knowledge of the World Heritage Convention, at least our interest in it, began in the early 1990s, when advocates doubled down in their efforts to get Old Town Lunenburg recognized as a UNESCO World Heritage Site,” said Corkum-Greek.

“At that time, a number of national parks in Canada had already been designated, but there was only one other urban site, the historic District of Old Quebec. And looking at the global list, we learned that other sites included India’s Taj Mahal, the pyramids at Gizeh, Machu Picchu in the

Peruvian Andes, Vatican City, pretty incredible company.”

“Thank you to Doctor Patricia Carle and the National Trust of Canada for inviting us to take part in this wonderful celebration, this year, especially for our community, as we’re also celebrating our 30th anniversary of the inscription of UNESCO. When that happened in the mid ’90s, it changed the community tremendously. It’s a much different place now than it was in 1995. All you have to do is go to the waterfront right now and take a walk and see the thousands of people there enjoying the beautiful restaurants and the view and the shops. So again, it certainly changed,” added Myra.

Lunenburg daycare expansion to add 77 new child-care spaces by 2027

Continued from page 2

Officials said the extra child-care capacity should help meet the rising demand from families in Lunenburg and nearby communities, while also supporting economic growth by making it easier for parents to stay in or return to the workforce.

Fancy said the long-term benefits reach far beyond the classroom.

“When children have a positive early learning experience, you can see the difference,” she noted. “They are more confident, they are better prepared to work with others. They are

eager to ask questions, solve problems and explore the world around them.”

She said investing in early childhood education ultimately strengthens whole communities.

“If you have a happy, healthy start, children become much more successful students, successful students become much more engaged citizens,” Fancy said. “And what do engaged citizens do? They strengthen communities, and they strengthen the economy.”

The Lunenburg Day Care Centre has been a part of the community since 1973 and they currently have space for 113 children.

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LIFESTYLES

Bringing the outdoors in: *Why catios are a game changer for indoor cats*

ASHLEY KIPPERS
SHAID Tree Animal Shelter General Manager

For many cat owners, keeping their feline companions indoors is the safest choice. Indoor cats are protected from traffic, predators, parasites, contagious diseases and many of the other dangers they would face outside. In fact, indoor cats often live significantly longer, healthier lives than those allowed to roam freely.

But just because a cat lives indoors doesn't mean they stop wanting to experience the sights, sounds and smells of the great outdoors.

That's where catios come in. A catio, short for "cat patio", is a secure, enclosed outdoor space that allows cats to safely enjoy fresh air, sunshine, birdsong and the excitement of nature without the risks associated with free roaming.

The benefits of catios are remarkable. They provide valuable mental stimulation by giving cats new things to see, smell and hear. Watching birds, butterflies and squirrels satisfies a cat's natural hunting instincts without putting wildlife, or the cat, at risk. Many cats also become more relaxed and confident when they have access to an outdoor space where they can safely explore.

The physical benefits are just as important. Catios encourage exercise through climbing, jumping, stretching and exploring, helping cats main-



ASHLEY KIPPERS PHOTOS

A new catio was recently installed at SHAID Tree Animal Shelter thanks to some great donations from the community. Thelma was one of the first to use it and gave her seal of approval.

tain a healthy weight and reducing boredom-related behaviours such as scratching furniture or overgrooming.

For shelter cats, the impact can be even greater. Shelter life can sometimes be stressful, even with the very best care. New sounds, unfamiliar routines and living away from a permanent home can all be overwhelming. Having access to a secure outdoor space gives cats the opportunity to decompress, enjoy natural enrichment and simply relax in the sunshine.

That's why everyone at SHAID Tree Animal Shelter is so excited about a recent addition to the shelter. Thanks to the incredible generosity of a grant from Whynott's Wind Farm and two community members, SHAID recently received a beautiful new catio that is

already making a tremendous difference in the lives of the cats in our care.

Their thoughtful donation has created a peaceful outdoor retreat where cats can stretch out in the fresh air, bask in the sunshine and enjoy the sights and sounds of nature while remaining completely safe.

One of the first residents to enjoy the new space has been Thelma, a sweet one-year, two-month-old girl who knows just how comforting a sunny afternoon can be. Thelma came to SHAID after losing the person she loved, leaving her world turned upside down.

Despite everything she's experienced, she has remained a friendly, affectionate cat with a gentle spirit. She loves life's simple pleasures, a soft cushion to curl up on, a warm patch of sunshine

and, of course, a few tasty treats.

The new catio is more than just an outdoor enclosure, it's an investment in the emotional and physical well-being of every cat who passes through SHAID's doors. It gives frightened cats a place to relax, curious cats a place to explore and playful cats another opportunity to exercise and enrich their daily lives.

SHAID would like to extend a heartfelt thank you to the generous donors who made this wonderful addition possible. Their kindness will benefit countless cats for years to come, helping them stay happier, healthier and better prepared for life in their forever homes.

Sometimes the simplest gifts, like a little sunshine, a gentle breeze and a safe place to enjoy them, can make all the difference.

Is it worth recognizing small achievements

SUSANNE BECK
Reality Check

If you've been thinking that it's time to put yourself on a path to getting your life together, then setting and achieving goals will likely be part of that process.

Your goals might include habits or attitudes that you want to give up. And you might have a few goals around what you want to acquire or achieve.

It's common to find goals in a workplace. While they might be referred to as objectives or quotas, they essentially state "what we want."

A difference you might notice between goals at work and personal goals is in the area of accountability. At work, even if we're the boss, someone is holding us accountable!

It might be a customer, manager, colleague, committee member... somebody notices whether we are doing what we've said we will do. And they will probably say something about it. I'd like to think that it'll be "thank you" when we do deliver on our goals.

Especially when we don't, we'll most likely get some comments.

We can view this as helpful. We know someone is watching, thus, we know that what we are doing matters to someone.

Let's contrast the workplace goal with a personal goal. When you define goals, whether they are big and bold or ordinary run-of-the-mill goals, the path to achievement can get discouraging. When that happens, your goal can be in danger of falling by the wayside.

Whether you call them hopes or dreams or goals, especially in early stages, they can be delicate. It can be hard to keep your eye on the prize of a big, long-term goal that could involve uncertainty and risk.

You may have chosen not to discuss your goal with people who may be all too eager to point out the potential flaws and difficulties.

So how do you keep yourself motivated? It's all well and good to know that you are pursuing the right path for you, but when times get tough,

how do you stay on track?

My suggestion is by no means ground-breaking; I'm sure you've heard it before. But sometimes fundamental suggestions bear repeating. Here it is:

A big goal is made up of small steps. Write them down.

How detailed should those steps be? That's your choice. I'd suggest that you consider how easy it is for you to get discouraged. Very easy? Break it up into a lot of tiny steps. But if you're not too likely to plunge into discouragement, you may not need a high level of detail.

Then, every step you achieve, every tiny advance you make, celebrate. Even if that celebration is just in your own mind. Many of you know that I recommend writing these things down and checking them off, but I do recognize that different people have different ways of keeping track. Regardless, acknowledge your success, even in the tiny accomplishments.

What does this have to do with Choice Theory? You may remember

that Choice Theory says we have basic needs. One of those basic needs is called power, which I often refer to as recognition.

My observation is there are plenty of folks who are lacking recognition (whether they realize it or not.) Even when they do something extraordinary (for them) no one seems to notice.

As we know, we can't control other people. We can't make them recognize us, at least not in a long-term sustainable way.

Achieving goals, even small ones, is one way to satisfy that need without requiring recognition from other people. You can recognize yourself through the undeniable achievement of your goals, even the tiny steps. Be your own cheerleader.

How do you recognize your own accomplishments? Let me know at choice@focusonclarity.com or by mail c/o South Shore Bulletin.

To your choices! ~ Susanne ~

Susanne Beck, RTC is Reality Therapy Certified by the William Glasser Institute

LIFESTYLES

When things do not go as planned

JAMES HIRTLE
Bird Notes

I led my usual field trip for the Nova Scotia Bird Society for Mahone Bay on July 25. I normally start at the three churches in Mahone Bay and then we walk along a stretch of the Mush-A-Mush River.

After that we go to Clearland along the Dynamite Trail and then to Long Hill. I sometimes go to Station Road in Maitland for a walk along the trail there. After that I do a part of the Bay to Bay Trail in Fauxburg. We then proceed along Mader’s Cove and end up at Second Peninsula.

This year, the field trip did not work out for my usual plan. We birded fine from the parking lot in Mahone Bay and then went to the part along the Mush-A-Mush River. For the time of the year, it is hit and miss with seeing birds as most of the breeders are on the move.

If you happen to hit a group of these breeders then you see a lot, or even birds moving through in migration with hundreds of warblers. Things can be really slow in regards to birds if you don’t hit it right.

This was the case on my field trip this year. Along the Mush-A-Mush River it was the slowest that I’ve seen it. We did get a number of gray catbirds, which was exciting, but usually there are



A photo of some willets at Crescent Beach July 21.

goodly numbers of warblers and other migrants. They were not there. Three belted kingfishers did add a bit of excitement. My best spot is usually along the Dynamite Trail in Clearland. The town has had that road access shut down most of the summer. I had assumed that they would be done with roadwork, but this was not the case, so I had to re-think my route and my day of birding with the group.

For plan B, I took the group to an area that I’ve not taken them to before. I headed out to Oakland, of which we birded, and then to Indian Point and after that to the part of the trail for the Dynamite Trail at Martin’s Point.



JAMES HIRTLE PHOTOS
A gray catbird spotted in Mahone Bay July 25.

In Oakland we found wood ducks and there was a small group of migrants with red-breasted nuthatch, black-capped chickadees, two chestnut-sided warblers, two northern parulas, a ruby-throated hummingbird, three red-eyed vireos and some other migrants. There was a bald eagle down in the pond where the wood ducks were. At the marsh in Indian Point we found two greater yellowlegs.

At Martin’s Point at the trail most of the migrants had left. We did get to see three swamp sparrows there. One of the group members

Continued on page 19

Elbows on the table

STEPHANIE MILLER VINCENT
Business Moments

A weekend at camp, and the rules we’ve all stopped questioning

There’s no power at camp. No hot water until you’re back home on Sunday. One cold tap over a shared sink, a wooden bunk with a mattress that has opinions about your spine, and a bench you’ll sit on until your back begs for mercy.

It’s camp for women over 50. Real camp. We cheer before every meal, there’s cabin inspection, and a cake awarded Sunday to whichever cabin racked up the most points. Puzzles, rock painting, bingo, grown-up s’mores, and more snacks than any adult needs but eats anyway. We celebrated Christmas in July, and we sat by the water and talked far more than we ever raced into it.

I loved it. The women who run this camp are extraordinary.

I come to all of this as an outsider. I don’t carry the muscle memory most have from childhood summers at camp, and that outsider’s eye caught something this weekend I haven’t been able to put down.

Elbows on the table.

Twice over the weekend, a camper caught another resting her elbows on the table during a meal and called her out, gleefully, the way we were apparently all taught to as kids. One woman was past 70. The punishment, softened for the crowd, was to “run” a lap around the tables.

I felt my face go hot on their behalf. My back was screaming, and there was nothing on this earth I wanted more in that moment than to lean the weight of my tired body onto my own two elbows. And what everyone else saw as just fun, I saw for what it really was.

And that, right there, is the whole reason I do the work I do. Just because something has always been, does not mean it should always be.

I watch businesses run on elbows-on-the-table rules weekly. Team members adding columns of numbers on a calculator and typing the total into a spreadsheet, because no one ever taught them Excel. The new hire with no handbook, no proper first day, just pointed toward the nearest person and told to “shadow.” The staff “contest” that pits people who should be pulling together against each other for a prize.

Somebody did it that way before, it stuck, and no one has asked why since.

Here’s the part that sits in my chest. We are all wringing our hands about how nobody wants to work anymore. We say it in break rooms and boardrooms like it’s a law of nature. It isn’t. The world changed and our methods didn’t. We kept the elbows rule and blamed a whole generation for refusing to sit still for it.

And then someone always says it. When I was their age. When I was first starting out. Can we please retire that line for good? It’s utter crap and it needs to stop. It was never a standard, it’s a way of dodging the harder question, which is whether the thing we survived was ever worth surviving in the first place.

We are finally talking about mental health and what it does to a person to be corrected, ranked and shamed for things that were never really about them. If we’re willing to have that conversation for our kids, we have to be willing to have it for the people we hire. If we as employers won’t do things differently, we will never earn the next generation. We can barely hold on to this one.

Camp did something I didn’t see coming. A group of women built a camp for grown women, and in doing it, handed us a new vantage point on our own childhoods, a chance to look back at the small girls we were and tell the difference between what was kindness and what was just control wearing kindness’s clothes.

There is nothing more powerful than a woman

giving her 16-year-old self permission to be the person the world once trampled down. I watched it this weekend. I saw it in the elbows on the table.

So, here’s my question for you, owner to operator, leader to leader: what are the elbows-on-the-table rules in your business? The ones no one can explain past “that’s how we’ve always done it”? Go find them. Say them out loud. Ask whether they protect anyone, or whether they’re just still there.

And if you’re too close to see them, too in it, that’s exactly the work I do. Reach out. Let’s go find your rules together and decide, on purpose, which ones get to stay.

Stephanie is the founder of SMillerVision, a human-first leadership consultancy working with owner-operators across Canada and the U.S. She spent 30-plus years leading teams before building SMillerVision on one deceptively simple question: would you want to work for you? She helps leaders find the elbows-on-the-table rules hiding in plain sight and decide, on purpose, which ones get to stay. Reach out at stephanie@smillervision.com to start that conversation.

Those were the days

Take a trip down memory lane with this vintage ad from the Bridgewater Bulletin, August 5, 1925.

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PUZZLES & MORE

The Weekly Crossword

by Margie E. Burke

1	2	3	4	5		6	7	8	9		10	11	12	13
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63					64					65				

- ACROSS
- 1 Sultan’s ladies
- 6 Sitting on
- 10 Budget rival
- 14 Amazon assistant
- 15 Elisabeth of “On the Verge”
- 16 Word with ditch or minute (hyph.)
- 17 Bounded
- 18 Cadbury bar
- 20 Jerry Lewis tradition for 44 years
- 22 Creator of Boo and Atticus
- 23 ____-chat
- 24 Having teeth
- 25 Lessener
- 28 First-place finisher
- 29 Spy’s device
- 30 W-2 information
- 32 Most Saudis
- 35 Tennis legend Bjorn
- 37 Gardener’s spread
- 39 Missile housing
- 40 Watchful ones
- 42 City on the Ruhr
- 44 Work on a tan
- 45 Billie with ten Grammys
- 47 Breaks one’s back
- 49 Campus dining area
- 51 Pitchfork part
- 52 Sports venues
- 53 Wryly funny
- 57 Person of no importance
- 59 Fit to be tied
- 60 Pantry invaders
- 61 Just makes, with “out”
- 62 Continental coins
- 63 Insurance claim
- 64 Nuisance
- 65 Flower features
- DOWN
- 1 March leader’s command
- 2 Sheltered, in a way
- 3 Authentic
- 4 Anticipate
- 5 Lillard or Modine
- 6 Knotted neck-wear
- 7 Larger-life link rendezvous
- 8 “Days of ____ Lives”
- 9 Showy bird’s mate
- 10 Sirens, say
- 11 Seaport of Chile
- 12 Archipelago part
- 13 Squirrel away
- 19 Food from heaven
- 21 Dr. ____ Baker of “Little House...”
- 24 Spinal parts
- 25 Priest in Paris
- 26 Harbor bobber
- 27 Covenants
- 28 Born in Cardiff, e.g.
- 31 “You’ll never ____!”
- 33 Picture problem
- 34 Male heirs
- 36 Severity
- 38 Prefix with centric
- 41 Dane’s “Grey’s Anatomy” role
- 43 Female goats
- 46 Part of the foot
- 48 Lebanese capital
- 49 Panama, e.g.
- 50 Home of the Black Bears
- 51 Secret
- 53 Suffix with social
- 54 Give a hoot
- 55 Proton’s place
- 56 More or ____
- 58 Presidential nickname

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Sudoku

		5		3		8		1
2	3		8				7	
	9						4	6
	5					9	8	
3	2		9			6		5
					6	7		4
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	8		4		7		6	

Level: Beginner

Puzzles & More Answers

Crossword Solution

S	W	E	S	T	S	E	P	E	S	S	O	T
S	O	U	N	E	S	E	K	E	S	I	N	V
E	L	A	V	I	A	L	I	T	N	E	N	O
T	V	O	I	N	O	R	I	S	V	N	E	R
S	R	O	B	A	V	L	S	N	O	W	M	O
N	U	S	N	E	S	S	E	S	S	E	A	E
O	T	I	S	H	O	T	N	W	G	R	O	B
S	B	V	A	V	S	E	O	Y	M	G	N	B
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S	T	A	V	E	P	O	T	A	V	E	H	R

Sudoku

8	9	1	7	6	4	2	8	5
7	5	2	8	9	6	1	4	3
6	8	4	2	1	9	8	7	3
4	3	7	9	5	2	8	1	6
5	1	9	8	7	6	4	2	3
2	8	6	1	4	8	9	7	5
9	4	8	9	2	1	7	6	8
6	7	9	4	8	1	3	5	2
1	2	8	6	8	7	9	5	4

FAIR DAYS

WORD SEARCH

U	I	K	C	O	T	S	E	V	I	L	Z	C	T	T	R	B	S	D	S
E	G	X	H	D	Q	U	G	B	B	F	X	H	M	X	U	N	K	C	W
I	R	E	T	S	A	O	C	U	T	J	I	U	K	L	X	V	Z	L	B
V	N	Q	Y	C	A	R	N	I	V	A	L	R	Y	G	Y	B	E	X	S
T	Q	X	D	C	B	W	N	L	K	F	G	R	Q	D	W	S	Q	T	E
P	X	P	N	K	C	W	W	A	W	P	M	O	G	B	U	K	A	L	G
Z	G	T	A	R	C	O	N	C	E	R	T	R	N	O	Q	Z	P	I	D
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D	Y	G	E	A	L	N	L	Y	P	X	V	M	S	A	I	P	Y	D	E
O	C	S	E	Y	H	B	T	R	A	C	I	N	G	H	R	C	M	N	S
G	V	J	K	F	M	U	T	R	A	C	T	O	R	B	P	W	D	W	P

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

APPLES

BLUE RIBBON

CARNIVAL

CAROUSEL

CHURRO

COASTER

CONCERT

CORNDOG

COTTON CANDY

EXHIBIT

FERRIS WHEEL

FRIES

FUNNEL CAKE

GAMES

GRAND STAND

JUDGES

LEMONADE

LIVESTOCK

MIDWAY

POPCORN

PRIZE

QUILT

RACING

TRACTOR

WEDNESDAY EVENING										AUGUST 5	
	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	Global	Ent. Tonight	Survivor "Open Wounds"			Big Brother "Episode 14"			Goldbergs	News	Global
8	CTV News	etalk	Big Bang	The Borderline		MasterChef "Global Feed"		The Rainmaker		News-Omar	CTV News
11	News	Coronation	Gags	Wild Cards		Allegiance "Drive"		The National		News	Land
4	BBC World	PBS News Hour		BBC News	R. Steves	Nature		NOVA		Bugs That Rule	
7	How/Made	CTV News Atlantic		Big Bang	etalk	The Rookie "Long Shot"		The Rookie "Hit List"		Criminal Minds	
9	News	News	World News	News	Chronicle	Who Wants to Be		Scrubs	Scrubs	Scrubs	Scrubs
12	NBC 10 Bos	News	NBC News	News	Hollywood	Chicago Med		Chicago Fire		Chicago P.D. "Missing"	
16	Arrest	Arrest	Arrest	Arrest	Arrest	Arrest	Arrest	Arrest	Arrest (SF)	Swamp	Swamp (SF)
17	Neighbor	Engageme..	Engageme..	Fresh-Boat	Housewife	The Office	The Office	Mom	Mom	Neighbor	Neighbor
18	The Lead	Jake Tapper (L)		Erin Burnett OutFront (L)		Anderson Cooper 360 (L)		The Source With (L)		CNN NewsNight (L)	
19	M*A*S'H	Forged in Fire		Forged in Fire		Forged in Fire		Life After People		Alone "Tides of Fortune"	
20	Nightline	Evening News at Six		Kaesham..	Inside	Scorpion		The Good Wife		Bad Romance-20/20	
21	Barrymore	Young & Restless		Global	Global	Global News Hour at 6		Ent. Tonight Survivor "Open Wounds"			
22	Teen/Teen	Scooby-Do.. Scooby-Do..		Be Cool	Be Cool	Looney	Jellystone	★★ "Barnyard" (06) Kevin James.			
23	Steven	Adventure	Adventure	Pokémon	BeyBattle X	Adventure	Adventure	Total/Total	Total/Total	Steven	Steven
28	Mindy	Mindy	Mindy	Mindy	Mindy	★★ "Home Again" (17) Reese Witherspoon.			"Life as We Know It" (10)		
29	Power	Power and Pol		Hanomansing Tonight (L)			The National (L)		The National (L)		
32	WBZ News	WBZ News	CBS-News	Wheel	Jeopardy!	Big Brother "Episode 14"			Survivor "Open Wounds"		
33	9-1-1	9-1-1 "Monsters"		9-1-1 "Athena Begins"		9-1-1 "Malfunction"		9-1-1 "Fallout"		9-1-1 "The Searchers"	
34	Dr. Pimple	Most Extreme Humans		Most Extreme Humans		Most Extreme Humans		Most Extreme Humans		Save My Skin	
35	Mayday	Highway Thru Hell		Bones		Mayday		Mayday		Mayday	
36	News	Boston News (L)		Ent. Tonight TMZ		MasterChef "Global Feed"		Nation's Dumbest		Boston News (L)	
37	FBI: Int	FBI: International		FBI: International		FBI: International "Touts"		NCIS: Origins		Prisoner Tahar Rahim.	
38	Melissa	Melissa	Melissa	Superstore	Superstore	Goldbergs	Goldbergs	At Home With (SP)		House of Stassi	
39	Big Bang	Conners	Conners	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang
44	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (L)				Imp. Jokers	
46	Property	Property Brothers		Property Brothers		Million Dollar		The Block Australia		House	Houses
47	Castle	Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		The Ark	
49	Housewives	Next Gen NYC		The Valley		The Valley		Next Gen NYC		Watch What	Next Gen
50	Blair	The FAN Pregame (L)		2026 ATP National Bank		Open Tennis Men's Night Session (L)					
52	U.S. Open	Golf Central		Golf's Gre	Golf's Gre	The Smylie Show		Vanity Index Podcast		The Smylie Show	
53	Overdrive	SportsCentre (L)		MLB Baseball St. Louis Cardinals at New York Yankees (L)				SC		Leagues Cup	
54	TMZ Live	etalk	TMZ	The Rookie "Safety"		New Girl	New Girl	New Girl	New Girl	New Girl	New Girl
55	Beachcom..	APTN News	APTN	1491--Untold		History's Most Haunted		Spirit Talker	Other Side	Other Side	Secret His
56	Midsomer	Murdoch Mysteries		Murder, She Wrote		Beyond Paradise		Wycliffe "Seen a Ghost"		Heartbeat "Pat-A-Cake"	

THURSDAY EVENING										AUGUST 6		
	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
6	Global	Goldbergs	Ent. Tonight	Ghosts	Ghosts	Big Brother		Nation's Dumbest		Global	Global	
8	CTV News	etalk	Big Bang	The Traitors Canada		Big Bang	Big Bang	Children	Children	News-Omar	CTV News	
11	News	Coronation	Gags	Dragons' Den		The Passionate Eye		The National		News	Canadian	
4	BBC World	PBS News Hour		BBC News	R. Steves	Old House	Old House	The Dreamers and I		Independent Lens		
7	How/Made	CTV News Atlantic		Big Bang	etalk	New Girl	New Girl	New Girl	New Girl	Criminal Minds		
9	News	News	World News	News	Chronicle	Celebrity Family Feud		Press Your Luck		The Greatest		
12	NBC 10 Bos	News	NBC News	Football Night (L)		NFL Football Carolina Panthers vs. Arizona Cardinals (L)						
16	The First 48	The First 48		The First 48 "Rumors Kill"		The First 48 "No Exit"		Accused: Guilty		Accused: Guilty		
17	Neighbor	Engageme..	Engageme..	Fresh-Boat	Housewife	The Office	The Office	Mom	Mom	Neighbor	Neighbor	
18	The Lead	Jake Tapper (L)		Erin Burnett OutFront (L)		Anderson Cooper 360 (L)		The Source With (L)		CNN NewsNight (L)		
19	M*A*S'H	Built America		Icons- America		The Machines		Hazardous History		Built America		
20	Nightline	Evening News at Six		Kaesham..	Inside	"Hidden Family Secrets" (21) Alex Paxton-Beesley.				11.22.63 "The Truth"		
21	Barrymore	Young & Restless		Global	Global	Global News Hour at 6		Goldbergs	Ent. Tonight	Ghosts	Ghosts	
22	Teen/Teen	Scooby-Do.. Scooby-Do..		Be Cool	Be Cool	Looney	Looney	"LEGO Scooby Doo: Haunted Hollywo...				Best
23	Steven	Adventure	Adventure	Pokémon	BeyBattle X	Adventure	Adventure	Total/Total	Total/Total	Steven	Steven	
28	Ghosts	Ghosts	Ghosts	Ghosts	Ghosts	Matlock "Claws"		The Five Star Weekend		Murder in a Small Town		
29	Power	Power and Pol		Hanomansing Tonight (L)				The National (L)		The National (L)		
32	WBZ News	WBZ News	CBS-News	Wheel	Jeopardy!	Big Brother		Georgie	Ghosts	Georgie	Ghosts	
33	Chicago	Chicago Med		Chicago Med		Chicago Med		Spring Break Murders		Project Runway		
34	Jay & Pa.	90 Day: The Last Resort		90 Day: The Last Resort		90 Day: The Last Resort		Little Singles		Jay & Pamela		
35	Mayday	Highway Thru Hell		Bones		Bones		Bones		Criminal Minds "Sicarius"		
36	News	Boston News (L)		Ent. Tonight	TMZ	The 1% Club		Best Medicine		Boston News (L)		
37	CSI: Miami	CSI: Miami "Triple Threat"		CSI: Miami "Bloodline"		Fire Country "Best Man"		Prisoner Tahar Rahim.		★ "Allegiant" (16)		
38	Superstore	Goldbergs	Goldbergs	Superstore	Superstore	Jersey Shore		★★★ "Kajillionaire" (20) Evan Rachel Wood.				
39	Big Bang	Conners	Conners	Sheldon	Sheldon	St. Denis	St. Denis	St. Denis	St. Denis	Big Bang	Big Bang	
44	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Imp. Jokers	Imp. Jokers	
46	Unsellable	Unsellable Houses		Unsellable Houses		Unsellable Houses		48 Hours to Buy		48 Hours to Buy		
47	Castle	Star Trek: Voyager		Star Trek: Voyager		Star Trek: Voyager		Star Trek-New Worlds		Star Trek: Voyager		
49	Girlfriend	Real Girlfriends in Paris		Housewives/OC		Housewives/OC		Watch What	Housewives/OC (R)	Girlfriend		
50	Blair	The FAN Pregame (L)		2026 ATP National Bank Open Tennis (L)								
52	PGA Golf	Golf Central		PGA Tour Golf Wyndham Championship, First Round (R)						Amateur Round of 64		
53	Overdrive	CEBL Eastern Conference		Semifinal: Teams TBA		SC	SC	CEBL Western Conference Semifinal: Teams TBA				
54	TMZ Live	etalk	TMZ	The Rookie "Clean Cut"		New Girl	New Girl	Password		Suits "Leveraged"		
55	Beachcom..	APTN News	Face to	Stuff	Nations	The Nature of Things		Deadman's Curse		Warriors	Red River	
56	Midsomer	Murdoch Mysteries		Murder, She Wrote		Columbo			Last/Wine	Doc Martin		

WEEKDAY DAYTIME														AUGUST 5 TO AUGUST 11										
	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	Noon	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00		
6	Global	Global News Morning		Global News Morning		The Morning Show		Tamron Hall		Property Brothers		Carn Eats	My Reno	Masters of Flip		Goldbergs	Goldbergs	Young & Restless		Barrymore	Barrymore	News		
8	Morning	CTV Your Morning		CTV Your Morning		Kelly and Mark		The Good Stuff		The View		Sheldon	Conners	The Social		Bold	Conners	Big Bang	Big Bang	CTV News	Various	CTV News		
11	Various	Various	Various	Various	Various	Various	Various	Anne With an E		CBC Newsroom		Escape to the Country		Feud	Son of a	Murdoch Mysteries		Call the Midwife		Various	News			
4	Odd Squad	Wild Kratts	Weather	Various	Carl	Tiger	Phoebe	Various	Work It	Donkey	Rosie	Elinor	Alma'sWay	Molly	Xavier	Various	Kitchen	Recipe	Favorites	Various	Various			
7	CTV Your Morning Atlantic			Paid Prog.		Hobo	Corner Gas	Corner Gas	Bold	etalk	CTV News Channel		MasterChef Canada		TMZ Live		The Social	The Good Stuff		Seinfeld	Various	How/Made		
9	News	Good Morning America				Kelly and Mark		Tamron Hall		The View		News	NewsCen	GMA3		JHud Show		General Hospital		News	News	News		
12	News	Today				Today 3rd Hour		Today-Jenna		BostonNo..	Various	NBC News Daily		Access Daily		Boston News Daily		Kelly Clarkson		News	NBC 10	News		
16	Joni Table	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various		
17	Kim	Due South		Mr. D	Mr. D	Kim	Kim	Due South		Mr. D	Mr. D	Kim	Kim	Fresh-Boat	Housewife	Wings	Wings	Becker	Becker	M*A*S'H	M*A*S'H	Neighbor		
18	CNN	CNN News Central		CNN News Central		CNN News Central		The Situation Room		The Situation Room		Ins. Politics		CNN News Central		CNN News Central	CNN News Central	CNN News Central	The Arena With Kasie		The Lead			
19	Timber	Timber Kings		Various		Rust Valley Restorers		Various	Cnt. Cars	Various	Border	M*A*S'H	M*A*S'H	Various		Rust Valley Restorers		Various	Cnt. Cars	Various	M*A*S'H			
20	Morning Live							Beaver	Laverne	Knight Rider		TimConv..	TimConv..	Six Million Dollar		The Rockford Files		Mad Squad		In Charge	Coach	All/Family		
21	Various	Global News Morning			Global News Morning			The Morning Show					Property Brothers		Tamron Hall		Global News at Noon			Masters of Flip		Goldbergs	Goldbergs	Barrymore
22	Best	Various	Ollie's	Various	Piñata Sm	Hotel	Best	Various	Various	Various	Various	Various	Ollie's	Various	Piñata Sm	Hotel	Best	Scooby-D..	Scooby-D..	Be Cool	Be Cool	Various		
23	Mysticons	Total	Total	Various	Various	Various	Stanley	Various	Various	Total	Total	Various	BeyBattle	Various	Various	Various	Various	Various	Various	Total	Total	Various		
28	Movies			Various			Movies					Various			Days of Our Lives		Mom	Mom	Superstore	Superstore	Various	Various	Various	
29	CBC Morning Live With David Common							CBC Newsroom With Aarti Pole							CBC Newsroom with Andrew Nichols - Live from Toronto								Power	
32	WBZ News	CBS Mornings				Barrymore	Barrymore	Let's Make a Deal		The Price Is Right		WBZ News	Young & Restless		Bold		Beyond the Gates		Hot Bench	Hot Bench	JudgeJudy	JudgeJudy	News	
33	Neighbor	Forensic Factor		Flashpoint		Fear Thy Neighbor		Forensic Factor		Flashpoint		Fear Thy Neighbor		Flashpoint		Forensic Factor		Various		Various		Various		
34	JHud Show	Various		Various		Various		Various		Various		Various		Various		Various		Various		Various		Various		
35	Driver	Mayday		Highway Thru Hell		Bones		Bones		CSI: NY		CSI: NY		Bones		Bones		CSI: NY		CSI: NY		Mayday		
36	News	Boston 25 Morning News at 7AM				Boston News		Boston News		Boston News		Boston News		Boston 25 News		Various		Boston 25 News		Boston 25 News at 4PM		News		
37	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various	Various	Various	Various	Various		
38	Love It	Buying and Selling		Various	Various	Various	Various	Various	Various	Love It or List It		Buying and Selling		Backyard	Various	Various	Various	Goldbergs	Goldbergs	Superstore	Superstore	Various		
39	Corner Gas	Various	Various	Cash Cab	Cash Cab	Corner Gas	Corner Gas	Various	Various	Cash Cab	Cash Cab	Corner Gas	Corner Gas	Various	Various	Conners	Various	Various	Various	Various	Big Bang	Big Bang		
44	Various	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang		
46	Various	Various		Various		Various		Various		Various		Various		DreamHo..	Various	DreamHo..	Various	DreamHo..	Various	DreamHo..	Various	DreamHo..		
47	Stargate	Stargate SG-1		Stargate SG-1		Castle		Castle		Stargate SG-1		Stargate SG-1		Stargate SG-1		Stargate SG-1		Stargate SG-1		Killjoys		Castle		
49	Bachelor	WedThuFri Housewives		Various		WedThuFri Housewives		Various		WedThuFri Housewives		Various	Bachelor	Various		Various		Various		Various		Various		
50	Sportsnet	Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Various	ATP Tennis	Various	Blue Jays	Various		Mon Tue Poker		Various	Plays Week	Various		
52	Tue Tour	Various	Wed Tour	Various	Wed PGA	Various		Various		Various		WedMonTue	Golf Today	Golf's Gre	Golf's Gre	Various		Thu Fri PGA Tour Golf		Wed Mon Tue Central		Various		
53	Sports	SportsCentre		SportsCentre		SportsCentre		SportsCentre		SportsCentre		Various	Various	Various	Tue CSBK	Various	Motorcycle	Various	Fri SC	Overdrive				
54	The Social	Various		Pop Life		The Good Stuff		Various	Various	The Social	etalk	Various	Pop Life	Various		Various		Beyond the Gates		The Rookie		TMZ Live		
55	Various	Various	Various	Various	Various	Various	Chuck	Original	Various	Various	Various	Various	Beachco..	APTNNews	Various	@Lamais..	Various	Various	Various	Various		North of 60		
56	Tomorrow..	Bible	Various	Mass	Various	Life Today	Tribal	Joyce M.	700 Club	Bible	Various	Mass	Various	Tribal	Last/Wine	The Waltons		New Tricks		Midsomer Murders				

MOVIES

WEDNESDAY, AUGUST 5

EVENING

9:00 **[WTVN]** “Home Again” (Romance,2017) *Reese Witherspoon, Pico Alexander.* A woman’s budding romance comes crashing down when her ex shows up with a suitcase in his hand. (G)

11:00 **[WTVN]** “Life as We Know It” (Romance,2010) *Katherine Heigl, Josh Duhamel.* Two people must learn to put aside their mutual dislike and raise their orphaned goddaughter. (G)

12:00 **[SHOW]** “Insurgent” (Sci-Fi,2015) *Shailene Woodley, Theo James.* Fugitives Tris and Four search for allies and answers among the ruins of Chicago. (G)

1:30 **[WTVN]** “Home Again” (Romance,2017) *Reese Witherspoon, Pico Alexander.* A woman’s budding romance comes crashing down when her ex shows up with a suitcase in his hand. (G)

THURSDAY, AUGUST 6

EVENING

9:00 **[CH]** “Hidden Family Secrets” (Thriller,2021) *Alex Paxton-Beesley, Madelyn Keys.* A dark family secret comes to light when a woman finds a bone marrow donor for her granddaughter.

10:00 **[SLICE]** “Kajillionaire” (Comedy Drama,2020) *Evan Rachel Wood, Gina Rodriguez.* A family of con artists encounter a stranger who turns their entire world upside down. (G)

11:00 **[SHOW]** “Allegiant” (Sci-Fi,2016) *Shailene Woodley, Theo James.* Tris and Four journey beyond Chicago’s wall to find a peaceful solution for their embroiled city. (G)

12:10 **[CTVSCI-FI]** “The Librarian: Return to King Solomon’s Mines” (Adventure,2006) *Noah Wyle, Gabrielle Anwar.* An adventurer (Noah Wyle) uses a map to search for King Solomon’s mines. (G)

1:00 **[VIS]** “Shakespeare in Love” (Romance,1998) *Joseph Fiennes, Gwyneth Paltrow.* The young playwright (Joseph Fiennes) falls for the betrothed Viola (Gwyneth Paltrow). (14+)

FRIDAY, AUGUST 7

EVENING

9:00 **[WTVN]** “A Winning Team” (Romance,2023) *Nadia Hatta, Kristoffer Polaha.* A former soccer player teams up with a small-town coach to lead her niece’s team to the playoffs. (G)

[SHOW] “American Made” (Adventure,2017) *Tom Cruise, Domhnall Gleeson.* Pilot Barry Seal transports contraband for the CIA and the Medellín cartel in the 1980s. (14+)

[TBS] “Jumanji: Welcome to the Jungle” (Adventure,2017) *Dwayne Johnson, Kevin Hart.* Four teens find adventure as adults inside a video game that transports them to the jungle. (G)

11:00 **[WTVN]** “A Change in Heart” (Romance,2025) *Stephanie Bennett, Dan Jeannotte.* A celebrity TV host is given a second chance at love and discovers what truly matters most.

11:20 **[TBS]** “Jumanji: Welcome to the Jungle” (Adventure,2017) *Dwayne Johnson, Kevin Hart.* Four teens find adventure as adults inside a video game that transports them to the jungle. (G)

11:30 **[SHOW]** “Collateral” (Thriller,2004) *Tom Cruise, Jamie Foxx.* A contract killer uses a cabdriver to transport him for his assigned jobs. (14+)

12:30 **[CH]** “The Fearless Hyena” (Adventure,1979) *Jackie Chan, James Tien.* An old master’s grandson learns the style called emotional kung fu. (13+)

1:00 **[APTNI]** “Non-Stop” (Action,2014) *Liam Neeson, Julianne Moore.* A federal air marshal (Liam Neeson) contends with a dire threat aboard a passenger plane. (13+)

[WTVN] “My Boyfriends’ Dogs” (Romance,2014) *Erika Christensen, Teryl Rothery.* A runaway bride (Erika Christensen) recounts her story about the ongoing search for Mr. Right. (13+)

[VIS] “The Young Victoria” (History,2009) *Emily Blunt, Rupert Friend.* Teenage Victoria (Emily Blunt) meets the love of her life and becomes England’s queen. (G)

1:55 **[TBS]** “The Dark Knight” (Action,2008) *Christian Bale, Heath Ledger.* Batman must keep a balance between heroism and vigilantism to fight a criminal known as the Joker. (14+)

2:00 **[SHOW]** “American Made” (Adventure,2017) *Tom Cruise, Domhnall Gleeson.* Pilot Barry Seal transports contraband for the CIA and the Medellín cartel in the 1980s. (14+)

3:00 **[WTVN]** “Romance at Hope Ranch” (Romance,2026) *Alison Sweeney, Gabriel Hogan.* Hope Morgan sets out to begin a new chapter of her childhood dream of running a ranch.

SATURDAY, AUGUST 8

EVENING

6:00 **[SHOW]** “Catch Me if You Can” (Comedy Drama,2002) *Leonardo DiCaprio, Tom Hanks.* An FBI agent pursues a con man who changes identities and commits forgeries. (G)

6:30 **[CTVSCI-FI]** “Indiana Jones and the Kingdom of the Crystal Skull” (Adventure,2008) *Harrison Ford, Cate Blanchett.* Indy (Harrison Ford) and a deadly Soviet agent vie for possession of a powerful artifact. (G)

7:00 **[ATV]** “Pie to Die For: A Hannah Swensen Mystery” (Mystery,2025) *Alison Sweeney, Victor Webster.* When Hannah’s customer and Delores’ theater rival is murdered, Hannah must find her killer. (14+)

[SLICE] “The Matrix Reloaded” (Sci-Fi,2003) *Keanu Reeves, Laurence Fishburne.* Freedom fighters (Keanu Reeves, Laurence Fishburne, Carrie-Anne Moss) revolt against machines. (14+)

[WTVN] “A Scottish Love Scheme” (Romance,2024) *Erica Durance, Jordan Young.* Two meddling mothers hatch a plan to play matchmaker for their respective children. (G)

9:00 **[CH]** “Hitsville: The Making of Motown” (Documentary,2019) *The birth of Motown Records in 1958 amid racial tension and the burgeoning civil rights movement.* (16+)

[WTVN] “A Melbourne Match” (Romance,2026) *Mallory Jansen, Ryan Corr.* Georgie travels to Melbourne for an assignment where she meets Zach, an ex-Australian footballer. (G)

[SHOW] “Cast Away” (Drama,2000) *Tom Hanks, Helen Hunt.* A crash survivor (Tom Hanks) lives on a remote island for four years. (G)

[TBS] “The Dark Knight Rises” (Action,2012) *Christian Bale, Anne Hathaway.* Batman re-emerges from his self-imposed exile to battle a merciless terrorist named Bane. (G)

[CTVSCI-FI] “Jungle Cruise” (Adventure,2021) *Dwayne Johnson, Emily Blunt.* A skipper guides a researcher down the Amazon to find a tree that has the power to heal. (G)

10:00 **[APTNI]** “Paycheck” (Sci-Fi,2003) *Ben Affleck, Aaron Eckhart.* A technical wizard (Ben Affleck) learns that his memory has been erased. (G)

[CBC] “BlackBerry” (Drama,2023) *Jay Baruchel, Glenn Howerton.* The company behind the first smartphone, the BlackBerry, meets a catastrophic demise. (13+)

[SLICE] “John Wick” (Action,2014) *Keanu Reeves, Michael Nyqvist.* An ex-hitman (Keanu Reeves) comes out of retirement to hunt down the mobsters who ruined his life. (14+)

11:00 **[WTVN]** “A Machu Picchu Proposal” (Adventure,2025) *Rhiannon Fish, Alec Santos.* When a proposal is ruined, Katie enlists Carlos to help her find the most romantic spot in Peru. (G)

11:30 **[CTVSCI-FI]** “Raiders of the Lost Ark” (Adventure,1981) *Harrison Ford, Karen Allen.* Indiana Jones (Harrison Ford) braves snakes and Nazis to find the biblical ark of the covenant. (G)

12:00 **[SHOW]** “The Rock” (Action,1996) *Sean Connery, Nicolas Cage.* Escapee (Sean Connery) leads Navy SEALs to rebel soldiers on Alcatraz.

12:30 **[ATV]** “Blacklight” (Action,2022) *Liam Neeson, Aidan Quinn.* Travis Block, a shadowy government agent, uncovers a conspiracy within his own ranks. (G)

[SLICE] “Old” (Horror,2021) *Gael Garcia Bernal, Vicky Krieps.* Terror strikes when a family visits a secluded beach that somehow causes them to age rapidly. (14+)

[TBS] “Batman Begins” (Action,2005) *Christian Bale, Michael Caine.* Bruce Wayne (Christian Bale) becomes Gotham City’s Dark Knight. (13+)

1:00 **[APTNI]** “Paycheck” (Sci-Fi,2003) *Ben Affleck, Aaron Eckhart.* A technical wizard (Ben Affleck) learns that his memory has been erased. (G)

[CBC] “Kipkemboi” (Drama,2023) *Thamela Mpumlwana, Vinessa Antoine.* A boy from a small African village is arrested and forced to tell his story to the local police.

[WTVN] “Texas Two-Step” (Romance,2026) *Heather Hemmens, Brendan Penny.* When Olivia returns to Texas to help her aunt, she reconnects with her childhood sweetheart. (G)

2:00 **[CTVSCI-FI]** “Indiana Jones and the Temple of Doom” (Adventure,1984) *Harrison Ford, Kate Capshaw.* Jones (Harrison Ford), a singer (Kate Capshaw) and an orphan (Ke Huy Quan) look for missing stones. (G)

SUNDAY, AUGUST 9

EVENING

6:00 **[STAR]** “Two Weeks Notice” (Romance,2002) *Sandra Bullock, Hugh Grant.* A millionaire (Hugh Grant) confronts his feelings for his lawyer (Sandra Bullock). (G)

6:30 **[SHOW]** “The Arrival” (Sci-Fi,1996) *Charlie Sheen, Ron Silver.* Scientists (Charlie Sheen, Lindsay Crouse) find extraterrestrials in Mexican village. (G)

7:00 **[WTVN]** “Savoring Paris” (Romance,2024) *Bethany Joy Lenz, Stanley Weber.* Ella navigates love, self-discovery and cheese during a soul-searching journey to Paris.

[TBS] “Central Intelligence” (Action,2016) *Dwayne Johnson, Kevin Hart.* A CIA agent and his ex-classmate encounter shootouts, espionage and double-crosses while on a case. (G)

7:30 **[SLICE]** “The Break-Up” (Romance,2005) *Vince Vaughn, Jennifer Aniston.* A couple (Vince Vaughn, Jennifer Aniston) end their relationship, but neither is willing to move. (G)

7:45 **[CTVSCI-FI]** “National Treasure” (Adventure,2004) *Nicolas Cage, Diane Kruger.* A man (Nicolas Cage) tries to steal the Declaration of Independence. (G)

8:00 **[STAR]** “The Devil Wears Prada” (Comedy Drama,2006) *Meryl Streep, Anne Hathaway.* A young woman lands a job with a famous and diabolical editor of a New York fashion magazine. (G)

9:00 **[ASN]** “Aurora Teagarden Mysteries: Something New” (Mystery,2023) *Skyler Samuels, Evan Roderick.* Young Aurora Teagarden finds herself embroiled in a mystery involving her friend’s fiancé. (PG)

[SHOW] “The Martian” (Sci-Fi,2015) *Matt Damon, Jessica Chastain.* Left behind by his crew, a stranded astronaut must find a way to survive on Mars. (G)

9:35 **[ABC]** “While You Were Sleeping” (Romance,1995) *Sandra Bullock, Bill Pullman.* Subway clerk (Sandra Bullock) falls for comatose man’s (Peter Gallagher) brother (Bill Pullman). (G)

10:00 **[APTNI]** “Safe House” (Romance,2021) *Andrew Chapman, Deanna Little.* A spirited contractor becomes a problem for an FBI analyst who’s looking to get his job back.

[WTVN] “Ghost” (Fantasy,1990) *Patrick Swayze, Demi Moore.* Slain yuppie (Patrick Swayze) reaches his lover (Demi Moore) with psychic’s (Whoopi Goldberg) help. (14+)

10:30 **[CTVSCI-FI]** “National Treasure: Book of Secrets” (Action,2007) *Nicolas Cage, Jon Voight.* Ben Gates must prove his ancestor was not involved in the assassination of President Lincoln. (G)

[STAR] “Couples Retreat” (Comedy,2009) *Vince Vaughn, Jason Bateman.* Four couples must participate in therapy sessions at a tropical resort. (G)

11:00 **[SLICE]** “Marley & Me” (Comedy Drama,2008) *Owen Wilson, Jennifer Aniston.* A couple’s new puppy grows up to become an incorrigible handful. (G)

12:00 **[SHOW]** “Interstellar” (Sci-Fi,2014) *Matthew McConaughey, Anne Hathaway.* With Earth becoming incapable of supporting life, explorers set out to find a new home for humanity. (G)

1:00 **[APTNI]** “Safe House” (Romance,2021) *Andrew Chapman, Deanna Little.* A spirited contractor becomes a problem for an FBI analyst who’s looking to get his job back.

[ASN] “To Catch a Killer” (Action,2023) *Shailene Woodley, Ben Mendelsohn.* A troubled cop is recruited by the FBI to help profile and track down a disturbed individual. (13+)

[WTVN] “The Best of Me” (Romance,2014) *Michelle Monaghan, James Marsden.* A friend’s funeral reunites former high-school sweethearts, who find that they are still in love. (G)

[STAR] “Easter Sunday” (Comedy,2022) *Jo Koy, Jimmy O. Yang.* A man returns home to celebrate Easter with his riotous, bickering, eating, drinking, loving family. (G)

[GLOBAL] “Don’t Sell My Baby” (Thriller,2023) *Fallon Bowman, Devin Ceccchetto.* High school senior Nicolette disappears after deciding not to put her baby up for adoption. (14+)

1:15 **[CTVSCI-FI]** “Renfield” (Comedy,2023) *Nicholas Hoult, Nicolas Cage.* Dracula’s tortured aide, Renfield, wonders what life would be like without serving his dark master. (13+)

1:30 **[SLICE]** “The Bounty Hunter” (Action,2010) *Jennifer Aniston, Gerard Butler.* A bounty hunter (Gerard Butler) must track down his bail-jumping ex-wife (Jennifer Aniston). (G)

MONDAY, AUGUST 10

EVENING

11:30 **[SHOW]** “Ghost Rider” (Action,2007) *Nicolas Cage, Eva Mendes.* A motorcycle stuntman who sold his soul becomes a supernatural agent of vengeance. (G)

12:00 **[CTVSCI-FI]** “The Librarian: Curse of the Judas Chalice” (Adventure,2008) *Noah Wyle, Bob Newhart.* A librarian and a beautiful singer must prevent vampires from taking over the world. (G)

TUESDAY, AUGUST 11

EVENING

9:00 **[WTVN]** “Marley & Me” (Comedy Drama,2008) *Owen Wilson, Jennifer Aniston.* A couple’s new puppy grows up to become an incorrigible handful. (G)

10:00 **[SLICE]** “Forgetting Sarah Marshall” (Romance,2008) *Jason Segel, Kristen Bell.* A struggling musician encounters his ex-lover and her new boyfriend while vacationing in Hawaii. (13+)

11:10 **[SHOW]** “Minority Report” (Sci-Fi,2002) *Tom Cruise, Colin Farrell.* A cop (Tom Cruise) tries to establish his innocence in a future crime. (14+)

11:30 **[WTVN]** “Bruce Almighty” (Comedy,2003) *Jim Carrey, Morgan Freeman.* A whiny news reporter is given the chance to step into God’s shoes. (G)

2:00 **[WTVN]** “Marley & Me” (Comedy Drama,2008) *Owen Wilson, Jennifer Aniston.* A couple’s new puppy grows up to become an incorrigible handful. (G)

MONDAY EVENING										AUGUST 10	
	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	Global	Goldbergs	Ent. Tonight	Crime Beat		Border	Neighbor	FBI "Parental"		Global	Global
8	CTV News	etalk	Big Bang	The Quiz With Balls		American Ninja Warrior	National Finals 1		News-Omar	CTV News	
11	News	Coronation	Gags	Murdoch Mysteries		Saint-Pierre "Dirty Jane"		The National		News	Standing
4	BBC World	PBS News Hour		BBC News	Member Favorites			Member Favorites			
7	How/Made	NS TV Bingo (L)		Big Bang	etalk	Suits		Suits "Special Master"		Criminal Minds	
9	News	News	World News	News	Chronicle	Dancing With-Stars		Who Wants to Be		Celebrity Family Feud	
12	NBC 10 Bos	News	NBC News	News	Hollywood	St. Denis	The Fall	American Ninja Warrior	National Finals 1		
16	Live PD	Live PD: Greatest Shifts		Live PD: Greatest Shifts		Live PD: Greatest Shifts		Live PD: Greatest Shifts		Live PD: Greatest Shifts	
17	Neighbor	Engageme..	Engageme..	Fresh-Boat	Housewife	The Office	The Office	Mom	Mom	Neighbor	Neighbor
18	The Lead	Jake Tapper (L)		Erin Burnett OutFront (L)		Anderson Cooper 360 (L)		The Source With (L)	CNN NewsNight (L)		
19	M*A*S'H	History's-Mysteries		Escapes With Morgan		History's-Mysteries		History's-Mysteries		Ancient Aliens	
20	Nightline	Evening News at Six		Kaesham..	Inside	Home Econ.	Home Econ.	Mr. D	Mr. D	Wheel of Fortune	
21	Barrymore	Young & Restless		Global	Global	Global News Hour at 6		Goldbergs	Ent. Tonight	Crime Beat	
22	Teen/Teen	Scooby-Do..	Scooby-Do..	Be Cool	Be Cool	Looney	Regular	"Cats & Dogs: Revenge of Kitty Galore"	Best		
23	Steven	Adventure	Adventure	Pokémon	BeyBattle X	Adventure	Adventure	Total/Total	Total/Total	Steven	Steven
28	Abbott	Abbott	Abbott	Abbott	Abbott	Ghosts	Ghosts	The Paper	Neighbor	Neighbor	Neighbor
29	Power	Power and Pol		Hanomansing Tonight (L)				The National (L)		The National (L)	
32	WBZ News	WBZ News	CBS-News	Wheel	Jeopardy!	Neighbor	Neighbor	FBI "Parental"		CIA "Deep Cover"	
33	Chicago	Chicago Fire "Winterfest"		Chicago Fire		Chicago Fire		Then You Run		Chicago Fire	
34	Little	90 Day: The Last Resort		90 Day: The Last Resort		90 Day: The Last Resort		Little Singles		90 Day: The Last Resort	
35	Mayday	Highway Thru Hell		Borderforce		Borderforce		Borderforce		Borderforce	
36	News	Boston News (L)		Ent. TonightTMZ		The 1% Club "Hot Wife"		The Quiz With Balls		Boston News (L)	
37	NCIS	NCIS "A Thousand Yards"		NCIS "Heartless"		NCIS "Prime Cut"		Based-True	Based On A True Story	Movie	
38	The Office	The Office	The Office	Superstore	Superstore	Goldbergs	Goldbergs	The McBee Dynasty		The Office	The Office
39	Big Bang	Conners	Conners	King	King	King	King	Big Bang	Big Bang	Big Bang	Super Team
44	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang
46	Love–List	Love–List UK "Swansea"		Love It or List It		New House No Debt		George Clarke's	House	House	
47	Castle	Star Trek		Star Trek		Star Trek		Star Trek		The Librarians	
49	Real SLC	Housewives SLC		Below Deck (R)		Below Deck		Below Deck Adventure		Watch What	Below Deck
50	Real Kyper	The FAN Pregame (L)		MLB Baseball						Sportsnet Central (L)	
52	U.S. Open	Golf Central		PGA	Next Shot	U.S. Open Epics		PGA Golf Wyndham Championship, Final Round			
53	Overdrive (L)				30 for 30	WNBA Basketball Toronto	Tempo at Atlanta Dream			SportsCentre (L)	
54	TMZ Live	etalk	TMZ		The Rookie	New Girl	New Girl	Extracted		Extracted	
55	Beachcom..	APTNI News	APTNI	Wild Rose	One Dish,	Canada's Got Talent		Rezervatio	Rezervatio	George Warr	Searchers
56	Midsomer	Murdoch Mysteries		Murder, She Wrote		Father Brown		Visionary	Ageless	theZoomer	

TUESDAY EVENING										AUGUST 11	
	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	Global	Survivor "The Blood Moon"				Kitchen Nightmares		Goldbergs	Ent. Tonight	Global	Global
8	CTV News	etalk	Big Bang	Password	Password	Amazing Race		Big Bang	Big Bang	News-Omar	CTV News
11	News	Coronation	Gags	Standing	Son of a	North of	Small	The National		News	22 Minutes
4	BBC World	PBS News Hour		BBC News	Member Favorites			Member Favorites			
7	How/Made	CTV News Atlantic		Big Bang	etalk	MasterChef Canada		Sherlock & Daughter		Criminal Minds	
9	News	News	World News	News	Chronicle	R.J. Decker		Will Trent		Will Trent	
12	NBC 10 Bos	News	NBC News	News	Hollywood	America's Got Talent				Password	Password
16	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.
17	Neighbor	Engageme..	Engageme..	Fresh-Boat	Housewife	The Office	The Office	Mom	Mom	Neighbor	Neighbor
18	The Lead	Jake Tapper (L)		Erin Burnett OutFront (L)		Anderson Cooper 360 (L)		The Source With (L)	CNN NewsNight (L)		
19	M*A*S'H	Holy Marvels-Quaid		Cities of the Underworld		Ancient Aliens		America's Book		Secrets Declassified	
20	Nightline	Evening News at Six		Kaesham..	Inside	Hell's Kitchen		Hell's Kitchen		Third Watch	
21	Barrymore	Young & Restless		Global	Global	Global News Hour at 6		Survivor "The Blood Moon"			
22	Teen/Teen	Scooby-Do..	Scooby-Do..	Be Cool	Be Cool	Looney	Looney	Looney	Looney	Frank Welker.	Best
23	Steven	Adventure	Adventure	Pokémon	BeyBattle X	Adventure	Adventure	Total/Total	Total/Total	Steven	Steven
28	Mom	Mom	Mom	Mom	Mom	★★★ "Marley & Me" (08)		Jennifer Aniston, Owen Wilson.		Movie	
29	Power	Power and Pol		Hanomansing Tonight (L)				The National (L)		The National (L)	
32	WBZ News	WBZ News	CBS-News	Wheel	Jeopardy!	Survivor "The Blood Moon"				NCIS "In Too Deep"	
33	Chicago	Chicago Med		Chicago Med		Chicago Med		Chicago Med		Chicago Med	
34	Jay & Pa.	Baylen Out Loud		Baylen Out Loud		Baylen Out Loud		Baylen Out Loud		Jay & Pamela	
35	Mayday	Highway Thru Hell		Bones		Mayday "Divided in Crisis"		To Be Announced		Destruction Decoded	
36	News	Boston News (L)		Ent. TonightTMZ		Kitchen Nightmares		Beat Shazam		Boston News (L)	
37	FBI	FBI "Doomsday"		FBI "Compromised"		CIA "Blood Money"		Dinner	Dinner	"Minority Report" (02)	
38	Good Place	Ghosts	Ghosts	Superstore	Superstore	Goldbergs	Goldbergs	★★★ "Forgetting Sarah Marshall" (08)		Jason Segel.	
39	Big Bang	Conners	Conners	Friends	Friends	The Fall	The Fall	Big Bang	Big Bang	Big Bang	Big Bang
44	Big Bang	Big Bang	Leadoff	MLB Baseball	Seattle Mariners at New York Yankees (L)					MLB Close	The Office
46	DreamHo..	DreamHo..	DreamHo..	DreamHo..	DreamHo..	DreamHo..	DreamHo..	Sun, Sea and		House	Interior D
47	Castle	Star Trek: Next		Star Trek: Next		Star Trek: Next "Legacy"		Star Trek: Next "Reunion"		Star Trek: Next	
49	Housewives	Housewives Atlanta		The Real Housewives		The Real Housewives		Watch What	Family Karma		Family
50	Real Kyper	The FAN Pregame (L)		MLB Baseball						Sportsnet Central (L)	
52	The Golf Fix	Golf Central		Glam Golf Double Trouble		2026 U.S. Women's Amateur Championship Match (R)					
53	Overdrive	SportsCentre (L)		SC		Leagues Cup FC Cincinnati vs. Atlas (L)				SportsCentre (L)	
54	TMZ Live	etalk	TMZ		The Rookie	New Girl	New Girl	New Girl	New Girl	New Girl	New Girl
55	Beachcom..	APTNI News	Face to		Life Below Zero Canada	Ghost	Ghost	North of	Acting	Acting	Wellington
56	Midsomer	Murdoch Mysteries		Murder, She Wrote		Shakespea Mark Benton.		Shetland		Silent Witness	

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RELIGION DIRECTORY

The 10 Commandments

I am the Lord your God, you shall have no other gods but me
You shall not make for yourselves an idol and worship it
You shall not misuse the name of the Lord your God
Remember the Sabbath day by keeping it holy
Honour your father and your mother
You shall not murder
You shall not commit adultery
You shall not steal
You shall not give false testimony
You shall not covet

D1055

Anglican PARISHES OF PETITE RIVIERE & NEW DUBLIN

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Sunday August 9th

Tenth Sunday after Trinity – Rev. Oliver Osmond

9:00am St. James LaHave BAS
Holy Communion

11:00am St. Albans Voglers Cove
Holy Communion

"O worship the Lord in the beauty of holiness"

BREAKFASTS

Parkdale - Maplewood Community Centre.
Saturday, August 8; 7:00 a.m. to 10:30 a.m. \$12 for adults; \$6 for children; Kids under 5 eat free! 50/50 tickets are available in advance, or at the door! For more information - email parkdalemaplewoodcc@gmail.com

SUPPERS

Blueberry Supper - Sunday, August 9 - Forties Community Centre, 1787 Forties Road, New Ross. 4 p.m. to 6 p.m. Ham & Hodgepodge dinner, blueberry desserts, tea / coffee. Adults: \$18, Under 12: \$8, Under 5: \$4 Eat in or Take-Out. Fully accessible facility. For more info call 902-689-2147.

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MAHONE BAY. 2-bedroom apartment. Security building. Heat, hot & cold water, fridge, and stove included. Coin laundry. Close to amenities. References required. \$1350 per month plus damage deposit. Contact 902-293-2009 or 902-857-3320 (no texts).

MEETINGS

Lahave Islands Marine Museum Society Meeting. Friday, August 14; 2:00 p.m., Bell Island Hall.

TEAS

Come join us for our Blueberry Social at the Riverport Community Center on Wednesday, August 19th, from 11 a.m. to 1 p.m. Cost is \$15.00.

SERVICES

Victorian Tea, Trinity United, Rose Bay, Wednesday, August 12, 2 p.m. to 4 p.m. \$18. Quilt/Craft Display & Sale, Info: Call 902-766-4235.

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OBITUARIES

Deborah Ann Beck

It is with great sadness that we share the passing of Deborah Ann (Selig) Beck, at North Queens Nursing Home, Caledonia, at the age of 75. She left us quietly on July 19, 2026, to join her mom, dad, brothers and sisters, her friends, and beloved dogs, Maggie and Katie. Deborah, better known by family and friends as “Debbie, Deb, Mom, Sis, or Nanny”, was born in Bridgewater N.S. and was one of many siblings of the late Gladys Mae (Dorey) Selig and Louis Randall Selig, of Bridgewater. She is survived by siblings; Janice, Christine (Kitty), Charlotte, Arnold (Arnie) and James (Chummy) and predeceased by siblings Ruth, Audrey, Harriette, Jeanette, Dougie, Wayne, Johnny and Jimmy. Debbie worked for more than 27 years at the old Dawson Memorial Hospital, as a Food Service Supervisor. During her dedicated career there, she made many friends and enjoyed helping patients. Everyone she met loved her bubbly personality and infectious smile. Debbie and John bought a small lake lot in Elmwood, NS, to be closer to two of her sisters, and on weekends to relax and have fun with family. She loved spending time with family and friends at their cottage in Elmwood, for many years. Moving to Auburndale in the early 80’s, her love John put in a swimming pool for her, to replace the cottage. This is where she enjoyed life the most with family and friends. She loved socializing and having fun, which usually ended up with music and her love of dancing. She was also a bit of a traveler, going to places which include; Daytona Beach, British Columbia, England, Scotland, and the Dominican Republic. Debbie leaves behind her teenage love and husband of 61 years, John David Beck, of Auburndale N.S.; her sons, Terry Beck (Stephanie Tanner), of Bridgewater, Troy Beck (Tammy Hawksworth), of Conquerall Mills; and three loved grandchildren, Lindsay Beck and Mason Beck, of Bridgewater, and Brodie MacFarland, of Scotland. Debbie will be sadly missed by many, especially her devoted husband, who deeply loves her. Her grandchildren will miss popsicles, ice cream sandwiches and weekend feasts pool side, where she was always swimming, cooking, and having fun. Brodie will miss his long phone call from overseas, and his Christmas and Summer visits. The family can’t express enough gratitude for the staff at the North Queens Nursing Home for the tremendous care and affection they provided to “Deb” during her time there. Their care for Deb and the family was, as John would say, “Was Top Shelf”. THANK YOU! She was a daughter, a wife, a mother, a grandmother, a friend, a sister, a dancer, a cook, a coworker, and just an all-round great person with an everlasting smile on her face. She was special and the glue that kept the Beck family solid with her care, affection, and the occasional wooden spoon on the backside of her two boys when they were not playing fair. In lieu of flowers, memorial donations may be made to the Alzheimer’s Society of Canada, I.W.K. Health Center, and the Lunenburg Co. Ground Search & Rescue. A Reception in Celebration for Debbie will be held Saturday August 8th, 2026, at Sweeny’s Funeral Home, Bridgewater, from 1 pm - 3 pm, with time to enjoy refreshments, and share condolences and memories of Debbie with her family and friends. Private family interment to be held at a later date. Arrangements entrusted to Sweeny’s Funeral Home, Bridgewater, where online messages of condolence and donations may be made by visiting www.sweenysfuneralhome.com. My dear wife, mom, grandmother, sister and friend, we miss you and we will never forget you, this is not goodbye, but merely, “We Will See You Later”. Love always and forever!



Margaret Alice Brown

August 13, 1935 - July 24, 2026

With great sadness we announced the loss of our dear mother and grandmother, Margaret Alice Brown (née Ogilvie) on Friday in Halifax at the age of 90, while in the excellent care of the Berkeley on Pepperell. She was born in Montreal with her twin brother Michael (d. 2022), the second and third of five children to Ruth and Bart Ogilvie together with Sandra (d. 2022), Jude (d. 2026) and Caro-John. All, despite distances and differences, remained the closest of siblings throughout their lives. Margaret embodied an extraordinary combination of conviction, kindness, humility and joy which gently charmed those who knew her. She was famously intolerant of any trouble made on her account, yet constant in the concern and support she offered others. In her family, her neighbourhood and her community, she was unceasingly generous, open-minded and open-hearted in a way that made each of the lives around her happier and richer. Margaret embraced the humanity and beauty of her adopted home of Nova Scotia, most recently Lunenburg. A reader, walker, collector and artist, Margaret and her husband Ted (d. 2002) filled their household with local antiques, books and art. Her love of fine craft, colour and composition was evident in the several beautiful heritage homes they restored during their years in Mahone Bay and Annapolis Royal, and in her own striking watercolours. She is survived by her sister Caro-John, children Cynthia (Gavin) and Alec, grandchildren Noa, Elli, Beau, Ava and Alistair, and nieces and nephews Victoria (Lance), Julia (Dave), Penelope and Ian. A Celebration of Life will be held in Lunenburg at a date to be determined. Her full nature, like that river of which Cyrus broke the strength, spent itself in channels which had no great name on the earth. But the effect of her being on those around her was incalculable - George Elliot, Middlemarch.



Earl Harvey Nauss

69, of Kingsville, Ontario, formerly of Blockhouse, Nova Scotia, passed away peacefully at his home in the early morning hours of Sunday July 26, 2026.

Earl tried his hand on the fishing boats, like his brothers, but soon found it wasn't the life for him. He worked at Elmer Lohnes sawmill in Wileville with his step father, and then went on to work at the Lunenburg Foundry, where he took pride in his work. Unfortunately winter got the best of him when an injury from a slip and fall on the ice made it impossible to work. Earl found the love of his life through the internet; I know it sounds cliché, but true. This took him to Ontario where he was happy with Melodie and their dog Coco. Unfortunately another blow hit when Melodie passed away unexpectedly in 2024. This left Earl absolutely lost and heartbroken. They are now, once again, together. Earl is survived by his mother, Lily Veinotte of Bridgewater, formerly of Kentville; his sisters, Diana (Albert) Caines of Blockhouse and Jane (Brenton) Dorey of Hebbville; his brother, Gordon Nauss (Joanne Ullock) of Blockhouse; and many cherished nieces and nephews. He was predeceased by the love of his life, Melodie Allen, his maternal grandparents, Laliah and Fred Frank; his father, Nearus Nauss; his stepfather, Frankie Veinotte; his sister, Violet Swinimer; and his brothers, Ernie Nauss and Zedrick (Ted) Nauss. Cremation has taken place. There will be no visitation or funeral service. A celebration of his life will be held once his ashes have been returned home to Nova Scotia. Details will be announced at a later date. Memorial donations can be made to The Heart & Stroke Foundation or Diabetes Canada, or charity of your choice.



Obituaries can be found online at

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SOUTH SHORE BULLETIN

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DEADLINES:

THURSDAY AT 4 P.M. PRIOR TO PUBLICATION DATE (Note: Holidays may affect deadlines)

* All prices noted are +HST.

DEATHS

Beazley, Cynthia “Cindy” Jean, 78, Bridgewater, died July 19, 2026, in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

Boutilier, Elizabeth Eva Christena, 72, Bridgewater, died July 15, 2026, in Bridgewater. Arrangements entrusted to Personal Care Cremations & Memorial Services.

Corkum, Jacob “Jake” Michael, 17, Pleasantville, died July 11, 2026, in Lilydale. Arrangements entrusted to Personal Care Cremations & Memorial Services.

Frauzel, Beverley Ann Mae, 69, Bridgewater, died July 24, at Hillside Pines, Bridgewater. Arrangements entrusted to Dana L. Sweeny Funeral Home.

Ivey, Chase Bentley, 17, Lunenburg, died July 11, 2026, in Lilydale. Arrangements entrusted to Personal Care Cremations & Memorial Services.

Kelly, Ray James, 83, Lower Northfield, died July 27, 2026, in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

Kempton, Benjamin “Ben” Jamie Harvey, 36, Mill Village, died July 9, 2026, in Bridgewater. Arrangements entrusted to Personal Care Cremations & Memorial Services.

Roy, Terri Janet, 59, Halifax, died July 11, 2026, in Dartmouth. Arrangements entrusted to Personal Care Cremations & Memorial Services.

Shute, Robert Lawrence, 80, Bridgewater, died July 10, 2026, in Bridgewater. Arrangements entrusted to Personal Care Cremations & Memorial Services.

Woodsworth, Wendy Lynn, 65, Pinehurst, died July 12, 2026, in Bridgewater. Arrangements entrusted to Personal Care Cremations & Memorial Services.

When things do not go as planned

Continued from page 13

photographed a blue-headed vireo and an alder flycatcher put on a great show. We did pick up a hairy woodpecker, northern flicker, common yellowthroat, golden-crowned kinglet and yellow-rumped warbler for the day.

On the way back through to Mahone Bay we had to wait in a two kilometre line up of vehicles and they were not doing any construction. We lost a lot of time there. After a stop at Tim Horton’s and a bathroom break we headed off to the Fauxburg part of the Bay to Bay Trail.

This part of the trail has been very quiet over the summer with several migrants and breeders that would normally be there not present.

On our visit it was quiet overall. We did get white-breasted nuthatch, veery, downy woodpecker and black and white warbler to add to the list.

It was then too late to head off to Mader’s Cove and Second Peninsula. Normally, I get between 40-60 species on this trip. This year we only had 33.

Over the years I have had other problems with field trips. One year, on this normal trek, my water pump went on the blink and I could only drive backwards, but not forwards. So that year I had to end the field

trip at the Bay to Bay Trail.

On a trip to Amherst my brakes went on the car. I ended up getting a rental and driving home and then back for my car the next day. On a field trip to Brier Island on a Thanksgiving weekend my alternator went. Thankfully, another member of the group was able to drive me to a mechanic on Long Island, of which my car had been towed.

Although it was a holiday weekend this mechanic was miraculously able to get me an alternator and repair the car. I went to get the car and then was able to continue the field trip on my own for the rest of the weekend. There have been other minor issues like flat tires and running out of gas.

Now as I said it is hit and miss this time of the year. On the evening of July 25, I stopped in Indian Path for a bathroom break. I left my cellphone and camera in the car. I had two magnolia warblers, a chestnut-sided warbler, a northern parula, a black-throated green warbler and a red-eyed vireo on branches in the open about two feet away.

I went back for my camera, but only managed to get a photo of the black-throated green warbler. Later that night I took a walk at the Shoreline Drive in Blue Rocks. There was a palm warbler, a yellow-rumped

warbler, a common yellowthroat, an American redstart, five northern yellow warblers and some other migrants.

On July 26 Ethan Sarty found a red-bellied woodpecker at Risser’s Beach. At Crescent Beach on July 28 Wilma Clancy saw a Hudsonian wimbrel. Two long-tailed ducks were still present at Crescent Beach. Numbers of shorebirds continue to move through.

It has been very quiet in regard to reports across the province over the past week. The white ibis continues at Glace Bay. JD Bharvad reported a crested caracara at Long Beach Road in Port Morien.

In the Halifax Municipality area there were eastern bluebirds and a yellow-crowned night heron. In Southwest Nova Scotia there was a yellow-crowned night heron, a great egret, and a stilt sandpiper.

Logan LaLonde, on Brier Island, reported a Baird’s sandpipers, a solitary sandpiper, 32 killdeer and 10 ruddy turnstones. There were two south polar skuas and a Cory’s shearwater sighted on a pelagic. In the Valley there were two Caspian terns. At Boot Island 70,000 semi-palmated sandpipers were sighted.

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Veterans Way project completed with monument dedication

By DAN HENNESSEY
for the South Shore Bulletin

BRIDGEWATER – Veterans’ Memorial Park is not just the location of the cenotaph in Bridgewater but has become a place of reflection and contemplation for the many that venture through the many monuments.

The black granite pillars are etched with over 900 names of men and women from Lunenburg County who have answered the call to duty from WW1 to Afghanistan. The main pillar also includes the names of the 102 men and women who paid the ultimate sacrifice for their country.

The park can be accessed from many directions along bring lined walkways, but the main walkway comes through the large black gates along York Street. These gates were erected during Nova Scotia’s Democracy 250 celebration in 2007. Over time the bricks, for a lack of better words, had become tired and were in need of a facelift.

The Royal Canadian Legion in Canada is celebrating their 100th anniversary and asked each Legion branch to develop events in their areas to help in this celebration in 2026. Branch President Dan Hennessey and Branch Chaplain Wendell Eisener developed idea to make this main walkway something very special.

During Remembrance Day ceremonies the parade along with many spectators use this entrance to the park so the thought was to make it something memorable and also spark the emotion of why we gather Nov. 11. The idea of having black boot prints painted on the walkway that



CONTRIBUTED PHOTO

A special monument dedication ceremony was held July 26 at Veterans’ Memorial Park.

would lead to a painted sign with a special message was developed. The symbolism was that you would be walking in the footsteps of those that we honour in the park.

Every canvas that an artist uses must be prepared and this is the same as bricks on a walkway. This is where Nature’s Reflections Landscaping Ltd joined the concept team. When the project was described to owner Ben Floyd, there was no hesitation to offer their services.

His team took on the challenge and over a two-week period meticulously lifted the entire walkway, added a new base material and after cleaning each brick, replaced them leaving a pristine walkway for the next step. Enter Kyle Zinck

Kyle Zinck took on the challenge of bringing the idea to life but needed to come up with a way to paint the black boot prints in a way that represented a marching spacing. The decision was made to paint 20 boot prints which symbolically as the 21-gun salute honours military.

There would be at the end of the prints a sign as you are about to enter the main monuments which would read “In Honor of those who served

and sacrificed”. Kyle began his task by painting the sole of actual combat boots and walking on the bricks but there was not adequate weight to transfer the design.

He tried several other options, but none gave him what he wanted until he designed his own template and, on his knees, painted all of the black boot prints by hand and outlined each in white to make the image stand out. The work was completed just prior to the Nov. 11 ceremony in 2025 and was described to those attending the ceremony but there was one last piece of the project that would have to wait until spring 2026.

CP Rail has been sponsoring beautiful brass plaques manufactured by Metal Signs Inc. in Calgary since the war in Afghanistan. They eagerly agreed to supply one that would be attached to a monument in Veterans’ Memorial Park and would welcome those entering the gates to walk in the footsteps of those we honour as they walk along Veteran Way. Sally Gerhardt with Demones Monuments supplied the monument and was placed next to the entrance to the brick walkway in early June 2026.

The formal monument dedication was held on July 26, and Legion members were joined by Jessica Fancy MP South Shore-South Margarets, Honourable Becky Druhan, MLA Lunenburg West, Mayor David Mitchell, Town of Bridgewater and Councillor Pam Hubley from MODL.

Members of 14 Construction Engineering Squadron and the public attended the dedication ceremony as well. Veterans Way was lined with flags held by members of the Legion and military as the ceremony addressed the reason why this project was important and that will be a lasting reminder of how the community came together to make this a reality.

The wreath was laid by Jessica Fancy and Becky Druhan and Rev Wendell Eisener formally blessed the monument and Veterans Way. The day was filled with symbolism but none more powerful than the young boy standing proudly at the end of the walkway representing our future and that Remembrance will fall to the hearts and hands of our youth.

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