



BULLETIN

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EST. 1847

BRIDGEWATER, NOVA SCOTIA, CANADA

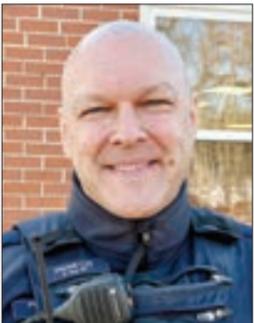
WEDNESDAY, MARCH 18, 2026



THE GREAT EASTER CONTEST

The great Easter colouring contest for all ages

PAGE 9



REGION CONSIDERS ADDING MORE RCMP OFFICERS

The Region of Queens is exploring adding more officers

PAGE 6



CREATING BEAUTY DESPITE PAIN

A new art show is taking over the Astor Theatre

Page 10



KEVIN MCBAIN PHOTO

GAME WINNER

Game winner! Evan Amirault of the South Shore Jr. B Lumberjacks celebrates after scoring the game seven winner, Sunday afternoon (March 15) over the visiting East Hants Penguins to secure the Fred Fox Divisional series victory. He scored with just 2:56 remaining in the game to give his team a 4-3 series' clinching victory. The Lumberjacks now advance to the division finals against the Capstone Colts.

Liverpool students fight for reinstatement of arts funding

By RICK CONRAD

Local Journalism Initiative Reporter
rickconradssb@gmail.com



RICK CONRAD PHOTO

LIVERPOOL – About 50 Liverpool Regional High School students joined their peers across Nova Scotia on Wednesday who skipped class to protest provincial cuts to arts, culture and other programs supporting youth.

“We are lovers of arts and culture, and we believe that a small group can make a change,” said local protest organizer Jaehee Seo, a Grade 11 student at LRHS.

Students walked out of class at 10 a.m. and marched down to Queens MLA Kim Masland’s Main Street office, chanting and waving signs along the way.

Premier Tim Houston restored about \$53.6 million in funding on Tuesday to groups supporting the disabled, seniors, Indigenous and African Nova Scotians. That was after a week of protests and outreach from clients and their families about how devastating the service reductions would be.

But Houston said cuts to arts programs

Liverpool Regional High School students protest March 11 in front of Queens MLA Kim Masland’s office in Liverpool.

and some educational services will remain.

Two weeks ago, the province introduced a budget with a \$1.2-billion deficit and \$130 million in program cuts.

In Liverpool, the Perkins House Museum was closed. And organizations like the Queens County Museum and the Astor Theatre were told their funding was cut by 20 per cent.

Eric Faber is a Grade 10 student in Liverpool, who is involved in theatre, film and other programs in school and at the Astor.

Continued on page 2

Region of Queens councillors to get 71 per cent pay raise; mayor to make 42 per cent more

By RICK CONRAD

Local Journalism Initiative Reporter
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LIVERPOOL – Region of Queens mayor and councillors voted for significant raises for themselves last week, but the issue may not be settled yet.

Mayor Scott Christian said Monday that because of community reaction, he plans to bring it back to council for discussion.

As of April 1, the mayor will make \$68,752.66 a year, a raise of \$20,219.66 or 42 per cent, while councillors will make \$41,496 a year, an increase of \$17,229, or 71 per cent.

The deputy mayor’s salary will be five per cent more than the councillor rate. In addition, that person will receive the mayor’s salary when acting in the mayor’s absence.

At their March 10 meeting, councillors also supported Christian’s call to have staff study the cost of extending health and dental benefits to elected officials.

The mayor currently makes \$48,533 and the seven councillors make \$24,267.

Councillors adopted the recommendations of a five-person citizens advisory committee on councillor remuneration. The committee said that council compensation hasn’t been reviewed properly since amalgamation 30 years ago, and that current levels are too low.

After council’s decision to accept the committee’s recommendations, however, reaction was swift, with some supporting the decision and others angry about it.

“I’m not the unilateral decision-maker,” Christian said, “but I think it is important when we make a decision and there is significant correspondence received, reflecting on the decision and asking for reconsideration or inviting in other ways

Continued on page 6

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D9102

Liverpool students fight for reinstatement of arts funding

Continued from page 1

“I came out because this is an important issue that is worth talking about,” he said, while helping to hold signs reading “Take Our Future Away, We Take Action” in front of Masland’s office.

“And it’s important to me. I’ve been participating in the arts for as long as I can remember, and that’s why I’m out here, man, because they can’t expect us to do more with less.”

Grade 10 student Elizabeth Smart said she’s worried that the cuts will limit opportunities for young people to get involved in the arts.

“I am a student who benefits greatly from the art and music programs in schools,” she said.

“I think it’s unjust that they are cutting these opportunities for students who can’t access it outside of school.”

Grade 11 student Trinity Everett said she’s upset about the \$3.7-million cut for graduate scholarships and wrote Houston a letter asking that he reinstate funding.

“This will drastically impact youth that are looking to go into post-secondary education,” she told the crowd.

“I am one of the youth that was impacted by this decision. I am about to go into my Grade 12 year at high school, and I am heavily relying on scholarships and grants to be able to go to post-secondary. I want to become a child psychologist at Acadia. My family doesn’t make much, so post-secondary will not be in my future if I cannot get enough from scholarships. By cutting funding for scholarships and grants, youth may not be able to reach their full potential.

“I don’t think that there’s any plausible reason to take away funding for scholarships and grants, especially when youth already struggle to come up with the means to pay for post-secondary.”

After a short demonstration in front of Masland’s office, the students walked to the Astor to continue the rally, while listening to some of their classmates in local band, Life in Colour, perform outside.

Cheers for premier and MLAs after funding back on the books

By RICK CONRAD

Local Journalism Initiative Reporter
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LIVERPOOL – People who work with seniors and the disabled were ecstatic on Tuesday when Premier Tim Houston announced his government would be reversing \$53.6 million in cuts to grants and funding for those groups as well as African and Indigenous Nova Scotians.

“It’s fantastic,” said Charlene Park, executive director of the Queens Association for Supported Living and Penny Lane Enterprises in Liverpool.

“In thinking about this every day and night for the past week, I honestly in my heart of hearts don’t believe that the ministers, the premier, truly realized the impact (the cuts) would have.”

Two weeks ago, the province announced \$130 million in cuts to arts, culture and other community organizations to deal with a \$1.2-billion deficit.

As part of that, the province announced the closure of 12 museums, including Perkins House Museum in Liverpool, the Wile Carding Mill Museum in Bridgewater, the Barrington Woolen Mill Museum and the Ross-Thomson House and Store Museum in Shelburne.

But it also meant significant cuts to organizations like QASL, which was told that it would lose about 13 per cent of its funding, as well as a \$50,000 grant that helped employ people with disabilities and addressed food insecurity among seniors.

Bonny Lea Farm in Chester was facing a similar 13 per cent cut.

“This change reflects an important recognition: that inclusion, dignity, and meaningful support are not optional line items, but human rights commitments, essential to the well-being of our province,” executive director Karen Lake posted in a statement shared on Facebook shortly after the premier’s announcement.

The Queens Adult Day and Respite Program in Liverpool also found out that it would have to close

when its funding ran out in May.

More than 200 Queens County residents protested in front of MLA Kim Masland’s office on March 4, demanding the government reverse the cuts. Seniors, the disabled and their families also reached out to Masland personally to explain how the cuts would affect them and appealed to her to help.

While funding for organizations like QASL and the adult day program were reinstated on Tuesday, the province is not backtracking on its arts and culture cuts.

“I want to extend my sincerest gratitude to all of the people who advocated so passionately for our program after hearing that the grant funding its operation had been discontinued,” Andrew MacVicar, executive director of the Queens Home for Special Care Society, which operates Queens Manor and the adult day program, posted on Facebook.

“Your voices, your advocacy and your willingness to speak up are truly at the heart of the decision to reinstate this funding.”

Park and MacVicar credited Masland, who is also Nova Scotia’s minister of natural resources and emergency management, for working “behind the scenes” to help reverse the cuts.

“The community support has been absolutely phenomenal and it’s just been overwhelming to be completely honest,” Park said.

“Kim Masland spent her weekend listening to us. She truly wanted to understand the impact and she met with clients and their families. And I truly believe that that made a huge impact. She listened and Premier Houston listened and we are forever grateful.”

Park said the cuts came at an especially awkward time for QASL, with changes to the way that disability groups are funded.

In response to the Human Rights Remedy, people with intellectual and other disabilities will be moving away from institutional settings to more integration with the community.

And whereas organizations now get funding in a pot from government, they will eventually get it through individuals, who will have resources tied to their needs.

With the fear of budget cuts over for now, Park said QASL and other organizations like it can concentrate on responding to those changes.

“There’s still a great deal of work to do. And what this does is buys us time to be able to thoughtfully continue to look at how we are going to adjust and how we will continue to align our services.”



FREE TRY-IT SESSION/PRACTICE

Queens Place Emera Centre
March 29th • 3:45 to 4:45 p.m.

If you have a helmet with a mask, hockey gloves, elbow pad and a neck guard, please bring it with you. We will have a few extra just in case.

For more information, call **Kevin** at **902-523-5523**.

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CRAFT & VENDOR EVENT

Sat, March 28th
10am-2pm

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Oakhill Firehall

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MUNICIPALITY OF THE DISTRICT OF CHESTER
SPECIAL COUNCIL MEETING
MARCH 19, 2026 AT 8:45 A.M.

There will be a special meeting of Council held on March 19, 2026 beginning at 8:45 a.m. which will be followed by the regularly scheduled Council Policy and Strategy Session.

The following items will be considered:

- Paved Shoulder Project from Forest Village Road to Hubbards (previously discussed by Council on February 26, 2026).
- Request from Mahone Islands Conservation Association regarding proposal of Blue Lantern Shellfish for a series of scallop farms in Mahone Bay.

Dahl's dispatch

EVAN DAHL

Lunenburg County firefighters answered 35 calls for service and Queens County firefighters answered 13 calls for service from Thursday, March 5 to Wednesday, March 11 – 21 of these calls were medicals.

MARCH 5

At 8:05 a.m., Western Shore firefighters responded to a vehicle fire in Beech Hill.

At 10:30 a.m., Tri District firefighters responded to a chimney fire in Waterloo. Hebbville also responded.

At 4:34 p.m., Tri District firefighters responded to a chimney fire in Wileville. Hebbville also responded.

MARCH 6

At 12:00 p.m., Greenfield firefighters responded to a commercial fire alarm in Greenfield.

At 3:00 p.m., Chester Basin firefighters responded to a motor vehicle accident in Chester Basin.

MARCH 7

At 9:05 a.m., Chester firefighters responded to a vehicle fire in East Chester.

At 9:10 a.m., Chester Basin firefighters responded to a residential fire alarm in Chester Basin.

At 1:20 p.m., Hubbards firefighters responded to assist Black Point at a smoke sighting in Ingramport. Upper Tantallon also responded.

MARCH 8

At 1:15 p.m., Northfield, Oakhill and Blockhouse firefighters responded to a motor vehicle accident in the Maitland area.

At 3:00 p.m., Chester firefighters responded to a report of a commercial vehicle fire in East Chester.

At 6:04 p.m., Liverpool firefighters responded to a motor vehicle accident in East Port L'Hebert. Port Medway and West Queens also responded. Mill Village was on stand by.

MARCH 9

At 1:24 p.m., Bridgewater firefighters responded to smoke in a building in Bridgewater.

At 8:37 p.m., Hemford firefighters responded to a brush fire in Simpsons Corner.

MARCH 10

At 3:31 p.m., Liverpool firefighters responded to a commercial fire alarm in Liverpool.

At 4:56 p.m., Hubbards firefighters responded to a motor vehicle accident in Simms Settlement.

At 6:58 p.m., Chester firefighters responded to assist Brooklyn at a structure fire in Windsor Forks. Windsor, Hantsport, Wolfville and Mount Uniacke also responded.

MARCH 11

At 12:03 p.m., New Ross firefighters responded to a smoke sighting in Seffernville.

At 1:15 p.m., Northfield firefighters responded to assist Annapolis Royal with a boat for a water rescue in the Granville Ferry area. New Minas, Bear River, Digby and Brighton Barton also responded with boats.

At 7:37 p.m., Liverpool firefighters responded to an investigation call in Western Head.

At 8:42 p.m., Hemford firefighters responded to a tree on power lines on fire in Simpsons Corner.

You may reach Evan Dahl by e-mail at evan-dahl10@hotmail.com or via the Dahl Dispatch Facebook page.

Surprise, frustration as residents learn details of water, sewer work in Liverpool

By RICK CONRAD

Local Journalism Initiative Reporter
rickconradssb@gmail.com

LIVERPOOL – Work on a \$26-million improvement and addition to water and sewer infrastructure in Liverpool will begin this week.

Preparatory work for the Mount Pleasant service extension got underway on Monday, with ground-breaking for the first phase on College Street scheduled for March 23. Seven phases are planned, including Shore Road, Pleasant Avenue and School Street, with the work continuing through September.

The extension to the Mount Pleasant area just outside downtown Liverpool will cost about \$9.7 million. It will allow people who live in the area to hook into municipal water and sewer services.

It is also designed to add more than 300 new customers when two major housing developments are finished.

The builders behind The Point and Dauphinee Fields lobbied the Region of Queens for the extension. They're planning for up to 325 new housing units over 24 hectares that could accommodate up to 1,200 people.

The Nova Scotia government is contributing \$10.7 million to the overall project, with the municipality picking up the rest of the tab through long-term borrowing or by dipping into its accumulated surplus.

The region held an information session on March 12 at Liverpool Regional High School so that area residents could ask questions about the construction. More than 50 people attended the meeting.

While the extension forms a significant part of the overall work, the project will also replace and update aging water and sewer infrastructure throughout Liverpool.

Existing residents along the Mount Pleasant route will be required to hook into the municipal sewer system if their property is within 30.5 metres of the municipal sewer line. Homeowners with an adequate on-site septic system can apply for an exemption.

Connection to the water system is voluntary.

Residents have to pay for all costs associated with the installation and connection to water and sewer.

While some people at the meeting on Thursday asked for more details about how it will affect their own properties, others were surprised they would have to connect to the municipal sewer system. And they were concerned about water supply if more

than 300 households are added to a system that has already faced conservation measures for the past few years.

Shore Road resident John Armstrong said that it may be challenging to find contractors to do the work necessary to hook up, especially if everybody else in the area has to do it too.

Continued on page 8

Two men charged in January robbery

SOUTH SHORE BULLETIN STAFF

BRIDGEWATER – On Saturday, July 17, 2025, Bridgewater Police Service (BPS) responded to Esso/Proxi, 2 North Street, Bridgewater for an armed robbery complaint at about 10:30 p.m.

The victim, a young adult female, reported that two masked males in dark clothing while brandishing handguns had just left the scene carrying a bag of stolen lottery tickets and cash. After the initial police response from Patrol and K9 officers neither the suspects nor weapons were located.

Investigators with BPS Criminal Investigative Division (CID) have completed an extensive investigation involving multiple jurisdictions. Based on the evidence gathered in their investigations Warrants to Search were executed early morning on March 12, 2026 at residences in Canaan, Lunenburg County and Halifax, Nova Scotia. NS Policing partners assisted BPS officers at both search scenes.

In the Canaan search, officers were assisted by the RCMP H – Division Emergency Response Team (ERT), South Shore Street Crime and Lunenburg District RCMP. In the Halifax search officers were assisted by Halifax Regional Police (HRP)/RCMP Integrated General Investigation Section, HRP Quick Response Team and HRP ERT.

Stemming from the investigation, Barry James

Dodge of Canaan, NS and Jason Dennis Weagle of Halifax, NS have been charged with the following:

- Use a Firearm while committing the indictable offence of robbery contrary to Section 85(1)(a) of the Criminal Code

- Have in his possession a restricted firearm while prohibited contrary to Section 117.01(1) of the Criminal Code

- Use a Firearm in robbing Bridgewater Proxi of Canadian currency and lottery tickets contrary to Section 344(1)(a.1) of the Criminal Code

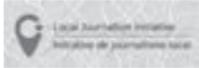
- With intent to commit an indictable offence did have his face masked contrary to Section 351(2) of the Criminal Code

- Steal Canadian currency and lottery tickets, the property of Bridgewater Proxi of value exceeding \$5,000 contrary to Section 334 of the Criminal Code

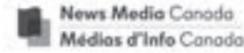
- Carry a handgun for the purpose dangerous to the public peace contrary to Section 88 of the Criminal Code

Both accused are currently in custody and appeared at Bridgewater Justice Centre on March 13, 2026 for arraignment.

If you have information that you believe may assist the investigation, please contact an investigator with Bridgewater Police Service CID at 902-543-2464.



LOCAL



TO THE EDITOR

Extreme budget arrogance

The Editor,

I looked over 13 pages of government cuts. Several areas struck me: Advanced Education (24); Communities Culture Tourism and Heritage (72), Education and Early Childhood Development (40), Energy (7), Labour, Skills and Immigration (10); Office of Addictions and Mental Health (13); Office of L'nu Affairs (11); Opportunities and Social Development (29); Seniors and Long Term Care (17). (Office of the Premier (0))

I was left with the following clear impressions:

The attack on the arts, education and community actions is mind boggling. The money will go to fracking and uranium mining companies.

In looking at and listening to analysis of the cuts one clear impression is that they were mindless. Several ministers responsible for cuts had no rationale for the cuts in their own departments. Some cuts were for programs for which they had strongly advocated. Good programs.

What also seems clear is that many and perhaps most of the cuts remove services from the poorest 50 per cent of Nova Scotians, people who have very little means to absorb the impact or defend themselves. There are very few cuts if any that will seriously impact the wealthiest 20 per cent. The few cuts that may impact them they can afford to pay for without any pain.

Many cuts will drive up health care costs long term and increase homelessness. The additional funding for housing and health care will be more than eaten up by the negative health impacts of the attacks on spending for people who are struggling because our economy provides great wealth for people who already have great wealth while the

majority fall behind. People who cannot afford to eat or house themselves experience deteriorating health (50 per cent of Canadians share less than five per cent of our country's wealth.)

I listened to the comments of the premier with dismay. He clearly has no intention to listen. He does not care what the cuts will do to degrade people's lives. His racist thinking about indigenous people bubbled up again.

He forgets that he has 80 per cent of the seats because he did exactly what he put the fixed elections act in place to stop Premiers like him from doing. His seats are the result of the votes of 23.7 per cent of eligible voters. He managed to have the lowest voter turnout in Nova Scotian history!!

I heard Mr. Houston speak before he became premier at a reconcilia-

tion event in Bridgewater and was impressed. What I hear now is the most arrogant political leader with the possible exception of Donald Trump. I do not remember a more arrogant premier in this province and I am just short of 80 years old.

Given the appalling financial management and contempt for democracy since November 2024 this budget should be no surprise. Remember the proposal to throttle Auditor General Kim Adair. Reflect on the very short legislature sessions that often run well into the evening to reduce any criticism. Recall getting the news media out of the legislature. Reflect on the billions spent without legislative approval.

It is time for a change of government.
*J Tom Webb,
 Mahone Bay*



SOUTH SHORE BULLETIN

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BRIDGEWATER SENIOR CITIZENS CARD GROUP RESULTS

The Bridgewater Senior Citizens Group met on March 11 for a game of Auction 45's.

Winners were: Ladies' high, Gail Boyle, 1020; Men's high, John MacDougall, 1090; Runners up, Dean Avery, 1015 and Eva Corkum, 965. Winner of the 50/50 draw was Judy Johnson. Winners of 30 X 60 bids were Bernice Oickle, Wilma Dorey, John MacDougall and Dean Avery (3 times).

Card parties are held on Wednesday afternoons at 1:30 in the Masonic Hall on Dominion Street. New members always welcome.

THE GOLDEN YOUTH CARD CLUB GAME RESULTS

The Golden Youth Card Club met on March 12th for a game of Auction 45's. The winners were: Ladies high, Gail Boyle 985; Ladies second, Gloria Cox 905; Men's high, Steven Boyd 1105; Men's second, Robby Wentzell 1000; Low Score, Gloria Winters 570; Lucky Tally, Russell Mosher; Travel Prize, Jim Hebb; 50/50 winners: Calvin Hiltz and Ken Edwards. Card parties are held every Thursday afternoon at 1:30pm at the Pleasantville Fire Hall. New members (age 55+) are welcome to attend. Light lunch provided.

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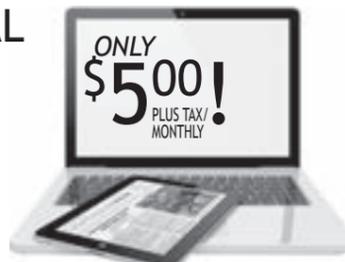
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SOUTH SHORE BULLETIN



Lunenburg council highlights - March 3

UPDATE ON RECENT POWER OUTAGES AND UPGRADES

Mayor Jamie Myra provided an update on the recent power outages affecting the community.

Council previously approved the electric utility's five-year capital plan of more than \$15 million to support infrastructure upgrades and improve the reliability of the town's electrical system. Earlier in

the day, town representatives met with Nova Scotia Power to review the recent outage and discuss ongoing efforts to stabilize the electrical grid and improve restoration times.

Several infrastructure upgrades are already included in the capital budget, and the town is exploring additional options that could accelerate

improvements and reduce strain on the system.

Council reaffirmed its commitment to modernizing the Town's electrical infrastructure, recognizing that these upgrades will take time but are already contributing to improved outage response and recovery.

COUNCIL APPROVES SPONSORSHIP FOR GARY L. WENTZELL MARCH BREAK HOCKEY TOURNAMENT

Council approved a Silver sponsorship of \$500 for the Gary L. Wentzell March Break Hockey Tournament, which will take place March 16-22, 2026.

PUBLIC HEARINGS

Council held public hearings for the proposed Tour and Horse-Drawn Vehicle Bylaw and the Short-Term Accommodation Levy Bylaw.

Members of the public spoke and submitted written correspondence regarding the Tour and Horse-Drawn Vehicle By-law. Council requested that staff review potential amendments before bringing the by-law forward for further consideration.

No members of the public spoke at the public hearing for the Short-Term Accommodation Levy Bylaw, though one written submission was included in the agenda package.

The Short-Term Accommodation Levy Bylaw is expected to return to Council for second (final) reading on March 10, while the Tour and Horse-Drawn Vehicle Bylaw is expected to return for second (final) reading on March 24.

REGION 6 SOLID WASTE MANAGEMENT BUDGET APPROVED

Council approved the Town of Lunenburg's required municipal contribution of \$3,839 to the 2026/27 Region 6 Solid Waste Management Budget. This contribution represents the Town's share of the Region 6 Inter-Municipal Committee's overall budget of \$147,885, which supports regional waste reduction, education, enforcement and administrative services delivered across 12 member municipalities.

Continued on page 19

Coming to Streaming

March 18-24, 2026

NETFLIX

March 18

Eva Lasting: Season 4 (CO)
Radioactive Emergency (BR)
Season 2: Furies: Resistance (FR)

March 19

Steel Ball Run JoJo's Bizarre Adventure (JP)
Tyler Perry's Beauty in Black Season 2 Part 2
Unicorn Academy: Secrets Revealed: Chapter 1 (CA)

March 20

Peaky Blinders: The Immortal Man (GB)
Revolutionary Road
The Rise of the Red Hot Chili Peppers: Our Brother, Hillel

March 21

BTS The Comeback Live | Arirang

March 23

Elmo Gets a Puppy
Inside: Season 3 (GB)

March 24

Jeff Ross: Take A Banana For The Ride
Ready or Not: Texas (KR)

CRAVE

March 20

A Quiet Place: Day One
Golda
Halloween Ends
I Wish You All The Best
John Wick
John Wick 2
Neighbors (season finale)
On Sera Heureux
Rebelle
Second Act
Shazam!
The Trades (Season 3, two-episode premiere)

March 22

The Comeback (Season 3 premiere)

March 23

Betrayal: Secrets and Lies

DISNEY+

March 18

High Potential (Season 2, new episode)
O11CE: New Generation (O11CE: Nueva Generación) (two-episode premiere)
RJ Decker (new episode)
Short Circuit
Experimental Films: Life Drawings
Short Circuit
Experimental Films: Maddie & The Test
Will Trent (Season 4, new episode)

March 19

Abbott Elementary (Season 5, new episode)
To Catch a Smuggler (Season 10, new episode)
Inside the CIA: Secrets and Spies (new episode)
FX's Love Story: John F. Kennedy Jr. & Carolyn Bessette (New Episode)
Scrubs (new episode)

March 20

9-1-1 (Season 9, new episode)
9-1-1: Nashville (new episode)

March 21

Locker Diaries: Zombies (new episode)
Medalist (Season 2, new episode)

March 22

Rooster Fighter (new episode)

March 23

In Your Radiant Season (new episodes)
Paradise (Season 2, new episode)
Paradise: Official Podcast (new episode)
Tracker (Season 3, new episode)

March 24

Hannah Montana 20th Anniversary Special
Marvel Television's Daredevil: Born Again (Season 2 premiere)
Magicampers (six-episode premiere)

PRIME VIDEO

March 18

Invincible S4
France Made With Love

March 19

NHL Coast to Coast
Deadloch S2
Lol: Last One Laughing UK S2

March 20

Jury Duty Presents: Company Retreat
Zeta
Lol: Den Der Ler Sidst Danmark S3
Lol: Den Som Ler Sist Norge S3
Amor Animal
Paw Paw & Dayja
Silent Noise S1
Store Run
Antiques Road Trip S5-S6
The Silent Service S1-S2
Tony Roberts: Motorcity
Motormouth

March 21

Re-Election

March 23

Prime Monday Night Hockey: Senators vs. Rangers
Looper
Lockout
Seeking A Friend For The End of The World
The Von Trapp Family Mud
The Mirror Crack'D
The Words
Passchendaele
Highlander: Endgame
Kountry Wayne: Nostalgia
Saving Hope S1
Tetro
Wild Target
Rise of The Footsoldier Part 2

Shut Up And Sing
Swimming With Sharks
Fatale
Ava's Possessions

March 24

PWHL: Vancouver vs. Boston
Mister Gates

PARAMOUNT+

March 18

America's Culinary Cup (new episode)
School Spirits (new episode)
Survivor (Season 50, new episode)

March 19

Canada Shore (season finale)
Elsbeth (Season 3, new episode)
Ghosts (Season 5, new episode)
Matlock (Season 2, new episode)
Star Trek: Starfleet Academy (new episode)

March 20

80 For Brady
The Madison (three new episodes)
We Bury the Dead

March 22

Watson (Season 2, new episode)

March 23

CIA (new episode)
DMV (Season 1, new episode)
FBI (Season 8, new episode)
Marshals (new episode)
The Neighborhood (Season 8, new episode)

March 24

Blade Runner
Blade Runner 2049
NCIS (Season 23, new episode)
NCIS: Origins (Season 2, new episode)
NCIS: Sydney (Season 3, new episode)
Wild Wild West

Those were the days

Take a trip down memory lane with this vintage ad from the Bridgewater Bulletin, March 18, 1970.

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Queens considers new RCMP undercover unit to fight rising drug crime

By Rick Conrad

Local Journalism Initiative Reporter
rickconradssb@gmail.com

LIVERPOOL – There could soon be more police officers on the street in Queens County, but you may not see them.

Region of Queens councillors are considering adding a two-person undercover team at Queens District RCMP at an annual cost of \$450,000. The region currently spends about \$3 million a year on policing.

The RCMP say that with a dedicated street crime enforcement unit to crack down on illegal drug activity, officers can be freed up to address other concerns in the county.

Commanding officer Staff Sgt. Pat Frenette says Queens is the only detachment in southwestern Nova Scotia without undercover officers.

“We’re seeing an increase in substance abuse, which is often linked to



RICK CONRAD PHOTO

Queens District RCMP Staff Sgt. Pat Frenette made his case to Region of Queens council last week for two new officers.

mental health issues, domestic violence, property theft, theft of vehicles,” he said in an interview after his

presentation at council’s March 10 meeting.

“A lot of the community issues that residents are seeing on a weekly basis or a daily basis, there’s oftentimes an underlying issue, which is substance abuse. And the Queens RCMP are just requesting the tools to address those issues, which currently we do not have to full capacity.”

Frenette said cocaine trafficking is the main problem in Queens, though the investigative team would also concentrate on other serious crimes.

“And we’re trying to not only eliminate those substances from the district, but give help to the people that do have substance abuse issues,” he said.

“And having a unit such as a general investigative unit would definitely help in that area.”

The Queens District RCMP detachment is staffed by 10 constables, three corporals and Frenette, who started

the job last fall.

The municipality is currently deliberating its 2026/27 operating budget and looking for ways to keep tax increases to a minimum. Paying for two new RCMP officers would translate to an extra three cents per \$100 assessment on the property tax rate.

Mayor Scott Christian asked Frenette what it would mean for the level of service in Queens County if council decided to fund only one new officer.

Frenette said investigative techniques used by specialized units require a minimum of two people.

“The issue that we’re having within the district of Queens is we’re reactive to a lot of these calls for service. We don’t have great capacity to be proactive as we don’t have the tools necessary to address the root cause of a lot of these calls for service, and the root cause for a lot of these calls for service is substance abuse.”

Region of Queens councillors to get 71 per cent pay raise; mayor to make 42 per cent more

Continued from page 1

of thinking about it that we are clear-eyed, and that we don’t turn away from that opportunity to understand it better, discuss it further, and then it’s the will of council where they want to take it.”

He said he was responding to some of the respectful comments he’s seen that were against the decision, not the vitriolic, threatening reaction he and other council members say they received. He wouldn’t go into specifics, but said that he contacted Queens District RCMP about some of them.

The new pay structure will be adjusted annually according to the Nova Scotia consumer price index. Councillors will still have their mileage and other approved expenses covered.

The raises for mayor and deputy mayor were supported unanimously, while raises for councillors passed by a

vote of 6-2, with councillors Jack Fancy and Stewart Jenkins voting against. Fancy and Jenkins believed the councillor raises should be phased in over a couple of years.

“The work has got more complicated and more complex and yet your method of being paid hasn’t changed from the year 2000,” Christopher Clarke, a former Queens mayor and chairman of the citizen advisory committee, told councillors on Tuesday.

“That hasn’t really kept up with purchasing power, that hasn’t kept up with the challenges that the mayor and councillors face. We also recognize that the mayor’s job is essentially a full-time job.”

It will cost the region an extra \$140,882.66 in the first year, and an additional \$9,000 a year after that.

The region’s policy has been to adjust council pay after every municipal elec-

tion by an amount equal to the consumer price index over the previous four years or by the cumulative percentage of the average salary increase of the region’s employees, whichever is lower.

The increases come as councillors are in the midst of setting their 2026/27 operating budget, which could lead to tax rate hikes.

Christian acknowledged that there will be a tax increase this year, the region’s first adjustment since it lowered the rate in 2022/23, but he said councillors are looking for ways to keep it as low as possible.

In voting for the raises, councillors said they realize it may not be popular with some taxpayers, but they said the job is more demanding than ever.

“I think it’s important that this council is compensated appropriately for the work that we do,” Christian said.

“The commitment and obligations of the duties of being mayor of an amalgamated regional municipality like this one in 2026 are immense.

“I understand and I’ve heard from members of the community that the optics are bad. Giving yourself a raise is a challenging thing to navigate. I’m impressed by the level of commitment and the level of activity of my fellow council members and I don’t think that the current compensation levels are appropriate for the job that we do.”

District 4 Coun. Vicki Amirault said she’s working harder than she did in her first term because the mayor wants to do more.

“I spend multiple hours reviewing and reviewing these agendas. Being a returning elected official, it’s very different this term from last term. If you have a mayor that is engaged, you have a council that is engaged.”

After a contentious strike last year by unionized members of its Infrastructure Department, the region committed to paying its employees a living wage.

That was one of the things the citizens committee considered in its four meetings. They said that elected officials also deserve to be paid the equivalent of a living wage.

“It’s a bad time,” Clarke said. “We understand that fully. But on the other hand, we want to continue to attract good people. ... And the only way to do it is you have to pay them.”

District 1 Coun. Roberta Roy said she expected councillors to “take a beating” online.

“It’s going to be so nice that when we take this beating,” Jenkins responded, “we’re going to see all these people voicing their concerns on Facebook running for council next time. So, good luck to them.”

The committee compared salaries in various other municipalities around Nova Scotia, including the Town of Bridgewater, the Municipality of the County of Annapolis and the West Hants Regional Municipality.

It focused on West Hants for a guide to the raises in Queens. That municipality has about 9,000 more people than Queens County, but it has 12 councillors, including the mayor. Its mayor makes \$60,502, while its councillors make \$31,906.

Before the new salaries can take effect, council has to amend its current policy. That is expected to be voted on at their March 24 meeting.

Besides Clarke, other members of the committee were former MLA Kerry Morash, Tara Druzina, Velta Vikmanis and Pam Brennan.

Home Improvement

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BULLETIN

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	1/2 page: \$411.50+tax	

Community Events and Activities

March 18 to March 24. Have an event to share?

Visit our website at www.southshorebulletin.ca/community-events

DAILY EVENTS

Lunenburg The Story is in the Making, 6 Prince St until March 29. Gallery hours by appointment.

Liverpool The Art of Resilience, Astor Theatre, 219 Main St until May 29. Tuesday–Saturday, 11-4

WEDNESDAY, MARCH 18

Bridgewater Lunenburg County Job Lab, 215 Dominion St, 1 p.m.

Bridgewater Imagination Playground, HB Studio Sports Centre, 543 Glen Allan Dr 9:30 a.m.

Bridgewater Bright & Lion Touch Rugby, HB Studio Sports Centre, 543 Glen Allan Dr, 8 p.m.

Bridgewater Kids Bingo, South Shore Centre, 421 Lahave Street, 12 p.m.

Liverpool YMCA Youth Leader Program, 40 Water St, 2:30 p.m.

Mahone Bay Badminton, Mahone Bay Centre, 45 School St, 7 p.m.

Mahone Bay Ladies Gathering, Spill the Tea, 503 Main St, 6:30 p.m.

Mahone Bay Fitness Classes, Mahone Bay Centre, 45 School St, 9 a.m.

THURSDAY, MARCH 19

Bridgewater Trivia Night, King Street Beer Company, 463 King St, 7 p.m.

Bridgewater Toast Master Club, NSCC Lunenburg Campus, 75 High St, 6 p.m.

Bridgewater Sing and Dance with Donna & Andy, South Shore Centre, 421 LaHave Street, 12:30 pm.

Liverpool YMCA Free Drop-in Programs, 40 Water St, 2:30 p.m. 7 p.m.

Liverpool Megamind Film, Astor Theatre, 219 Main Street, 4 p.m. & 7 p.m.

Lunenburg Crafternoon, Hungry Traveler, 10117 Highway 3, 1 p.m.

Lunenburg Wheelchair Basketball, Lunenburg Community Centre, 15 Green St, 5 p.m. Information: 902-530-4100.

Lunenburg Travel the World Trivia, Hungry Traveler, 10117 Highway 3, 1 p.m.

Mahone Bay Mahjong Club, Mahone Bay Centre, 45 School St, 2 p.m.

Mahone Bay Chase the Ace, Saltbox Brewery, 363 Main St, 7 p.m.

Mahone Bay Dan's Jam, Eli + Trix, 538 Main St, 5 p.m.

Mahone Bay Family Game Night, Mahone Bay Centre, 45 School St, 4:30 p.m.

Mahone Bay Young at Heart Seniors Drop In, Mahone Bay Centre, 45 School St, 1 p.m.

New Ross March Break- Bees and Butterflies, Ross Farm Museum, 4568 Highway 12, 9:30 a.m.

FRIDAY, MARCH 20

Bridgewater Music Bingo with Heidi, King Street Beer Company, 463 King St, 7 p.m.

Bridgewater Music Program, Thrive 55+, St. Joseph's Roman Catholic Parish Centre, 115 Pleasant St, 6:15 p.m.

Bridgewater Clickety Clack Knitters & Crafters, DesBrisay Museum, 130 Jubilee Rd, 1 p.m. Information: 902-543-4033.

Bridgewater Fun with Mad Science! Vortex Booth, South Shore Centre, 421 LaHave Street, 11:00 a.m.

Bridgewater Fun with Mad Science! Up, Up and Away, South Shore Centre, 421 LaHave Street, 1:00 p.m.

Mahone Bay Tech & Devices Help, Mahone Bay Centre, 45 School St, 8:30 a.m. Information: 236-888-1183 andrew.mahone.bay@gmail.com.

New Ross Music Jam with Adam Oickle and Friends, Milton Memorial Hall, 168 Tupper St, 6:30 p.m.

SATURDAY, MARCH 21

Barss Corner Community Breakfast, Parkdale-Maplewood Community Centre, 3003 Barrs Corner Rd, 7:00 a.m. See our CLASSIFIED pages for more details.

Blandford Community Centre Breakfast Eat-in or Take-Out, District #1 Community Centre, 30 Firehall Rd, 9 a.m.

Blockhouse Farmer's Market, South Shore Waldorf School, 64 School Rd until Mar 31, 9 a.m.

Bridgewater Meditation Class, LCLC, 135 North Park St, 10 a.m.

Bridgewater Lunenburg FC Junior Winter Soccer Camp, HB Studio Sports Centre, 543 Glen Allan Dr, 8 p.m.

Bridgewater Plot to Plant Garden Planning Workshop, DesBrisay Museum, 130 Jubilee Rd, 1 p.m.

New Ross March Break -Tasty Treats, Ross Farm Museum, 4568 Highway 12, 9:30 a.m.

New Ross Happenstance Jam, Forties Community Centre, 1787 Forties Rd, 7 pm. See our CLASSIFIED pages for more details.

New Ross Renaissance Sports Day, New Ross Legion, 64 Forties Rd, 10 a.m.

Lunenburg String Quartet Academy Concert at LAMP, Lunenburg Academy of Music Performance, 97 Kaulbach St 3rd Floor 7 p.m.

Liverpool MY LIFE – The Billy Joel Experience, Astor Theatre, 219 Main St, 7:30 p.m.

Riverport Firefighter Auxiliary Breakfast, 3802 NS-332, 7:30 a.m See our CLASSIFIED pages for more details.

Yarmouth The Callista Trio, Yarmouth County Museum and Archives, 22 Collins St, 7 p.m.

SUNDAY, MARCH 22

Bridgewater Ultimate Frisbee, HB Studio Sports Centre, 543 Glen Allan Dr, 11 a.m.

Bridgewater Sensory-Friendly Family Swim, Lunenburg County Lifestyle Centre, 135 North Park St, 5 p.m.

Mahone Bay Badminton, Mahone Bay Centre, 45 School St, 11 a.m.

New Ross Hide Tanning Workshop, Ross Farm Museum, 4568 Highway 12, 9:30 p.m.

New Ross March Break-Easter's Coming, Ross Farm Museum, 4568 Highway 12, 9:30 p.m.

Yarmouth Billy Joel My Life, Th'YARC, 76 Parade Street, 7:30 p.m.

Yarmouth The Callista Trio, Yarmouth County Museum and Archives, 22 Collins St, 3 p.m.

MONDAY, MARCH 23

Bridgewater South Shore Chorale Rehearsal, St Joseph's Parish Hall, 123 Pleasant St, 7 p.m.

Bridgewater Mindful Monday, Bridgewater United Church, 87 Hillcrest St, 7 p.m.

Bridgewater Imagination Playground, HB Studio Sports Centre, 543 Glen Allan Dr, 9:30 a.m.

Bridgewater Hybrid Workshop – Cover Letter Employment Solutions Society, 215 Dominion Street, or online 1:30 p.m.

Mahone Bay Fitness Classes, Mahone Bay Centre, 45 School St, 9 a.m.

Mahone Bay Badminton, Mahone Bay Centre, 45 School St, 7 p.m.

Milton Bingo, Milton Memorial Hall, 168 Tupper St, 5 p.m.

TUESDAY, MARCH 24

Bridgewater Game Night at MSAC, Michelin Social & Athletic Club, 221 Logan Rd, 4 p.m.

Bridgewater Recreation and Social Program for Mature Adults, HB Studio Sports Centre, 543 Glen Allan Dr, 10 a.m.

Bridgewater Story Time Margaret Hennigar Public Library, 135 N Park St 10:30 a.m.

Bridgewater Women Only Walking Soccer, HB Studio Sports Centre, 543 Glen Allan Dr, 11 a.m.

Bridgewater AI in the Workplace: A Practical Guide for Business Leaders, Rosewater Social, 673 King St, 9 a.m.

Lunenburg Silent Read & Write Night, Hungry Traveller Cafe, 15 King St, 6 p.m.

Social Column

Enjoy this "social media of yesteryear"
excerpt from the *Bridgewater Bulletin*.

March 18, 1970

New Germany

Mrs. Beverly Hamm, daughters Marsha and Gwen, were Saturday guests of Mr. and Mrs. L.M. Hamm. Mrs. Hamm and granddaughter, Marsha, were celebrating their birthday March 14th together. They enjoyed a dinner together including a birthday cake with lighted candles presented to the honoured guests.

Mahone Bay

Miss Mona Strum of Ottawa and Mr. Sherman Strum of Wolfville were weekend guests of Mr. and Mrs. Ronald Strum, Mader's Cove.

Blockhouse

Mr. and Mrs. Everett spent Sunday at Liverpool, where they visited their son Vernon and family. On Monday, Vernon leaves for Halifax where he was transferred as Manager of the Metropolitan store on Barrington Street. Mrs. Silver and little daughter will join him in the near future.

Hebville

A big vote of thanks is extended to the ladies of this community for their co-operation and willingness to make our benefit card party for the Naugler family a huge success. There were 16 1/2 tables in play. The sum of fifty six dollars and fifty four cents were donated to the fire victims and the lucky ticket of the satin bound blanket was held by Mrs. W.A. Corkum. Very shortly we will have the drawing for the electric blanket. Due to the flu bug, the drawing has been delayed. The following prizes were won: Ladies high, Ev Lloyd; Ladies Second, Lila Sarty; Gents High, T. Weagle; Gents Second, Ed Rafuse; Traveling Prize, G. Silver. A very delightful lunch was served by the club members at the close of the evening, and thanks again to the ladies for their generosity.



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Visit our Archives at www.southshorebulletin.ca

Surprise, frustration as residents learn details of water, sewer work in Liverpool

Continued from page 3

"I'm going to have to fork out a lot of money to go to the back of my house," he said after the meeting, "because that's where my sewer feeds out. So it's either go that way or change all my plumbing inside the house, and the same thing with the water, the water comes in the back of the house. That's got to come in the front of the house. Do I have to replumb everything? That's a concern."

Homeowner Kyle Smyth said he was surprised that with the work starting so soon, there wasn't more consultation earlier with residents. And he said he's worried about how the noise from a new sewage lift station near his house will affect his property value.

"They're giving us very little notice, telling us it's mandatory to hook up unless you jump through their hoops for sewer," he said.

"And that's really disturbing, because when you look at all the houses out there, everybody moved out there for a reason, not to be on town water, not to be on town sewer. A developer is coming in, who is going to put in a lot of houses, make a lot of money, when there's still houses all through Queens that are for sale. There's tons of them. It's more of, 'What can we do for this developer on the backs of all the taxpayers?'"

Senior staff, including Director of Infrastructure Adam Grant, Manager of Special Projects Elise Johnston and CAO Willa Thorpe were at the meeting to answer questions, as well as rep-

resentatives from CBCL and Dexter Construction, the companies doing the work.

Deputy Mayor Maddie Charlton and councillors Jack Fancy and Vicki Amirault were also there.

After the meeting, Charlton said the region could have done a better job communicating with residents.

"I think it was proven tonight that we have a lot of work to do to improve that. ... I think that we've heard lots of frustrations about work in the community taking forever. So I think that when we can show that there's a clear timeline and it's within a fairly reasonable time frame, that's a good news story. I also recognize that people are just a little bit in shock, just because they were surprised."

She said she's going to look into organizing a meeting with the community and the developers.

"I think there's just a lot of folks who don't understand what the projects are going to look like. So I think there's an opportunity for us to work with developers in that area, to get folks together, to share that."

On Saturday, the region added details about the Mount Pleasant work to its online infrastructure projects map at regionofqueens.com/projects.

Grant said at the meeting that homeowners likely have more than a year to plan for connections to the sewer line. And he said officials at the region could answer any questions about individual properties by calling 902-354-7170 or emailing utility@regionofqueens.com.



BOWLING

Pajo's Bowling Alley League Stats

Lucky Strikes, Feb. 20: H.S.: Michele Hue 117; H.T.: Michele Hue 319; H.S.: Cory Carver 145; H.T.: Cory Carver 401; T.H.T.: 4 Balls & A Few Splits 1705

Youth, Feb. 21: Weather cancellation

Mickey Mouse, Feb. 22: H.S.: Devan Naugler 119; H.T.: Donnie Wamboldt 331; H.S.: Tatum Lohnes 137; H.T.: Tatum Lohnes 384;

T.H.T.: Deadwood 1496

Men's, Feb. 23: Weather cancellation

Ladies, Feb. 24: Weather cancellation

Canexcel, Feb. 25: H.S.: Kim Jackson 129; H.T.: Lisa Kaizer 332; H.S.: Cory Carver 137; H.T.: Cory Carver 387

Money, Feb. 26: H.S.: Kim Veinotte 119; H.T.: Kim Veinotte 335; H.S.: Yama Younis 135; H.T.: Matt Tremere 360; T.H.T.: X Marks the Spot 1457



NOTICE OF AMENDMENT LAND USE BY-LAW

Take notice that on March 9, 2026, Council of the Town of Bridgewater passed a resolution approving a map amendment to the Town's Land Use Bylaw to rezone 283 properties from Single Unit Residential (R1) to Two Unit Residential (R2).

In accordance with Sections 247 and 249 of the *Municipal Government Act*, an aggrieved person, the Provincial Director of Planning, or the Council of an adjacent municipality may appeal Council's decision to the Nova Scotia Regulatory and Appeals Board. Notice of appeal must be served on the Board within fourteen (14) days of the date of this advertisement.

Enquiries respecting appeal procedures can be made to the NS Regulatory and Appeals Board, by calling (902) 424-4448 Ext: 9291, or toll free 1-844-809-0010, or by mail to Box 1692, Unit "M" Halifax, Nova Scotia, B3J 3S3.

A copy of the development agreement may be obtained from the Community Development Department located at 60 Pleasant Street, Bridgewater. For more information, please contact Evan Ferguson, Planner I, at 902-530-4081, or via email at: evan.ferguson@bridgewater.ca.

D9348

Movin' on up Lumberjacks win Game 7, move on to division championship

By KEVIN MCBAIN
with files from Dan Boyd

BRIDGEWATER – The South Shore Jr. B Lumberjacks won Game 7 Sunday, March 15 in front of more than 800 fans, to win the division semifinals over the East Hants Penguins.

The Lumberjacks earned a 4-3 win thanks to goals from Jackson Spraggon, Will Cook, Owen MacDermid and Evan Amirault (game winner). Goaltender Kegan Green-corn was solid in net recording 37 saves.

They now move on to take on the Capstone Colts in the Fred Fox Division finals. Game 1 is scheduled for Wednesday, March 18 in Shearwater. No other dates were available prior to press time.

In Sunday's game, the Penguins scored early, finding the back of the net, just over two minutes into the game. Spraggon responded, scoring at the 13:39 mark and Cook (pp) would add one more (10:08) to take the lead.

MacDermid scored the only goal of the second period to add to the lead.

In the third, the never-say-die Penguins would score twice (8:29 and 4:25) to tie things up at three.

But the Lumberjacks kept on bringing the firepower and Amirault would find the back of the net at the 2:56 mark to get the win.

"The game was entertaining for the fans. East Hants is an unbelievable team. They're well coached and they have great players. They are in it every year," said 'Jacks Coach Joel Isenor following the game.

He said his team does have to get a little better at the start, but was impressed again, at the resilience of his team.

"The other thing is, I told the kids that we have to stay out of the box. When you get a team like East Hants and coming up, Cole Harbour, if

you give these teams powerplays, they are going to bite you in the butt and we can't have that happen." The Penguins scored five powerplay goals in the series.

The Lumberjacks won game one of the series, 2-1; game two was a 6-1 win for the Penguins. The Lumberjacks won two straight, earning a 3-2 win and a 4-3 victory to build up a 3-1 series lead.

However, Penguins' goaltender Colby Brown recorded two straight shut-outs to win 2-0 and 1-0 in games five and six, stopping 61 shots to send the series to the game seven.

Isenor said that you can take the Lumberjacks' first loss of the series out of the equation – the 6-1 drubbing on the road.

"In our second loss here, we sat back and the second goal was probably a penalty on Leo, but it is what it is. We put up a lot of shots, but we just couldn't score," he said.

"The last game in East Hants, I thought it was one of our better games of the series and we still lost. But that's hockey. You can play well but still lose. I gave mad respects to our kids."

This marked the third consecutive season in which the Lumberjacks and Penguins – the Lumberjacks have won all three.

The Lumberjacks will now try and conquer the Capstone Colts in order to advance to the provincial junior championship series. The Lumberjacks lost in seven games to the Colts last season who went on to win the provincial championship.

The Lumberjacks won the season series 3-2, winning game by scores of 4-2, 6-5 and 5-4. They lost by scores of 11-3 and 4-3.

In last year's playoffs, the Colts bested the Lumberjacks in seven games. In 2023-24, the Lumberjacks took the Colts out in four straight before losing the provincial championship in six games to the Bulldogs.

Seniors' Pharmacare Enrolment

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Call: 1-800-544-6191
Visit: nspharmacare.ca

NOVA SCOTIA

D9290

SOUTH SHORE
BULLETIN

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EAFTER
COLOURING CONTEST



HEY
KIDS!
BIG AND SMALL!

LIKE TO DRAW,
PAINT AND COLOUR?

Then you won't want to miss out on the chance to show off your artistic skills in our Easter Colouring Contest.

Contest is open to all youngsters (especially young at heart) ages 1 to 150.

Entries must be submitted by Midnight, AST, Monday, March 30th.

A winner will be chosen by draw on Wednesday, April 1st.

CONTEST RULES:

- Must be between ages 1 - 150
- Only 1 entry per participant
- You may use various media: pencil, crayon, paint, marker chalk, etc.
- Entry deadline: Midnight, AST, Monday, March 30th.

EASTER COLOURING CONTEST ENTRY FORM

Name: _____ Age: _____

Address: _____ Phone: _____

Creating beauty despite pain:

Artists to display resilience at Astor show

By Rick Conrad

Local Journalism Initiative Reporter
rickconradssb@gmail.com

LIVERPOOL – Janice MacMillan has suffered from chronic pain for most of her life.

The retired nurse says she struggled with the pain since she was a teenager, enduring skepticism and misdiagnoses from doctors and her own anxiety over being able to afford the proper medication.

She admits that the constant pain drove her to some dark places.

“When I was told, I had fibromyalgia, no treatment, no cure, you’ll have it for life, I seriously thought of running my car off the road,” says MacMillan, who was diagnosed in her 20s and also has lasting symptoms from a series of concussions.

“Coming home late at night, I would look at a tree and say, ‘That’s my tree.’ And the only part that was stopping me was my nursing, because I would be in ICU at the time. And I was nursing people that were in a vegetative state, and I didn’t want to be there. So that, and my grandfather, in his wisdom, said, ‘Janice, if there’s something wrong, don’t just talk about it. Do something about it.’”

Since she and her partner Scott Colwell moved to Liverpool in 2021, she found treatments that helped. And she wanted to honour her grandfather’s advice and take action to help others.

They formed South Shore Chronic Pain in September 2024, a non-profit group devoted to support and advocacy for more resources on the South Shore for people dealing with chronic pain, which afflicts one in five Canadians.

“They need to know that they matter, because the



RICK CONRAD PHOTO

Janice MacMillan, of Sir Earl Photography and president of the South Shore Chronic Pain support group, is organizing a show at the Astor Theatre beginning May 5, featuring art from chronic pain sufferers.

way our health care system is right now, we really don’t have a place we can go. It’s a family doctor who may not be experienced, or it’s an emergency department. We need to have a clinic in Bridgewater up and running, so we can have a place rather than going outside of the South Shore to get care.”

To help spread the message and to raise money for the group, they’re planning an art show called The Art of Resilience at the Astor Theatre in Liverpool from May 5 to May 29.

It will feature art and other works from chronic pain sufferers around the South Shore. A reception on May 8 will also be attended by Queens MLA Kim Masland and Region of Queens Mayor Scott Christian. South Shore-St. Margarets MP Jessica Fancy has also been invited.

“So, visually, it’s a way of (the artists) showing we’re here, and hopefully, for other people to ... see the beauty and the personality and what these people have done, even though people don’t realize chronic pain, you can’t turn off the tap. You can’t say stop,” MacMillan says.

“They are getting up every morning, putting their feet on the ground, and trying to fit craft in with their kids, with their work, with their social lives, and they are doing beautiful things.”

So far, eight artists have signed up. MacMillan will also be exhibiting her own work. She owns Sir Earl Photography.

In addition to the art for sale, MacMillan says they will be raffling off collections of work donated by the artists, and products from local businesses.

All money raised from the raffles and the sales of MacMillan’s art will go to the support group.

For the past two years, she and other members have been meeting with politicians at all levels and other groups to fight for more resources. She said she’s had good response from people like Masland and Christian, as well as the South Queens Chamber of Commerce.

“I don’t think people realize when you’re in chronic pain, you are going through a marathon. Think of all the things a marathon runner does. Well, eventually they will collapse, or they will make it through. But they don’t continue every day for the rest of their lives.

“Our body is doing that. So when we’re hyper, we’re in stress, we’re in pain, we’re anxious. ... That puts us in a state that does nothing but increase blood pressure, respiration, and it will bring on symptoms or worse. So I am trying to bring this topic to the light of day, bring it out of the closet, so we all work together. I want a seat at the table where decisions are being made about our lives, because no one knows what’s going on down here. No one’s asked us.”

MacMillan says she hopes people take the chance to see what kinds of art people can create despite, and sometimes because of, their pain.

“I need the people to come out and show the community that there is an interest, there’s caring. And we’ve got the support that lifts so many people up.

“Our lives do matter, and I want the community to see it, to come and acknowledge it, and see the beauty, hopefully purchase some of the items.”

The Art of Resilience opens May 5 at the Astor Theatre in Liverpool, with a reception on Fri., May 8 at 6:30 p.m. at the theatre.

If you’re an artist who wants to be part of the show, you can contact the South Shore Chronic Pain group through their Facebook page, by emailing MacMillan at Forestfighter1983@outlook.com, or by calling 1-647-984-2994.

WASTE COLLECTION ROUTE CHANGES

Curbside waste collection routes will change in the District of Lunenburg and Town of Bridgewater starting March 30, 2026.

Route changes are being made to improve efficiency.

Visit www.southshorewaste.ca to view new route maps online or call 902-543-2991 to confirm your collection day.

D9268

Litter Clean Up Incentive Program

Looking for a fundraiser for your community group or non-profit group? The District of Lunenburg is offering a Litter Clean Up Incentive Program. The program gives groups an opportunity to earn \$100 per kilometer for collecting litter along roadways in the District.

For details and to apply, call (902) 543-2991 or visit www.southshorewaste.ca.

In 2025: 18 groups cleaned up 96 kms of roadway. A BIG THANK YOU to everyone that has participated to date!

Visited: South Shore Ground Search & Rescue

Visit www.southshorewaste.ca to use the R6Recycles Waste App. Get waste collection schedules and sign up for collection reminders and alerts.

D9259

THE ART OF RESILIENCE
ART SHOW
at The Astor

May 5 - May 29
ART GALLERY + BOX OFFICE
OPEN 11AM - 4PM
TUESDAY - SATURDAY

RAFFLE TICKET PROCEEDS BENEFIT THE SOUTH SHORE CHRONIC PAIN SUPPORT COMMUNITY NON-PROFIT

PLEASE HELP SUPPORT THE SOUTH SHORE CHRONIC PAIN SUPPORT GROUP!
JOIN US AT THE ASTOR THEATRE, LIVERPOOL
FRIDAY, MAY 8TH 2026 6:30PM
RECEPTION & ART VIEWING FOLLOWED BY A BRIEF PRESENTATION *and raffle!*

D9338

LIFESTYLES

How community donations directly save animals

ASHLEY KIPPERS

SHAID Tree Animal Shelter General Manager

Animal shelters rely on more than compassion and hard work to operate, they rely on the generosity of their communities. At SHAID Animal Shelter, donations from local supporters directly help provide food, shelter and veterinary care for animals who have nowhere else to go.

Many people think of donations as dropping off a bag of food or making a small financial contribution. Those gifts are incredibly helpful, though there are many ways the community's support makes a life-changing difference.

One growing example is Crum-pet's Closet, SHAID's gently used pet thrift store which opened in December 2025. The store offers affordable

pet-related items such as carriers, beds, toys, dishes, and other supplies that have been donated by the community. Shoppers can pick up useful items for their pets while knowing that every dollar spent goes directly back into caring for animals at the shelter.

Thrift stores like this are a win for everyone involved. Donors get to give their unused pet items a second life, shoppers can find affordable supplies and the proceeds help fund essential shelter operations. From food and litter to medical care and building maintenance, the funds raised help ensure animals receive the care they need while they wait for their forever homes.

Another important source of support comes from bequests, when individuals choose to leave a gift to the



ASHLEY KIPPERS PHOTO

Clover, a two-and-a-half-year-old solid black female with a bold personality, is looking for a calm, patient home where she can adjust at her own pace.

shelter in their will. These generous acts of kindness often help fund larger needs such as medical treatments, facility improvements, or long-term programs that improve animal welfare in the community. These gifts create lasting impact, helping animals not just today, but for years to come.

When the community gives, animals benefit directly. Cats and dogs arriving at SHAID often need time, care, and patience before they are ready for adoption.

One such cat is Clover, a two-and-a-half-year-old solid black female

with a bold personality. Clover has a bit of spice and will need a calm, patient home where she can adjust at her own pace. She thrives on routine and would likely do best in a quiet household, possibly with a gentle feline companion. With consistency and understanding, Clover has the potential to grow more confident and comfortable in a loving home.

For those looking to support animals like Clover, there are several ways to get involved this month. SHAID's Rafflebox 50/50 draw is currently running until March 23, giving supporters a chance to win while helping raise funds for the shelter.

SHAID is also currently seeking new members for its board of directors. Ideal candidates would have experience in areas such as marketing, fundraising, legal work, or animal medical fields, though anyone passionate about helping animals is encouraged to reach out and learn more.

Every donated item, every raffle ticket, and every act of generosity helps create a safer, brighter future for animals in need. Thanks to the support of the community, shelters like SHAID can continue turning compassion into second chances.

It is evaluation time

SUSANNE BECK

Reality Check

Specific words can evoke strong emotions and for some people, the word "evaluation" is one of them.

What comes to your mind when you hear "evaluation"? Does it remind you of school days, of teachers constantly evaluating your work? (perhaps with disappointing findings?)

Or maybe you associate evaluation with the workplace. Here, we have managers or other people in positions of authority who let us know, often in a formal meeting, whether we are measuring up. Or not.

Evaluation can be stressful, especially if we are feeling vulnerable about whether we are indeed meeting expectations. Discouragement can also raise its ugly head, made worse if we don't know or understand the standard that is being used for the evaluation. How can we meet an expectation if it's not clear to us?

Fortunately, at least in theory, evaluations are done with respect to a standard. In the workplace, our performance would be compared with a job description or a set of requirements. In a school, the evaluation is with respect to a standard of knowledge or skill.

While some may view evaluation as a judgmental, anxiety-producing experience, it has a very good and necessary purpose. For example, it's comforting to know that your electrician has been proven to have the skills and understanding necessary to safely and competently wire your house. That proof comes from comparing the aspiring elec-

trician's actions and knowledge to a standard. The electrician has been evaluated.

An important component of Reality Therapy is referred to as "self-evaluation." This is also an evaluation, however, as the name implies, self-evaluation means that we do the evaluation ourselves.

By now, you may be thinking that you've been doing self-evaluation all your life. Exactly! We learn a great deal through our experiences, seeing what we've done and how that's worked out for us.

Some of what we've learned is so obvious that we might not even consider it learning. For example, we don't put our fingers in the mousetrap, do we? We've learned something about that, whether directly from our own experience, or, less painfully for us, through observation or the experience of others.

If evaluation compares to a standard, what is the standard we use when we're self-evaluating?

For our mousetrap activities, we could say that the standard for a good result is "no pain." When you think about it, the "pain-free standard" is a pretty helpful guide for a lot of choices!

However, "pain-free" is not the only standard we use for making decisions. Consider a more general standard, such as "what is important to me." According to this standard, we would compare the results of what we've been doing to what is important to us. Are we making positive progress, no progress, or worse, actually getting less of what is important to us?

Continued on page 12

DISCOVER THE UPDATED MUNICIPAL-WIDE

Land Use Plan for the District of Lunenburg

Work on the District of Lunenburg's Municipal-Wide Land Use Planning project has progressed significantly over the past year. Residents shared their opinions, concerns, and ideas, helping Council to provide clear direction to planning staff. The updated second drafts are now ready for the community to review.

We invite you to explore the latest version of the drafts, view updated mapping, and speak directly with our planning team about how the plan may relate to your property and community.

Open House Events

March 18	Municipal Services Building (Drop-in) 3–7 p.m.
March 19	New Germany Legion 6–8 p.m. (presentation 6:30)
March 23	Municipal Services Building (Drop-in) 3–7 p.m.
March 25	Virtual Open House 1–2 p.m.
March 30	Municipal Services Building (Drop-in) 3–7 p.m.
April 1	Northfield Fire Hall 6–8 p.m. (presentation 6:30)
April 8	Big Tancook Island Recreation Centre (Drop-in) 11:30 a.m.–1 p.m.



VIEW THE UPDATED DRAFTS AND LEARN MORE:
engage.modl.ca/MODL2040



LIFESTYLES

The Lunenburg Christmas Bird Count

JAMES HIRTLE
Bird Notes

This was the 126th year for Christmas Bird Counts in Canada.

Christmas Bird Counts take place from Dec. 14 to Jan. 5 and in the 2024/2025 season 34 Christmas Bird Counts were done across Nova Scotia. We did the Lunenburg Christmas Bird Count on Jan. 3, 2026.

The count covers a 25 km circle and there are 13 routes within the circle. I had 27 people in the field with 12 parties this year. There were 15 feeder watchers. For effort, the feeder watchers spent 32.5 hours. In the field there were 71.25 party hours with 376.24 km travelled.

In addition, another two hours was spent owling with an additional 42 km. By foot there was 28.75 hours with 26.20 km walked. By car, 40.50 hours were spent with 338.54 km travelled. An additional two hours was spent with a bicycle with 12 km travelled.

The number of species seen on the count were 90 with four additional species (three days before and after the count) but not seen on the count day of house sparrow, yellow-breasted chat, ruby-crowned kinglet and savannah sparrow.

A total of 7,594 birds were count-

ed. One new species was added to the overall Lunenburg Christmas Bird Count list, which was a snowy owl. Highlights on the count would have been wood duck, a Cooper's hawk, a rough-legged hawk, two red-bellied woodpeckers, a northern mockingbird, two orange-crowned warblers, a pine warbler, an eastern towhee, and a Baltimore oriole.

For owls, we had three great horned owls, one snowy owl, two barred owls, one long-eared owl and 10 northern saw-whet owls.

We had some high counts with double-crested cormorant, seven this year with the previous high of six. Northern Cardinal produced 81 this year with the previous high of 79. With American black ducks we had 468 this year and the previous high count was 400.

With surf scoters, 50 were counted and the previous high was 45. Several species matched the previous high. The American kestrel matched a count of two and blue jays matched the high of 339.

Certain species matched the all-time low count. They were brown creeper with only one, wood duck with only one, red-necked grebe with one, black-legged kittiwake with only one and American robins with 110. Historically,



JAMES HIRTLE PHOTO

A Common Redpoll found in Lunenburg Feb. 19.

to put into perspective, how many American robins we have had on this count? One year we had 1,185.

Also, the hooded merganser with 26 and the previous low of 28, great black-backed gull with a low of 16, previous 23, common raven with 17, previous 25 and boreal chickadee with only one previous two. Rough-legged hawk had only been seen on this count nine times before.

For those interested, I will be giving a presentation on Birds of The Bay To Bay Trail at their AGM on March 19 at the Ralph E. Hennigar Community Room at The Mahone Bay Centre. The meeting starts at 7 p.m.

I will be leading a field trip for the Nova Scotia Bird Society for Blanche/

Bacarro on March 28. We will be meeting at the Port Clyde carpool at 08:30. If you would like to come on this trip please contact me and let me know.

I was told that an eastern bluebird was sighted in Bridgewater by a reliable source, but no further details. Josie Munro of Bridgewater saw a group of common redpolls (now only referred to as redpolls). I saw 26 at First Peninsula on March 7. Joe Holmes and I were birding on March 9 and sighted 120 in Petite Riviere and there were an additional 30 at Cherry Hill, so it looks like this species was moving through in migration on that day.

Patricia and David Watson reported a song sparrow, blue jays, American goldfinches and black-capped chickadees when they were out on a walk at East LaHave. The song sparrow was calling on territory. This species is now vocal all over the place as are a number of other species.

I've seen as many as 13 sanderlings at Crescent Beach recently. On March 5 Kevin Lantz sighted a fox sparrow near First Peninsula. Ethan Sarty spotted two Canada jays in Cherryfield. On March 8, John Prentiss reported a common grackle on Prince Street close to the Lunenburg Back Harbour Trail.

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D9328

It is evaluation time

Continued from page 11

For example, a particular relationship might be important to us. We could evaluate how we have been communicating with that person, and whether it has led to a more pleasant, productive relationship or a more difficult, contentious one. Based on what we learn, we could then follow up by either continuing to do what we have been doing or we could make a change.

It can be a surprise when we see people, perhaps even ourselves, acting in ways that clearly lead us in

directions that are opposite to what we believe that we want. Self-evaluation offers us the opportunity to really think about what's important to us, and can help us understand why we are, or are not, making progress on what matters.

Do you self-evaluate? How do you do that? Let me know at choice@focusonclarity.com or by mail c/o South Shore Bulletin.

To your choices! ~ Susanne ~
Susanne Beck, RTC is Reality Therapy Certified by the William Glasser Institute

REGION OF QUEENS MUNICIPALITY NOTICE OF PASSING

NOTICE IS HEREBY GIVEN that the Council of Region of Queens Municipality, at a duly constituted meeting held on March 10, 2026, passed Bylaw No. 11, A Bylaw Respecting the Regulation of Discharges to Municipal Sewerage Systems, also known as "The Sewer Bylaw."

This Bylaw regulates discharges to the municipal sewerage systems within the Region of Queens Municipality, including provisions respecting sewer connections, permitted and prohibited discharges, sewer fees, and enforcement.

This Bylaw repeals the Bylaw Respecting the Regulation of Discharges to the Municipal Sewerage System adopted by Council on January 15, 2007.

A copy of Bylaw No. 11 is available for public inspection at the Municipal Office, 249 White Point Road, Liverpool, Nova Scotia, during regular business hours, and on the Municipality's website at www.regionofqueens.com.

Date: March 18, 2026

Angela Green
Municipal Clerk



LIFESTYLES

They're not checked out. They were never asked in.

The difference between compliance and contribution and why one of them is costing you everything.

STEPHANIE MILLER VINCENT
Business Moments

It's Sunday night.

Maybe you're at the kitchen table. Maybe you're scrolling without really seeing. Maybe there's a low hum in your chest that starts sometime around 4 p.m. and doesn't really let up until you're on your third hour of a show you're not actually watching.

You know the feeling. The Sunday dread. The quiet grief of tomorrow already arriving.

Most people chalk it up to not liking their job. And maybe that's part of it. But I want to offer you something else to consider tonight.

What if it's not that you don't care? What if it's that no one has ever asked you to?

"People are weary of being asked to do the least they can possibly do.

People are yearning to measure the full distance of their potential on behalf of the causes that they care about deeply.

But they have to be asked." Dan Pallotta

THE CULTURE OF GOOD ENOUGH

We have built entire workplace cultures around the floor, the baseline, the bare minimum.

Show up. Clock in. Don't make waves. Hit the target. Do it again.

We have systems designed for compliance. Onboarding decks that teach you how to not get fired. Policies built to protect the organization, not to develop the person inside it. Managers who were promoted because they were good at their job, not because anyone ever taught them how to draw the best out of someone else.

Slowly, quietly, the culture starts to reward sameness. Keep your head down. Don't outshine. Fit the box.

And people who came in with ideas, with fire, with something to prove, learn to shrink.

Not because they gave up. Because the culture told them, in a hundred small ways, that their potential was inconvenient.

WE'VE BEEN MISDIAGNOSING THIS ALL ALONG

When someone goes quiet in a meeting, we call it disengagement.

When someone stops bringing ideas, we call it apathy.

When someone leaves, we call it a retention problem.

What if it's none of those things?

What if the real diagnosis is "nobody asked". Not

really, not in the way that counts.

There is a profound difference between asking someone to fill a role and asking someone to bring themselves fully into it, between assigning a task and trusting someone with a mission, between managing performance and unlocking potential.

Here's what I know after 30 years in hospitality and the last several years watching this play out in businesses across industries: people will give you compliance forever. They will not give you contribution unless you earn the right to ask for it.

WHAT THE ASK ACTUALLY LOOKS LIKE

Let's be clear, asking someone to step into the full distance of their potential is not a casual conversation hall. It's not a town hall where the CEO talks about vision while people sit quietly wondering if their hours are being cut.

The ask that matters is specific and personal. It shows that you have been paying attention.

It sounds like:

"I've noticed the way you handle difficult guests. I think you have something that most people don't. I want to give you a bigger stage for it, if you're willing."

"You mentioned last month that you had an idea about how we run our pre-shift. I'd like you to own that. What would you need?"

"The team looks to you even without a title. Let's talk about making that official."

That is the ask that changes things.

Not because it solves the operational problem. Because it tells the person: I see you. And I'm not afraid of what you're capable of.

NOW LET'S TURN THIS MIRROR AROUND

Think about the last time someone asked you to do less than you were capable of. Maybe it was a job that bored you into the floor. Maybe it was a role where your best ideas were met with "that's not how we do things here." Maybe it was a culture so focused on not breaking things that it never let anyone build anything.

That weariness is real, don't dismiss it.

If you lead people, whether it says so on your business card or not, are you making the ask? Not the comfortable ask. Not the "do your job" ask. The real one. The one that sees the distance between where someone is and where they could be, and says:

I believe in that gap.

Here's what the Sunday dread really is, at its root:

It's the feeling of a life that's smaller than the one you know is possible.

That can be fixed but somebody has to make the ask first.

Find one person on your team who has been quietly doing more than they've been asked to do or who has been giving you compliance when they have contribution to give.

Make the ask, not a general one but a specific, personal, paying-attention one.

Stephanie is a leadership strategist and the founder of SMillerVision. Every Sunday night she writes for the leaders, managers, and business owners who are working to get it right because that effort matters. She'd love to hear from you. smillervision.com

Leprechaun Pasta

INGREDIENTS

- 3 cups packed baby spinach
- 1/2 cup fresh parsley
- 1/4 cup roasted salted pistachios
- 1 Tbsp. fresh oregano
- 1 garlic clove
- 3/4 tsp. kosher salt, plus more for the pasta water
- 1/4 tsp. black pepper
- Grated zest and juice of 1/2 lemon
- 1/3 cup plus 1 tablespoon olive oil
- 2 Tbsp. grated parmesan cheese, plus more for serving
- 1 lb. linguine pasta
- 1/4 tsp. red pepper flakes
- 1 lb. large peeled and deveined shrimp

PREPARATION

1. Combine the baby spinach, parsley, pistachios, oregano, garlic, 1/2 teaspoon salt and the pepper in a blender or food processor; pulse until coarsely ground, scraping down the sides as needed. Add the lemon zest and pulse to combine. With the machine running, slowly pour in 1/3 cup olive oil and process until the pesto is fully combined. Stir in the parmesan and set aside.
2. Meanwhile, bring a large pot of salted water to a boil. Add the pasta and cook according to the package directions for al dente. Reserve 1 cup cooking water, then drain the pasta.
3. Combine the remaining 1 tablespoon olive oil and the pepper flakes in a large nonstick skillet and turn the heat to medium-high. When the pepper flakes are sizzling, add the shrimp and season with the remaining 1/4 teaspoon salt. Cook, stirring, until the shrimp are just cooked through, 2 to 3 minutes. Add the lemon juice and cook until mostly evaporated, about 30 more seconds.
4. Remove the skillet from the heat. Add the pasta, pesto and 1/2 cup of the reserved cooking water and toss well to coat, adding more cooking water as needed to loosen. Serve with more parmesan on the side.

Have a recipe you'd like to share?
Send it in!
info@southshorebulletin
106-129 Aberdeen Rd,
Bridgewater, NS B4V 2S7

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Town of Lunenburg

Notice of By-law Approval

At its meeting on March 10, 2026, the Town of Lunenburg Council approved the Short-Term Accommodation Levy By-law.

The by-law establishes a 3% levy on short-term accommodations, including hotels, inns, bed and breakfasts, and short-term rentals listed on platforms such as Airbnb or similar services. The levy is paid by visitors at the time of booking and supports tourism promotion initiatives in accordance with the Municipal Government Act.

The by-law will take effect January 1, 2027.

The full by-law can be viewed at:
<https://townoflunenburg.ca/town-of-lunenburg-bylaws.html>

Questions?
Contact Kayla Byrne, Municipal Clerk
kbyrne@townoflunenburg.ca
(902) 634-4410 ext. 240

PUZZLES & MORE

The Weekly Crossword

by Margie E. Burke

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21						22				
23						24		25						
		26			27		28					29	30	31
32	33			34		35				36				
37			38					39	40					
41					42	43					44			
45					46				47		48			
			49					50		51			52	53
54	55	56					57	58						
59						60					61			
62						63					64			
65						66					67			

ACROSS

- 1 Melville captain
- 5 Crumbly cheese
- 9 West Indies native
- 14 Hit the bottle
- 15 Diva anagram
- 16 Dwelling place
- 17 Textile machine
- 18 Out of place
- 20 Fender bender, e.g.
- 22 Whoops it up
- 23 Lewis with Lamb Chop
- 24 Blind as a bat, e.g.
- 26 For fear that
- 28 Worthy of mention
- 32 Youngest March sister
- 34 Like babies' legs, often
- 36 Smooth and glossy
- 37 Filled to the gills
- 39 Put into servitude
- 41 Subatomic particle
- 42 Baseball great Hank
- 44 Free (of)
- 45 Cowboy hats
- 47 "American Pie" actress Tara
- 49 "MMMBop" band
- 51 Get the point
- 54 Whirl about
- 57 Raised road
- 59 Like healthy food
- 61 Start the pot
- 62 Part of a TV feed
- 63 Composer who had 20 children
- 64 Active one
- 65 Use a dressing room
- 66 Bullfight cheers
- 67 Means justifiers

DOWN

- 1 Traveler's aid
- 2 1989 film, "Turner and ____"
- 3 End of the world
- 4 Drag through mud
- 5 Notability
- 6 Cowgirl Dale
- 7 On a slant
- 8 Dentists' org.
- 9 Negligence
- 10 First and foremost
- 11 It may be skipped
- 12 Matinee ____
- 13 Harry's First Lady
- 19 ____ and proper
- 21 Exemption
- 25 Film mogul Louis B.
- 27 Boy king of Egypt
- 29 Approach rapidly
- 30 First name in jeans
- 31 Barely managed, with "out"
- 32 Something to take up
- 33 Face up to
- 35 College bigwigs
- 38 Ladies' man
- 40 Hide-hair link
- 43 Not the mixing kind
- 46 Addition column
- 48 Cooling-off period?
- 50 "Eraserhead" star Jack
- 52 Like most movies
- 53 Observers
- 54 Small winged insect
- 55 Part of BYOB
- 56 Sean Astin football movie
- 58 Sounds of disgust
- 60 "Industry" network

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Sudoku

					1	6	4	7
	2						5	
	4	3			8			
		2		5				4
1	7		4			9		
9		4		8	2		7	6
				6			1	8
	3					5		
8	1		2				3	9

Level: Beginner

HOME REPAIR WORD SEARCH

E S R R N S N G M U A D P G K P V E D K
 R V V A I D T R S I D B W E W R P L D U
 W F L L W I R O D A E P D N T R R H K U
 E F L A U K J U V E N E E R I I E S R V
 R F A C V S S T S N J R U V L A F I B P
 H L R V F H B A C K S P L A S H R F V B
 D I D W U I R R S G P K M V M J L D O H
 C W A O G M K N W T M L W K F J J K S S
 C G L F E N I W J G A C J O I S T D J C
 S E K H B H I M F E T N W H O K T W C F
 V U S T G H B H P R O T C A R T N O C R
 S P H U D L L P S V V L G A W V H F D K
 P U O R E E A B W A J R S N S V T S D E
 M R B H P B G A S T L L P E I I D G O I
 E U A F R B L M I C H F W O P D N A I I
 U J C U L L J E D A A L U T G I L G O H
 C L C B S O L P I I H T U T W V P I U L
 W J E C V G O N N E L A H W I U H V U I
 F J U B E L L R G E L K V T I M R E P B
 M O L D I N G B T B G B L I M R A R H T

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

- | | | | |
|-------------|----------|----------|----------|
| BACKSLASH | DRAIN | OUTLET | SILL |
| BUILDING | FLASHING | PERMIT | SOFFIT |
| CASING | GROUT | PIPES | SUBFLOOR |
| CIRCUIT | JOIST | ROUGH-IN | VALVE |
| CONTRACTOR | LOAD | SHIM | VENEER |
| CURB APPEAL | MOLDING | SIDING | WALLS |

Puzzles & More Answers

Crossword Solution

S	G	N	E	S	L	O	N	O	I	D	N	A	V	A
R	E	R	H	O	V	E	B	V	A	I	D	T	R	S
I	N	A	V	A	N	I	H	S	I	R	O	D	A	E
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WEDNESDAY EVENING MARCH 18. Grid of TV channels (6-11:30) and programs including America's Culinary Cup, Survivor, The Masked Singer, and various news and entertainment shows.

DON'T FORGET Support your local food banks! This message brought to you by southshorebulletin.ca your local newspaper. Includes images of food cans.

What's on? www.tvpassport.com/southshore

Channel Guide - A - Lunenburg Co. B - Queens Co. C - Caledonia/Cherry Hill D - St. Margaret's Bay E - New Ross

Channel Guide grid showing channel numbers (A-E) for various networks like Global, CTV, PBS, and others across different regions.

THURSDAY EVENING MARCH 19. Grid of TV channels (6-11:30) and programs including Matlock, The Nature of Things, and various news and entertainment shows.

FRIDAY EVENING MARCH 20. Grid of TV channels (6-11:30) and programs including Crime Beat, The Fifth Estate, and various news and entertainment shows.

WEEKDAY DAYTIME MARCH 18 TO MARCH 24. Large grid of TV channels (7:30-6:00) and programs including Morning shows, News, and various entertainment programs.

SATURDAY DAYTIME MARCH 21. Table with 21 columns (7:30-6:00) and 56 rows of program listings.

SUNDAY DAYTIME MARCH 22. Table with 21 columns (7:30-6:00) and 56 rows of program listings.

SATURDAY EVENING MARCH 21. Table with 11 columns (6:30-11:30) and 56 rows of program listings.

SUNDAY EVENING MARCH 22. Table with 11 columns (6:30-11:30) and 56 rows of program listings.

MOVIES

WEDNESDAY, MARCH 18

EVENING

- 9:00 (WTV) "Meet the Parents" (Comedy,2000) Robert De Niro, Ben Stiller. When a woman brings her boyfriend home, her father takes an instant dislike to him. (G)
11:30 (WTV) "Meet the Fockers" (Comedy,2004) Robert De Niro, Ben Stiller. Future in-laws (Robert De Niro, Dustin Hoffman) clash in Florida. (G)
11:45 (SHOW) "Star Trek Beyond" (Sci-Fi,2016) Chris Pine, Zachary Quinto. Stranded on a hostile planet, Kirk, Spock and the rest of the crew must battle a deadly alien race. (G)
2:00 (WTV) "Meet the Parents" (Comedy,2000) Robert De Niro, Ben Stiller. When a woman brings her boyfriend home, her father takes an instant dislike to him. (G)

THURSDAY, MARCH 19

EVENING

- 9:00 (CH) "The Last Kiss" (Romance,2006) Zach Braff, Casey Affleck. Friends (Zach Braff, Casey Affleck, Michael Weston) come to terms with turning 30. (14+)
10:45 (SHOW) "Talladega Nights: The Ballad of Ricky Bobby" (Comedy,2006) Will Ferrell, John C. Reilly. Jealousy inflames a NASCAR driver when a French rival arrives on the scene. (G)
1:00 (VSI) "Swept From the Sea" (Romance,1997) Vincent Perez, Rachel Weisz. An 1800s British servant (Rachel Weisz) loves a shipwrecked Russian (Vincent Perez).
2:00 (SHOW) "Masterminds" (Comedy,2016) Zach Galifianakis, Owen Wilson. A flirty co-worker lures an armored-truck driver into helping her and her friends pull off a heist. (G)
(TBS) "Plane" (Action,2023) Gerard Butler, Mike Colter. A pilot and an accused murderer must save passengers from dangerous rebels on a war-torn island. (13+)

FRIDAY, MARCH 20

EVENING

- 9:00 (ASN) "X2: X-Men United" (Action,2003) Patrick Stewart, Hugh Jackman. Mutants must fend for themselves after a mutant-hating militarist invades their school. (14+)
10:00 (SHOW) "Divergent" (Sci-Fi,2014) Shailene Woodley, Theo James. In a future society, a young woman uncovers a plot to kill those who don't fit into specific groups. (G)

- (APT) "Uproar" (Comedy Drama,2023) Julian Dennison, Minnie Driver. A 17-year-old is forced to stand up for himself, his family and his future.
11:00 (WTV) "When Love Springs" (Romance,2023) Rhiannon Fish, James William O'Halloran. Hoping to fool an ex, a woman pretends the owner of a bed-and-breakfast is her new boyfriend. (G)
12:30 (CH) "The Young Master" (Adventure,1980) Jackie Chan, Wei Pai. A kung-fu fighter is mistaken for a fugitive while searching for his runaway brother.
1:00 (WTV) "A Second Chance at Love" (Romance,2022) Gloria Reuben, Eriq La Salle. A woman immerses herself in her divorced parents' affairs by setting them up through a dating app. (G)
(SHOW) "Insurgent" (Sci-Fi,2015) Shailene Woodley, Theo James. Fugitives Tris and Four search for allies and answers among the ruins of Chicago. (G)
(VSI) "A Place in the Sun" (Drama,1951) Montgomery Clift, Elizabeth Taylor. A social climber (Montgomery Clift) gets rid of his poor, pregnant girlfriend (Shelley Winters). (14+)
(APT) "Uproar" (Comedy Drama,2023) Julian Dennison, Minnie Driver. A 17-year-old is forced to stand up for himself, his family and his future.
2:00 (TBS) "Meg 2: The Trench" (Sci-Fi,2023) Jason Statham, Jing Wu. Members of a deep-dive research team fight for their lives against colossal, prehistoric sharks. (G)

SATURDAY, MARCH 21

EVENING

- 6:30 (SLICE) "Pitch Perfect" (Romance,2012) Anna Kendrick, Skylar Astin. A new college student (Anna Kendrick) shakes things up when she joins a female a cappella group. (G)
7:00 (WTV) "Love's Greek to Me" (Romance,2023) Torrey DeVitto, Yannis Tsimitselis. A woman gets caught up in the whirlwind of romance and her Greek boyfriend's overzealous mom. (G)
7:15 (STAR) "Blue Beetle" (Action,2023) Xolo Maridueña, Bruna Marquezine. An ancient relic of alien biotechnology bestows a young man with a powerful suit of armor. (G)
7:30 (SHOW) "Top Gun" (Action,1986) Tom Cruise, Kelly McGillis. For Pete Mitchell being accepted into an elite training school for pilots is a dream come true. (G)
8:00 (ATV) "Signed, Sealed, Delivered: To the Moon and Back" (Mystery,2025) Eric Mabius, Kristin Booth. The Postables embark on a road trip to track down a rock star and the recipient of a lost letter. (8+)

- (CTVSCI-FI) "Raiders of the Lost Ark" (Adventure,1981) Harrison Ford, Karen Allen. Indiana Jones (Harrison Ford) braves snakes and Nazis to find the biblical ark of the covenant. (G)
(APT) "Being Thunder" (Documentary,2021) A two-spirit genderqueer teen from the Narragansett tribe in Rhode Island challenges the status quo.
9:00 (PBS) "Miss Fisher and the Crypt of Tears" (Adventure,2020) Essie Davis, Miriam Margolyes. Detective Phryne Fisher investigates an ancient tomb that holds a terrible curse.
(SLICE) "Pitch Perfect 2" (Musical,2015) Anna Kendrick, Rebel Wilson. The Barden Bellas must get their act together to compete at the world championships in Denmark. (G)
(CH) "Captain Phillips" (Docu-Drama,2013) Tom Hanks, Catherine Keener. Somali pirates storm a U.S. container ship and hold the captain and crew hostage. (14+)
(WTV) "Two for Tee" (Romance,2026) Janel Parrish. Chinese American pottery artist Tee and handyman Will work to save a community center from closure.
(NBC) "The Super Mario Bros. Movie" (Animated,2023) Voices of Chris Pratt, Anya Taylor-Joy. Mario squares off against the all-powerful Bowser to stop his plans from conquering the world. (G)
10:00 (SHOW) "Sicario" (Thriller,2015) Emily Blunt, Benicio del Toro. FBI agent Kate Macer joins a task force for the escalating war against drugs. (14+)
(APT) "Windcatcher" (Comedy,2024) Lennox Monaghan, Jessica Mauborgne. Percy, a 10-year-old Aboriginal boy, bands with his friends to win the upcoming sports carnival.
10:30 (CTVSCI-FI) "Indiana Jones and the Temple of Doom" (Adventure,1984) Harrison Ford, Kate Capshaw. Jones (Harrison Ford), a singer (Kate Capshaw) and an orphan (Ke Huy Quan) look for missing stones. (G)
11:00 (WTV) "Sun, Sand & Romance" (Drama,2017) Tricia Helfer, Paul Campbell. Kate reunites with an old friend when her boyfriend leaves her alone during their vacation. (G)
11:30 (SLICE) "Popstar: Never Stop Never Stopping" (Comedy,2016) Andy Samberg, Jorma Taccone. A hip-hop singer's (Andy Samberg) world comes crashing down when his second album flops. (14+)
12:30 (ATV) "Black Swan" (Drama,2010) Natalie Portman, Mila Kunis. A ballerina's grip on reality goes to slip as her drive to succeed threatens to consume her. (14+)

- (SHOW) "Indiana Jones and the Raiders of the Lost Ark" (Adventure,1981) Harrison Ford, Karen Allen. Indiana Jones (Harrison Ford) braves snakes and Nazis to find the biblical ark of the covenant. (G)
1:00 (WTV) "A Paris Proposal" (Romance,2023) Alexa PenaVega, Nicholas Bishop. Emily and Sebastian wind up in a tricky situation when a client mistakes them for a happy couple. (G)
(CTVSCI-FI) "Indiana Jones and the Last Crusade" (Adventure,1989) Harrison Ford, Sean Connery. Jones (Harrison Ford) and his father (Sean Connery) race Nazis to the Holy Grail. (G)
(STAR) "Ghost Rider: Spirit of Vengeance" (Action,2011) Nicolas Cage, Idris Elba. A secret sect hires Johnny Blaze (Nicolas Cage) to save a boy from Satan (Ciarán Hinds). (14+)
(APT) "Windcatcher" (Comedy,2024) Lennox Monaghan, Jessica Mauborgne. Percy, a 10-year-old Aboriginal boy, bands with his friends to win the upcoming sports carnival.
1:30 (SLICE) "Mamma Mia!" (Musical,2008) Meryl Streep, Pierce Brosnan. A bride secretly invites three men from her mother's (Meryl Streep) past to come to the wedding. (G)

SUNDAY, MARCH 22

EVENING

- 6:00 (SLICE) "Mean Girls" (Comedy,2004) Lindsay Lohan, Rachel McAdams. A teen (Lindsay Lohan) becomes friends with three cruel schoolmates. (G)
7:00 (WTV) "Two for Tee" (Romance,2026) Janel Parrish. Chinese American pottery artist Tee and handyman Will work to save a community center from closure.
(SHOW) "Indiana Jones and the Kingdom of the Crystal Skull" (Adventure,2008) Harrison Ford, Cate Blanchett. Indy (Harrison Ford) and a deadly Soviet agent vie for possession of a powerful artifact. (G)
7:30 (STAR) "Harry Potter and the Deathly Hallows: Part 1" (Fantasy,2010) Daniel Radcliffe, Rupert Grint. Harry, Ron and Hermione set out to destroy the Horcruxes, the secrets to Voldemort's power. (G)
8:00 (CBC) "Lilith Fair: Building a Mystery" (Documentary,2025) The untold underdog story of Lilith Fair, the women's music festival of the late 90s.
(SLICE) "The Proposal" (Romance,2009) Sandra Bullock, Ryan Reynolds. A woman pretends to be engaged to her assistant to avoid deportation to Canada. (G)

- (CTVSCI-FI) "Night at the Museum: Secret of the Tomb" (Children,2014) Ben Stiller, Robin Williams. Larry and friends go to London to find a way to restore the deteriorating Tablet of Ahkmenrah. (G)
9:00 (ASN) "National Treasure" (Adventure,2004) Nicolas Cage, Diane Kruger. A man (Nicolas Cage) tries to steal the Declaration of Independence. (G)
(USA) "Van Helsing" (Fantasy,2004) Hugh Jackman, Kate Beckinsale. A monster-hunter (Hugh Jackman) battles creatures in Transylvania. (14+)
10:00 (WTV) "Along Came Polly" (Romance,2004) Ben Stiller, Jennifer Aniston. A jilted newlywed finds solace with another woman after his wife cheats on him. (G)
(SHOW) "The Town" (Thriller,2010) Ben Affleck, Rebecca Hall. A bank robber looks for a way out of his criminal life after he falls for a former hostage. (14+)
(CTVSCI-FI) "Planet of the Apes" (Sci-Fi,2001) Mark Wahlberg, Tim Roth. An astronaut (Mark Wahlberg) leads a human uprising against ruling simians. (G)
(APT) "2 Fast 2 Furious" (Action,2003) Paul Walker, Tyrese Gibson. Two men (Paul Walker, Tyrese) and a customs agent (Eva Mendes) try to indict a launderer. (14+)
10:30 (SLICE) "She's Out of My League" (Romance,2010) Jay Baruchel, Alice Eve. An airport security agent cannot believe his luck when a beautiful gal falls for him. (14+)
(STAR) "Harry Potter and the Deathly Hallows: Part 2" (Fantasy,2011) Daniel Radcliffe, Rupert Grint. Harry Potter, Ron and Hermione face their greatest foe and make a sacrifice on their journey. (G)
12:00 (WTV) "The Photograph" (Romance,2020) Issa Rae, LaKeith Stanfield. A woman finds romance with a rising journalist while delving into her late mother's early life. (14+)
12:30 (GLOBAL) "Deadly House Call" (Thriller,2022) Joanne Jansen, Neville Edwards. A nurse caring for a wealthy man with early onset dementia makes a play for the family fortune.
(SLICE) "Bring It On" (Comedy,2000) Kirsten Dunst, Eliza Dushku. Champion cheerleaders (Kirsten Dunst, Eliza Dushku, Jesse Bradford) compete against an urban squad. (G)
(SHOW) "Indiana Jones and the Last Crusade" (Adventure,1989) Harrison Ford, Sean Connery. Jones (Harrison Ford) and his father (Sean Connery) race Nazis to the Holy Grail. (G)
(CTVSCI-FI) "Dawn of the Planet of the Apes" (Sci-Fi,2014) Andy Serkis, Jason Clarke. Caesar's genetically engaged apes and the human survivors of a deadly virus battle for supremacy. (G)

- 1:00 (ASN) "Motherless Brooklyn" (Mystery,2019) Ed Norton, Gugu Mbatha-Raw. A private detective afflicted with Tourette's syndrome tries to solve the murder of his mentor. (14+)
(USA) "Girls Trip" (Comedy,2017) Regina Hall, Queen Latifah. Four lifelong friends unleash their wild side at the annual Essence Festival in New Orleans.
(APT) "2 Fast 2 Furious" (Action,2003) Paul Walker, Tyrese Gibson. Two men (Paul Walker, Tyrese) and a customs agent (Eva Mendes) try to indict a launderer. (14+)
1:15 (STAR) "Harry Potter and the Deathly Hallows: Part 1" (Fantasy,2010) Daniel Radcliffe, Rupert Grint. Harry, Ron and Hermione set out to destroy the Horcruxes, the secrets to Voldemort's power. (G)
1:30 (TBS) "Godzilla x Kong: The New Empire" (Sci-Fi,2024) Rebecca Hall, Brian Tyree Henry. Godzilla and the mighty Kong face a colossal threat hidden deep within the planet. (C8)

MONDAY, MARCH 23

EVENING

- 10:00 (SHOW) "War of the Worlds" (Sci-Fi,2005) Tom Cruise, Dakota Fanning. A man (Tom Cruise) and his children try to survive an alien invasion. (14+)
12:30 (SHOW) "I Am Legend" (Sci-Fi,2007) Will Smith, Alice Braga. Vampires created by a man-made plague surround a lone survivor as he searches for a cure. (14+)

TUESDAY, MARCH 24

EVENING

- 9:00 (WTV) "What to Expect When You're Expecting" (Romance,2012) Cameron Diaz, Jennifer Lopez. The challenges of impending parenthood turn the lives of five couples upside down. (14+)
10:00 (SHOW) "Minority Report" (Sci-Fi,2002) Tom Cruise, Colin Farrell. A cop (Tom Cruise) tries to establish his innocence in a future crime.
11:00 (PBS) "White With Fear" (Documentary,2024) The decades-long quest by America's conservative political machine to assassinate power.
11:30 (WTV) "The High Note" (Comedy Drama,2020) Dakota Johnson, Tracee Ellis Ross. A singer and her personal assistant come up with a plan that could change their lives forever. (G)
1:00 (SHOW) "Top Gun" (Action,1986) Tom Cruise, Kelly McGillis. For Pete Mitchell being accepted into an elite training school for pilots is a dream come true. (G)
2:00 (WTV) "What to Expect When You're Expecting" (Romance,2012) Cameron Diaz, Jennifer Lopez. The challenges of impending parenthood turn the lives of five couples upside down. (14+)

MONDAY EVENING MARCH 23. Table with columns for time slots (6:30, 7:00, 7:30, 8:00, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and program titles.

TUESDAY EVENING MARCH 24. Table with columns for time slots (6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and program titles.

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I am the Lord your God, you shall have no other gods but me
 You shall not make for yourselves an idol and worship it
 You shall not misuse the name of the Lord your God
 Remember the Sabbath day by keeping it holy
 Honour your father and your mother
 You shall not murder
 You shall not commit adultery
 You shall not steal
 You shall not give false testimony
 You shall not covet

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BREAKFASTS

Parkdale-Maplewood Community Centre
 Breakfast. Saturday, March 21; 7:00 a.m. to 10:30 a.m. \$12 for adults; \$6 for children; Kids under 5 eat free! 50/50 tickets are available in advance, or at the door! For more information, email parkdalemaplewoodcc@gmail.com

BREAKFASTS

Riverport & District Firefighter Auxiliary Breakfast. Saturday, March 21, 2026; 7:30 a.m. to 11 a.m. Adults: \$12, kids (6-12): \$6, kids (5 and under): free. Takeout available.

Sunday Brunch at the Mahone Bay Legion. March 29, 2026, 9 am to 12:30 pm. \$13 Adult; \$7 children 6-12; Free for 5 & under. Complimentary Brunch for Veterans and Spouses.

Anglican PARISHES OF PETITE RIVIERE & NEW DUBLIN

E-mail: oro@eastlink.ca Phone: (902) 634-8589 petiteparish.com

Sunday March 22nd

Fifth Sunday in Lent – Rev. Oliver Osmond

9:00am St. Johns West Dublin

Holy Communion

11:00am St. Broad Cove

Holy Communion

"O worship the Lord in the beauty of holiness"

EMPLOYMENT

LIFESAVING SWIM INSTRUCTOR

Swim instructors required for Chester Lido June 29 – August 28
 Mon – Fri 30-35 hours per week
 No evenings or weekends
 email: chesterdistrictswim@gmail.com
 Darcy Stevens - 902-275-2429

D9337



HAVE A PENNY AUCTION COMING UP?

We print Penny Auction numbers!

Contact our office at 902-543-2457
 info@southshorebulletin.ca

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D9320

OBITUARIES

Susan Mary Hudson

Susan Mary Hudson (née Illsley) died peacefully among family and friends on March 2, 2026.

Born in Montreal in 1941, she was the daughter of the late Hugh Percival ("Pete") Illsley and the late Lilius Illsley. Susan was a rarity among women of her time, working as an illustrator before delving deeper into the fine arts. By the seventies, she had become an established fixture within the Montreal art scene, with regular exhibitions of etchings, paintings and drawings.

Her art was a rich composite of buried treasures drawn forth from the subconscious, often inspired by the secret gardens of children's literature of centuries past.

With boundless energy and enthusiasm, Susan loved people and working with them. A keen educator, she served as Chairperson of the Department of Design at Concordia University and taught at several institutions.

Upon retirement, Susan moved to Lunenburg, Nova Scotia, a place she had visited some years previously and with which had become instantly enchanted, both for its physical beauty and the nature of its inhabitants. There she co-founded the cooperative Peer Gallery on Lincoln Street and was its first President. She also became deeply involved in the Lunenburg School of the Arts, as well as local governance. In 1999, she was inducted into the Royal Canadian Academy of Arts.

Outside, she practiced her love of myriad patterns and tapestry as an avid gardener, rendering the staid bolts of lawn around her home into swaying sculptures of vibrant colour. Her home became a place of joy, of purpose in life, and somewhere friends loved to drop in to say 'hi'.

Susan is survived by her twin sister Penny, by her sons Michael and David, her daughter-in-law Michael's wife Chloe, and by her grandchildren Ben and Tess.

Arrangements are entrusted to the Dana L. Sweeny Funeral Home, 11213 Hwy 3, Lunenburg.

A celebration of life will be held in May in conjunction with Peer Gallery's retrospective of her work. Please consult the obituary page at Sweeny Funeral Home https://www.sweenyfuneralhome.ca/book-of-memories/5693210/Hudson-Susan/index.php at a later date or email susanmemorial@hudsonsathome.com to be added to the mailing list.

In lieu of flowers, please consider a donation to the Lunenburg School of the Arts.



OBITUARIES

Eric David Wentzell

Amid our loss and grief, the family of Eric David Wentzell, 95, of Lunenburg, (formerly of East LaHave), announce his passing on Monday, March 9, 2026 at Harbour View Haven Home for Special Care, Lunenburg.

Born in Lacombe, Alberta, he was a son of Percy and Phyllis (Bennett) Wentzell.

Eric started his seagoing career as a deckhand working for Capt. Freeman Beck (of East LaHave) on a small coastal freighter running cargo to Newfoundland. In time he joined the Royal Canadian Navy where he served for 25 years. Following that, he returned with his family to Lunenburg County where he was employed with local businesses until his retirement. Eric was a faithful member of the Trinity United Church, Rose Bay where he served as an Elder, a Steward and also enjoyed singing in the choir over a number of years.

Eric is survived by his loving wife, Doreen; daughter, Helen (David) Arenburg of Cambridge, NS and their family, Drew, Claire and Colin; son, Ian (Elana), East LaHave, their daughters, Allison (Jonathan), Pine Grove, Cara, New Cumberland; great grandchildren, Adrian and Talia as well as many nephews and nieces.

Besides his parents, Eric was predeceased by sister, Thelma Hartman; brothers, Owen, Roy, Neil; brothers-in-law Norman Hartman, Raymond Vickerson; sisters-in-law, Gwen, Mona, Avis Wentzell, Leila Vickerson and infant brother, Allan.

Arrangements are entrusted to the Dana L. Sweeny Funeral Home, 11213 Hwy 3, Lunenburg and from where a service to celebrate Eric's life will be held on Tuesday, March 17 at 2:00 pm, Rev. Katie Logan officiating. Interment will be in Creek Hill Cemetery, East LaHave.

Memorial donations may be made to Creek Hill Cemetery, a cemetery of your choice or the Heart and Stroke Foundation.



WANTED

Antiques Wanted. Seeking quality antiques, furniture, artwork, and collections. Full Estates welcome. webuyantiquesns@gmail.com

Antiques Wanted. Settling an Estate, downsizing, have some older items you want to sell? Call me, I will buy 1 item or complete house lot. Judy Rhodenizer: 902-543-5194 or 902-521-2411.

COMMUNITY

Happenstance Jam - Saturday, March 21, 6:30 p.m. to 9 p.m. - Forties Community Centre, 1787 Forties Road, New Ross. Come to play, sing or listen. \$2 admittance

Big Brothers Big Sisters of South Shore seeks Executive Director. Part time or full time option available. Primary location: Based in Bridgewater on the South Shore of Nova Scotia. Salary range: \$22 - \$25 per hour, commensurate with experience. For more information, please contact traceymalcolm02@gmail.com

FOR SALE

FOR SALE - Antique oak pedestal table. 42" round with 2 leaves makes 62" oval. Asking \$300 OBO. 902-688-1962.

MEETINGS

Greater Petite Area Community Association. Annual General Meeting; Sunday, March 29, 2026, 2:00 p.m. to 3:00 p.m. Petite Riviere Elementary School.

SUBMISSION POLICY:

South Shore Bulletin is not responsible for errors or omissions for verbal or handwritten submissions.

ERRORS: to ensure the best response to your ad, review it carefully and call 902-543-2457 if any changes are required. South Shore Bulletin will not be responsible for more than one incorrect insertion.

EDITING: all ads are subject to the approval of South Shore Bulletin, which reserves the right to edit, reject or properly classify any ad.

WORD ADS

15 words or less, \$9.00*. Additional words \$0.20* each.

BIRTHDAY ANNOUNCEMENTS

1 col.: \$20.00*; 2 col.: \$30.00*. Includes one photo. Additional photo: \$20.00*.

BIRTH AND GRADUATION ANNOUNCEMENTS

Photo with write-up, 75 words or less: \$25.00*; additional photo: \$30.00*; write-up only: \$15.65*. Additional words \$0.20 each.

ENGAGEMENT, WEDDING, AND ANNIVERSARY ANNOUNCEMENTS

Photo with write-up, 75 words or less: \$45.65*; additional photo: \$30.00*; write-up only: \$15.65*. Additional words \$0.20 each.

CARDS OF THANKS AND MEMORIALS

75 words or less: \$20.00*. Additional words \$0.20 each.

OBITUARIES

75 words or less: \$15.65. Additional words \$0.20 each. With photo: add: \$20.00*.

DISPLAY CLASSIFIEDS

Call Diana Hirtle for competitive rates on display classifieds: 902-930-4361.

DEADLINES:

THURSDAY AT 4 P.M. PRIOR TO PUBLICATION DATE (Note: Holidays may affect deadlines)

*Note: All classified ads must be pre-paid. All prices are +HST

OBITUARIES

Robert Arnold Hebb

95, North Queens Nursing Home, formerly of Wileville, Lunenburg County, passed peacefully surrounded by family on Wednesday, February 25, 2026.

Bobby was born September 26, 1930, in Wileville, to parents George and Myrtle Hebb. He is survived by his five children, Debbie, Bridgewater; David (Judy), Wileville; Stephen (Joan); Wileville; Kelly (David), Wileville; Chris (Pam), Wileville; grandchildren, BJ (Corey), Matt, Jenna (Justin), Aaron (Morgan), Megan, Jay, Jeremy, Lydia and Levi; great grandchildren, Jax, Jovi, Landen, Kayden, Everleigh, Wyatt and Georgia. Bobby is also survived by sister, Margaret, Windsor, Ontario. Bobby was predeceased by his wife of 67 years, Mildred Frances Hebb, his parents George and Myrtle Hebb, brothers Billie and Joe, and sister Glenda.

Being born into the life of the Oak Hill Farm family, much of his life became shaped around events that he grew up experiencing as a youngster. From a very young age, he learned the ways of the farm including caring for livestock, working on the land and in the forest. I think Bobby must have been born with a smile on his face because that is how many reading this will remember him. He connected easily with people as he took the time to pause and hear their stories. This is a "small" snapshot of his own.

At the age of 17, Bob ventured away from the farm, via train, to Hamilton, Ontario with a friend in search of adventure and work. For a few months, they worked unloading boats on the Great Lakes and also worked at a service station operating a jackhammer. In 1951, he set out again, this time driving with a friend to Brantford where they found work at a factory doing assembly line work making combines.

During his teenage years, Bobby would meet Mildred, his soulmate and the love of his life. Dad spoke fondly of times spent with friends going to the movies and skating on the lake. Pushing Mom on her skates up and down the lake was a frequent occurrence, as they lived at opposite ends of Wiles Lake. In 1954, they had a spring wedding on Mildred's birthday, which was the beginning of their 67 years together as husband and wife. They moved right into their new home on the Levi Hebb Road and that is where Bobby and Mildred spent most of their 67 years of marriage. They were blessed with five children. As children, we were part of almost everything he did on the farm, and we learned quickly by watching and doing. Dad believed in the value of a hard day's work.

In 1958, Bob started driving the mail to homes and local post offices including Baker Settlement, Newcombville, and East Clifford. For eight years, he enjoyed meeting so many members of these communities as waiting for their mail to arrive was such an important part of each day.

Bobby and his brother Billie, their families as well as their parents, worked the farm together for many years. Bob loved the gardening part of the farm life, including managing an orchard of apple, pear, plum and a few peach trees. His hoe was never idle as he spent many hours getting rid of those pesky weeds in his vegetable gardens. The family was well nourished from all of the greens, tomatoes, beans, carrots, turnip, cucumbers, beets, broccoli, squash and more that adorned our plates on a daily basis. Dad did save the very best of his crops for his customers and the ones with the blemishes were given to Mom to work her magic. During the growing season, Bob was up with the birds. After the sun went down, it was time for him to rest. He was happy drinking in the fresh air and getting his hands dirty. Bob delighted in having a dip in the lake before dinner and supper to get revitalized before the next round of chores.

Quality and presentation of his farm produce meant a lot to Bob. Local hotels and grocery stores were his main purchasers for many years. Bob also cherished those many days when he would go door to door in so many local communities peddling his goods. Sometimes he had the help of a sibling, friend or some of his children, but many a time it was just him and the road. He met many people through the years that still remember visits from the apple peddler in the "good ol' days." He formed friendships that would last a lifetime. Bob also took many of his goods to the local Saturday morning markets in town. Finally, in 1985 his dream of having a central location where customers would come to him became a reality when Bob and the Boys Farm Market was born. He put his heart and soul into this business, and it grew into a regular pit stop for many travellers and a reliable source of fresh produce and more for the locals.

Mom and Dad made a good life for themselves, and for us, doing their best to teach us the values of hard work, love and respect for each other, and for the natural world. During the winter months, Dad loved spending time in the forest. He cut all of his own firewood. He harvested pulpwood, and logs that were made into lumber by local sawmills. Some of this lumber was used for construction of farm buildings and home use. We always had a Christmas tree that he cut and brought home. As kids, we often went with him to help pick it out. Indeed, he enjoyed time spent just walking in the woods on his own land or somewhere else including the lands around Lake Rossignol. The peace and solitude of this wild space brought him much joy. In his later years, when he could no longer work in the woods, he loved splitting kindling with his axe, some of which would go to the market.

Dad loved time spent with family, especially gatherings centered around holidays, birthdays and barbecues. He enjoyed good food that was shared and hearing the laughter of children. For many years, we would all gather at home with Mom and Dad and our families to celebrate on Christmas Day - such wonderful memories of those roast turkey dinners and the comfort and warmth of family. Dad always carved the turkey and helped Mom make the pies. The days after Christmas brought many visits from aunts, uncles, and cousins. For many years, an annual Christmas party gathering brought us together to celebrate with music, pot luck dinner, and the exchange of gifts. A visit from Santa Claus kept us all believing in miracles.

Bobby loved music and took more time to enjoy it as the years passed. His parents frequently had local musical entertainment in their home, which I am sure fostered his love for music at an early age. He and Mom went to many country music shows and suppers in the local neighbourhoods. More recently he has listened to many a country and gospel music show prepared especially for him and many other seniors that also shared his passion for music. Bob's favourite singer and performer had to be Daniel O'Donnell, and he loved it when Mary Duff joined Daniel on the stage. Stompin' Tom, Willie Nelson, Johnny Cash and Charlie McCoy were a few of the many other performers that were dear to his heart. Sometimes he was joined by other family members to watch these shows snuggled up by the wood stove and in front of the big screen.

Bob was curious by nature and took great pleasure in travelling and seeing new places and things. When we were children, he and Mom took us on an annual family vacation travelling to many parts of the Maritimes, Quebec, including the Gaspé peninsula, Ontario, and the New England States. Probably one of his most memorable trips with family took him to BC. He also found his way to Florida and Las Vegas (the only trip by air). He and Mom took many a trip to Cape Breton, PEI and New Brunswick in their senior years making some very special friends along the way. A day trip to their cottage on the Mersey River was a weekend adventure they took year-round. Food and firewood were packed with care and off they went down the road. Bob also enjoyed reading his daily newspaper and a variety of books. He was especially drawn to true stories of survival and personal stories of lives lived and the challenges they faced.

Dad was a dedicated caregiver to Mom for the many years of her dementia journey and although he had help from family and home support he was the one that was there through it all and she was the one whose smile kept him strong.

In May of last year, he was welcomed with open arms into his new home at North Queens Nursing home. Although leaving his farm home was not easy, he soon felt the love of everyone in his new Caledonia home. Many of them had fond remembrances of the days that Bob the Apple peddler stopped at their homes with all of his fresh home-grown harvest.

Last week they knew that their dearly beloved Bob would soon be heading to a home even more inviting than theirs. They took me aside, whispered in my ear and told me about the one last gift that they had for him. As has been done for as long as they can remember, his window would be opened a crack so when Bob was ready, there would be nothing to hold him back. His spirit would be set free... and so it was.

The family is deeply grateful to the dedicated and compassionate caregivers and staff at North Queens Nursing Home, Rev. Neil McEwen, Rev. Kim Curlett, Lunenburg County Home Support, Coral and Val, Dr. D, Sweeny's Funeral Home, and all of his many friends and family. Hugs to you all!

Funeral Service was held Thursday, March 5, 2026, at 2 pm at Bridgewater United Church under the care and direction of Sweeny's Funeral Home, Bridgewater. Private family burial was held in Brookside Cemetery, Bridgewater. Following the service, a reception was held. Family flowers only. Donations may be made to North Queens Nursing Home, Lunenburg County Home Support, Bridgewater United Church, Heart and Stroke Association, or charity of your choice.

On-line condolences may be made by visiting www.sweenysfuneralhome.com



Lunenburg council highlights - March 3

Continued from page 5

COUNCIL PRE-APPROVES STAFF POSITIONS AND USE OF TOWN LAND

Following a closed (private) session, council returned to public session and approved the following items:

Council pre-approved the hiring of two staff positions, a Bylaw/Electric Meter Reader and a Water and Waste-water Supervisor, in advance of the approval of the town's 2026/27 operating budget. These approvals allow recruitment planning to move forward while the budget is being finalized.

Additional information about the

positions will be presented as part of the budget discussions scheduled for March 9.

Council also approved allowing the Chief Administrative Officer and town engineer to decide whether town-owned land on Schwartz Street (PID 60500006) can be used for the permanent placement of soil from the construction of the new Harbourview Haven Seniors Facility. Allowing the soil to be placed on this property will help reduce issues caused by trucks transporting dirt through the area, particularly along Hall Street and Victoria Road.

DEATHS

BRYANT, Lucy Ann "Patricia" - 82, of Bridgewater, died March 9, 2026 in Ryan Hall, Bridgewater. Arrangements are under the direction of the R.A. Corkum Funeral Home, Wileville.

HARNISH, Nikki, 49, Maders Cover, died March 2, 2026 at South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Mahone Funeral Home.

MADDOCK, Michael (Mike) James, 79, Bridgewater, formally of Yarmouth, died February 26, 2026, South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Sweeny's Funeral Home, Bridgewater.

MCDORMAND, Finn (Geneva), 21, died March 4, 2026. Arrangements entrusted to Dana L. Sweeny Funeral Home.

NICOLL, David Wesley - 85, of Dayspring, died February 14, 2026 in his beloved boathouse. Arrangements are under the direction of the R.A. Corkum Funeral Home, Wileville.

MYERS, Madeline Theresa, 79, died March 5, 2026. Arrangements entrusted to Mahone Funeral Home.

WALKER, Sonya Darlene, 62, Bridgewater, formerly of New Ross, died March 4, 2026 in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.



MEMORIALS

CLINTON, Eric (March 14th, 2002) In loving memory of My Dear Husband: My dear husband, you may be gone But your love and memories live on In my heart, forever you will stay Until we meet again someday.

Sadly missed & loved by wife, Joan.

In Loving Memory of Clinton Eisnor Upper Cornwall, Nova Scotia

Ten years have passed since you left us on March 20, 2016, yet you remain in our hearts every day. Though you are no longer here with us in body, your spirit lives on through the memories we share and the many ways you touched our lives during the time we were blessed to spend together. Since your passing, we have welcomed your great-granddaughter, Sophie, who we know you would have cherished dearly. We will continue to share our stories and memories with her so she may know the wonderful man you were.

Lovingly remembered and forever missed by your wife Sandra, your children and their spouses, grandchildren, and extended family. Always in our hearts.



Spring Weight Restrictions & Waste Collection

Spring weight restrictions will go into effect in Lunenburg County on March 15, 2026.

Look for road restriction signs before putting your waste out for collection. Find information about restricted roads, visit <https://novascotia.ca/tran/trucking/springweight.asp>, or contact Department of Public Works at 1-844-696-7737 or by email at dpw-occ@novascotia.ca.

Waste Hotline 1-855-530-3324: find out where to put your waste at the roadside during restrictions.

If your road is restricted, place your waste at the nearest unrestricted, public road by 7:00 am on collection day.

D9315

EARLY DEADLINE

South Shore Bulletin will be CLOSED on Good Friday, April 3 and Easter Monday, April 6.

The deadline for the April 8 edition of the South Shore Bulletin will be Wednesday, April 1, by 10:00 am.

This includes display advertising, classifieds, family album, and announcements.



SOUTH SHORE BULLETIN

129 Aberdeen Rd, Suite 106, Bridgewater, NS B4V 2S7
P 902-543-2457 E-mail: info@southshorebulletin.ca
www.southshorebulletin.ca

D9327



CHARLES WEISS PHOTOS

BEACH TIME!

If you are not a winter-beach visitor, these photos will prepare you for some of the scenes that you have been missing. These photos were taken last week at Rissers Beach during a beautiful spring-like afternoon.



South Shore Waste Solutions Hours

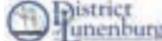
South Shore Waste will be open Saturdays 8 am to 2 pm from April 4 to November 28, 2026.

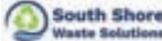
Weekday hours will be 8 am to 4:30 pm. Questions? Call 902-543-2991 or visit www.southshorewaste.ca.

 Follow South Shore Waste Solutions' Facebook page for waste collection updates and holiday collection reminders.

 Visit www.southshorewaste.ca to use the R6Recycles waste app.

D9321





Easter Holiday Collection & Waste Site Hours

Monday, March 30: Collection for April 3, Week Two Friday collection route in District of Lunenburg and Friday collection route in Town of Bridgewater.

Friday, April 3: No collection in the District of Lunenburg and Town of Bridgewater. South Shore Waste Solutions in Whynott's Settlement closed.

Saturday, April 4: South Shore Waste Solutions open 8 am - 2 pm.

Monday, April 6: Collection as usual in the District of Lunenburg and Town of Bridgewater. South Shore Waste Solutions open 8 am - 4:30 pm.

Waste Collection Routes Are Changing Questions? Visit www.southshorewaste.ca to view updated collection route maps or call 902-543-2991.

D9330

Lunenburg, N.S.

TIDE TABLE

Wednesday, March 18		Sunday, March 22	
low 1.48 ft	2:35 AM	low 0.95 ft	5:32 AM
high 5.81 ft	8:27 AM	high 5.71 ft	11:21 AM
low 0.89 ft	2:47 PM	low 1.31 ft	5:34 PM
high 6.2 ft	8:55 PM	high 6.27 ft	11:37 PM
● New Moon	10:23 PM		
Thursday, March 19		Monday, March 23	
low 1.18 ft	3:17 AM	low 1.08 ft	6:29 AM
high 5.91 ft	9:08 AM	high 5.45 ft	12:10 PM
low 0.79 ft	3:25 PM	low 1.71 ft	6:33 PM
high 6.4 ft	9:33 PM	Tuesday, March 24	
Friday, March 20		high 6.0 ft 12:24 AM	
low 0.98 ft	3:59 AM	low 1.25 ft	7:36 AM
high 5.94 ft	9:50 AM	high 5.15 ft	1:03 PM
low 0.82 ft	4:05 PM	low 2.03 ft	7:47 PM
high 6.46 ft	10:12 PM	Wednesday, March 25	
Saturday, March 21		high 5.68 ft 1:16 AM	
low 0.92 ft	4:43 AM	low 1.35 ft	8:47 AM
high 5.84 ft	10:35 AM	high 4.86 ft	2:05 PM
low 1.02 ft	4:47 PM	● First Quarter	4:17 PM
high 6.43 ft	10:53 PM	low 2.26 ft	9:05 PM

Level of accuracy may be affected by weather patterns and circumstances.





Take your health records wherever you go.



Anyone aged 16 and older with a Nova Scotia health card has access to information about their:

- Previous and upcoming health visits
- Hospital visits and stays
- Current and previous medications
- Blood, urine, and general lab test results
- Diagnostic tests like MRI, PET, CT, Mammography, Ultrasound, and X-ray bookings and results
- Immunization records with VaxRecordsNS

▶ To view your records, download the **YourHealthNS app** or visit **YourHealthNS.ca** and select records.

D9127