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WEDNESDAY, SEPTEMBER 30th
For Truth & Reconciliation Day
SOUTH SHORE BULLETIN
D9864



TAX REFORM IN QUEENS
Councillors are looking at the taxation system
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A feature story on artist Raymond Chow
PAGE 9

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Century-old company in Chester gets $15 million Coast Guard Contract

By LOGAN RING
For the South Shore Bulletin



LOGAN RING PHOTO

Hawboldt Industries welcomed Federal Ministers Lena Metlege Diab and Sean Fraser, as well as MP Jessica Fancy, to its Chester facility to celebrate their $15 million Polar Max icebreaker technology contract with Davie Shipbuilding in Quebec at an event held Sept. 14.

CHESTER - Hawboldt Industries in Chester announced at a special event Sept. 14 that they have received the technology tender for the Polar Max Icebreakers project, a project that started construction in March of this year.

The Polar Max Icebreaker is being built at Davie Shipbuilding, a major ship manufacturer in Quebec.

Hawboldt Industries' part of the project, which mostly consists of science and handling equipment, is valued at over $15M CAD.

This represents a significant milestone for Hawboldt, being selected to provide a turnkey package of science mission equipment on an icebreaker of this size.

"This project is incredibly important not only for our company, but for Canada as a whole," said Dylan Wells, General Manager at Hawboldt Industries. "We are extremely proud to support Davie and the Canadian Coast Guard on a project that directly contributes to Arctic sovereignty, while showcasing cutting-edge Canadian marine technology."

Hawboldt Industries is not a newcomer to the marine technology business.

They have been at it for 120 years.

Started by Forman Charles Hawboldt, who operated a small jewelry and watch repair shop on Queen Street in Chester, he thought that repairing watches alone could not provide a sustainable future, so he turned his attention to the emerging technology at the time: the internal combustion engine.

Hawboldt believed powered boats would revolutionize the Atlantic fishing industry. In 1902, he designed and built a two-cycle gasoline engine in his backyard barn and installed it in a small boat.

According to Hawboldt Industries, he piloted the vessel around Chester Harbour, shocking the residents of Chester who at this time had only ever seen boats powered by sail or oars.

In 1906, Forman partnered with Harry Evans to establish Hawboldt & Evans, the beginning of innovation to what would become one of Canada's longest-running marine equipment manufacturers.

"We've designed and built some of the most advanced and specialized marine winches and cranes on Earth. Really, it's truly an incredible fact. We're known around the world for innovative and reliable products. We also have equipment working on over 50 Coast Guard ships from coast to coast to coast. Here in Canada, it's special. The expertise we've cultivated, the relationships we have built, a rich history, thousands of products and projects over 120 years," said Wells.

The company, which has 95 employees, is also looking to expand, and there are hiring campaigns ongoing within the company as they take on more work, although the hiring campaign isn't specifically tied to the Polar Max project, thereby bringing more jobs to Chester.

"For us, it's a significant contract. It's a big contract for us. We'll be working on it over the next couple of years, with other work for other customers, of course, but it gives us quite a bit of backlog stability," said Wells.

At the contract announcement held last week, many executives from Davies Shipbuilding and Hawboldt Industries were present, along with Federal politicians.

Continued on page 5

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MASSIVE SUNFLOWER CROP

Judy Wile of Wileville, has grown many sunflowers in her large veggie garden. They seem extra tall this year. She was a 4-H leader for many years and still is very active in her local church - she is in charge of the flower arrangements every Sunday.

CONTRIBUTED PHOTO

Queens councillors tackle tax reform

By RICK CONRAD
Local Journalism Initiative Reporter
rickconradssb@gmail.com



LIVERPOOL – Region of Queens councillors want to address the perception of tax inequity across the municipality.

Almost since amalgamation 30 years ago, residents in communities have complained that they pay too much for the services they get, and subsidize other areas for services not available everywhere.

The protest is especially pronounced in the North Queens area around the communities of Greenfield, Caledonia and in the developed cottage areas around Molega, Ponhook and Annis lakes.

District 6 Coun. Stewart Jenkins has raised the issue many times since he was elected in 2024, referring to concerns from his residents that they're paying for services they don't use.

"My residents want to know why our taxes are paying for flushing the toilets in Liverpool when we don't flush those toilets," he said at council's Sept. 8 meeting.

"There's other things that the residents in the rural area pay for that we do not use, though it's there for us to use. So some form of help with that should be included in our tax rates. But the key issues that we're paying for should not be paid for by the rural residents when we're not getting full use of those."

Still, he said the discussion can't be rushed and will likely take "a couple of years to get it right."

District 3 Coun. Courtney Wentzell suggested going to a three-tier tax system, based on where you live and what services you receive. Halifax Regional Municipality has separate rates for urban, suburban and rural residents. They also have various local area rates for enhanced services.

"I think (tax reform) is really needed because I see the unfairness on both sides," he said. "I live in tax district 13, but I also have family who live outside district 13."

The municipality has seven electoral districts, but 13 tax districts. That arrangement has been largely unchanged since amalgamation in 1996.

Residents in Queens County's cottage country around Molega Lake and other areas have mentioned to councillors before that the services they get are disproportionate to the taxes they pay.

For example, because many properties in those areas are on private roads, they don't get curbside garbage pickup. Instead, they have to take their compost, recyclables and garbage to central "grey box" locations.

In the past year, that service has been improved, after years of lobbying by residents and local councillors.

The tax district that includes Greenfield, Bangs Falls and Labelle has the highest assessment value of any of the region's 13 tax districts at $258,293,100. That compares to the Liverpool tax district of $227,102,250.

At the same time, other councillors who represent areas of Liverpool have questioned why their constituents should shoulder most of the cost of road improvements through an area rate.

And other councillors worry that taxes in their areas will rise with any reform.

The residential tax rate for most of Queens County is set at $1.07 per $100 of assessed property value. In the old township of Liverpool, the rate is $1.915.

Councillors decided to ask staff to return with some possible scenarios for a different tax structure.

Mayor Scott Christian said councillors have a lot to discuss and nothing will happen right away.

"It could look like a tiered system, where it's not just one or the other, you're not in town or out of town, some middle ground there. But we need to look at it with sober eyes here and model it and look at some hypotheticals and see how it would play out with some different scenarios and then return to council and see what we want to do with it."



Our Mission

to foster the independence and mobility of residents of all ages in MODL communities, Bridgewater, Lunenburg and Mahone Bay through a pre-booked, non-profit, door-to-door transportation service.

An Invitation to Potential Board Members

Join us mid-day Tuesday September 29 for a tour of our operations followed by a meet-and-greet lunch.
To RSVP please contact:
Peter Himmelman 506-333-5449

(See lcwheels.ca/join-us for a range of volunteer opportunities.)

D9922







Dahl's dispatch

EVAN DAHL

Lunenburg County firefighters answered 60 calls for service, Queens County firefighters answered 10 calls for service and Shelburne County firefighters answered 12 calls for service from Thursday, September 10 to Wednesday, September 16 – 25 of these calls were medicals.

SEPTEMBER 10

At 8:43 a.m., Western Shore firefighters responded to a tree on power lines on fire in Martins Point.

At 9:10 a.m., Liverpool firefighters responded to a commercial fire alarm in Liverpool.

At 12:56 p.m., Tri District firefighters responded to a possible motor vehicle accident in Baker Settlement. Hebbville also responded.

At 1:03 p.m., Mahone Bay firefighters responded to a commercial fire alarm in Mahone Bay.

At 2:17 p.m., Mahone Bay firefighters responded to a possible motor vehicle accident in Mahone Bay.

At 4:41 p.m., and at 5:09 p.m., Lunenburg firefighters responded to a commercial fire alarm in Lunenburg.

SEPTEMBER 11

At 12:21 a.m., Liverpool firefighters responded to set up a landing zone for life flight in Liverpool.

At 12:29 a.m., Western Shore firefighters responded to a motor vehicle accident in Gold River.

At 1:44 a.m., Dayspring firefighters responded to a fire alarm in Rhodes Corner.

At 9:11 a.m., New Germany firefighters responded to a motor vehicle accident in Meisners Section.

At 11:22 a.m., Island and Barrington Passage firefighters responded to a motor vehicle accident in Barrington Passage.

At 12:12 p.m., Liverpool firefighters responded to a motor vehicle accident in Liverpool.

At 2:22 p.m., Island and Barrington Passage firefighters responded to a motorcycle accident in Stoney Island.

At 3:26 p.m., Bridgewater firefighters responded to an ammonia gas alarm in Bridgewater.

At 4:08 p.m., Springfield firefighters responded to a woods fire in East Dalhousie. New Germany also responded.

At 5:45 p.m., Hubbards firefighters responded to a motor vehicle accident in Simms Settlement.

At 9:40 p.m., Hubbards firefighters responded to a fire sighting in Simms Settlement.

SEPTEMBER 12

At 1:50 a.m., Harbour firefighters responded to a motor vehicle accident in Clyde River. Ingomar Roseway also responded.

At 2:42 a.m., Blandford firefighters responded to a fire alarm in Northwest Cove.

At 10:00 a.m., Riverport firefighters responded to a residential fire alarm in Lower Rose Bay.

At 3:06 p.m., Lunenburg firefighters responded to a possible house fire in Lunenburg.

At 10:42 p.m., Oakhill firefighters responded to a structure fire in Pine Grove. Blockhouse, Northfield, Dayspring, Conquerall Bank and Bridgewater also responded.

SEPTEMBER 13

At 5:02 a.m., Shelburne firefighters responded to a residential fire alarm in Shelburne.

At 9:48 a.m., New Germany firefighters responded to a possible woods fire in Barss Corner. Hemford also responded.

At 9:58 a.m., Tri District firefighters responded to a brush fire in Waterloo. Hebbville also responded.

At 10:17 a.m., Mahone Bay firefighters responded to a fire alarm in Maders Cove.

At 2:38 p.m., Western Shore firefighters responded to a carbon monoxide alarm in Western Shore.

At 5:00 p.m., Bridgewater firefighters responded to a fire alarm in Bridgewater.

At 7:04 p.m., Blockhouse firefighters responded to a brush fire in Blockhouse.

At 8:06 p.m., Bridgewater firefighters responded to a fire alarm in Bridgewater.

SEPTEMBER 14

At 1:04 a.m., Bridgewater firefighters responded to a fire alarm in Bridgewater.

At 7:40 a.m., Woods Harbour/Shag Harbour firefighters responded to a flooded basement in Charlesville.

At 9:49 a.m., and at 2:51 p.m., Woods Harbour/Shag Harbour firefighters responded to a flooded basement in Upper Woods Harbour.

At 10:36 a.m., Port Medway firefighters responded to a flooded basement in Port Medway.

At 11:36 a.m., Mahone Bay firefighters responded to a possible house fire in Clearland.

At 12:19 p.m., Woods Harbour/Shag Harbour firefighters responded to a flooded basement in Charlesville.

At 12:25 p.m., Barrington/Port Latour firefighters responded to a motor vehicle accident in Oak Park.

At 1:00 p.m., Bridgewater firefighters responded to a motor vehicle accident in Bridgewater.

At 7:34 p.m., New Ross firefighters responded to a motor vehicle accident in Aaldersville.

SEPTEMBER 15

No calls to report.

SEPTEMBER 16

At 12:20 a.m., Mahone Bay firefighters responded to a chimney fire in Mahone Bay.

At 6:49 a.m., Northfield firefighters responded to a motor vehicle accident with entrapment in Cookville. Bridgewater also responded.

At 10:33 a.m., Chester firefighters responded to assist Southwest Hants at a possible structure fire in Vaughan. Windsor, Hantsport and Brooklyn also responded.

At 5:31 p.m., Shelburne firefighters responded to a residential fire alarm in Hartz Point.

At 6:30 p.m., New Germany firefighters responded to a vehicle fire in Maplewood.

At 6:51 p.m., Bridgewater firefighters responded to an elevator rescue in Bridgewater.

You may reach Evan Dahl by e-mail at evandahl10@hotmail.com or via the Dahl Dispatch Facebook page.

Bridgewater Police Service file charges

SOUTH SHORE BULLETIN STAFF

BRIDGEWATER - Charges have been filed against a local woman after a Bridgewater Police Service officer noticed a suspected stolen vehicle while patrolling the west side of town during the overnight hours.

Just after midnight Sunday, Sept. 13, a patrolling officer observed a 2014 Volkswagen Jetta travelling in the Bridgewater Business Park. While mobile, police ran a check on the vehicle's licence plate and, as a result of the check, the vehicle was confirmed stolen from a Lunenburg County address.

Police conducted a traffic stop near the corner of King Street and Logan Road. Three people were in the vehicle. An adult female driver and adult male passenger were arrested at the scene without incident.

Alanna Brown, 38, of Lunenburg County is accused of one count of possessing property obtained by crime. She was also charged with breaching a court order and ticketed for operating a motor vehicle without both a valid licence and insurance. Brown had been remanded in custody and was scheduled to appear yesterday (Monday, Sept. 14) in Bridgewater Provincial Court.

Meanwhile, a Lunenburg County man faces one count of possessing stolen property. The 65-year-old was released from custody but is subject to court-ordered conditions. He cannot be named because the charge document has not yet been filed with the court.

The third person in the Jetta was released without charge.

Anyone with information specific to this incident is asked to please contact Bridgewater Police Service at 902-543-2464.

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Nova Scotia should scrap the sales tax on used goods

By DEVIN DROVER,
Atlantic Director and General Counsel with the Canadian Taxpayers Federation

Politicians in Quebec are tripping over each other to promise an end to the sales tax on used goods.

Nova Scotia should beat them to the punch.

Here's how the scheme works now.

When you buy a couch, a fridge or a car, you pay the full 14 per cent HST.

That's frustrating the first time. That's absolutely unfair the second time.

But when that same couch gets re-sold through a consignment shop, the government taxes it again. When the fridge is sold through a used appliance store, taxed again. When the car changes hands, taxed again. And again. And again, every time it's resold for the rest of its life.

The government collects tax on the same item over and over, even though nothing new was produced and nobody got richer. That's not tax policy, but double-dipping by greedy politicians.

And used vehicles get the worst of it.

If you find a good deal, like a fair price on a high-mileage Honda Accord in a private sale, the government doesn't reward your thrift. It penalizes it.

That's because if you buy a used car from your neighbour in Chester, you don't pay sales tax on what you actually paid, but on whichever is higher: the sale price or the government's generic Red Book estimate.

Negotiate a good deal and the province taxes you on what a bureaucrat thinks the car is worth on paper. Only government could find a way to punish you for finding a good deal.



Quebec's politicians have figured out that taxpayers are fed up with this.

Conservative Party of Quebec Leader Éric Duhaime kicked things off in that province's election campaign by promising to abolish the provincial sales tax on used goods and calling the current system regressive and anti-environment.

Two days later, the Parti Québécois — the party leading in the polls — matched him.

And now Québec Solidaire has backed the idea too.

That's three parties, from three very different corners of the political spectrum, all agreeing that taxing the same goods over and over again is wrong.

It makes sense if you think about who buys used.

It's not the folks ordering new furniture from a showroom. It's young families furnishing a first apartment.

It's recent graduates buying a beater to get to their first job.

It's seniors on fixed incomes stretching every dollar.

A tax on used goods is a tax aimed squarely at the people who can least afford it.

Meanwhile, every politician in this country lectures us about reducing waste and reusing what we have. Then the government slaps a 14 per cent penalty on anyone who actually does it. If you want people to buy used instead of sending things to the landfill, stop taxing them for it.

Continued on page 8

TO THE EDITOR

No... Not another Tim's

The Editor,

After reading the article in the paper about the former Jerry's Diner I was both upset and angry at the town for giving a building permit for yet another Tim Horton's.

I really don't think that Bridgewater needs another Tim's. What is needed is a good affordable diner, just like Jerry's Diner. It was a place where you could get a good home-cooked meal and a good breakfast, not another donut shop.

Carolyn Lohnes,
Mahone Bay

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Partnerships created to bring people together

Municipal entities join for one Truth and Reconciliation Day

By KEVIN MCBAIN
kevin.mcbain@southshorebulletin.ca

LIVERPOOL – The fifth annual Truth and Reconciliation event is Bridgewater, promises to be bigger and better than ever thanks to new partnerships and co-operation.

Forged over the last year are partnerships with the Town of Bridgewater, Region of Queens Municipality, Municipality of Chester, Municipality of the District of Lunenburg and Wasoqopa'q First Nation.

"They have contributed greatly to make the day happen, so I'm really happy to have their support," said organizer Michelle Roy.

The event will be held at the Hank Snow Museum Grounds in Liverpool Sept. 30, starting off with speeches and stories at 11 a.m., followed by the Grand Entry at 12:30 p.m. followed by a Mawio'mi or powwow community celebration.

Roy wanted to emphasize that everyone of all ages and backgrounds are invited to attend, learn and participate in the events of the day.

There will be food and product vendors open throughout the day.

This year's head female dancer is Jesse Benjamin; the head junior female dancer is Rory Meuse; head male dancer is Brady Googoo; and the junior head male dancer is Kaelem Omolaja.

Providing the beats for the event will be the Stoney Bear singers and East Boyz.

Roy said that interest in the event has grown and noted that it was "really big last year. I was really happy to see all of the people come out and see all the orange. There was a lot of respect and reconciliation that happens, which is the most important part."

Coming to Streaming

September 23-29, 2026

NETFLIX

September 23
Habeas Corpus (BR)
Wonka's The Golden Ticket

September 24
A Different World
Delusion (TH)
In Bruges
My Sad Dead (AR)

September 25
The Final Problem (ES)
Steel Ball Run Jojo's Bizarre Adventure: 2nd-3rd Stage (JP)
Unabomber
Wahlburgers: Seasons 1-10

September 29
Lego One Piece
Mononoke The Movie: Chapter III – The Curse of the Serpent (JP)

DISNEY+

September 23
FX's The Drop: A Snowfall Saga (new episode)
FX's The Drop: A Snowfall Saga Podcast (New Episode)
Made in Korea (Season 2, new episodes)
RJ Decker (Season 2, new episode)

September 24
Dancing with the Stars Official Podcast (new episode)
Get Real (new episode)

September 25
FX's American Horror Story: 13 (three-episode premiere)
FX's American Horror Story Official Podcast (premiere episode)
Marvel's Spidey and the Avengers: Halloween Team-Up! (special episode)

September 26
Bleach: Thousand-Year Blood War – The Calamity (Season 4, new episode)
Chilean Mine Rescue: Race Against Time (all episodes)
Daemons of the Shadow Realm (new episode)
Mao (new episode)

September 28
Futurama (Season 14, new episode)
The Simpsons (Season 38, premiere episode)
Yu-Gi-Oh! (Season 4, all episodes)

September 29
Dancing with the Stars (Season 35, new episode)
Hey A.J.! (new episode)
FX's It's Always Sunny in Philadelphia (Season 18, new episode)
SuperKitties: Howl-O-Ween Charm (Season 3, special episode)

CRAVE

September 24
The Broken Hearts Gallery
A Killer Story (series finale)
Cruel Intentions
Stuart Fails to Save the Universe (season finale)

September 25
Blue Heron
Fightland (season finale)
The Furious
Hells Kitchen
Is This Thing On?
Slo Pitch (series premiere)
The Things You Kill
Vice (2018)
We Don't Live Here Anymore

September 27
Saturday Night Live (Season 52 premiere)

September 29
Rebuild: Inside the Montreal Canadiens (Season 3, Episode 6)

PRIME VIDEO

September 23
The House With A Clock In Its Walls
The Love Hypothesis

September 24
Go Deep: The Desean Jackson Story

September 25
Backrooms
NWSL: Gotham FC vs. Chicago Stars (Live Sports)
Pressure
Sin Señal

September 27
WNBA: Playoffs First Round (Live Sports)

September 28
Letters to Juliet
Hokum
We Need To Talk About Kevin

September 29
Identity Thief

PARAMOUNT+

September 23
Average Joe (Season 2, new episode)
The Challenge (Season 42, new episode)

September 24
Jackass: Best and Last
Teen Moms: Baseball (new series, all episodes)

September 25
MobLand (Season 2, new episode)
Neglected

September 26
Zuffa Boxing 11: Fisher vs. Pirotton (live)

September 27
Lioness (Season 3 finale)

September 29
Full House (Seasons 1-8)
Saturday Night Fever
Shaft
Teen Mom UK (Season 14, new episode)
Varnell Hill (new series, new episode)

Century-old company in Chester gets $15 million Coast Guard Contract

Continued from page 1

"We are Bluenosers, which, by the way, given that title, because of being able to work in harsh conditions on the water, we know the sea, what will work and also what will not," said Member of Parliament Jessica Fancy, who attended the event along with Federal ministers Sean Fraser and Lena Metlege Diab.

"As your Member of Parliament, it is my job to take these stories, these opportunities for stakeholder engagement in these homes, in our communities, and showcase them for the country," said MP Fancy.

Hawboldt is also planning to expand its Chester facility.

The company currently has about 50,000 square feet of usable space and is looking at adding another 30,000 to 40,000 square feet, along with more equipment in the next few years.

"We previously planned on expanding our facility here over the next few years to set us up for the future," said Wells.

Hawboldt expects to complete its portion of the Polar Max project by the end of 2027.

The Polar Max is expected to be delivered by 2030 and will be one of the most capable icebreakers in the Canadian Coast Guard fleet, with enhanced endurance, power, and advanced operational systems.

The new ships will support Arctic research, emergency response, icebreaking, the resupply of Northern communities, along with other Canadian Coast Guard duties.

Those were the days

Take a trip down memory lane with this vintage ad from the Bridgewater Bulletin, September 23, 1925.



www.southshorebulletin.ca/Archives

The Giant of all Giant Book sales is back

By KEVIN MCBAIN
kevin.mcbain@southshorebulletin.ca

MAHONE BAY – Hundreds of books of all kinds and for all ages will be up for sale at the Mahone Bay Centre Giant Book Sale that will be held Sept. 26 and 27 from 10 a.m. to 4 p.m. in the upstairs part of the centre.

Organizers say that it will be one of the largest ones in a long while.

Patricia Smith is this year's lead for the event, said last year's event, in a return from COVID-19 raised about $12,000 which all goes towards the day-to-day operations and maintenance of the Mahone Bay Centre. This year, they of course, hope to beat that mark.

She said although COVID-19 put a halt to their momentum, last year and this year they have been working on streamlining the event and things are getting back on track.

"We re-designed the room by putting the tables around the outside of the room, then put a couple of pinwheels in the centre which helped with the flow," she said. "This year we are adding a children's corner, because last year the kids would pick out a book, then lie on the floor and read it. This year, they will have their own corner with carpet, to take some time out to read."

Adding to the event last year and happening again this year, a plant sale has been worked in and cookies and other treats and coffee will be available.

Smith says the book sale is a lot of work...her and a few others sorted the books into categories for two weeks straight, then more as books trickled in.

Counting in volunteers for sorting, setting up, taking down, taking the money, hauling books up the stairs and supervising during the sale days, there will be a total of about 45 people involved.

Prices for the books will remain the same for the most part: $1 for children's books; $3 for soft cover books and $4 for hard covered books.

Social Column

Enjoy this "social media of yesteryear" excerpt from the Bridgewater Bulletin.

September 23, 1955

Col. A.W.P. Weston entertained about one hundred and fifty school children at a hodgepodge and corn-boil at his home "The Owl's Nest," Chester Heights, on Wednesday afternoon. The supper was prepared on regular overseas Field Kitchen, which Col. Weston procured from the Ordnance Dept. and which was brought her by a motor lorry on Tuesday. Col. Weston also entertains the public at a corn-boil on Saturday eventing when there will be dancing and music by a Halifax Orchestra.

Louis Redden gave a very jolly little dance to a party of young friends on Monday evening. Mr. Redden left on Wednesday for Philadelphia where he has secured a position with the Sun Oil Co.

Rev. E. Baines, Mrs. Baines and children paid a pleasant visit to the town last week whilst on a motor trip.

Mr. And Mrs. S.P. DeLong and daughter Beatrice of Kempt, Mr. Douglas of Caledonia and Mrs. S.T. Beck left on Monday by motor for P.E. Island and will attend the exhibition there.

Mrs. Gunnar Mortenson (nee Olive Redden), arrived home on Tuesday from the Philippines, where her husband, Major Mortenson of the U.S., has been stationed for the past three years. They returned by way of Singapore, Suez, Paris and London to New York, visiting en route Denmark and Sweden.

Curious to see more?
Visit our Archives at www.southshorebulletin.ca

Community Events and Activities

September 23 - September 29
Have an event to share? Visit our website at www.southshorebulletin.ca/community-events

WEDNESDAY, SEPTEMBER 23

Bridgewater Connection Matters: Supporting people affected by dementia in their community, Bridgewater Firehall, 81 Dominion Street, 1:30 p.m.

Chester Coffee & Chat, Zoe Valle Memorial Library, 63 Regent St, 1 p.m.

LaHave Poetry of Place, LaHave Bakery & Gallery, 3421 Highway 331, 10 a.m.

Liverpool Blue Rocks Band, Hank Snow Gazebo, 12 p.m.

Liverpool Film: Tony, Astor Theatre, 219 Main Street, 4 p.m., 7 p.m.

Liverpool Joshua Sloenwhite: Everything Artsy Art Show, daily until September 26, Astor Theatre, 219 Main Street

Liverpool Milton Canoe and Camera Club: Photo Art Exhibition, daily until September 25, 219 Main Street

THURSDAY, SEPTEMBER 24

Bridgewater Senior Safety Academy: Scams and Fraud Info, Bridgewater Fire Hall, 81 Dominion Street, 1 p.m.

Chester Book Launch: Jan Fancy Hull, Zoe Valle Memorial Library, 63 Regent St, 5:00 p.m.

Liverpool Queens County Job Lab, Queens Place Emera Centre, Liverpool, 1 p.m.

Liverpool Film: Tony, Astor Theatre, 219 Main Street, 4 p.m., 7 p.m.

Liverpool Good Vibes Highway Tour, Lane's Privateer Inn, 27 Bristol Avenue, 5:30 p.m.

Lunenburg Wheelchair Basketball, Lunenburg Community Centre, 15 Green St. 5:30 p.m.

New Germany Countryside Literary Arts Series 2026, Maple Creek Centre, 5169 Highway 10, 7 p.m.

Springfield Fire Department Bingo, Springfield Fire Department, 986 NS10, 6:30 p.m.

FRIDAY, SEPTEMBER 25

Liverpool The Once, Astor Theatre, 219 Main Street, 7:30 p.m.

Lunenburg Doc Fest School Program: Burning Planet, Lunenburg Opera House, 290 Lincoln St, 9 a.m.

Mahone Bay Young at Heart Seniors Drop-in, Mahone Bay Centre, 1 p.m.

SATURDAY, SEPTEMBER 26

Bridgewater Arenburg Memorial Truck Show, South Shore Exhibition Grounds10 a.m.

Bridgewater Autism Nova Scotia's Walk YOUR Way, HB Studios Sports Centre, 543 Glen Allan Dr, 10 a.m.

Bridgewater Almond Harvest Celebration, Aberdeen Green Park, 25 Elm St 1 p.m.

Chester Reconciliation Reads, Zoe Valle Memorial Library, 63 Regent St, 10 a.m.

LaHave Cyanotype Workshop / Atelier de Cyanotype with Ariane Gleize, 100 Fort Point Road, 10 a.m.

Liverpool Film: Tony, Astor Theatre, 219 Main Street, 11 a.m.

Liverpool Seniors Connecting: An Astor Academy Program, Astor Theatre, 219 Main Street, 11 a.m.

Liverpool Crafts 'N' Laughs, Hellbay Brewing Company, 38 Legion St, 11 a.m.

Liverpool Life Drawing: An Astor Academy Program, Astor Theatre, 219 Main Street, 2 p.m.

Liverpool Astor Academy: Playwrights Study Circle, Astor Theatre, 219 Main Street, 5 p.m.

Liverpool September Big Stage Open Mike, Astor Theatre, 219 Main Street, 6:30 p.m.

Liverpool Run Terry Run, Astor Theatre, 219 Main Street, 7:30 p.m.

Lunenburg Jazz at LAMP: The Music of John Coltrane, 97 Kaulback St, 5:30 p.m.

Mahone Bay Giant Book Sale, Mahone Bay Centre, 45 School St, 10 a.m.

Mahone Bay Quilter's Guild "A World of Colour" Quilt Show and Sale, Mahone Bay Centre, 45 School Street, 10 a.m.

Mahone Bay YUMMY Baked Bean Luncheon!, Trinity United Church, 101 Edgewater Street, 12 p.m. See classifieds

Milton Saucy Jack Dance, Milton Memorial Hall, 8 p.m.

New Germany Community Cookup, The 644 Revitalization Network, 5311 Highway 10, 9 a.m.

Petite Riviere Indoor Yard Sale, Wesley United Church, Petite Riviere, 10 a.m.

Riverport Yard Sale, Riverport Community Centre, 79 Lower LaHave Rd, 9 a.m. See classifieds

Rose Bay Yard Sale, Trinity United, Rose Bay, 3543 Highway 332, 9 a.m. See classifieds

Whynotts Settlement Fall Festival Craft and Vendor Market, Oakhill Fire Department, 2104 Highway 325, 10 a.m.

SUNDAY, SEPTEMBER 27

Bridgewater Fall Family Day, Impact Church, 2573 Hwy 325, 10:30 a.m.

Chester Strange Bird: The Voice of Jung, St. Stephen's Anglican Church, 60 Regent St, 4 p.m.

LaHave Cyanotype Workshop / Atelier de Cyanotype with Ariane Gleize, 100 Fort Point Road, 10 a.m.

Mahone Bay Quilters Guild "A World of Colour" Quilt Show and Sale, Mahone Bay Centre, 45 School Street, 10 a.m.

Mahone Bay Pancake Breakfast, Mahone Bay Legion, 21 Pond St, 12:30 p.m. See classifieds

MONDAY, SEPTEMBER 28

Barrington Salty Soles, Stoney Island Beach, 125 Kenny Rd, 5:30 p.m.

LaHave Poetry of Place, LaHave Bakery & Gallery, 3421 Highway 331, 10 a.m.

TUESDAY, SEPTEMBER 29

Bridgewater LC Wheels Board Recruitment Tour, 210 Aberdeen Rd, 11:30 a.m. See ad.

Chester Babies & Books Zoe Valle Memorial Library, 63 Regent St, 10:30 a.m.

‘Oversight is important’: No updates yet on how Queens doled out community investment fund

By RICK CONRAD
Local Journalism Initiative Reporter
rickconradssb@gmail.com

QUEENS COUNTY – The Region of Queens has given almost $250,000 to individuals and community groups so far this year, but municipal staff still haven’t said where most of the money has gone.

Councillors voted in January to increase the region’s Community Investment Fund to $275,000 from $175,000 and to change how council oversees who gets what.

The program is meant to help Queens County residents and community groups with operating, capital, event, training or travel expenses.

Many volunteer-led organizations rely on the funding to help with building improvements or to cover ongoing expenses.

Before the changes to the policy, all requests for funding of more than $1,000 had to be approved by council. But councillors decided to allow staff to approve all requests under $10,000.

Now, the economic development officer approves requests of $5,000 or less, while the chief administrative officer vets anything from $5,001 to $10,000.

That was on the recommendation of Stephanie Sereda, a former community economic development officer who left the municipality shortly afterward to open her own business in Liverpool.

The new policy also requires the economic development officer and the CAO to file monthly reports to council on how the fund was disbursed. No monthly reports have been presented to council since the policy was changed.

Except for a few cases, councillors have not seen, at a public meeting, who has requested funds, who was approved and how much they received.

No councillors have raised the issue at a meeting. The last comprehensive staff report on the fund was presented on May 13, 2025.

Councillors have approved a few funding requests outside the application period since then, but there have been no detailed reports of where the rest of the money went.



RICK CONRAD PHOTO

Non-profit groups like the Privateer Farmers and Artisans Market in Liverpool have received grants in previous years through the Region of Queens community investment fund.

Mayor Scott Christian said in an interview that councillors have not seen any reports, but he promised to follow up with staff on the issue.

“A lot of the modernization of that was to put it in the hands of the capable staff to administer, to look at those eligibility requirements and administer it appropriately. But to your point, with the idea that there would be a monthly activity report so that we could still have our eyes on it. And so, I think that’s important. That oversight is important.”

He couldn’t give a date for when the first monthly reports may be presented to council, because he said he has to consult with the appropriate staff members first.

At their Sept. 8 meeting, councillors approved two new requests for grants through the Community Investment Fund.

The Queens County Arts and Crafts Society was granted $900 to help them host the fourth annual Queens Coast Art Tour this fall.

Habitat for Humanity will be getting $25,000 from the Region of Queens to help build two new houses in Liverpool for low- to middle-income earners.

Christian said that he appreciates Habitat’s model to help people get into property ownership. But he said the region needs to be more “proactive and deliberate” in supporting affordable housing.

“So I think it’s encouraging to see organizations like Habitat for Humanity having a presence in Queens County. And I think that’s the biggest thing here is the municipality wanted to signal a willingness to collaborate and work alongside them. But listen, we can’t be in a position where we’re subsidizing every build that an organization like Habitat for Humanity is interested in doing in Queens County. We need to look at more sustainable and structural ways that we can support non-market housing, like tax relief.”

Recently hired community economic development officer Sal Falk told councillors that the Liverpool International Theatre Festival had also recently been awarded funding, though Falk did not say how much.

She said that with the most recent grant approvals, about $28,000 is left in the Community Investment Fund.

BRIDGEWATER SENIOR CITIZENS CARD GROUP

The Bridgewater Senior Citizens Group met on September 16 for a game of Auction 45’s.

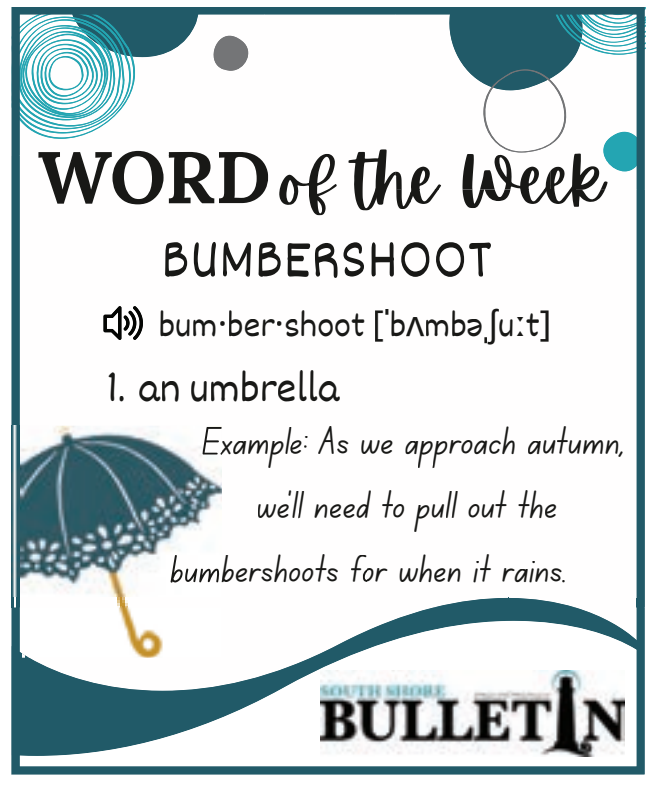
Winners were Ladies High Gail Boyle 1020, Men’s high Gary Aulenback 1075, Runners up Linda Voutier 1000 and Grace McCarthy 950. Winner of the 50/50 draw was Phyllis Meisner.

Winners of 30 x 60 bids were Melda Croft, Linda Voutier, Gail Boyle, Una Corkum, Gloria Winters, Gary Aulenback and Norma Joudrey.

Card parties are held WEDNESDAY EVENINGS at 7:00 pm in the Masonic Hall on Dominion Street. New members always welcome.

THE GOLDEN YOUTH CARD CLUB

The Golden Youth Card Club met on September 17th for a game of Auction 45’s. The winners were: Ladies high, Gail Boyle 1045; Ladies second, Marie Rafuse 965; Men’s High, Steve Boyd 1000; Men’s second, Gordon O’Hearn 985; Low Score (tie), Ken Edwards 605 and Weldon Naugler 605; Lucky Tally, Judy Johnson; Travel Prize, Harry Smith; 50/50 winner: Fred McKay. Card parties are held every Thursday evening at 7:00pm at the Pleasantville Fire Hall. Admission $3.00. New members (age 55+) are welcome. Light refreshments provided.



Lunenburg, N.S.

TIDE TABLE

Wednesday 23 September 2026			Sunday 27 September 2026		
Low Tide	*1.44 ft*	12:25 AM	Low Tide	*0.79 ft*	3:00 AM
High Tide	*4.86 ft*	6:44 AM	High Tide	*5.94 ft*	9:07 AM
Low Tide	*1.77 ft*	12:49 PM	Low Tide	*0.69 ft*	3:34 PM
High Tide	*4.99 ft*	6:53 PM	High Tide	*5.48 ft*	9:30 PM
Thursday 24 September 2026			**Monday 28 September 2026**		
Low Tide	*1.25 ft*	1:08 AM	Low Tide	*0.79 ft*	3:38 AM
High Tide	*5.22 ft*	7:22 AM	High Tide	*6.00 ft*	9:45 AM
Low Tide	*1.48 ft*	1:34 PM	Low Tide	*0.59 ft*	4:14 PM
High Tide	*5.22 ft*	7:33 PM	High Tide	*5.45 ft*	10:12 PM
Friday 25 September 2026			**Tuesday 29 September 2026**		
Low Tide	*1.02 ft*	1:47 AM	Low Tide	*0.92 ft*	4:17 AM
High Tide	*5.54 ft*	7:57 AM	High Tide	*5.97 ft*	10:25 AM
Low Tide	*1.15 ft*	2:15 PM	Low Tide	*0.62 ft*	4:59 PM
High Tide	*5.35 ft*	8:11 PM	High Tide	*5.32 ft*	10:56 PM
Saturday 26 September 2026			**Wednesday 30 September 2026**		
Low Tide	*0.85 ft*	2:23 AM	Low Tide	*1.18 ft*	5:02 AM
High Tide	*5.77 ft*	8:32 AM	High Tide	*5.84 ft*	11:08 AM
○ **FULL MOON**		**1:49 PM**	Low Tide	*0.79 ft*	5:51 PM
Low Tide	*0.89 ft*	2:54 PM	High Tide	*5.15 ft*	11:44 PM
High Tide	*5.45 ft*	8:50 PM			

Level of accuracy may be affected by weather patterns and circumstances.

Nova Scotia should scrap the sales tax on used goods

Continued from page 4

The Houston government deserves credit for cutting the HST from 15 to 14 per cent last year. That was real relief. But Nova Scotians are still paying some of the highest taxes in the country while groceries, power bills and rent eat up more of every paycheque.

Here's the next step: Take the provincial share of the HST off used goods entirely. Ottawa controls the federal portion, but the nine points Nova Scotia controls should come off every second-hand purchase.

Quebec's governing Coalition Avenir Québec claimed it couldn't afford this tax cut when it was raised. But Premier Tim Houston shouldn't hide behind the same excuse. Instead, his government should cut the $674 million it gives out yearly in corporate welfare to create room in the budget.

Three parties in Quebec are promising it because Taxpayers demanded it. Nova Scotians shouldn't have to wait for an election to get the same break.

Houston has a chance to lead the country on this. He should take it.

Chicken In A Rush

INGREDIENTS

- ½ cup ketchup
- ¼ cup water
- ¼ cup brown sugar
- 1 pkg dry onion soup mix
- 2-3 lbs chicken breasts

PREPARATION

1. Mix first four ingredients in bowl
2. Pour over boneless chicken breasts in casserole dish or baking pan
3. Bake 350 degree for one hour or until tender

Serve with rice or potatoes and garden salad.

Stupid Pie

INGREDIENTS

- 1 19- oz can crushed pineapple (undrained
- 1 graham cracker crust
- I can sweetened condensed milk
- 1 container of Cool Whip (thawed)

PREPARATION

1. Mix undrained pineapple with the milk
2. Fold in the whipped topping until smooth
3. Pour into crust and spread evenly
4. Chill until set 2 hrs or overnight

Thank you, Bonnie Whynot for submitting these great recipes.

Have a recipe you'd like to share?
Send it in!
info@southshorebulletin.ca
106-129 Aberdeen Rd,
Bridgewater, NS B4V 2S7

Queens councillors want province to pick up slack on road repairs, maintenance

By RICK CONRAD
Local Journalism Initiative Reporter
rickconradssb@gmail.com

MILTON – Concerns about road conditions and safety are piling up in Queens County as municipal councillors grapple with tightening provincial funding.

District 5 Coun. Jack Fancy raised the issue of crumbling roads in his area of Milton at council's Sept. 8 meeting, after more than 30 people signed a petition in support of the 17 residents on a 400-metre stretch from 542 to 601 West St. in Milton.

"The residents of this area are tired of beating their vehicles apart with costly repairs," the petition reads. "In the winter months after snow is cleared it's like driving over a plowed field because the plow blade won't stay down because of the rocks and dips from sunken culverts."

Fancy said he counted eight rocks sticking out of the pothole-pocked stretch.

"It's a problem that I've reported. Nothing has been done with it. ... The road is a mess."

He said he's also asked for three sections of School Street in Liverpool to be repaved, but only one section has been done. And he's asked the Nova Scotia Department of Public Works to address needed repairs on Forest Street in Milton.

Certain municipal streets are covered by a joint funding agreement between the province and the municipality. But there's only about $1 million available to fix what are known as J Class roads in the region. It was unclear whether West Street falls under that agreement.

"We have to have a better agreement that we can go forward with this," Fancy said.

"But in the first place with these people, they need to have their road repaired."

Mayor Scott Christian said municipalities are currently negotiating a new funding agreement with the province through a joint rural roads committee. He said that new arrangement would co-fund repairs to more classes of roadway.

"I get it loud and clear. I'm completely sympathetic with the damage done to vehicles, with the experience in trying to access your property on crumbling infrastructure which is why I've been going to work with it and doing all I can on the joint rural roads committee."

He said it's one of the things the province has been "downloading" onto municipalities, but he said he hopes they can strike a new deal in time for the next fiscal year.

"In the current state, we just don't have the municipal resources to attend to all of the roads throughout the county that badly need to be addressed. If we were to attend to the infrastructure deficit without the province at the table, we would have to increase the tax rates massively, considerably, probably twofold. The good news is that the province understands that it's a problem, wants to find a solution to the problem and is working toward a program that makes more sense."

District 4 Coun. Vicki Amirault said she's tried to have Emeneau Road in Brooklyn fixed since she was first elected in 2020.

"It's not even paved anymore. Some of these roads are getting impassable."

Another issue raised was roadside maintenance around the municipality. District 1 Coun. Roberta Roy said that the shoulders around her area of West Queens are overgrown with weeds and other vegetation. In the past few years, the province has mowed the sides of rural roads for better visibility.

"It's dangerous. Somebody is gonna get hurt. It's not if, it's when.

"You can't see coming out of driveways. ... There are trees in the ditch that are growing out over the road."

Councillors voted to send a letter to provincial officials asking for better road maintenance in the region.

They also voted to have the region's traffic authority, Infrastructure Director Adam Grant, look at traffic patterns in the growing residential area around Barss and Crowell streets in Liverpool and return with traffic-calming options.

That was in response to Deputy Mayor Maddie Charlton's concerns about speed in the awkward area as cars navigate a tight turn on a downhill slope. And she wants to see sidewalks extended in that stretch as well as on Old Port Mouton Road.

"As this is an area that continues to grow and grow again, this is still a concern with the residents in that area."

New church coming to Bridgewater

SOUTH SHORE BULLETIN STAFF

BRIDGEWATER – A new church is making a home in Bridgewater.



Kings Church, based out of Quispamsis, NB with a Weslyan-base, is launching a new campus in Bridgewater next month.

Kings Church is a multi-location church with a mission to see "all people in all places embrace the life-saving power of King Jesus," the vision of the church is "on earth as it is in heaven."

The first official gathering will take place Oct. 4 at 10 a.m. at Park View Education Centre.

Pastor of the campus will be Josh Forbes who is not new to the area; born and raised on the South Shore.

He has served as youth pastor of Kings Church for the past three years and said that it was easy for him to "accept the call from God to plant a church in Bridgewater," and he "is excited about the incredible plan that God has for Bridgewater. We believe that God has so many amazing things in store for this South Shore community. Kings Church will be a place where people can discover Jesus and build meaningful community."

An interview with Raymond Chow

Rare art auction to be held during September in Pleasantville

By JARED ST. CROIX
for the South Shore Bulletin







Artist Raymond Chow of Pleasantville shares his journey. In the main photo, Chow is seen in his work room (Jared St. Croix photo). Top right is a photo taken by Han Fuguan in 2012 and bottom right is an example of one of his paintings (Jared St. Croix photo).

A humble sign at 7 Church Road in Pleasantville reading "Artist Studio", hints at, but fails to properly convey, the massive weight of talent hiding just up the driveway.

Telling the story of this art studio – and the artist who runs it – requires starting on the other side of the country, however.

If one were to visit Vancouver's Queen Elizabeth's Park in B.C. and walk to the peak of Little Mountain, (a brisk 10-minute jaunt up neatly curated steps), you might come across a large rock that seems out of place. That's because Centuries Rock, as it is called by locals, was placed by city workers on July 21, 1954 to hide away a copper-plated, sealed time capsule.

It was buried during a lavish ceremony to a large cheering crowd. In 28 years from now, there will be a once-in-a-lifetime event held in front of the rock as they move it to reveal the contents hidden below. One hundred years of uniquely Canadian history and culture, carefully selected and preserved, will be revealed to anxious onlookers and then later curated by historians.

One of the works being held within that time capsule is a painting by Mr. Raymond Chow. I know this because, as my friend Ray is seated at one of the most exquisite pianos I've ever seen (the other most exquisite piano I've ever seen is in his workshop) behind him on the wall is a yellowing, framed letter dated July 10, 1954 congratulating Raymond on his artwork having been selected from a gallery to be included in the time capsule buried underneath Centuries Rock.

Even in casual conversation, Ray is creating. He gently taps the ivory keys as he leans on his living room piano; a black-painted, gold-trimmed, jade-sculpted work of art in and of itself. Chatting with Ray comes with as many musical responses as spoken. As we talk, Ray adds another layer of feeling with brief harmonies of notes played out. It comes as no surprise for me to discover Ray learned piano at the Toronto Royal Conservatory of Music.

"We're third generation Chinese," Ray says, speaking of his family background, "my grandfathers, both of them, came over from China in 1900."

Grandfather Ing bought land and settled in Richmond and became monetarily successful, eventually boasting one of the largest spud farms in the area and becoming the "Spud King of Richmond". He was known for his generosity, giving free sacks of potatoes to hungry families in need. That's probably why there's a street in Vancouver named after him. In China, meanwhile, Ray's other grandfather, Cho had been unfairly accused of assault after defending a young lady from three attackers and harming one in the process. His response was to marry the woman and move to Canada to rent land in Vancouver. They ended up having 10 children together. Later in life, Grandfather Cho would remarry and father another 11 children.

"I don't know how they did it!" Ray exclaims, pointing out that for most of their later lives, both men were single and raising a combined total of 31 children on their own.

Ray's mother designed and commissioned one of the first houses near Queen Elizabeth's Park in Vancouver. As a teen, when he wasn't exploring the park or attending school, Ray would play piano in his home alongside his cousin Fred, himself an award-winning violinist. But growing up as the child of a busy farming family, Ray never imagined his life would one day be overtaken by fundraisers, charitable foundations and art societies.

Recognized at an early age for his talent, Ray won an award at only 12 years old that sent him to summer school for art and launched his career. Soon after, he was traveling the world, inspired to draw cityscapes, animals, human form, natural vistas, portraits, and even designing commemorative Canadian Mint coins. Once his own children arrived, his artwork shifted to paintings of youth and innocent beauty.

Ray's use of colour, texture and theme are legendary. His art style is one of intricate linework and soft watercolour washes that evokes both nostalgia and familiarity.

In addition to his paintings, Ray is an accomplished professional pianist and composer. He has created numerous original scores and songs, released his own albums, and performed at the national level alongside some of the world's greatest artists.

"Is that the Paul Anka?" I ask, as Ray shows me a sketchbook he made years ago. We stand now in his parlour next to an authentic Thomas A. Edison Gramophone, the crown jewel of Ray's antiques collection.

"Yeah, that's Paul there," Ray confirms, "and Gordon Lightfoot was standing in front of me then too. I only had a few minutes to draw them as part of a series I was doing. They called me The Fastest Draw in the West."

From the University of British Columbia, Raymond gained a degree in art history as well as a teaching degree. Though admittedly, his rocket-ride of a career as a painter never left much room for teaching. His paintings consistently fetch tens of thousands in auction, with some customers going as far as trading luxury vehicles for a Raymond Chow original.

You can find Ray's art on display all over Canada, the U.S., London, England, and even as far as the Royal Palace of India in Rajasthan. Collections around the world hold his work, including MacMillan Bloedel, Vancouver Art Gallery, and Price Waterhouse Coopers to name a few. Ray was even a member of the Sir Ernest MacMillan Fine Arts Club, which closed in the '70s but is remembered as an important part of Canadian history. Ray has also dabbled in film, shooting historical reels of Vancouver and Toronto for longevity.

How famous of a painter is he? Ray recounts a story about his car breaking down in the middle of nowhere in rural B.C., and having to knock on a stranger's house to find a phone to call for help. When they hesitantly answered the door and Ray got a peek into their home, he immediately recognized the painting above the fireplace mantle. 'That's one of mine', he told them. 'Are you Raymond Chow?!' they said in surprise. What followed was a warm and lively discussion about modern art over tea as they waited for a tow.

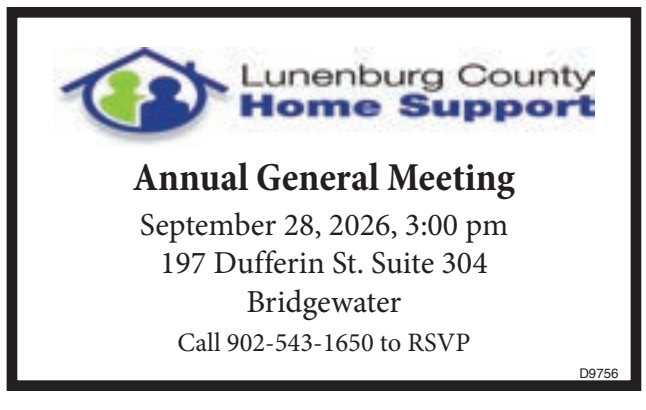
Those close to Ray know that these days, he doesn't own a home so much as live in an art gallery. The walls of his home are packed edge-to-edge with original works of art, paintings of such stunning beauty as to make one's jaw drop. Some works of art are the size of a doorway, others could fit in the palm of your hand.

"I love detail. I believe I'm a materialist in many ways. Seven tenths of everything I do is to make some kind of return, not to just give (my art) away, because I feel I work hard." Ray explains, reminding me that he turned down more lucrative offers over the years to instead devote his time to raising his children in private and providing for them using his talent.

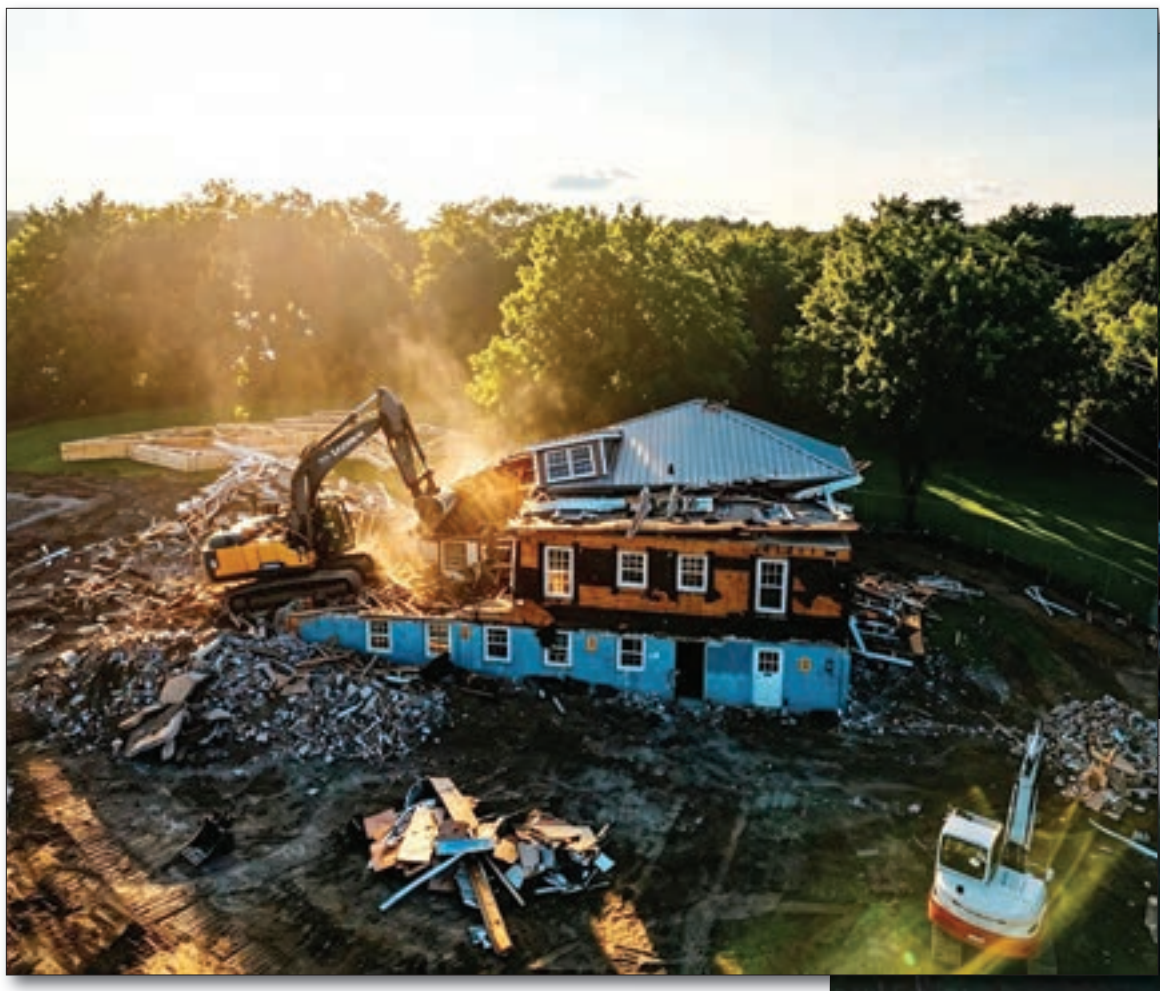
"(Which means) three tenths of my work is service, trying to help others, through charities for example."

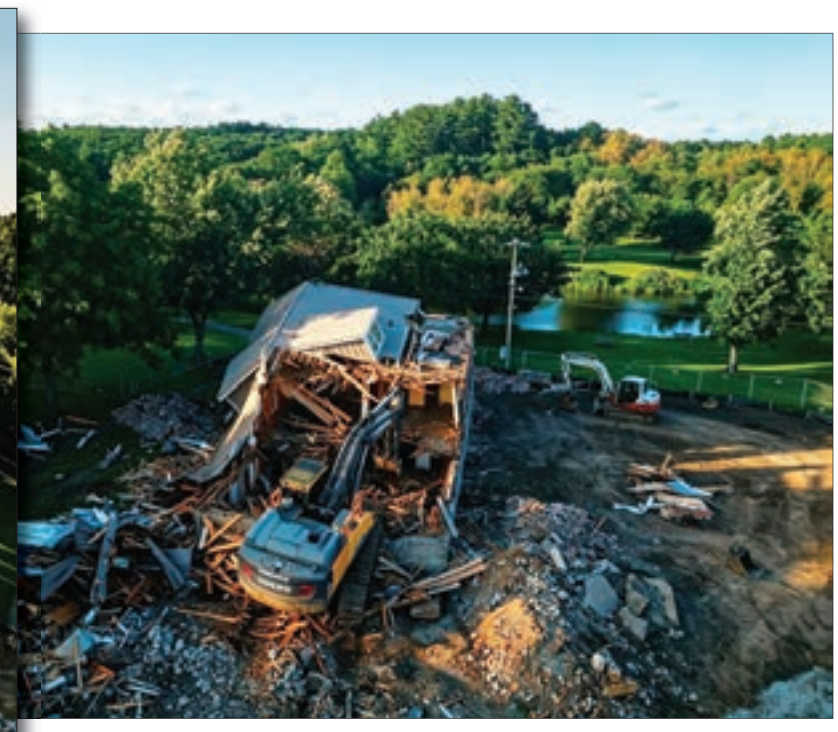
Raymond is holding an open house and ongoing Art Auction during the month of September at his studio. All are welcome to come out and see and bid on original works of art, and meet one of Canada's top historical painters for a friendly chat with refreshments!













PETE ROWSELL PHOTOS

MAKING WAY FOR PROGRESS

The main program building at the Municipal Activity and Recreation Complex (MARC) was torn down last week to make way for a new 4,500 square foot building that will provide one-level space for staff and equipment. A new, accessible playground is also being planned for the area. The MARC site has a long history in Lunenburg County. The property was once part of the former Lunenburg County Home, which dates back to the late 1800s. While most of the County Home buildings were demolished in the 1980s, the remaining brick and wooden structures continued to serve the community for several decades.

District 9
SPECIAL ELECTION

A vacant District 9 Council seat will be filled through a Special Election.

Council decisions affect our communities every day, from planning and infrastructure to services and recreation.

If you live in District 9, this is your opportunity to help choose who will represent your community at the council table.

Every vote matters and every voice counts.

Advance Voting Begins: October 8, 2026

Election Day: October 17, 2026

DISTRICT OF LUNENBURG INC. 1879

Learn more:
Engage.MODL.ca
Elections@modl.ca
902-530-6652

D9920

Partnership for seniors in need

CONTRIBUTED STORY

National Seniors Day is Oct. 1st, and the best way to honour our seniors is to make sure they are safe, warm, and independent in their own homes.

Salty Swabbers Housekeeping has teamed up with Shawna Symonds at Senior Safety and Services of Shelburne County to build a direct relief fund for local seniors who fall through the cracks of government programs.

We're reaching out to fellow businesses in Shelburne, Barrington, and Yarmouth to help us hit our $1,700 CAD goal before Oct. 1. Every dollar goes straight toward essential mobility and home safety equipment with zero red tape.

For more information, go to: https://gofund.me/67a4f1ccf.

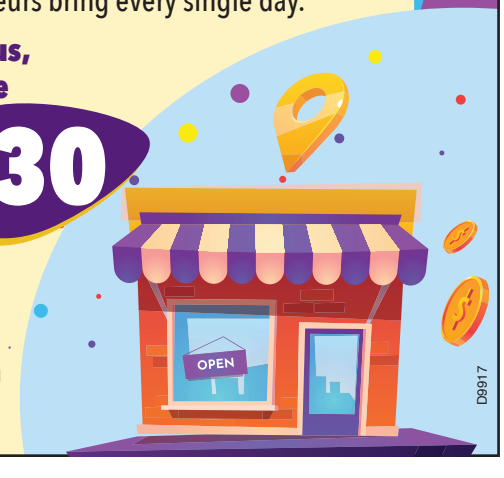
Celebrate
SMALL BUSINESS WEEK
with Us!

Great things come in small packages–and local businesses power our entire community! This October 7th, we are celebrating the hard work, passion, and heart that local entrepreneurs bring every single day.

To say thank you for supporting us, we are offering business card-size advertising spaces for $30

The deadline for submissions is Thursday, October 1st by 3 pm

Contact Diana to reserve your space!
diana.hirtle@southshorebulletin.ca
902-930-4361



D9917

Liverpool home to new regional emergency centre

By RICK CONRAD
Local Journalism Initiative Reporter
rickconradssb@gmail.com

LIVERPOOL – A new regional emergency operation centre opened on Aug. 24 in Liverpool, one of six across the province designed to improve Nova Scotia's response in a crisis.

Kim Masland, Nova Scotia's minister of emergency management and Queens MLA, was in Liverpool to open the hometown office, along with Emergency Management staff, Region of Queens Mayor Scott Christian and Elspeth McLean-Wile, mayor of the Municipality of the District of Lunenburg.

Masland said in a post on Facebook that the regional centres would help corral necessary resources in an emergency.

"We have seen firsthand, through events like the 2023 wildfires, that emergencies do not stop at municipal boundaries," the post said.

"Strong regional co-ordination means bringing people, resources, information and expertise together when communities need them most."

A spokeswoman said Masland was in meetings and not available for an interview.

The other centres are located in Kentville, Bible Hill, Antigonish, the Halifax area and the Sydney area.

They've been in the works since 2024, when the Nova Scotia government created a separate Emergency Management department and a volunteer corps known as the Nova Scotia Guard.

The centres work with municipalities and other agencies in an emergency on a co-ordinated response.

In addition to the opening of the centre in Liverpool, the province also recently granted $20,000 to the Region of Queens for its emergency management office for emergency co-ordination centre equipment and trunked mobile radios. Queens recently voted to join the Lunenburg County Regional Emergency Measures Organization.

The funding was part of $800,000 to 12 organizations across Nova Scotia through the REMO capacity grant program.

The Lunenburg County REMO received $100,000 through the program for training and equipment.

Municipalities and first responder groups can now also apply for up to $200,000 for emergency preparedness and response projects that benefit more than one community.

The Emergency Services Provider Fund supports projects led by a volunteer-first responder organization, a municipality or group of municipalities. The project has to benefit more than one group and help improve regional emergency preparedness.

The fund covers up to 90 per cent of eligible costs to a maximum of $200,000, for shared equipment and vehicles, training facilities, education, FireSmart improvements, or mental health programs.

Applications are accepted until Oct. 31 through an online portal. Search for "emergency services provider fund".



KEVIN MCBAIN PHOTOS

FOUR GOALS FOR VEINOTTE

Addalay Veinotte of the Div. 1 Park View Panthers girls' soccer team scored four goals in an 8-0 rout over the visiting Yarmouth Vikings squad Sept. 17. Below: Panthers' Sophie Naugler breaks through a couple of Yarmouth players during game action. Next home game is Oct. 1.







LIFESTYLES

When food affects more than mealtime

Understanding food allergies in cats

ASHLEY KIPPERS
SHAID Tree Animal Shelter General Manager

For many of us, feeding our pets is one of the simplest parts of the daily routine. We fill their bowls, offer the occasional treat, and enjoy watching them happily eat. But for some cats, what goes into their food bowl can have a significant impact on their health and comfort.

Food allergies in cats can present in several ways, and recognizing the signs can help pet owners seek appropriate veterinary care. Although food allergies are not the most common type of allergy in cats, they can cause persistent skin irritation and, in some cases, digestive problems.

One of the most common signs of a food allergy is ongoing itching. A cat may scratch, lick, or groom excessively, sometimes causing hair loss, sores, scabs, or irritated skin. The head, neck, and face are frequently affected, although symptoms can occur elsewhere on the body.

Other cats may experience digestive symptoms such as vomiting or diarrhea. Because these signs can also be associated with other health concerns, it is important not to assume that a food allergy is the cause without veterinary assessment.

Food allergies are often associated with a reaction to specific proteins, including those found in ingredients such as beef, fish, or chicken. Importantly, a cat can develop an allergy to an ingredient it has eaten for a long time, even if it previously had no problems with that food.

When a food allergy is suspected, a veterinarian may recommend a carefully managed elimination diet. This involves feeding a specific veterinary-approved diet for an extended period, without additional treats or ingredients that could interfere with the process. Dietary changes should always be made with veterinary guidance to ensure the cat continues receiving appropriate nutrition.

For families considering adoption, a cat with dietary requirements may need a little extra planning, but providing the appropriate food and maintaining a consistent feeding routine can become a straightforward part of everyday care.

MEET NINE

This week, SHAID would like to introduce Nine, a lovely four-year-old female cat who is still waiting for her perfect home. She was an amazing mom to her two kittens who have found their homes and now it's her turn.

Nine may be a little shy when meeting new people, but underneath her reserved nature is a sweet and friendly personality. She will need a patient and understanding family who can give her time to settle in, build trust, and feel comfortable at her own pace.

Nine also requires a hypoallergenic diet to help keep her healthy and happy. Her dietary needs and feeding routine can be discussed in more detail during a meet and greet, giving potential adopters the opportunity to learn how they can support her ongoing well-being.

At SHAID Animal Shelter, helping animals find homes means recognizing that each one has individual needs. Some require medical care, others need behavioural support, and many simply need someone willing to give them time. Community support through adoption, fostering, volunteering, donations, and fundraising helps make that care possible.



ASHLEY KIPPERS PHOTO
Meet Nine, a lovely four-year-old female cat who is still waiting for her perfect home.

The thank you response

SUSANNE BECK
Reality Check

Whether or not we deserve it, we are sometimes on the receiving end of criticisms, even putdowns. Some people refer to these types of comments as "feedback," and we know that thoughtful feedback can give us useful information.

However, when we perceive that we're being stung by a put down or harshly critiqued, how we respond can determine whether we end up with a helpful conversation or a permanently damaged relationship.

Last time, I suggested one way that we might respond to criticism and putdowns, "say nothing." This response can be surprisingly effective, as it puts a complete damper on the conversation. The critic doesn't get to see the result of the pain they may wish to inflict, and that alone may reduce their motivation to continue criticising.

What are some other responses? First, think about what you want in the situation. For example, you may not want to add fuel to the fire, but neither do you want to walk away feeling defeated. Saying nothing won't always be an effective response to achieve what you want, so it's handy to have other options to call on.

Here's another suggestion from Dr. Bob Wubbolding in "*A Set of Directions for Putting and Keeping Yourself Together*." Dr. Bob suggests, "That's your opinion. I see it differently."

That response may fit the bill for you. However, I'll also offer a slightly modified version: "Thank you. I see it differently." You could make this an even shorter interaction by simply saying, "Thank you."

Saying thank you conveys respect. It can also be disarming. If we choose to perceive your critic in the best possible light, then presumably they are offering criticism in an effort to help you. They may have chosen an extremely ineffective way to go about it, but still, it could be an effort to help you. Saying thank you acknowledges that.

But what if you are sure that your critic is just trying to get under your skin?

Two points to consider. First, we can't read minds. While we might presume that someone is simply trying to needle us, we don't know that for sure. Maybe they are just a poor communicator who is genuinely trying to be helpful.

Secondly, does it do any harm to respond as if the criticism has been offered with good will rather than ill intent?

Continued on page 19

SOUTH SHORE BULLETIN
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2026 ELECTRONICS COLLECTION

Three electronic items will be collected per household on these dates:

Town of Mahone Bay: October 5, entire Town collected

District of Lunenburg: October 13 - 23, on your regular collection day

Town of Bridgewater: October 20 - 23, on your regular collection day

For a full list of items, visit: www.recycleMYelectronics.ca/NS.

Drop off electronics at South Shore Waste Solutions, 908 Mullock Road, Whynott's Settlement, year-round.



Questions? Visit www.southshorewaste.ca or call 902-543-2991.

D9849

LIFESTYLES

All about the Stilt Sandpiper

JAMES HIRTLE
Bird Notes

I received a call from Kevin Lantz on Sept.14 that he had found a stilt sandpiper along the causeway that goes out to Conrad's Island by Sand Dollar Beach in Rose Bay. I made my way over to search for the bird shortly after.

This is a bird that would be easy to miss and after about an hour of searching I was ready to give up. I then found it.

It was traveling with a lesser yellowlegs. It was more grey and had a white line either side of the eyes. The legs were a slightly different colour and it was slightly smaller than the yellowlegs. They were so closely matched that I might have missed it had I not noticed some subtle differences.

The stilt sandpiper nests across North America in the tundra from Alaska to James Bay and likely into Ontario south to the continuous forest. They winter from the extreme United States and south through Central America and south America to Uruguay and Argentina.

The stilt sandpiper is 18.75 to 22.5 cm long with a wingspan of 38.75 to 42.5 cm. The sexes are outwardly alike but on average the females are slightly larger. There is a somewhat long, slender, blackish bill. It is straight or slightly down-curved towards the tip.



JAMES HIRTLE PHOTO

A Stilt Sandpiper caught on camera at Sand Dollar Beach in Rose Bay on Sept. 14.

They have long green-yellow legs with webbed front toes at the base. In breeding plumage, they have rusty cheeks and heavily cross-barred underparts. In the fall they are grey above and white below with faint breast markings. The wings do not have a white stripe and they very much resemble a lesser yellowlegs, which it often associates with as was the case that I mentioned above.

In winter plumage the legs are greenish and not the bright yellow of the yellowlegs. In the fall it often will resemble a dowitcher, which came to mind as I watched it feed. The stilt sandpiper eats worms, flies and mosquito larvae, small mollusks, seeds, roots and leaves of aquatic plants.

On Sept.11 Miguel Morales sighted 10 killdeer by the Walmart in Cookville.

On Sept.12, I joined a small group of birders for an outing in Mahone Bay and along the Dynamite Trail in Clearland. We saw 26 species and had some nice groupings of migrants. We had several red-eyed vireos and some blue-headed vireos.

I had not seen the blue-headed vireo in awhile, so that was a nice treat and had not seen an ovenbird for weeks, so that was great to see. Robert Keereweer discovered a Philadelphia vireo at the Sawpit Park in Lunenburg. Lev Frid saw a blue-grey gnatcatcher at the Winney-Penny Woods on Cape Sable Island. She also watched a prairie warbler at Sandhill's Beach Provincial Park.

On Sept.14 Kevin Lantz reported a lot of northern gannets and shearwaters off of Hell's Point in Kingsburg. Although the shearwaters were far out, Kevin did see a number of Cory's shearwaters.

Logan Moore watched a prairie warbler at Kenny Road on Cape Sable Island. Mark Dennis had a Philadelphia vireo at Highland Heights on Cape Sable Island and several birders reported a buff-breasted sandpiper at the guzzle.

On Sept.15 Logan Moore spotted a dickcissel at the Keji Seaside Adjunct. He also had a yellow-crowned night heron and a great horned owl at the Thomas Radall Park. Lise Bell of Bush Island and Lynette Barnes of Green Bay also reported great horned owls to me. Mark Dennis saw a lark sparrow at Centreville on Cape Sable Island. After her lawn was cut in Kingsburg, Wendy Muise had an upland sandpiper show up.

Continued on page 19

Loyalty isn't built on discounts, it's built on details

STEPHANIE MILLER VINCENT
Business Moments

There's a moment most of us can remember without much effort, when someone in a business, whether it was a shop, a diner, a marina office, doesn't matter which did something small that had no business sticking with us as long as it has.

They remembered how you take your coffee. They walked you to the shelf instead of pointing. They asked about the knee surgery you mentioned six months ago and actually wanted to know the answer.

None of it cost them anything close to what it earned them.

That's the part that gets missed in most conversations about customer loyalty and I hear this from clients across every kind of business, from restaurants to retail to trades. The instinct, when owners want people to come back, is to reach for the big lever: a discount, a loyalty card, a renovation. Those things aren't wrong, exactly. They're just not where loyalty actually gets built.

Loyalty gets built in the 10-second moments nobody schedules. The ones that tell a customer: you are a person to us, not a transaction.

Picture a contractor who leaves a job site cleaner than he found it, every time, without being asked. This isn't on the estimate, but it's the thing the homeowner tells three neighbours about.

Or a retailer who remembers which of two sweaters a customer was torn between last week, and asks at the door, "Did the blue one work out?" Nobody expects a shop to remember their internal debate so it reads as attention, not sales technique.

Or a tourism operator who learns one detail about a guest before they even arrive, maybe it's where they're from, what brought them here and works it naturally into the day. It turns a scheduled excursion into something that feels made for that one person.

None of that required a budget meeting. It required someone deciding to notice and then following through.

I think about this every time I'm behind the bar or on the floor at The Channel. The wine list matters. The room matters. But what people actually talk about afterward is that we remembered their name, or that we held a table without making a thing of it, or that we noticed they seemed off and just … asked.

Nobody writes a five-star review about your point-of-sale system. They write it about how they felt.

Here's the shift I'd ask you to sit with this week: the little things aren't the icing on your customer experience, they're the whole cake. The big investments make a business functional. The small, intentional ones make it memorable. And memorable is what turns a one-time visitor into someone who brings their friends next time, unprompted.

If you want to go deeper on this, I am running a practical, hands-on workshop on exactly this topic, identifying the small-moment opportunities specific to your business and walking away with low-cost ideas you can put into practice immediately.

It's built for solo entrepreneurs, retailers, restaurant owners, contractors, tourism operators, fisheries businesses and professional service providers alike because whatever you sell, you're in the business of serving people. Email stephanie@smillervision.com to be added to the wait list.

The businesses people come back for aren't always the biggest or the flashiest. They're the ones that made someone feel like more than a transaction, even just once.

Would you want to be a customer of your own business?

Stephanie is the founder of SMillerVision, helping hospitality owner-operators build teams worth staying for. Learn more at smillervision.com.

Who can drink 20 litres of gas without getting sick?



SOUTH SHORE BULLETIN

Do you have some favourite puns, one-liners, or treasured family jokes?

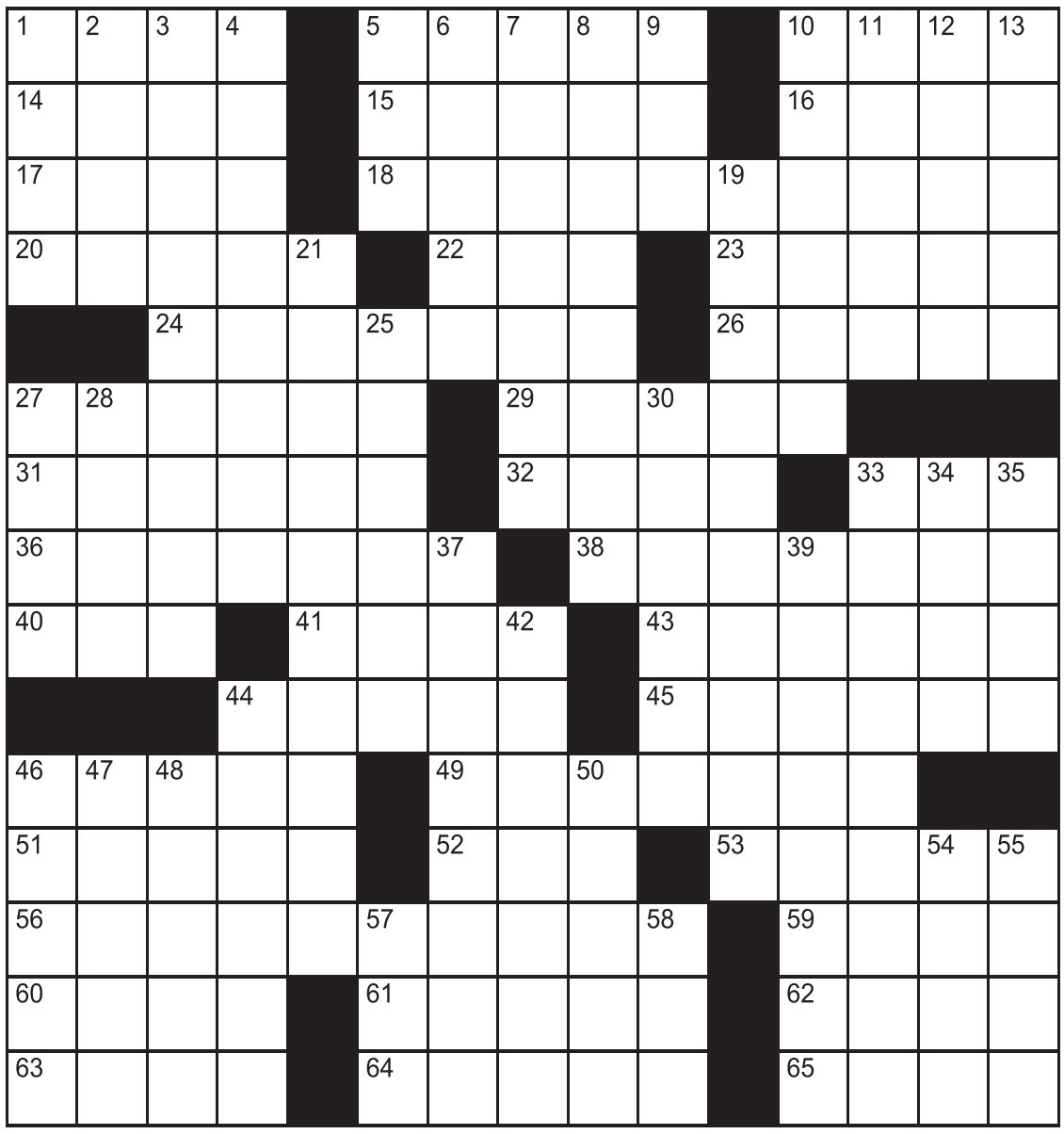
Send them our way! We would love to share them.

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PUZZLES & MORE

The Weekly Crossword

by Margie E. Burke



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ACROSS

1 Male deer
5 Hose shade
10 Czech or Serb
14 Entice
15 "Li'l" comics guy
16 "La Boheme" heroine
17 Tues., for Tuesday
18 Accounts
20 "Missing You" singer John
22 It may follow a dot
23 Colleague of Ketanji
24 Slow flow
26 Imparts
27 David of "CSI: Miami"
29 Twelfth Hebrew letter
31 Dump-truck filler
32 Dance move
33 Resort
36 Rabbit ears
38 Addict's accomplice
40 Wallace of "E.T."
41 Barnyard cacklers
43 Unbending
44 Raccoon's kin
45 Stew pieces
46 Drink accessory
49 Eager, so to speak
51 Chicago airport
52 Batman and Robin, e.g.
53 Labor leader Chavez
56 MDF, for one
59 Drive-___
60 Bulb flower
61 Aquatic mammal
62 Burial chamber
63 Tallies
64 Michelob and Molson, e.g.
65 Online crafts shop

DOWN

1 Cole ___
2 Orchestral heavyweight
3 Act as a go-between
4 Writer Stein
5 Go for the bronze?
6 Taken ____
7 Opens, as a sleeping bag
8 Spread throughout
9 Memorable time
10 Lit up the room, maybe
11 Add pep to, with "up"
12 Change, as a bill
13 Some charge cards
19 Blessed with ESP
21 1950s president
25 Eye part
27 Iron follower
28 Top-notch
30 Upstanding guy
33 Goliath's undoing
34 Film legend Gregory
35 Word after martial or performing
37 Poison remedy
39 Clairol choice
42 Put into place
44 Affectionate touch
46 Vergara of "Modern Family"
47 Bronze finish?
48 Fanatical
50 Kitchen gadget
54 Battle needs
55 Like Dorothy's slippers
57 Go up and down
58 E.R. workers

Sudoku

	8						3	
						2		
			2	1			4	7
		1		5				6
		7	3	6				
						9		
		4	5		2			9
	9	5			7		1	4
6					4			

Level: Advanced

HUNTING & FISHING WORD SEARCH

F	N	G	O	Q	U	A	R	R	Y	G	B	R	A	U	T	Q	Q	N	M
T	I	T	C	D	S	H	I	G	M	F	I	A	B	Q	M	D	S	D	R
T	W	F	I	S	A	V	E	A	P	U	I	I	G	V	K	S	F	E	Q
D	R	D	Y	A	N	U	H	A	B	I	T	A	T	L	E	G	B	C	Q
T	S	A	M	D	B	P	G	Y	N	I	M	Q	I	N	I	B	Y	O	H
K	L	L	C	U	A	C	O	A	R	O	Y	Y	R	N	O	M	H	Y	D
Y	K	T	D	K	A	K	Q	E	M	R	S	E	L	B	E	E	I	E	B
B	G	I	V	S	I	S	P	C	S	E	D	A	L	L	S	R	H	T	R
T	O	N	T	V	T	N	I	E	A	L	D	G	E	T	C	C	Q	F	I
N	V	I	I	G	G	S	G	V	I	M	K	I	C	S	I	K	E	P	R
Q	N	D	H	H	C	Y	C	W	D	P	O	A	C	H	I	N	G	H	V
G	V	O	A	B	C	G	G	E	F	K	M	U	H	C	N	Q	H	A	R
W	O	G	H	E	D	T	A	F	N	O	A	N	F	A	B	G	U	R	A
T	A	C	K	L	E	I	E	G	N	T	D	P	Y	L	O	T	E	V	N
E	H	E	N	E	T	I	V	L	I	C	E	N	S	E	A	U	W	E	G
U	F	D	B	L	I	N	D	S	F	B	E	Q	R	P	F	G	B	S	L
L	D	N	Y	K	H	C	T	A	C	D	A	R	K	G	Q	D	E	T	E
V	M	Y	W	Y	H	I	R	S	C	Q	B	S	U	S	R	U	U	Q	R
G	H	I	W	M	G	I	H	U	H	P	N	H	S	L	I	B	E	K	H
K	A	S	N	A	M	R	Y	K	F	T	I	H	C	E	B	N	B	W	V

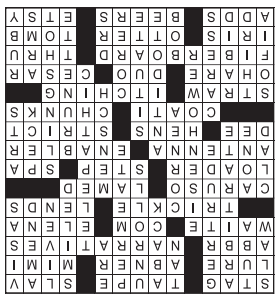
Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ANGLER
BAG LIMIT
BAIT
BLINDS
BOBBER
CAMO
CAMOUFLAGE
CASTING
CATCH
DECOY
FLETCHING
GAME
HABITAT
HARVEST
LICENSE
LURE
NET
POACHING
QUARRY
SCENT
SEASON
TACKLE
TRACKING
WILDERNESS

Puzzles & More Answers

Crossword Solution



Sudoku

2	8	5	4	9	1	3	7	6
4	1	3	7	8	6	5	9	2
9	6	7	2	3	5	4	1	8
8	7	9	1	2	4	6	8	5
6	5	4	8	7	3	9	2	1
3	2	1	9	6	8	7	5	4
5	9	8	6	4	2	1	3	7
7	4	6	3	5	9	8	6	2
1	3	2	5	1	7	2	4	9

WEDNESDAY EVENING — SEPTEMBER 23

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	Global	Abbott	Ent. Tonight	Crime Beat		Survivor "Permanent Uncertainty" (SP)				Big Brother "Episode 38"	
8	CTV News	etalk	Big Bang	Big Bang	Big Bang	The Floor (SP)		The Weakest Link		News-Omar	CTV News
11	News	Coronation	Feud	The Passionate Eye "Neil Peart: No One's Disciple"				The National		News	Land
4	BBC World	PBS News Hour		BBC News	R. Steves	Big Cats 24/7		NOVA		Ages of Ice "Polar Seas"	
7	How/Made	CTV News Atlantic		Big Bang	etalk	The Voice		The Rookie "Dye Hard"		Criminal Minds	
9	News	News	World News	News	Chronicle	Who Wants to Be		Who Wants to Be		Shark Tank	
12	NBC 10 Bos	News	NBC News	Boston News		The Voice		America's Got Talent "Finale Results" (SF) (L)			
16	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD
17	Man-Plan	Engageme..	Engageme..	Wings	Wings	The Office	The Office	Engageme..	Man-Plan	Neighbor	Neighbor
18	The Lead	Jake Tapper (L)		Erin Burnett OutFront (L)		Anderson Cooper 360 (L)		The Source With (L)		CNN NewsNight (L)	
19	M*A*S*H	History's Deadliest		Mega-Brands		History's Greatest		Built America		Hazardous History	
20	Cooking	Evening News at Six		Nightline	Inside	The Good Doctor "Oliver"		Scorpion		The Good Wife	
21	Barrymore	Young & Restless		Global	Global	Global News Hour at 6		Abbott	Ent. Tonight	Big Brother "Episode 38"	
22	Teen/Teen	Teen/Teen	Looney	Scooby-Do..	Be Cool	Looney	Teen/Teen	Scooby-Doo! Frank Welker.			Best
23	Steven	Steven	Adventure	Adventure	Steven	Total	Hotel	Adventure	Adventure	Mermicorno	Total
28	Mindy	Mindy	Mindy	Mindy	Mindy	Mom	Mom	★★★ "Friends With Benefits" ('11)			
29	Power and Pol (L)			Hanomansing Tonight (L)				The National (L)		The National (L)	
32	WBZ News	WBZ News	CBS-News	Wheel	Jeopardy!	Survivor "Permanent Uncertainty" (SP)				Big Brother "Episode 38"	
33	9-1-1	9-1-1 "Home Invasion"		9-1-1 "Tomorrow"		9-1-1 "Cursed"		Doc Molly Parker.		Best Medicine	
34	One Day	One Day in My Body		ER: Caught on Camera		ER: Caught on Camera		ER: Caught on Camera		The Bad Skin Clinic	
35	Mayday	Highway Thru Hell		Bones		Mayday "Deadly Climb"		Mayday		Collision Charleston	
36	News	Boston News (L)		Ent. Tonight	TMZ	The Floor (SP)		99 to Beat (SP)		Boston News (L)	
37	CSI: Vegas	CSI: Vegas		CSI: Vegas "The Promise"		CSI: Vegas "Fractured"		The Paper	The Paper	★ "Grown Ups" ('10)	
38	Engageme..	Neighbor	Neighbor	Goldbergs	Goldbergs	Brooklyn	Brooklyn	Got to Get Out		Engageme..	Engageme..
39	Big Bang	Conners	Conners	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang
44	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite AEW Dynamite (L)				Collision Charleston	
46	Property	Property Brothers		Property Brothers		The Mother Flip		The Block Australia		House	Houses
47	Castle	Star Trek: Next		Star Trek: Next "Genesis"		Star Trek: Next		Star Trek: Next		The Ark "Critical Failure"	
49	Housewives	Housewives/OC (R)		Housewives/OC (R)		Housewives SLC (R)		Next Gen NYC		Housewives/OC (R)	
50	Blair	Blue Jays	MLB Baseball Toronto Blue Jays at Baltimore Orioles (L)						Sportsnet Central (L)		Plays Week
52	Live	Live from the Presidents Cup A team representing the United States takes on an international team for the Presidents Cup.									
53	Overdrive	SportsCentre (L)		NHL Hockey Toronto Maple Leafs at Ottawa Senators (L)					SportsCentre (L)		Sports
54	Botched	etalk	My House	The Rookie "Threshold"		The Rookie		Movie			
55	Beachcom..	APTN News	APTN	Best in Miniature		History's Most Haunted		Unsettled	Ghost	Other Side	Secret His
56	Midsomer	Murdoch Mysteries		Murder, She Wrote		Beyond Paradise		Wycliffe Jack Shepherd.		Heartbeat	

THURSDAY EVENING — SEPTEMBER 24

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	Global	Abbott	Ent. Tonight	Elsbeth		Big Brother		NCIS: Origins		Global	Global
8	CTV News	Battle of the Generations		NFL Pregame (L)		NFL Football Atlanta Falcons at Green Bay Packers (L)					
11	News	Coronation	Feud	Dragons' Den		Trigger Point		The National		News	Canadian
4	BBC World	PBS News Hour		BBC News	R. Steves	Old House	Old House	Promises	Still Here	From Sea to Shining Sea	
7	How/Made	CTV News Atlantic		Big Bang	etalk	The Traitors		The Traitors		Criminal Minds	
9	News	News	World News	News	Chronicle	9-1-1 "Pick Your Poison"		9-1-1: Nashville		9-1-1: Nashville	
12	NBC 10 Bos	News	NBC News	Boston News		The Traitors		The Traitors		Line of Fire "Pilot"	
16	The First 48	The First 48		The First 48		The First 48		The First 48		The First 48	
17	Man-Plan	Engageme..	Engageme..	Wings	Wings	The Office	The Office	Engageme..	Man-Plan	Neighbor	Neighbor
18	The Lead	Jake Tapper (L)		Erin Burnett OutFront (L)		Anderson Cooper 360 (L)		The Source With (L)		CNN NewsNight (L)	
19	M*A*S*H	Built America		Built America		Hazardous History		Forged in Fire		Modern Marvels: WWII	
20	Cooking	Evening News at Six		Nightline	Inside	Hell's Kitchen		Mr. D	Home Econ.	Comedy	Comedy
21	Barrymore	Young & Restless		Global	Global	Global News Hour at 6		Abbott	Ent. Tonight	Elsbeth	
22	Teen/Teen	Teen/Teen	Looney	Scooby-Do..	Be Cool	Looney	Teen/Teen	★★ "Rio 2" ('14) Anne Hathaway.			
23	Steven	Steven	Adventure	Adventure	Steven	Total	Hotel	Adventure	Adventure	Mermicorno	Total
28	Ghosts	Ghosts	Ghosts	Ghosts	Ghosts	Matlock		Little Fires Eve. "Duo"		Little Fires Everywhere	
29	Power and Pol (L)			Hanomansing Tonight (L)				The National (L)		The National (L)	
32	WBZ News	WBZ News	CBS-News	Wheel	Jeopardy!	Big Brother		Georgie	Ghosts	Elsbeth	
33	Chicago	Chicago Med		Chicago Med		Chicago Med		Somebody's		Somebody's	
34	Last Resort	90 Day: The Last Resort		90 Day: The Last Resort		90 Day: The Last Resort				1000-lb Roomies	
35	Mayday	Highway Thru Hell		Bones		Bones		R.J. Decker		Criminal Minds	
36	News	Boston News (L)		Ent. Tonight	TMZ	Hell's Kitchen (SP)		Special Forces (SP)		Boston News (L)	
37	CSI: Miami	CSI: Miami "Out of Time"		CSI: Miami		CSI: Miami "Bolt Action"		The Twisted Tale of (P)		★★★ "Haywire" ('11)	
38	Mindy	Neighbor	Neighbor	Goldbergs	Goldbergs	Brooklyn	Brooklyn	★★ "Just Like Heaven" ('05) Reese Witherspoon.			
39	Big Bang	Conners	Conners	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang
44	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang
46	Love It	Love-List-Vancouver		Love-List-Vancouver		Love-List-Vancouver		House of Ali		Interior Design Masters	
47	Castle	Star Trek-New Worlds		Star Trek-New Worlds		Star Trek-New Worlds		Star Trek (SF)		Star Trek-New Worlds	
49	Vanderpu..	Vanderpump Rules (R)		Vanderpump Rules (R)		Housewives/OC		Watch What	The Real	Watch What	Housewives
50	Plays Week	Pregame	MLB Baseball Cleveland Guardians at Boston Red Sox (L)						Baseball Houston Astros at Athletics		
52	2026 Presidents Cup Day 1 (L)			Live from the Presidents Cup (L)				2026 Presidents Cup Day 1 (R)			
53	Overdrive	SportsCentre (L)		Basketball Toronto Tempo at Connecticut Sun				NFL Football Atlanta Falcons at Green Bay Packers			
54	Botched	etalk	My House	The Rookie		The Rookie		Relatively Nat & Liv		Relatively Nat & Liv	
55	Beachcom..	APTN News	Face to	The Nature of Things		Metis F	Michif Cou	Red River	Searchers	Go North!	
56	Midsomer	Murdoch Mysteries		Murder, She Wrote		Columbo Mike Lally, John Finnegan, Peter Falk.				Doc Martin Martin Clunes.	



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Channel Guide – A - Lunenburg Co. B - Queens Co. C - Caledonia/Cherry Hill D - St. Margaret's Bay E - New Ross

	A	B	C	D	E
GLOBAL	6	6	6	6	7
ATV	8	9	5	9	9
CBC	11	3	3	11	11
PBS	4	2	13	4	6
ASN	7	7	4	7	4
ABC	9	27	7	31	17
NBC	12	5	9	12	12
PARMT	14	17	17	14	
A&E	16	15	20	16	
CMT	17	32	22		
CNN	18	14	19	18	
HIST	19	38		46	
CHCH	20		10	23	16

	A	B	C	D	E
ITV	21		16	62	18
YTV	22	28		70	
TOON	23	44		44	
W	28	22		22	
NEWS	29	29		29	10
CBS	32	11	11	32	13
CTV DRAMA	33	20		37	
TLC	34	45		21	
DISC	35	19	23	38	
FOX	36	21	21	24	15
SHOW	37	33		39	
SLICE	38	34		40	
CTV COMEDY	39	53		49	

	A	B	C	D	E
OWN	99			99	
FAM	43	43		43	
HGTV	46	47		34	
CTV SCI FI		47	48		47
OUTD	49	52		48	
ROGERS SPORTSNET	50	50		52	
GOLF	52			54	
TSN	53	26	2	57	
E!	54			53	
APTN	55	56			
VIS	56	31		123	

FRIDAY EVENING — SEPTEMBER 25

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	Global	Abbott	Ent. Tonight	Crime Beat		Big Brother		Fire Country		Global	Global
8	CTV News	etalk	★★★ "Guardians of the Galaxy Vol. 3" (Sci-Fi,2023) Zoe Saldaña, Dave Bautista, Chris Pratt.							CTV	CTV News
11	News	Coronation	Feud	Marketplace	About That	The Fifth Estate		The National		News	About That
4	BBC World	PBS News Hour		BBC News	R. Steves	Stage	My Music	Sing Democracy 250			American
7	How/Made	CTV News Atlantic		Big Bang	etalk	★★ "Indiana Jones and the Dial of Destiny" ('23) Harrison Ford.					
9	News	News	World News	News	Chronicle	R.J. Decker		20/20 (SP)			
12	NBC 10 Bos	News	NBC News	Boston News		Line of Fire "Pilot"		Dateline NBC (SP)			
16	The First 48	The First 48		The First 48		Streets-Talking		Sex, Money, Murder		Sex, Money, Murder (SF)	
17	Man-Plan	Engageme..	Engageme..	Wings	Wings	The Office	The Office	Engageme..	Man-Plan	Neighbor	Neighbor
18	The Lead	Jake Tapper (L)		Erin Burnett OutFront (L)		Anderson Cooper 360 (L)		The Source With (L)		CNN NewsNight (L)	
19	M*A*S*H	The UnXplained		Ancient Aliens		UnBelievable		The UnXplained		Secrets Declassified	
20	Cooking	Evening News at Six		Nightline	Inside	Person	25 Words	20/20			
21	Barrymore	Young & Restless		Global	Global	Global News Hour at 6		Abbott	Ent. Tonight	Crime Beat	
22	Teen/Teen	Teen/Teen	Looney	Scooby-Do..	Be Cool	Looney	Teen/Teen	★★ "Despicable Me 3" ('17) Steve Carell.			
23	Steven	Steven	Adventure	Adventure	Steven	Total	Hotel	Adventure	Adventure	Mermicorno	Total
28	Goldbergs	Goldbergs	Goldbergs	Goldbergs	Goldbergs	"Field Day" ('23) Benjamin Ayres, Rachel Boston.				"Dream Moms" ('23)	
29	Power and Pol (L)			Hanomansing Tonight (L)				The National (L)		The National (L)	
32	WBZ News	WBZ News	CBS-News	Patriots All Access		Big Brother		Sheriff Country		Boston Blue	
33	The Rookie	The Rookie		The Rookie "Manhunt"		The Rookie "Greenlight"		The Rookie		The Rookie "Redwood"	
34	90 Day	90 Day Fiancé		90 Day Fiancé		90 Day Fiancé "More to Love: Tell All Part 2"				90 Day	Last Resort
35	Mayday	Highway Thru Hell		Bones "Judas on a Pole"		Law & Order: SVU		Sullivan's Crossing		Anna Pigeon	
36	News	Boston News (L)		Ent. Tonight	TMZ	College Football Northwestern at Indiana (L)					
37	Law-SVU	Law & Order: SVU		Law & Order: SVU		★★ "Jack Reacher" (Action,2012) Rosamund Pike, Robert Duvall, Tom Cruise.					
38	Will/Grace	Neighbor	Neighbor	Goldbergs	Goldbergs	Brooklyn	Brooklyn	Married at First Sight "The Reunion"			Will/Grace
39	Big Bang	Conners	Conners	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang
44	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	★★★ "Ocean's Eleven" ('01) Matt Damon, George Clooney.					Movie
46	House	House	House	House	House	House	House	House	House	Help! We Bought	
47	Castle	The Ark "Two by Two"		The Ark		The Ark		The Ark		The Ark	
49	Below Deck	Below Deck (R)		Below Deck (R)		Top Chef (R)		Top Chef (R)		Below Deck (R)	
50	Blair	Pregame	Blue Jays	MLB Baseball Cincinnati Reds at Toronto Blue Jays (L)						Sportsnet Central (L)	
52	2026 Presidents Cup Day 2 (L)			Live from the Presidents Cup (L)				2026 Presidents Cup Day 2 (R)			
53	College Football Army at Temple (L)			College Football Navy at Alabama-Birmingham (L)							Football
54	Botched	etalk	My House	The Rookie "Red Hot"		The Traitors Canada		The Traitors Canada		The Traitors Canada	
55	Beachcom..	APTN News	APTNNouve	Metis F	Chuck	Guerriers	Thunder	The Knowing		The Knowing	
56	Midsomer	Murdoch Mysteries		Murder, She Wrote		Keep Up	Hit Parade	Gaither Gospel Hour		Time to	People-Sing

WEEKDAY DAYTIME — SEPTEMBER 23 TO SEPTEMBER 29

	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	Noon	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00
6	Global New	Global News Morning		Global News Morning		The Morning Show		Fire Masters		Making It Home		Global New	Global New	TMS2		ET	Border	Young & Restless		Barrymore	Barrymore	News
8	Morning	CTV Your Morning		CTV Your Morning		Kelly and Mark		The Good Stuff		The View		Sheldon	Conners	The Social		Bold	Conners	Big Bang	Big Bang	CTV News	Various	CTV News
11	Various	Various	Various	Various	Various	Various	Various	Heartland		CBC Newsroom		Escape to the Country		Feud	Creek	Murdoch Mysteries		Call the Midwife		Junior Baking Show		News
4	Odd Squad	Wild Kratts	Weather	Lyla	Carl	Tiger	Phoebe	Sesame	Work It	Donkey	Rosie	Elinor	Alma'sWay	Molly	Xavier	Mexican	Kitchen	Various		Various		Various
7	CTV Your Morning Atlantic			Paid Prog.	Hobo	Corner Gas	Corner Gas	Various	etalk	CTV News Channel		Amazing Race		Various		The Social		The Good Stuff		Seinfeld	Various	How/Made
9	News	Good Morning America				Kelly and Mark		Tamron Hall		The View		News	NewsCen	GMA3		Chronicle	Classic	General Hospital		News	News	News
12	News	Today				Today 3rd Hour		Today-Jenna		BostonNo..	Various	Various		Boston News Daily		Various		Dateline		News	NBC 10	News
16	Joni Table	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
17	Kim	Due South		Mr. D	Mr. D	Kim	Kim	Due South		Mr. D	Mr. D	Kim	Kim	Engagem..	Wings	Wings	Becker	Becker	Good Place	Neighbor	Neighbor	Good Place
18	CNN	CNN News Central		CNN News Central		CNN News Central		The Situation Room		The Situation Room		Ins. Politics		CNN News Central		CNN News Central		CNN News Central		The Arena With Kasie		The Lead
19	Restorers	Backroad Truckers		Lost Car Rescue		Rust Valley Restorers		Backroad Truckers		Border	Border	M*A*S*H	M*A*S*H	Various		Various	Thu Toys	Various		Various		M*A*S*H
20	Morning Live							TimConw..	Various	The Rockford Files		Mod Squad		Various		In Charge	Coach	All/Family	The Nanny	Perfect	Person	25 Words
21	Local Prog.	The Morning Show		Global News Morning		Global News Morning		Global News Morning		The Morning Show		Fire Masters		Making It Home		Global News at Noon		TMS2		ET	Border	Barrymore
22	Best	Piñata Sm	Various	Various	Various	Various	Cloudy	Cloudy	Various	Various	Various	Cloudy	Various	Various	Cloudy	Cloudy	Best	Piñata Sm	Various	Scooby-D..	Be Cool	Various
23	Mermicor..	Grossolo..	Total	Various	Various	Grossolo..	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	We Bare	Various	Various
28	Movies			Various				Various				Good Witch		Days of our Lives		Mom	Mom	Parks	Parks	Various	Various	Various
29	CBC Morning Live With David Common							CBC Newsroom With Aarti Pole						CBC Newsroom with Andrew Nichols - Live from Toronto								Power
32	WBZ News	CBS Mornings				Barrymore	Barrymore	Let's Make a Deal		The Price Is Right		WBZ News	Young & Restless		Bold	Beyond the Gates		Hot Bench	Hot Bench	JudgeJudy	JudgeJudy	News
33	Neighbor	Forensic Factor		Flashpoint		Fear Thy Neighbor		Forensic Factor		Flashpoint		Fear Thy Neighbor		Flashpoint		Forensic Factor		Various		Various		Various
34	JHud Show	Various		Various		Various		Various		Various	Addiction	Various	Addiction	Various		Various		Various		Various		Various
35	Driver	Mayday		Highway Thru Hell		Bones		Bones		CSI: NY		CSI: NY		Bones		Bones		CSI: NY		CSI: NY		Mayday
36	News	Boston 25 Morning News at 7AM				Boston News		Boston News		Boston News		Boston News		Boston 25 News		TMZ Live		Boston 25 News		Boston 25 News at 4PM		News
37	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various	Fri Kim	Various		Various		Various
38	Love It	Buying and Selling		Various	Income	Various	Income	Various	Income	Love It or List It		Buying and Selling		Backyard	Neighbor	Goldbergs	Goldbergs	Brooklyn	Brooklyn	Various	Various	Various
39	Corner Gas	Various	Various	Cash Cab	Cash Cab	Corner Gas	Corner Gas	Various	Various	Cash Cab	Cash Cab	Corner Gas	Corner Gas	Various	Various	Conners	Various	Various	Various	Various	Big Bang	Big Bang
44	Various	Sheldon	Sheldon	Sheldon	Sheldon	Various	Various	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang
46	Backyard	Various	Backyard	Various	Backyard	Various	Backyard	Various	Backyard	Various	Backyard	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
47	Stargate	Stargate SG-1		Stargate SG-1		Castle		Castle		Stargate SG-1		Stargate SG-1		Stargate SG-1		Stargate SG-1		Stargate SG-1		Killjoys		Castle
49	Various	Various		Various		Various		Various		Various		Various		Various		Various		Various		Various		Various
50	Sportsnet	Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Various	NHLHock..	Various		Various	Baseball	Various		Various	Plays Week	Various
52	Tue Tour	Big Swing	Thu Fri Golf	Mon Tue 5 Clubs With		Various		Mon Tue 5 Clubs With		Various		Various	Various	Wed Live from the		Various		Lessons	PGA Tour	Various		Various
53	Jay Onrait	Various		Various		SC With Jay Onrait		SC With Jay Onrait		SC With Jay Onrait		Various	Various	Various	Various	Various	SC	Various	Thu SC	Various		
54	The Social	Various	Pop Life	The Good Stuff		Various	Various	The Social		My House	etalk	Various	Pop Life	Aurora Teagarden Mysteries				Beyond the Gates		The Rookie		Botched
55	Various	Various	Various	Various	Various	Various	Chuck	Orignal	Various	Various	Various	Various	Beachco..	APTNNews	Various	Guerriers	Various	Various	Various	Various	North of 60		
56	Tomorrow..	Bible	Various	Mass	Various	Life Today	Tribal	Joyce M.	700 Club	Bible	Various	Mass	Various	Tribal	Last/Wine	The Waltons		New Tricks		Midsomer Murders			

SATURDAY DAYTIME — SEPTEMBER 26

	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	Noon	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00
6	Restorers	My Reno	Fish'n	Rock Solid Builds		Disaster DIY	Food	Paid Prog.	Paid Prog.	Disaster DIY	Backyard	Ent. Tonight	"Family Practice Mysteries: Coming Home" ('24)			Halloween Bakeshop		Pamela's Garden of Eden		My Reno	News	
8	The Good	CTV Your Morning		Paid Prog.	How/Made	Paid Prog.	Paid Prog.	WrtnCA	Moneytalk	Highway Thru Hell		★★ "Fantastic Four: Rise of the Silver Surfer" ('07) (P)				Corner Gas	Corner Gas	CFL Football Calgary Stampeders at Ottawa Redblacks (L)				
11	Various	Kingdom	DinoRanch	Toopy	Toopy	Unicorn	Lana Long	LanaLong	Ladybug	Various	Chores	The Dog House		CBC Sports		NSL Soccer Ottawa Rapid at AFC Toronto (L)				UCI Road Wrl. Montreal		
4	Arthur	Wild Kratts	Weather	Lyla	Carl	Daniel Tiger	Phoebe	Sesame	Table for All	Belton	Milk Street	Lucky Chow	Mexican	Life	Lidia	Christina	Food	Kitchen	Cook's	Table	To Dine For	LBJ Library
7	MasterChef Canada		Paid Prog.	Paid Prog.	Paid Prog.	2026 Presidents Cup Day 3 From Medinah Country Club in Medinah, Ill. (L)																
9	News	Good Morning America		NewsCenter 5		Good Morning America		Jack Hanna	Champion's	Hearts of	Home for	College Football Texas at Tennessee (L)						Football	College Football Teams TBA (L)			
12	Earth Ody.	The Great	Forever	NBC 10 Boston Today		2026 Presidents Cup Day 3 From Medinah Country Club in Medinah, Ill. (L)																
16	Paid Prog.	Rachael	Rachael	Zombie House Flipping		Zombie House Flipping		Zombie House Flipping		Zombie House Flipping		Betting	Betting	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage
17	Kim	Due South		Mr. D	Mr. D	Kim	Kim	Due South		Mr. D	Mr. D	Man-Plan	Man-Plan	Great In	Wings	Wings	Becker	Becker	Good Place	Neighbor	Neighbor	Melissa
18	CNN	CNN This Morning		First		Smerconish (L)		CNN Table for Five		The Amanpour Hour		The Arena: Saturday		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN News.
19	Ice Pilots	Ice Pilots NWT		Big Timber		Ice Pilots NWT		Ice Pilots NWT		Forged in Fire		Forged in Fire				Forged in Fire		Forged in Fire		Forged in Fire		Forged
20	B. Graham	Kaeshamm..	Paid Prog.	Nightline	Kaeshamm..	Nightline	Paid Prog.	Nightline	Kaeshamm..	Nightline	Entrepre.	Dr. Ho Talks	Paid Prog.	Nightline	Comedy in 5	★★ "Ghost of Zorro" ('59)			★ "A Bullet for the General" ('66) Gian Maria Volonté.			
21	Local Prog.	Paid Prog.	Paid Prog.	Disaster DIY	Paid Prog.	Global News Morning						Fish'n	Paid Prog.	Food	Paid Prog.	Employme..	Backyard	Ent. Tonight	"Family Practice Mysteries: Coming Home" ('24) (P)			
22	Best	Piñata Sm	Zokie	Gumball	Gumball	Teen/Teen	Teen/Teen	Scooby-Doo	Be Cool	Looney	Best	★ "The Smurfs" ('11) Neil Patrick Harris, Hank Azaria.				Gumball	Teen/Teen	Pokémon	Best	Gumball	Scooby-Doo	Be Cool
23	Mermicorno	Grossology	Total	Hotel/Hotel	Mermicorno	Grossology	Steven	Steven	Steven	WeBare	WeBare	Pokémon	BeyBattle X	Steven	Steven	Steven	WeBare	WeBare	Pokémon	We Bare	WeBare	WeBare
28	"Love, Fall & Order" ('19) Erin Cahill.			"Walking the Dog" ('17) Sam Page, Jennifer Finnigan.				"A Winter Getaway" ('21) Nazneen Contractor.				"The Irresistible Blueberry Farm" ('16) Alison Sweeney.				"Groundswell" ('22) Ektor Rivera, Lacey Chabert.				"Chef's Kiss" ('26)			
29	CBC	CBC	CBC	CBC	CBC	CBC	CBC	CBC	CBC	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC	CBC	CBC
32	WBZ News	WBZ News Mornings 7a		WBZ News Mornings 8a		CBS Saturday Morning				Lucky Dog	Lucky Dog:	Mission	NWSL Soccer Denver Summit at Kansas City Current			College Football (L)		College Football Iowa at Michigan (L)				
33	Forensic	Forensic Factor		Forensic Factor		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D. "Pink Cloud"		Chicago P.D.		Chicago
34	Last Resort	Last Resort "All Rise for Their Last Chance"				90 Day: The Last Resort "Tell All Part 1"				The Bad Skin Clinic		The Bad Skin Clinic		ER: Caught on Camera		ER: Caught on Camera		ER: Caught on Camera		1000-lb Sisters		1000-lb
35	Heavy	Heavy Rescue: 401		Heavy Rescue: 401		Highway Thru Hell		Highway Thru Hell		Highway Thru Hell		Highway Thru Hell		Highway Thru Hell		9-1-1: Lone Star		9-1-1: Lone Star		9-1-1: Lone Star "Thin Ice"		9-1-1
36	Space	Pets	Invest.	Boston News (L)		Boston News (L)		Big Noon Kickoff (L)				College Football Illinois at Ohio State (L)							College Football Utah at Iowa State (L)			
37	"My Mom's Letter From Heaven" ('19)			Border	Rookie Blue "Uprising"	★★★ "Mission: Impossible -- Ghost Protocol" ('11) Jeremy Renner, Tom Cruise.						★★★ "Mission: Impossible Rogue Nation" ('15) Jeremy Renner, Tom Cruise.						★★★ "Mission: Impossible -- Fallout" ('18)			
38	Buying	Buying and Selling		Buying and Selling		Buying and Selling		Goldbergs	★★★ "Chicago" ('02) Renée Zellweger, Catherine Zeta-Jones.					★★★ "La La Land" (Musical,2016) Emma Stone, John Legend, Ryan Gosling.						★★ "Save the Last Dance" ('01)		
39	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang
44	Imp. Jokers	Imp. Jokers	Imp. Jokers	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	★★ "No Hard Feelings" ('23) Jennifer Lawrence.				★★ "Central Intelligence" ('16) Kevin Hart, Dwayne Johnson.				
46	Scott's	Scott's Vacation		Scott's Vacation		Scott's Vacation		Scott's Vacation		Rock Solid Builds		Help-Wrecked		Help-Wrecked		Help-Wrecked		Help-Wrecked		Help-Wrecked		Wrecked
47	Killjoys	Killjoys "Wargasm"		Killjoys		★★ "Twilight" (Romance,2008) Robert Pattinson, Billy Burke, Kristen Stewart.						★★ "The Twilight Saga: New Moon" ('09) Robert Pattinson, Kristen Stewart.						★★ "The Twilight Saga: Eclipse" ('10) Kristen Stewart.				
49	Housewives	Housewives (R)		Housewives--Toronto (R)		Housewives (R)		Housewives--Toronto (R)		Housewives (R)		Snapped (R)		Snapped (R)		Snapped (R)		Snapped (R)		Snapped (R)		Snapped (R)
50	Sportsnet	Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Blue Jays	Blue Jays	MLB Baseball Cincinnati Reds at Toronto Blue Jays (L)				
52	Live from the Presidents Cup			Golf Day 3		DP World Tour Golf FedEx Open de France, Third Round					LPGA Tour Golf Walmart NW Arkansas Championship, First Round	LPGA Tour Golf								LPGA Tour Golf		
53	F1 Sunday	Formula 1 Racing Azerbaijan Grand Prix (L)				F1 Azerbaijan Grand Prix		SportsCentre		Sports		Wom. Rugby WXV Global Series: France vs. Canada		Maple Leaf Pro			SC	CFL Football Calgary Stampeders at Ottawa Redblacks (L)				
54	Neighbor	Fear Thy Neighbor		Fear Thy Neighbor		Fear Thy Neighbor		Movie				Movie				Movie				Movie		
55	Indigenous	Ukaliq and	Dream	Glooscap	Savoirs lé	La brigade	Nations des animaux		Little Big	Animal Nation "Eagle"		Frozen Planet "Summer"		★★★ "Galaxy Quest" ('99) Tim Allen.				★★★ "Galaxy Quest" ('99) Tim Allen.				Best-Mini.
56	Classics	Arise	Youngren	Mass	Paid Prog.	Tomorrow's	Mass	Hinduism	Panorama	Sardari		Quran	Journey	Sue Thomas F.B.Eye		Lost Letter Mysteries Kristin Booth, Eric Mabius.				Lewis Laurence Fox, Kevin Whately.		

SUNDAY DAYTIME — SEPTEMBER 27

	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	Noon	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00
6	Rust Valley Restorers		Disaster DIY	Paid Prog.	Food	Paid Prog.	Property Brothers		Paid Prog.	Block	Backyard	Property Brothers		Rust Valley Restorers		Gut Job		Entertainment Tonight		Crime Beat	Crime Beat	News
8	CTV Your	Hobo	Tomorrow's	Faith	Paid Prog.	Mike	Tribal Trails	Paid Prog.	Cash Cab	Question Period		Highway Thru Hell		NFL Football Teams TBA							NFL Football Teams TBA	
11	DinoRanch	Coronation Street Kate Ford, Sue Nicholls, Barbara Knox.					Land	Marketplace	About That	Rosemary Barton Live		Stuff	Locals	Grand Designs Transf		UCI Road World Championships Montreal (R)						Heartland
4	Arthur	Wild Kratts	Weather	Lyla	Carl	Daniel Tiger	Phoebe	Sesame	Stage	Samantha	Weekends	America	GBH Rooted	Big Cats 24/7		NOVA		Ages of Ice "Polar Seas"		Finding Your Roots		Taco Mafia
7	The Good Stuff		Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Garage	Church	Paid Prog.	Paid Prog.	Question Period		NFL Football Teams TBA (L)							Golf Final Day	
9	News	Good Morning America		NewsCenter 5		This Week		NewsCenter 5		On the Re.	CityLine	Outback	Wait What	Paid Prog.	Countdown	WNBA Basketball First Round: Teams TBA (L)				Basketball First Round: Teams TBA		
12	On Her Mark	Boston Weekend Today		Sunday Today		Weekend Today		News	Meet the Press		Quick	2026 Presidents Cup Final Day From Medinah Country Club in Medinah, Ill. (L)										
16	Jeremiah	Hoarders "Bob"				Hoarders "Flora"				Squatters	Squatters	Squatters	Squatters	Squatters	Squatters	Squatters	Squatters	Live PD	Live PD	Live PD	Live PD	Live PD
17	Kim	Due South "Letting Go"		Mr. D	Mr. D	Kim	Kim	Due South "Letting Go"		Mr. D	Mr. D	Man-Plan	Man-Plan	Great In	Wings	Wings	Becker	Becker	Good Place	Neighbor	Neighbor	Melissa
18	CNN	CNN This Morning		Inside Politics		State of Union		Fareed Zakaria GPS		Inside Politics		State of Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN News.
19	Restorers	Rust Valley Restorers		Backroad Truckers		Rust Valley Restorers		Rust Valley Restorers		Hazardous History		History's Greatest		History's-Mysteries		UnBelievable		Secrets Declassified		Forged in Fire		America
20	Tomorrow's	Kaeshamm..	In Search of	Nightline	Kaeshamm..	Nightline	Tribal Trails	Nightline	Kaeshamm..	Dr. Ho Talks	Key/David	Kaeshamm..	Paid Prog.	Nightline	Comedy in 5	★★ "The Gun and the Pulpit" ('74)			★★★ "The One That Got Away" ('57) Hardy Krüger.			
21	Local Prog.	Paid Prog.	Paid Prog.	Carn Eats	Paid Prog.	Global News Morning						Block	Paid Prog.	Backyard	Paid Prog.	Employme..	Property Brothers		Rust Valley Restorers		Gut Job	
22	Best	Piñata Sm	Zokie	Gumball	Gumball	Teen/Teen	Teen/Teen	Scooby-Doo	Be Cool	Looney	Best	★ "The Smurfs 2" ('13) Neil Patrick Harris.				Weird World	Teen/Teen	Beyblade X	Best	Gumball	Scooby-Doo	Be Cool
23	Mermicorno	Grossology	Total	Hotel/Hotel	Mermicorno	Grossology	Steven	Steven	Steven	WeBare	WeBare	Pokémon	Beyblade X	Steven	Steven	Steven	WeBare	WeBare	Pokémon	We Bare	WeBare	WeBare
28	"Love, of Course" ('18) Kelly Rutherford.			"The Love Club Moms: Jo" ('25) Rebecca Dalton.				"The Love Club Moms: Harper" ('25) Genelle Williams.				"Unexpected Grace" ('23) Erica Tremblay.				"Write Place, Write Time" ('22) Kaitlyn Leeb.				"Love, of Course" ('18) Kelly Rutherford.		
29	CBC	CBC	CBC	CBC	CBC	CBC	CBC	Rosemary Barton Live (L)				CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	About That	Cross Country (L)		R. Barton
32	WBZ News	WBZ News Mornings 7a		WBZ News Mornings 8a		CBS News Sunday Morning			Face the Nation		Game Day	The NFL Today (L)		NFL Football New England Patriots at Jacksonville Jaguars (L)							NFL Football	
33	Forensic	Forensic Factor		Forensic Factor		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire "Chopper"		Chicago Fire		Chicago Fire		Chicago
34	ER: Ca.	ER: Caught on Camera		ER: Caught on Camera		Double Lives		Double Lives		Double Lives		Double Lives		Double Lives		Double Lives		Double Lives		90 Day Fiancé "Tell All Part 1"		
35	Mayday	Mayday "Deadly Mission"		Mayday "Edge of Disaster"		Mayday "Deadly Delay"		Mayday "Fatal Focus"		Mayday "Steep Impact"		Heavy Rescue: 401		Criminal Minds "Hope"		Criminal Minds		Criminal Minds		Criminal Minds		Criminal
36	DIY Sci	Super Ani	Judge Joe	Boston 25 Weekend Morning News (L)				FOX News Sunday		FOX NFL Kickoff (L)		FOX NFL Sunday (L)		Entertainment Tonight		9-1-1 "Fallout"		Doc "Wherefore Art Thou"		NFL Football		
37	"V.C. Andrews' Dark Angel" ('19)			Private Eyes		★★★ "Top Gun" ('86) Kelly McGillis, Tom Cruise.					★★ "Jack Reacher" (Action,2012) Rosamund Pike, Robert Duvall, Tom Cruise.				★★ "Jack Reacher: Never Go Back" ('16) Tom Cruise.							Movie
38	Love It	Love It or List It		Love It or List It		Love It or List It		Love It or List It		★★ "Dear John" ('10) Amanda Seyfried, Channing Tatum.					★★ "Remember Me" ('10) Emilie de Ravin, Robert Pattinson.					★★★ "Kate & Leopold" ('01) Meg Ryan.		
39	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Friends	Friends	Saturday Night Live Michael Che.			Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
44	Foul Play	Imp. Jokers	Imp. Jokers	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	★★ "Aquaman" (Action,2018) Amber Heard, Willem Dafoe, Jason Momoa.						Movie
46	Love It	Love-List-Vancouver		Love-List-Vancouver		Love-List-Vancouver		Love-List-Vancouver		House of Ali		Unsellable Houses		Unsellable Houses		Unsellable Houses		Unsellable Houses		Unsellable Houses		Unsellable
47	Killjoys	Killjoys "Bro-d Trip"		Killjoys		Killjoys "Greening Pains"		★★ "The Twilight Saga: Breaking Dawn Part 1" ('11)					★★ "The Twilight Saga: Breaking Dawn Part 2" ('12)					★★ "Meg 2" ('23) Jing Wu, Shuya Sophia Cai, Jason Statham.				
49	Housewives	Housewives (R)		Housewives--Toronto (R)		Housewives (R)		Housewives--Toronto (R)		Housewives (R)		Housewives/NYC (R)		Housewives/NYC (R)		Housewives/NYC (R)		Housewives/NYC (R)		Housewives/NYC (R)		Housewives
50	Sportsnet	Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Blue Jays	Blue Jays	MLB Baseball Cincinnati Reds at Toronto Blue Jays (L)				
52	DP World Tour Golf DP World Tour Golf FedEx Open de France, Final Round From Le Golf National in Paris, France. (L)										LPGA Golf Walmart NW Arkansas Championship, Second Round	LPGA Tour Golf Walmart NW Arkansas Championship, Final Round (L)										Lessons
53	Sports	2026 Laver Cup Tennis Day 3, Final Session From O2 Arena in London. (L)													SC	SC	NASCARC..	NASCAR Cup Series Hollywood Casino 400 (L)				
54	Movie			Movie				Movie				Movie				Movie				Movie		
55	Tuktu	The Magic	Indigenous	Glooscap	La brigade	Capteurs	Kiuna,	APTNNouve	Red River	Searchers	Water	The Nature of Things		Life Below Zero		Racing Wat	Air Rescue	★★ "Fast & Furious" ('09) Paul Walker, Vin Diesel.				
56	Faytene	In Touch With		Mass	M. Youssef	Creflo	Faytene	David	Amazing Fa	Tomorrow's	Hour Power: Schuller		Prop. Conn	Tomorrow's	Prophecy	Faith	Cantelon	Power	M. Youssef	Youngren	David	Arise

SATURDAY EVENING — SEPTEMBER 26

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	Global	Border	Border	Private Eyes		Family Law		Murder in a Small Town		Global	Global
8	Football	Corner Gas	Big Bang	★★★ "Avengers: Infinity War" ('18) Chris Hemsworth, Robert Downey Jr..						CTV	Corner Gas
11	UCI Road	Atlantic F	Land	The Nature of Things		Absolutely Canadian		"The Beehive" ('23) Tina Georgieva, Todd Hann.			
4	Horizons	Compass	R. Steves	Pacific Heartbeat		Marlow Murder Club		Marble Hall Murders		Trespasses	
7	2026 Presidents Cup Day 3 (L)			2026 CCMA Awards				Fear Thy Neighbor		Fear Thy Neighbor	
9	Football Teams TBA		Football	Football	College Football Texas A&M at LSU (L)						
12	2026 Presidents Cup Day 3 (L)			Big Ten	College Football Oregon at USC (L)						
16	Storage	Storage	Storage	Storage Wars		Storage Wars		Storage Wars		Storage Wars	
17	Man-Plan	Man-Plan	Great In	Wings	Wings	The Office	The Office	Man-Plan	Man-Plan	Neighbor	Neighbor
18	CNN News.	CNN Newsroom		Farm Aid 2026: Music Festival Live (L)							
19	Forged	Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire	
20	Movie	Evening News at Six		Kaesham..	Comedy	★★ "Four Christmases" ('08) Vince Vaughn.				Kaesham..	Comedy
21	Halloween Bakeshop		Pamela's Garden of E	Global		Global News Hour at 6		Border	Border	Private Eyes	
22	Looney	★ "The Smurfs" ('11) Neil Patrick Harris, Hank Azaria.		★ "The Smurfs" ('11) Neil Patrick Harris, Hank Azaria.						Looney	Scooby-Do..
23	Steven	Steven	Adventure	Adventure	Steven	Total	Hotel	Adventure	Adventure	Mermicorno	Total
28	"Chef's Kiss"	"Love, Fall & Order" ('19) Trevor Donovan, Erin Cahill.		"Pumpkin Regatta Romance" (Romance,2026) (P)						"Harvest Love" ('17)	
29	Marketplace	CBC	At Issue	The Fifth Estate		CBC	About That	CBC	Marketplace	The Nature of Things	
32	College Football Iowa at Michigan (L)			Postgame	College Football Arizona at Washington State (L)						
33	Chicago	Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.	
34	1000-lb	1000-lb Sisters		1000-lb Roomies		1000-lb Roomies		1000-lb Roomies		1000-lb Roomies	
35	9-1-1	Bones		Wrestling: Collision		Bones		9-1-1: Lone Star		9-1-1: Lone Star	
36	College Football Utah at Iowa State (L)			MLB Baseball (L)						9-1-1	
37	"Mission: Impossible -- F...	★★★ "Top Gun" ('86) Kelly McGillis, Tom Cruise.						★★★ "Mission: Impossible -- Ghost Protocol" ('11)			
38	"Save the Last Dance"	★★★ "Chicago" ('02) Renée Zellweger, Catherine Zeta-Jones.						★★★ "La La Land" ('16) Ryan Gosling.			
39	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Saturday Night Live UK	
44	★★★ "Ocean's Eleven" ('01) Matt Damon, George Clooney.					★★★ "Ocean's Twelve" ('04) Brad Pitt, George Clooney.					Movie
46	Wrecked	Help-Wrecked		Help-Wrecked		Rock Solid Builds		The Bidding Room		Love-List-Vancouver	
47	Movie	★★ "Aquaman and the Lost Kingdom" ('23) Patrick Wilson, Jason Momoa.						★★ "Twilight" ('08) Robert Pattinson, Kristen Stewart.			
49	Snapped (R)	Million Dollar LA (R)		Million Dollar LA (R)		Million Dollar LA (R)		Million Dollar LA (R)		Million Dollar LA (R)	
50	Baseball	Plays Week	Plays of the	MLB Baseball Baltimore Orioles at New York Yankees (L)						Sportsnet Central (L)	
52	LPGA Tour Golf			Live from the Presidents Cup (L)				2026 Presidents Cup Day 3 (R)			
53	Football	SC	Futures	NHL Hockey Montreal Canadiens at Ottawa Senators (L)					Football	SportsCentre (L)	
54	Movie	Movie				Movie				Movie	
55	Best-Mini.	News	APTN	Frozen Planet "Autumn"		Northwoods Survival		★★ "Fast & Furious" ('09) Paul Walker, Vin Diesel.			
56	Lewis	Inspector Morse Kevin Whately, John Thaw.				CARPeDiem	Sardari		Aikam		Believe

SUNDAY EVENING — SEPTEMBER 27

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	Global	Crime Beat	Abbott	Abbott		2026 MTV Video Music Awards (L)			Big Brother "Episode 41"		News
8	NFL Football Teams TBA				NFL on CTV	Football /NFL Football Los Angeles Rams at Denver Broncos (L)					
11	Heartland	Junior Baking Show		Junior Baking Show		Winnipeg Comedy Fest		The National		Atlantic F	About That
4	Taco Mafia	Independent Lens		POV "Bulls and Saints"		Marlow Murder Club		Marble Hall Murders		Trespasses	
7	Golf	Corner Gas	Cash Cab	New Girl	New Girl	★★ "Transformers: Rise of the Beasts" ('23) Anthony Ramos.					
9	Basketball	NewsCen	World News	Videos (SP)		Funniest Home Videos		★★★ "Inside Out 2" ('24) (P) Amy Poehler.			
12	Golf	NBCBoston	NBC News	Football Night (L)		NFL Football Los Angeles Rams at Denver Broncos (L)					
16	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD
17	Man-Plan	Man-Plan	Great In	Wings	Wings	The Office	The Office	Man-Plan	Man-Plan	Neighbor	Neighbor
18	CNN News.	CNN Newsroom		CNN Newsroom		CNN Special Program		David Chang		David Chang	
19	America	History's-Mysteries		Hazardous History		History's Greatest		The Proof Is		Skinwalker Ranch	
20	Movie	Evening News at Six		Funniest Home Videos		The FBI Declassified		Scorpion		The Good Wife	
21	Entertainment Tonight		Crime Beat	Crime Beat	Global	Global News Hour at 6		Abbott	Big Brother "Episode 41"		VMAs
22	Looney	★ "The Smurfs 2" ('13) Neil Patrick Harris.				★ "The Smurfs 2" ('13) Brendan Gleeson, Neil Patrick Harris.					Scooby-Do..
23	Steven	Steven	Adventure	Adventure	Steven	Total	Hotel	Adventure	Adventure	Mermicorno	Total
28	Movie	"Pumpkin Regatta Romance" (Romance,2026)				★★ "The Proposal" ('09) Ryan Reynolds, Sandra Bullock.					Movie
29	Rosemary Barton Live			The Fifth Estate		CBC Newsroom (L)		The National (L)		The National	
32	NFL Football Baltimore Ravens vs. Dallas Cowboys				2026 MTV Video Music Awards (L)				Big Brother "Episode 41"		Marshals
33	Chicago	Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire "Chopper"	
34	90 Day	90 Day Fiancé		90 Day Fiancé		90 Day Fiancé "Tell All Part 3"				Double Lives	
35	Criminal	Criminal Minds "Hope"		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
36	NFL Football			Animal	Universal	Simpsons ..	Animal (SP)	Universal (..	Grimsburg..	Boston News (L)	
37	★★★ "Minority Report" ('02) Colin Farrell, Tom Cruise.					★★★ "American Made" ('17) Domhnall Gleeson, Tom Cruise.					"Collateral"
38	"Kate & Leopold" ('01)	★★ "Dear John" ('10) Amanda Seyfried, Channing Tatum.						The Real Housewives		TMZ	Movie
39	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Saturday Night Live	
44	★★ "Aquaman and the Lost Kingdom" ('23)				Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	The Office
46	Unsellable	Unsellable Houses		Unsellable Houses		A Place in the Sun		A Place in the Sun		Rock Solid Builds	
47	★★ "The Twilight Saga: Breaking Dawn Part 1" ('11)					★★ "The Twilight Saga: Breaking Dawn Part 2" ('12)					★★ "Meg 2"
49	Housewives	Housewives/NYC (R)		Housewives/NYC (R)		Housewives/NYC (R)		Housewives/NYC (R)		Watch What	Housewives
50	Baseball	Plays Week	Misplays	MLB Baseball Cincinnati Reds at Toronto Blue Jays (R)						Sportsnet Central (L)	
52	Lessons	Live from the Presidents Cup (L)				2026 Presidents Cup Final Day					
53	NASCAR Cup Series		SC	Football Night (L)		NFL Football Los Angeles Rams at Denver Broncos (L)					
54	Movie	Movie				Movie				Movie	
55	Northwoods Survival		APTN	Life Below Zero		Racing Wat	Air Rescue	"Safe House" ('21) Deanna Little, Andrew Chapman.			
56	Tomorrow's	Beyond	Door/ Hope	Cantelon	Ankerberg	Dr. David	Beyond	Prop. Conn	Word-Today	Joel Osteen	Youngren

MOVIES

WEDNESDAY, SEPTEMBER 23

EVENING

10:00 (WTN) **"Friends With Benefits"** (Romance,2011) *Justin Timberlake, Mila Kunis.* Complications unfold when two friends add sex to their relationship. (14+)

11:05 (SHOW) **"Grown Ups"** (Comedy,2010) *Adam Sandler, Kevin James.* Five friends learn that age and maturity do not, necessarily, coincide. (G)

12:30 (WTN) **"Half Brothers"** (Comedy,2020) *Luis Gerardo Méndez, Connor Del Rio.* A Mexican executive embarks on a road trip with the American half brother he never knew about. (G)

2:30 (WTN) **"Friends With Benefits"** (Romance,2011) *Justin Timberlake, Mila Kunis.* Complications unfold when two friends add sex to their relationship. (14+)

THURSDAY, SEPTEMBER 24

EVENING

10:00 (SLICE) **"Just Like Heaven"** (Romance,2005) *Reese Witherspoon, Mark Ruffalo.* A depressed widower (Mark Ruffalo) falls for a ghostly doctor (Reese Witherspoon). (G)

11:10 (SHOW) **"Haywire"** (Action,2011) *Gina Carano, Michael Fassbender.* A specialist (Gina Carano) in covert operations fights back after someone betrays her. (14+)

FRIDAY, SEPTEMBER 25

EVENING

7:30 (ATV) **"Guardians of the Galaxy Vol. 3"** (Sci-Fi,2023) *Chris Pratt, Zoe Saldaña.* Peter Quill must rally his team to defend the universe and protect one of their own. (G)

9:00 (ASN) **"Indiana Jones and the Dial of Destiny"** (Adventure,2023) *Harrison Ford, Phoebe Waller-Bridge.* Indiana Jones races against time to find a legendary artifact that can change the course of history. (G)

(WTN) **"Field Day"** (Comedy,2023) *Rachel Boston, Benjamin Ayres.* Three moms from different social circles must work together to plan their kids' school field day. (G)

(SHOW) **"Jack Reacher"** (Action,2012) *Tom Cruise, Rosamund Pike.* A former military investigator, Reacher, probes a sniper attack. (14+)

(TBS) **"Ocean's Eleven"** (Comedy Drama,2001) *George Clooney, Matt Damon.* Danny Ocean and his gang organize a big Las Vegas heist to steal $150 million. (G)

11:00 (WTN) **"Dream Moms"** (Drama,2023) *Tamera Mowry-Housley, Chelsea Hobbs.* A former singer and a once-aspiring dancer prepare to compete in a televised talent contest. (G)

11:30 (TBS) **"Ocean's Twelve"** (Comedy Drama,2004) *George Clooney, Brad Pitt.* After successfully robbing five casinos in one night, Danny Ocean and his crew have big problems. (G)

12:00 (SHOW) **"Jack Reacher: Never Go Back"** (Action,2016) *Tom Cruise, Cobie Smulders.* Investigator Jack Reacher goes on the lam to uncover the truth behind a major government conspiracy. (13+)

1:00 (WTN) **"The Perfect Setting"** (Romance,2025) *Laci J Mailey, David Elsendoorn.* An aspiring jewelry designer hopes to win the Valentine's Day Diamond Contest in Belgium.

2:15 (TBS) **"Ocean's Thirteen"** (Comedy Drama,2007) *George Clooney, Brad Pitt.* Danny Ocean and his gang plot revenge against a casino owner who wronged one of their own. (G)

SATURDAY, SEPTEMBER 26

EVENING

6:30 (TBS) **"Ocean's Eleven"** (Comedy Drama,2001) *George Clooney, Matt Damon.* Danny Ocean and his gang organize a big Las Vegas heist to steal $150 million. (G)

7:00 (WTN) **"Love, Fall & Order"** (Romance,2019) *Erin Cahill, Trevor Donovan.* A woman heads back to her hometown on a mission to help save her father's annual Fall Fest. (G)

(CTVSCI-FI) **"Aquaman and the Lost Kingdom"** (Action,2023) *Jason Momoa, Patrick Wilson.* Aquaman forges an unlikely alliance with his brother, Orm, to save the world from Black Manta. (G)

7:30 (SLICE) **"Chicago"** (Musical,2002) *Catherine Zeta-Jones, Renée Zellweger.* A lawyer handles the cases of two murderous women who are looking to gain celebrity. (14+)

(SHOW) **"Top Gun"** (Action,1986) *Tom Cruise, Kelly McGillis.* For Pete Mitchell being accepted into an elite training school for pilots is a dream come true. (G)

8:00 (ATV) **"Avengers: Infinity War"** (Action,2018) *Robert Downey Jr.*, Chris Hemsworth. Iron Man, Thor and the rest of the Avengers battle their most powerful enemy yet -- the evil Thanos. (G)

9:00 (CH) **"Four Christmases"** (Romance,2008) *Vince Vaughn, Reese Witherspoon.* A couple (Vince Vaughn, Reese Witherspoon) must somehow fit in four holiday visits with family. (G)

(TBS) **"Ocean's Twelve"** (Comedy Drama,2004) *George Clooney, Brad Pitt.* After successfully robbing five casinos in one night, Danny Ocean and his crew have big problems. (G)

10:00 (APTN) **"Fast & Furious"** (Action,2009) *Vin Diesel, Paul Walker.* Fugitive Dom Toretto (Vin Diesel) and Brian O'Conner (Paul Walker) resume a feud in Los Angeles. (14+)

(CBC) **"The Beehive"** (Drama,2023) *Todd Hann, Tina Georgieva.* A girl, her brother and father are forced to face a pandemic alien invasion.

(SLICE) **"La La Land"** (Musical,2016) *Ryan Gosling, Emma Stone.* A jazz pianist and an aspiring actress (Emma Stone) fall in love while struggling to make ends meet. (G)

(SHOW) **"Mission: Impossible -- Ghost Protocol"** (Action,2011) *Tom Cruise, Jeremy Renner.* After the IMF is shut down, Ethan Hunt and his team must clear the organization of wrongdoing. (13+)

(CTVSCI-FI) **"Twilight"** (Romance,2008) *Kristen Stewart, Robert Pattinson.* A high-school student is caught up in an unorthodox romance with a vampire. (G)

11:00 (WTN) **"Harvest Love"** (Romance,2017) *Jen Lilley, Ryan Paevey.* A widowed surgeon visits her family's pear orchard in hopes of reconnecting with her distant son. (G)

11:45 (TBS) **"Ocean's Thirteen"** (Comedy Drama,2007) *George Clooney, Brad Pitt.* Danny Ocean and his gang plot revenge against a casino owner who wronged one of their own. (G)

12:00 (CBC) **"Slash/Back"** (Action,2022) *Tasiana Shirley, Alexis Wolfe.* Four teenage girls embark on a daring quest to save their sleepy hometown from an alien invasion. (13+)

1:00 (APTN) **"Fast & Furious"** (Action,2009) *Vin Diesel, Paul Walker.* Fugitive Dom Toretto (Vin Diesel) and Brian O'Conner (Paul Walker) resume a feud in Los Angeles. (14+)

(SLICE) **"Save the Last Dance"** (Romance,2001) *Julia Stiles, Sean Patrick Thomas.* A white teen (Julia Stiles) falls for a black student (Sean Patrick Thomas) who also loves dance. (14+)

(WTN) **"The Irresistible Blueberry Farm"** (Drama,2016) *Alison Sweeney, Marc Blucas.* A woman tries to fulfill her grandmother's dying wish by delivering a strange letter. (G)

(SHOW) **"Mission: Impossible Rogue Nation"** (Action,2015) *Tom Cruise, Jeremy Renner.* Ethan Hunt and his team square off against an organization bent on creating a new world order. (13+)

(CTVSCI-FI) **"The Twilight Saga: New Moon"** (Romance,2009) *Kristen Stewart, Robert Pattinson.* Bella finds her loyalties tested when she is drawn into the world of werewolves. (G)

(GLOBAL) **"Abducted on Prom Night"** (Thriller,2023) *Zoë Belkin, Karen Cliche.* A twisted cat-and-mouse game ensues when prom attendees are taken hostage by their limo driver.

2:00 (CBC) **"Blood Quantum"** (Horror,2019) *Michael Greyeyes, Elle-Maija Tailfeathers.* A zombie virus decimates all of Earth's population except the Mi'kmaq community of Red Crow. (13+)

2:05 (ATV) **"Ferrari"** (Drama,2023) *Adam Driver, Penélope Cruz.* Enzo Ferrari rolls the dice and wagers it all on a treacherous 1,000-mile race across Italy. (14+)

2:15 (TBS) **"Central Intelligence"** (Action,2016) *Dwayne Johnson, Kevin Hart.* A CIA agent and his ex-classmate encounter shootouts, espionage and double-crosses while on a case. (G)

SUNDAY, SEPTEMBER 27

EVENING

6:00 (SHOW) **"Minority Report"** (Sci-Fi,2002) *Tom Cruise, Colin Farrell.* A cop (Tom Cruise) tries to establish his innocence in a future crime. (14+)

(TBS) **"Aquaman and the Lost Kingdom"** (Action,2023) *Jason Momoa, Patrick Wilson.* Aquaman forges an unlikely alliance with his brother, Orm, to save the world from Black Manta. (G)

6:30 (CTVSCI-FI) **"The Twilight Saga: Breaking Dawn Part 1"** (Romance,2011) *Kristen Stewart, Robert Pattinson.* A chain of events set off by Edward and Bella's wedding brings a shocking development for Jacob. (G)

7:30 (SLICE) **"Dear John"** (Romance,2010) *Channing Tatum, Amanda Seyfried.* Unexpected consequences await a soldier and his lover, who correspond through letters for years. (G)

9:00 (ASN) **"Transformers: Rise of the Beasts"** (Action,2023) *Anthony Ramos, Dominique Fishback.* The Maximals, Predacons, and Terrorcons join the battle on Earth between Autobots and Decepticons. (G)

(WTN) **"The Proposal"** (Romance,2009) *Sandra Bullock, Ryan Reynolds.* A woman pretends to be engaged to her assistant to avoid deportation to Canada. (G)

(SHOW) **"American Made"** (Adventure,2017) *Tom Cruise, Domhnall Gleeson.* Pilot Barry Seal transports contraband for the CIA and the Medellín cartel in the 1980s. (14+)

(CTVSCI-FI) **"The Twilight Saga: Breaking Dawn Part 2"** (Romance,2012) *Kristen Stewart, Robert Pattinson.* The Cullens seek help from allies all over the world to protect Renesmee from the Volturi. (G)

10:00 (APTN) **"Safe House"** (Romance,2021) *Andrew Chapman, Deanna Little.* A spirited contractor becomes a problem for an FBI analyst who's looking to get his job back.

(ABC) **"Inside Out 2"** (Animated,2024) *Voices of Amy Poehler, Kensington Tallman.* Joy, Sadness, Anger, Fear and Disgust aren't sure how to feel when Anxiety shows up. (G)

11:30 (SLICE) **"Remember Me"** (Romance,2010) *Robert Pattinson, Emilie de Ravin.* Emerging secrets threaten the budding romance between a young man and woman. (14+)

(WTN) **"I Feel Pretty"** (Comedy,2018) *Amy Schumer, Michelle Williams.* A woman who struggles with feelings of insecurity gains a renewed sense of self-confidence. (14+)

(SHOW) **"Collateral"** (Thriller,2004) *Tom Cruise, Jamie Foxx.* A contract killer uses a cabdriver to transport him for his assigned jobs. (14+)

(CTVSCI-FI) **"Meg 2"** (Sci-Fi,2023) *Jason Statham, Jing Wu.* Members of a deep-dive research team fight for their lives against colossal, prehistoric sharks. (G)

1:00 (APTN) **"Safe House"** (Romance,2021) *Andrew Chapman, Deanna Little.* A spirited contractor becomes a problem for an FBI analyst who's looking to get his job back.

(PBS) **"Whitney Houston: The Concert for a New South Africa** (Durban)" (Documentary,2024) In 1994, Whitney Houston performs as the first major Western artist in post-apartheid South Africa.

(ASN) **"Step Brothers"** (Comedy,2008) *Will Ferrell, John C.* Reilly. Two lazy and immature men become rivals when their parents marry. (14+)

(GLOBAL) **"How She Caught a Killer"** (Crime Story,2023) *Sarah Drew, Eric Keenleyside.* A rookie detective goes undercover to capture a serial killer who's targeting sex workers. (18+)

2:00 (SLICE) **"Kate & Leopold"** (Fantasy,2001) *Meg Ryan, Hugh Jackman.* A woman (Meg Ryan) falls for a duke (Hugh Jackman) from the 19th century. (G)

(WTN) **"The Proposal"** (Romance,2009) *Sandra Bullock, Ryan Reynolds.* A woman pretends to be engaged to her assistant to avoid deportation to Canada. (G)

(SHOW) **"Minority Report"** (Sci-Fi,2002) *Tom Cruise, Colin Farrell.* A cop (Tom Cruise) tries to establish his innocence in a future crime. (14+)

(CTVSCI-FI) **"The Twilight Saga: Breaking Dawn Part 1"** (Romance,2011) *Kristen Stewart, Robert Pattinson.* A chain of events set off by Edward and Bella's wedding brings a shocking development for Jacob. (G)

2:30 (TBS) **"Godzilla vs. Kong"** (Sci-Fi,2021) *Alexander Skarsgård, Millie Bobby Brown.* Fearsome monsters Godzilla and Kong square off in an epic battle for the ages. (G)

MONDAY, SEPTEMBER 28

EVENING

10:00 (SHOW) **"Snitch"** (Crime Story,2013) *Dwayne Johnson, Barry Pepper.* A man (Dwayne Johnson) agrees to infiltrate a drug cartel to save his teenage son from prison time. (13+)

12:30 (SHOW) **"Killing Them Softly"** (Crime Story,2012) *Brad Pitt, Scoot McNairy.* A hit man (Brad Pitt) is brought in to kill the bumbling thieves who robbed a mob-run poker game. (13+)

TUESDAY, SEPTEMBER 29

EVENING

8:00 (GLOBAL) **"The Help"** (Drama,2024) *Cumelen Sanz, Marcela Benjumea.* Emilia is sent to a convent where paranormal forces begin to mount among the inhabitants.

9:00 (ASN) **"Aurora Teagarden Mysteries: An Inheritance to Die For"** (Mystery,2019) *Candace Cameron Bure, Marilu Henner.* A matriarch is poisoned during a wedding reception. Aurora vows to get to the bottom of the crime. (8+)

(CH) **"A Date With Danger"** (Thriller,2021) *Lara Jean Chorostecki, Jamie Spilchuk.* A single mom's new friend goes missing, and she begins to suspect her neighbor of the crime.

(WTN) **"Along Came Polly"** (Romance,2004) *Ben Stiller, Jennifer Aniston.* A jilted newlywed finds solace with another woman after his wife cheats on him. (G)

10:00 (SLICE) **"Daddy's Home"** (Comedy,2015) *Will Ferrell, Mark Wahlberg.* An insecure man (Will Ferrell) competes with his stepchildren's freewheeling father (Mark Wahlberg). (G)

11:00 (CTV) **"The Help"** (Drama,2011) *Viola Davis, Emma Stone.* An aspiring writer turns her 1960s Mississippi town on its ear by interviewing Black women. (G)

(WTN) **"Burnt"** (Drama,2015) *Bradley Cooper, Sienna Miller.* Adam Jones, a former chef, attempts to turn his life around after destroying his career. (14+)

12:10 (SHOW) **"Stillwater"** (Drama,2021) *Matt Damon, Camille Cottin.* An Oklahoma man travels to Marseille, France, to prove his estranged daughter is innocent of murder.

1:30 (WTN) **"Along Came Polly"** (Romance,2004) *Ben Stiller, Jennifer Aniston.* A jilted newlywed finds solace with another woman after his wife cheats on him. (G)

MONDAY EVENING — SEPTEMBER 28

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	Global	Abbott	Ent. Tonight	FBI "Behavior"		FBI "Fidelity"		CIA "Broken Glass"		News	Global
8	CTV News	etalk	Big Bang	The Traitors Canada		The Voice "The Blind Auditions Part 4"				News-Omar	CTV News
11	News	Coronation	Feud	Murdoch Mysteries		Saint-Pierre		The National		News	Standing
4	BBC World	PBS News Hour		BBC News	R. Steves	Antiques Roadshow		Antiques Roadshow		VOCES: Omara	
7	How/Made	NS TV Bingo		Big Bang	etalk	Countdown /NFL Countdown (L)					
9	News	News	World News	News	Chronicle	Kickoff /NFL Football Philadelphia Eagles at Chicago Bears (L)					
12	NBC 10 Bos	News	NBC News	Boston News		The Voice "The Blind Auditions Part 4"				Line of Fire	
16	Live PD	Live PD: Greatest Shifts		Live PD: Greatest Shifts		Live PD: Greatest Shifts		Live PD: Greatest Shifts		Live PD: Greatest Shifts	
17	Man-Plan	Engageme..	Engageme..	Wings	Wings	The Office	The Office	Engageme..	Man-Plan	Neighbor	Neighbor
18	The Lead	Jake Tapper (L)		Erin Burnett OutFront (L)		Anderson Cooper 360 (L)		The Source With (L)		CNN NewsNight (L)	
19	M*A*S*H	History's-Mysteries		The Proof Is		Skinwalker Ranch		History's-Mysteries		Ancient Aliens	
20	Cooking	Evening News at Six		Nightline	Inside	Name That Tune		Rookie Blue		Third Watch	
21	Barrymore	Young & Restless		Global	Global	Global News Hour at 6		Abbott	Ent. Tonight	FBI "Behavior"	
22	Teen/Teen	Regular	Looney	Jurassic	Be Cool	Looney	Teen/Teen	★★ "The Karate Kid" ('10) Jaden Smith.			
23	Steven	Steven	Adventure	Adventure	Steven	Total	Hotel	Adventure	Adventure	Mermicorno	Total
28	Abbott	Abbott	Abbott	Abbott	Abbott	Ghosts	Ghosts	The Paper	The Paper	Elsbeth "Yes, And..."	
29	Power and Pol (L)			Hanomansing Tonight (L)				The National (L)		The National (L)	
32	WBZ News	WBZ News	CBS-News	Wheel	Jeopardy!	FBI "Behavior"		CIA "Broken Glass"		FBI "Fidelity"	
33	Chicago	Chicago Fire		Chicago Fire		Chicago Fire		Apollo Has Fallen		Chicago Fire	
34	Last Resort	90 Day: The Last Resort		90 Day: The Last Resort		90 Day: The Last Resort "Tell All Part 2"				90 Day: The Last Resort	
35	Mayday	Highway Thru Hell		Borderforce		Borderforce		Borderforce		Borderforce	
36	News	Boston News (L)		Ent. Tonight	TMZ	Name That Tune		The Weakest Link		Boston News (L)	
37	NCIS	NCIS		NCIS "Under the Radar"		NCIS		★★ "Snitch" ('13) Barry Pepper, Dwayne Johnson.			
38	Ghosts	Neighbor	Neighbor	Goldbergs	Goldbergs	Brooklyn	Brooklyn	Somebody Knows		Ghosts	Ghosts
39	Big Bang	Conners	Conners	King	King	King	King	Big Bang	Big Bang	Big Bang	Office
44	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	The Office
46	Love It	Love-List-Vancouver		Love-List-Vancouver		Rock Solid Builds		Renovation	Renovation	Renovation Rescue	
47	Castle	Star Trek		Star Trek		Star Trek		Star Trek		The Librarians	
49	Real SLC	Housewives SLC		Below Deck		Below Deck		Still Flipping Out		Watch What	Flipping
50	Real Kyper	The FAN Pregame (L)		MLB Baseball						Sportsnet Central (L)	
52	Golf Central	Golf Central		PGA Tour	Lessons	GOLF Films		2026 Presidents Cup Final Day (R)			
53	Overdrive	SportsCentre (L)		SC	SC	NFLMonday /NFL Football Philadelphia Eagles at Chicago Bears (L)					
54	Botched	etalk	My House	The Rookie "A.C.H."		The Rookie		Keeping Up	Keeping Up	Keeping Up	Keeping Up
55	Beachcom..	APTN News	APTN	Wild Rose	SquamishM	Canada's Got Talent		Rezervatio	Chuck and	Coastal	Carlos
56	Midsomer	Murdoch Mysteries		Murder, She Wrote		Father Brown		Visionary	Ageless	theZoomer	

TUESDAY EVENING — SEPTEMBER 29

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	Global	Abbott	Ent. Tonight	"The Help" (Drama,2024) Marcela Benjumea, Gerardo Romano, Cumelen Sanz.						News	Global
8	CTV News	MasterChef Canada		R.J. Decker		Best Medicine		Doc Molly Parker.		News-Omar	CTV News
11	News	Coronation	Feud	22 Minutes	Son of a	North of	North of	The National		News	22 Minutes
4	BBC World	PBS News Hour		BBC News	GBHRooted	Finding Your Roots		Frontline "Scammed"			POV Shorts
7	How/Made	CTV News Atlantic		Big Bang	etalk	"Aurora Teagarden Mysteries: An Inheritance to Die ...				Criminal Minds	
9	News	News	World News	News	Chronicle	Dancing With the Stars (L)				R.J. Decker	
12	NBC 10 Bos	News	NBC News	Boston News		MLB Baseball Wild Card Series: Teams TBA (L)					
16	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars
17	Man-Plan	Engageme..	Engageme..	Wings	Wings	The Office	The Office	Engageme..	Man-Plan	Neighbor	Neighbor
18	The Lead	Jake Tapper (L)		Erin Burnett OutFront (L)		Anderson Cooper 360 (L)		The Source With (L)		CNN NewsNight (L)	
19	M*A*S*H	Holy Marvels-Quaid		History's-Mysteries		Ancient Aliens		Mega-Brands		History's Greatest	
20	Cooking	Evening News at Six		Nightline	Inside	"A Date With Danger" ('21) Lara Jean Chorostecki.				Kaesham..	Comedy
21	Barrymore	Young & Restless		Global	Global	Global News Hour at 6		Abbott	Ent. Tonight	★★★ "The Help" ('11)	
22	Teen/Teen	Teen/Teen	Looney	Scooby-Do..	Be Cool	Looney	Teen/Teen	"Fireheart" ('22) Voices of Vincent Cassel, Alice Pol.			
23	Steven	Steven	Adventure	Adventure	Steven	Total	Hotel	Adventure	Adventure	Mermicorno	Total
28	Mom	Mom	Mom	Mom	Mom	★★ "Along Came Polly" ('04) Ben Stiller.				★★ "Burnt" ('15)	
29	Power and Pol (L)			Hanomansing Tonight (L)				The National (L)		The National (L)	
32	WBZ News	WBZ News	CBS-News	Wheel	Jeopardy!	NCIS		Comics Unleashed With Byron Allen 20th			
33	Chicago	Chicago Med		Chicago Med		Chicago Med		Chicago Med		Chicago Med	
34	1000-lb	1000-lb Sisters		1000-lb Sisters		1000-lb Sisters		1000-lb Sisters		1000-lb Roomies	
35	Mayday	Highway Thru Hell		Bones		To Be Announced		To Be Announced		Destruction Decoded	
36	News	Boston News (L)		Ent. Tonight	TMZ	Best Medicine		Doc Molly Parker.		Boston News (L)	
37	FBI	FBI "Hacktivist"		FBI "Trauma"		FBI "Know Thyself"		The Dropout "Heroes"		The Dropout "Lizzy"	
38	Abbott	Neighbor	Neighbor	Goldbergs	Goldbergs	Brooklyn	Brooklyn	★★ "Daddy's Home" ('15) Will Ferrell.			
39	Big Bang	Conners	Conners	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang
44	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang
46	DreamHo..	DreamHo..	DreamHo..	DreamHo..	DreamHo..	House of Ali		Sun, Sea and		House	Interior D
47	Castle	Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next	
49	Housewives	Housewives/OC (R)		Housewives/NYC (R)		Housewives/NYC		Watch What	Housewives	Housewives/NYC (R)	
50	Real Kyper	The FAN Pregame (L)		MLB Baseball						Sportsnet Central (L)	
52	College Golf	2026 NB3 Collegiate Match Play, Day 1 (L)				Golf Central		Payne Stewart Award		College Golf	
53	Overdrive	SportsCentre (L)		WNBA Basketball First Round: Teams TBA (L)				SportsCentre (L)		SportsCentre (L)	
54	Botched	etalk	My House	The Rookie "Fire Fight"		The Rookie "Hit and Run"		Queen of the Castle		Queen of the Castle	
55	Beachcom..	APTN News	Face to	Life Below Zero Canada		Amazing Race		North of	North of	Acting	Acting
56	Midsomer	Murdoch Mysteries		Murder, She Wrote		Shakespea Mark Benton.		Shetland		Silent Witness	

SOUTH SHORE BULLETIN

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RELIGION DIRECTORY

The 10 Commandments

I am the Lord your God, you shall have no other gods but me
You shall not make for yourselves an idol and worship it
You shall not misuse the name of the Lord your God
Remember the Sabbath day by keeping it holy
Honour your father and your mother
You shall not murder
You shall not commit adultery
You shall not steal
You shall not give false testimony
You shall not covet

D1055

KINGS CHURCH
Bridgewater
Launching **SUNDAYS** at 10AM
at the
Park View Education Centre
1485 King Street
www.kingschurch.cc
QUESTIONS? Contact josh.forbes@kingschurch.cc

D9844

Anglican PARISHES OF PETITE RIVIERE & NEW DUBLIN

E-mail: oro@eastlink.ca Phone: (902) 634-8589 petiteparish.com

Sunday September 27th
Seventeenth Sunday after Trinity – Rev. Oliver Osmond
9:00am St. Albans Voglers Cove
Holy Communion
11:00am St. Johns West Dublin
Holy Communion

"O worship the Lord in the beauty of holiness"

FOR SALE

FOR SALE: KING 10" portable table saw with accessories; KING 3hp 220 volt shaper table with 25 - 1/2" shank router bits; DEWALT 12" dual-bevel compound sliding mitre saw with DeWalt stand $1,200 for all 3; AZTECA 3-wheel EV assist trike, driven 1 kilometer. 20" wheels $4,000. Call 902-624-9165.

FLEA MARKETS

The South Shore's best Flea Market is being held on Saturday, October 3rd from 9 a.m. to Noon, at the Lunenburg Community Centre, 15 Green Street, Lunenburg. Admission is $2. Tables are $15 each. To book a table call 902-521-8140. Proceeds to support the Rotary Club of Lunenburg community projects.

Taggak Journey: A Dystopian Trilogy
Local author, local settings



Anne M. Smith-Nochasak
www.acanoerofshorelines.com 902-682-7082

D9765

YARD SALES

Yard Sale, Trinity United, Rose Bay, Saturday, September 26 (9:00 am - 1:00 pm)

Big Yard Sales this Saturday! Two locations: Riverport Community Centre and Trinity United Church, Rose Bay. Saturday, September 26, 9am - noon. Find treasures and bargains galore!

WANTED

Antiques Wanted. Seeking quality antiques, furniture, artwork, and collections. Full Estates welcome. webuyantiquesns@gmail.com

COMMUNITY

Crib Tournament - Sunday, October 4 - Forties Community Centre, 1787 Forties Road, New Ross. Doors open 12:00 noon. Registration at 12:30 p.m. and play starts at 1:00 p.m. Cost: $20 / team. Must be 19 years or older. Canteen available. Wheelchair accessible (ground level). For more info call 902-689-2147

AUTUMN HARVEST MARKET
October 4th
10 a.m. to 2 p.m. at
Bridgewater Legion,
78 Churchill Street,
Bridgewater for a
beautiful day of shopping.

This Market is the place to be!

- Unique local vendors
- Thoughtful handmade gifts
- Sweet treats & special finds
- A warm, welcoming atmosphere
- And the Best part? FREE admission on the door

TABLES STILL AVAILABLE
Contact 902-298-3654
to reserve

BREAKFASTS

Pancake Breakfast at the Mahone Bay Legion. Sunday, September 27, 2026. Scrambled eggs, pancakes & sausages. 9 a.m. to 12:30 p.m. $13 Adult; $6 children 6-12; Free for 5 & under. Complimentary for Veterans and Spouses.

SERVICES

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D9320

TEAS

YUMMY Baked Bean Luncheon! Enough to feed an Army! Saturday, September 26, 12:00 noon to 2:00 p.m. Trinity United Church, 101 Edgewater Street, Mahone Bay. Includes brown bread, tea/coffee, & sweet - $15; kids hot dog meal - $8.

MEMORIAMS

BREMNER: In loving memory of Bernice Bremner, of Chester, who lost her life on Sept. 23, 1974.
Your presence we miss
Your memory we treasure
Loving you always
Forgetting you never.
With love from your mother Hilda, sisters Diana and Wanda, and their families.

CELEBRATION OF LIFE

A Celebration of Life will be held for Donna May Smith of Scarsdale on the 29th September from 2 PM until 4 PM at the Parkdale and Maplewood Community Museum and Community Hall 3005 Barss Corner Rd, Maplewood, NS.



CONRAD, James Allen, 83, born to Arnold and Geneva in Branch Lahave, N.S.
An INTERNMENT Service will be held on September 26, 2026, at 1:00 p.m., at Branch Lahave Hillside Cemetery.

FIREWOOD

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OBITUARIES

Leslie Morton

Of Mersey Point, formerly of LaHave passed away suddenly at home on August 31, 2026, with her daughter by her side. She was the eldest daughter of the late Alister and Helen McKendrick.

Leslie lived an extraordinary life, she was born and raised in Dar es Salaam, Tanganyika, where she spent her summers with her parents who worked there in the medical field. She spent her school years attending a boarding school in Scotland. She told fantastic stories of growing up with exotic animals and if you caught her when the mood struck, she could do an incredible monkey call. Her family immigrated to Canada from Scotland when Leslie was a teenager. It was in Canada that Leslie met her husband, Fred Morton. Together they lived in Germany and many places all over Canada including Nelson, BC, Calgary, AB, and several locations in Nova Scotia including on Sable Island. They settled in LaHave, NS to raise their two children and it was there that Leslie found her love of baking, preserving and gardening. She loved collecting local art, going on road trips, reading books, beach walks and listening to the sound of the ocean. Leslie also adored hearing about her son's adventures near and far. She had a great love for animals and after living many years in LaHave she moved to Mersey Point with her daughter where they started the little hobby farm they always wanted. She could often be found snuggling with the baby lambs and goats or being followed around by one of the many farm animals, or her beloved dog and cats.

She explored a number of jobs in her life, including running a daycare for many local children, a receptionist, an archeological assistant and most notably as the sweets baker at the LaHave Bakery, designing many of the recipes still enjoyed today. But her most beloved job was raising her two children, Christopher and Sarah and encouraging them to also live and pursue a life of adventure, learning and discovery.

Leslie is survived by her daughter, Sarah Morton, Mersey Point, NS; her son, Christopher Morton (Erin) of Chelsea, QC; her sister, Pauline McKendrick, Amherst, NS; and, her nephews, Anthony and Jeremy.

Cremation has taken place under the direction of Chandlers' Funeral Home in Liverpool.

In lieu of flowers, spend some time with a loved one, snuggling an animal, or plant a flower in your garden in Leslie's honour.

Sharon Gail Rafuse (nee Bollivar)

78, of Middlewood, passed away September 9, 2026, in South Shore Regional Hospital, Bridgewater. Born on April 20, 1948, she was a daughter of the late Burton and Adah "Marie" Bollivar.

Sharon was a dedicated member of the Middlewood United Church, and later the Calvary Lutheran Church. She was part of the choir, and active in the Ladies Auxiliary, or the "sewing circle" as her family called it. She was wonderful with needle and thread, making many quilts for both her home, church, and others. In the summertime, Sharon could often be found on the road with her sister Heather, spending their weekends scouting for yard sales. Sharon also loved books and was an avid reader. Being a lady of faith, she was especially an avid reader of the Bible. Sharon loved to laugh, and her laughter will be sorely missed by her family, friends, and neighbors.

Sharon is survived by her loving husband of nearly 60 years, Stanley; son, Mark; brothers, Ian (Cathy) Bollivar and Dale (Kelly) Bollivar; as well as many nieces and nephews.

Besides her parents, Sharon is predeceased by her sisters Heather and Shelia; and brother Blair.

A memorial service to celebrate Sharon's life was held at 11am on Tuesday September 15, 2026, in Sweeny's Funeral Home, Bridgewater. Rev. Willis Ott officiating. Interment followed the service in Middlewood United Cemetery. In lieu of flowers, donations in Sharon's memory may be made to a charity of your choice.

Arrangements entrusted to Sweeny's Funeral Home, Bridgewater, where online condolences may be left at www.sweenysfuneralhome.com.

SOUTH SHORE BULLETIN
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CLASSIFIEDS

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☐ 15 words or less, $10.80*. Additional words $0.24* each.
ALL WORD CLASSIFIED ADS MUST BE PRE-PAID.

FAMILY ANNOUNCEMENTS (BIRTHS, BIRTHDAYS, GRADUATIONS, ENGAGEMENTS, WEDDINGS, ANNIVERSARIES), CARDS OF THANKS, MEMORIAMS
☐ Photo with write-up, 75 words or less: $24.00*; Additional words $0.24 each. To add a one-column photo: $24.00*. To add a two-column photo: $36.00*

OBITUARIES
☐ 75 words or less: $18.78. Additional words $0.25 each. With photo: add: $20.00*.

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DEADLINES:

THURSDAY AT 4 P.M. PRIOR TO PUBLICATION DATE (Note: Holidays may affect deadlines)

*** All prices noted are +HST.**

The thank you response

Continued from page 12

Thank you doesn't express anger or resentment or make the relationship worse. It simply acknowledges that someone has made a comment and that you have heard it.

If a simple thank you seems too abrupt for you, then add to it in whatever way would be authentic for you. For example, "Thank you, I understand what you are saying." "Thank you for caring about what I do." "Thank you for taking the time to think about my life," etc.

None of these responses suggest that you are going to do what the person suggests. But they also don't accept the premise that your critic is trying to hurt your feelings. Maybe they are. Maybe they aren't.

Maybe they don't understand the situation and the constraints that you must deal with. And maybe, just maybe, they are simply clumsy communicators who have not learned to give feedback in a more effective way.

Thank you is a remarkably useful phrase. Thank you doesn't say, "I agree with you," or "I'll do what you say," or anything of that ilk. Thank you simply says, "I've heard you and I appreciate your effort."

What do you think of thank you? Let me know at choice@focusonclarity.com or by mail c/o South Shore Bulletin.

To your choices! ~ Susanne ~

Susanne Beck, RTC is Reality Therapy Certified by the William Glasser Institute

All about the Stilt Sandpiper

Continued from page 13

As of Sept.16 Logan Moore let us know that the American avocet at Rose Bay, Sand Dollar Beach was still continuing. Mark Dennis spotted an eastern warbling vireo and a prairie warbler at Highland Heights Road on Cape Sable Island.

All kinds of good birds were showing up in Yarmouth County and Digby County. Reports were of pomarine and parasitic jaegers, northern mockingbirds, a clay-coloured sparrow, least flycatchers, American golden plovers, buff-breasted sandpipers, pectoral sandpipers, blue-grey gnatcatchers, a Caspian tern, a laughing gull, Philadelphia vireos, lots of warbler species, South Polar skuas, northern fulmars, kettles of broad-winged and sharp-shined hawks.

Special birds in Halifax Municipality were buff-breasted sandpipers, lark sparrows, an eastern bluebird, Philadelphia vireos, American golden plovers, prairie warblers, dickcissels, a blue-winged warbler, an eastern warbling vireo, and an olive-sided flycatcher.

The Valley area had a stilt sandpiper, a buff-breasted sandpiper, 12 solitary sandpipers at one spot, a dickcissel, and a leucistic Canada goose. There were several sandhill cranes in the Milford area of the province.

You may reach me at 902-693-2174 or email jrhbirder@hotmail.com.

DEATHS

Burns, Charlotte Rose, 89, of Halifax died September 10, 2026, in QEII Hospital, Halifax. Arrangements entrusted to Sweeny's Funeral Home, Bridgewater.

DeLong, James Ray, 66 of Barss Corner died September 9, 2026, in Barss Corner. Arrangements entrusted to Sweeny's Funeral Home, New Germany.

Seamone, Virginia Rose, 96, of Branch LaHave died September 16, 2026, in Valley Regional Hospital, Kentville. Arrangements entrusted to Sweeny's Funeral Home, Bridgewater.

Van Zeumeren, John Brent, 91, of Chester Basin, died September 14, 2026, in South Shore Regional Hospital, Bridgewater. Arrangements are under the direction of the R.A. Corkum Funeral Home, Wileville.

How to give feedback that people actually use

Written by Pat Johnson and Dawn Frail
Bridgewater Toastmasters Club

Feedback is one of the most useful gifts you can give another person, and one of the easiest to fumble.

We have all received the kind of feedback that stung without proving helpful, or the kind that was so vague it left us guessing.

Useful feedback is a skill, and like any skill it can be learned and practiced. When you do it well, you help people grow. When you do it poorly, you can damage trust that took years to build. The difference often comes down to a few simple habits.

The first habit is to be specific. General comments such as "good job" or "that needs work" give the other person nothing to act on. Useful feedback names the exact thing you noticed. Instead of saying "your presentation was great", try saying \\'the way you opened with that question pulled me in right away."

Instead of saying "your report was confusing", try saying "the third section had a lot of numbers in a row, and I lost track of which one was the main point". Specific feedback feels honest because it shows you were actually paying attention.

The second habit is to focus on the action, not the person. There is a big difference between saying "you are disorganized" and saying, "the agenda for that meeting did not list the decisions we needed to make". The first feels like a label, and labels are hard to argue with or change. The second approach refers to something the person can do differently next time. Good feedback respects the person while being honest about the work.

The third habit is to lead with what worked before naming what could improve. This is not about softening hard truths until they disappear. It is about giving the other person something solid to stand on while they hear the rest. People are far more open to suggestions when they trust that you also see what they are doing well. Skipping the praise can make even fair feedback feel like an attack.

The fourth habit is to offer a path forward. Telling someone "the introduction was too long" is helpful. Telling them "the introduction was too long, and that cutting the second story would tighten it", is more helpful.

You do not need to solve every problem for them, but a small suggestion turns feedback into a conversation rather than a verdict. The person leaves with something to try, not just something to feel bad about.

The fifth habit is to ask before you give. A quick "would you like some thoughts on that?" respects the other person and prepares them to listen. Unwanted feedback, no matter how kind, often lands as criticism. Asked feedback lands as help.

When I first heard feedback at a Toastmasters meeting, I was amazed by the technique and caring demonstrated by Joseph. He began by telling Lorraine, the speaker, what he thought she had done well. (This was a foreign concept to me at the time!) After highlighting several positive traits and skills, Joseph moved to the "opportunities for improvement."

Although I initially wondered how this could possibly go, Joseph quickly put me at ease by building on the positive feedback he had already shared.

Joseph suggested that Lorraine might consider working on "the vocal flexibility of your strong speaking voice." He explained, "What I mean is for you to play with your natural speaking voice. Let it ebb and flow with your message. Imagine you and I are sitting having coffee together and you are sharing this story with me. I am certain that your voice would have a greater range of emotion, volume, pacing and inflection. I would love to hear you bring your natural speaking voice to your next presentation."

He continued by reinforcing her strengths and explaining how a more conversational tone could increase her impact with the audience. He closed by thanking Lorraine for a great presentation and expressing his enthusiasm for hearing her next one.

Whew!

I felt relieved - not only for Lorraine, but also for myself as a bystander. I confronted my own fear that feedback had to be harsh or critical. It didn't!

Joseph showed me that effective feedback can be honest, caring and encouraging. He offered Lorraine an opportunity to experiment with her delivery while making it clear that he already recognized the many strengths she brought to the platform.

That experience changed how I viewed feedback. It taught me that how we deliver feedback can be just as important as the feedback itself.

At every Toastmasters meeting, members practice this skill by giving short evaluations of one another's talks. Over time the habit becomes natural, and members find themselves giving better feedback at work, in volunteer groups, and at home. Bridgewater Toastmasters welcomes guests who want to see how a culture of helpful feedback actually feels.



District of Lunenburg · Mahone Bay · Town of Bridgewater

National Day for Truth & Reconciliation: Waste Collection & Waste Site Hours

Waste will be collected as usual on September 30, 2026 in the District of Lunenburg, Town of Bridgewater and Town of Mahone Bay.

South Shore Waste Solutions will be open September 30, 8:00 am - 4:30 pm. The office will be closed.



Friendly Reminder: Plastic-type compostable bags are not accepted in the green cart. Line your kitchen bin and green cart with flyers, boxes, paper bags and cardboard instead. Put wet food, meat and bones in boxes.
Questions? Call (902) 543-2991 or visit www.southshorewaste.ca

South Shore Waste Solutions

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JULIE JOHNSON PHOTO

CELEBRATING FIVE GENERATIONS

A rare five-generation photo, this one of the Russell family. Pictured here, from left to right: Deborah "Debbie" Harlow (Edgar's daughter); Edgar Russell; Leo Brigley (Edgar's great-great-grandson); Shelley Mailman (Edgar's granddaughter); Isabel Brigley (Edgar's great-great-granddaughter); Talesse Rawding (Edgar's great-granddaughter).



Lunenburg Lunch and Learn returns

By JOAN SARGEANT

Lunenburg Lunch and Learn (LLL) is pleased to announce that monthly presentations will be offered again beginning in October, under the guidance of a new organizing group. We extend sincere thanks to the committee that is stepping down and that has organized very successful sessions over the past number of years.

The focus of LLL is on learning more about our community, our businesses and industry, those who are "movers" within our community, as well as current topics of broad interest. The program consists of one-hour presentations with time for discussion, featuring a local or provincial speaker.

The sessions are held on the second Thursday of each month from October through May, from noon to 1 p.m. The objective is to attract people on their lunch hour to come together to learn, eat, socialize, listen, question and get back to work (or retirement) in a timely manner.

Sessions are held in St. John's Anglican Parish Hall, 64 Townsend St, Lunenburg, Nova Scotia. Admission is $5 per session, payable at the door. All are welcome. We ask attendees to please bring their own lunch.

If you are interested in subscribing to Lunenburg Lunch and Learn, please send an email to info@lunenburglunchandlearn.ca. You will be added to the membership database. Invitation emails are sent out to everyone in the database 10 days prior to each event. These contain a link for members to sign up and reserve their places. The deadline for signing up is 24 hours prior to the Thursday event.

Our first event of this season will be held on Thursday, Oct. 8, featuring a fascinating presentation by Syd Dumaresq on his journey through the legendary Northwest Passage. From Greenland glaciers and Inuit communities to Franklin's lost expedition, Arctic sovereignty, climate change, polar bears, and the history of exploration, this talk brings one of the worlds most remote regions to life through stories, photos, and firsthand experiences.

For more information, please check out the LLL website – https://www.lunenburglunchandlearn.ca.

